

# TOSS THE BOSS

Monthly  
NEWSLETTER

HARNESS ZONE



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ISSUE FIVE | OCTOBER 2025

- 1 Last call for jumpers
- 2 TWO spots left! Sign up now 📣
- 3 Caregiver Program Highlight
- 4 Help this team! ServiceXCEL

Contents

## Ready, set, bungy! *For a great cause* 🧠

Bungy jumping takes bravery, but so does navigating life after brain injury.

### What's on your calendar this Friday?

We need TWO bold bosses with big hearts. If you care about building strong communities and are brave enough to take the plunge, join us!

Every bungy jump helps raise funds and awareness, support survivors, and ensure no one is alone in their recovery. Don't forget, donation links are open until midnight tomorrow!

### Want to show your support for brain injury survivors?

Sign up or donate at [tosstheboss.ca](https://tosstheboss.ca)



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THIS COULD BE YOUR BOSS! ↗

Or you, if you're brave 😊

## NBIS Program Highlight: Caregiver Support

The impact of a brain injury is often life-changing for not only survivors, but also their loved ones. NBIS offers programs and services for caregivers and family members, including group and one-one support. Caregiver groups run both virtually and in person with a Clinical Counsellor, funded by ICBC- one of our brave teams tossing a boss this year!



## Reminder: Prizes for top fundraisers!

Don't forget, the top fundraising team per jumper will win **15 Adventure Course Passes for WildPlay Nanaimo!** This is an epic incentive to push your fundraising one extra step, and reward your team with a team-building day. *Thank you to our valued event partner, WildPlay, for this epic prize!*

This team needs your help!



## service XCEL

HVAC Tech, Kent, is stepping up to jump for team ServiceXCEL- and is just \$250 away from hitting their fundraising goal for Nanaimo Brain Injury Society!

Help ServiceXCEL toss Kent at [tosstheboss.ca](https://tosstheboss.ca)

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