

Strawberry Recipe

Ingredients:

- Strawberry puree
- Water
- Pure cane sugar
- Orange juice

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	62
Total Fat (g)	0.1
Saturated Fat (g)	0
Sodium (mg)	2
Carbohydrates (g)	16
Total Sugars (g)	15
Added Sugars (g)	9
Protein (g)	0.5
Fiber (g)	1
Potassium (mg)	180

Chocolate Recipe

Ingredients:

- Water
- Nondairy milk
- Cacao powder
- Date syrup
- Pure cane sugar

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	83
Total Fat (g)	2.2
Saturated Fat (g)	1.2
Sodium (mg)	41
Carbohydrates (g)	16.5
Total Sugars (g)	10.5
Added Sugars (g)	8
Protein (g)	2.6
Fiber (g)	3
Potassium (mg)	320

Mango Recipe

Ingredients:

- Mango puree
- Water
- Pure cane sugar

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	69
Total Fat (g)	0.2
Saturated Fat (g)	0
Sodium (mg)	1
Carbohydrates (g)	18
Total Sugars (g)	17
Added Sugars (g)	8
Protein (g)	0.6
Fiber (g)	1
Potassium (mg)	200

Mango Peach Recipe

Ingredients:

- Mango puree
- Peach puree
- Mango Peach juice
- Water
- Pure cane sugar

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	72
Total Fat (g)	0.1
Saturated Fat (g)	0
Sodium (mg)	3
Carbohydrates (g)	18
Total Sugars (g)	16
Added Sugars (g)	6
Protein (g)	0.5
Fiber (g)	1
Potassium (mg)	210

Pineapple Recipe

Ingredients:

- Pineapple puree
- Pineapple juice
- Water
- Pure cane sugar

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	65
Total Fat (g)	0.1
Saturated Fat (g)	0
Sodium (mg)	2
Carbohydrates (g)	17
Total Sugars (g)	16
Added Sugars (g)	6
Protein (g)	0.5
Fiber (g)	1
Potassium (mg)	180

Pineapple Orange

Ingredients:

- Water
- Orange puree
- Pineapple juice
- Orange juice
- Pure cane sugar

Nutritional Information:

Nutrient	Amount per 4 oz Serving
Calories	67
Total Fat (g)	0.1
Saturated Fat (g)	0
Sodium (mg)	2
Carbohydrates (g)	17
Total Sugars (g)	15
Added Sugars (g)	6
Protein (g)	0.5
Fiber (g)	1
Potassium (mg)	190