



UPCOMING BLOOD DRIVE

Fr. Wenzel K of C 10003 at St. Elizabeth Ann Seton Catholic Church Thursday, July 25, 2024

12:00 pm - 2:00 pm and 3:15 pm - 6:00 pm

Fr. Wenzel K of C 10003 with
St. Elizabeth Ann Seton Catholic Church

In school cafeteria (5890 Buckwheat Road, Milford, OH)

To make an appointment, please visit:
hoxworth.org/groups/seas
Or call Hoxworth at (513) 451-0910



All donors will receive a Reds Hawaiian Shirt!

Ask about Red Cell donations. Appointments encouraged.

All Types Welcome.

Hoxworth
BLOOD CENTER
UNIVERSITY OF CINCINNATI 

Rev. 7/14 Hox7-5166

Blood Donation Eligibility Guidelines

Basic Donation Criteria:

You must meet all of the following criteria in order to donate:

- a. **Be at least 17 years old. (Sixteen year olds may donate with parental consent*)**
- b. **Weigh at least 110 lbs. (body weight).**
- c. **Generally feel well and healthy.**
- d. Have no fever, sore throat, flu-like symptoms, or active cold symptoms.
- e. Has not had major surgery recently and has been released from doctor's care.
- f. Requirements for automated red cell donors: Men: $\geq 5' 1''$ height, weight ≥ 130 lbs.; Women: $\geq 5' 3''$ height, weight ≥ 150 lbs.

The following criteria may affect your ability to donate:

- a. **Tattoo*** – acceptable if in a commercial facility and in approved state.
- b. **Ear/Body Piercing*** – acceptable if piercing is performed using single-use equipment (materials, kit, supplies, etc.)
- c. **Pregnancy** – you cannot donate while pregnant; you may donate six weeks after the pregnancy has ended.
- d. **Allergies** – you may not donate on the day an allergy shot was received.
- e. **Flu Shot** – you may not donate on the day a flu shot was received.
- f. **Travel*** – if traveling to a known malarial zone, you must wait 3 months after your return; if you lived in a known malarial zone more than 5 years, you must wait 3 years after immigrating to the U.S.
- g. **High-risk** – If you have participated in high-risk behaviors associated with HIV infection, you must wait 3 months to be eligible to donate.

You may donate if you are taking the following medications:

- a. **Aspirin** – platelet donors must wait 48 hours after ingestion.
- b. **Birth control pills**
- c. **Blood Pressure Medication** – provided your blood pressure is under control.
- d. **Antibiotics** – after course is completed and feeling well.
- e. **Diabetes medication** – Oral medication is acceptable; insulin dependent diabetics may donate.
- f. **Heart Disease/Other Medications***

You may NOT donate at any time (permanent disqualification) if you have/had:

- a. Tested positive for HIV.
- b. Hepatitis B or Hepatitis C virus infection at any age.
- c. Certain forms of Cancer.*

General recommendations to help with the donation process:

- a. Eat a good meal and drink plenty of non-caffeinated and non-alcoholic fluids before and after donating.
- b. Bring your last 3 years of foreign travel history.
- c. You may donate Whole Blood every 56 days (8 weeks), Automated Red Cell 112 days (16 weeks), Plasma 28 days (4 weeks), and a Platelet donation (recommended) 2 weeks.
- d. Donors between the ages 16-17 may donate within a 12-month period as follows:
Females - 1 Whole Blood donation
Males - 2 Whole Blood or 1 Automated Red Cell donation

**Call Hoxworth Blood Center for information regarding other states for Tattoo/Body Piercing or more information regarding Parental Consent, Medications, Travel, Military Service, Heart Disease, and Cancer at (513) 558-1304.*