



Freeze Dried Cookies & Cream Ice Cream Sandwiches

Ingredients

Ice Cream: Sugars (sugar, Glucose), Cream, Modified Milk Ingredients, Cookie Pieces (sugar, Enriched Wheat Flour, Palm Oil, Soybean Oil, Cocoa, Corn Flour, Soy Lecithin, Unsweetened Chocolate, Salt, Corn Starch, Baking Soda, Natural Flavour, Modified Milk Ingredients), Soy Mono- And Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan, Natural Flavour. Wafers: Enriched Wheat Flour, Sugars (sugar/glucose-fructose, Dextrose), Caramel Colour, Palm Oil Shortening, Corn Flour, Modified Corn Starch, Baking Soda, Soy Lecithin, Soy Mono- And Diglycerides, Salt, Cocoa.

Nutrition Facts

Serving Size 20g

% Daily Value*

Calories 180 cal

Fat 5 g

% Daily Value*

Calcium 20 mg 2 %

Iron 0.75 mg 4 %

Vitamin A 0 %

Vitamin C 0 %

Saturates 3.0 g

+ Trans 0.1 g

Carbohydrate 32 g 0 %

Sugars 15 g 15 %

Fiber 1 g 4 %

Protein 2 g

Cholesterol 10 mg

Sodium 115 mg 5 %

Potassium 75 mg 2 %

*5% or less is **a little**, 15% or more is **a lot**

The values stated are approximate and may not be fully representative of this products vitamins, nutrients and ingredients.