

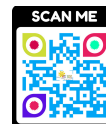
Miss Trish's

Wellness Teachings and Techniques

Created by Educators for Educators

# EDUCATOR NEWSLETTER

QUARTER 1- SPRING 2026

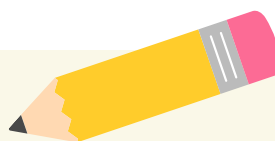


## WHAT'S INSIDE

Updates from the Council for Professional Recognition .....	pg. 1
CDA Course and Scholarship Information .....	pg. 2
Miss Trish's Star Center .....	pg. 3
Featured Educators.....	pg. 4
Spring Thematic Unit Ideas .....	pg. 5
Learn more about the Digital Professional Portfolio .....	pg. 5
Featured Children's Book .....	pg. 5
Printable CDA Course Ad .....	pg. 6

### *A Note from Miss Trish:*

As your school year is nearing the end, everyone here at Miss Trish's is gearing up for our fall CDA enrollment season. Whether you are working throughout the summer or plan to take some time to relax, know that Miss Trish's team is here to support you in your professional development journey! We are excited to implement numerous changes as we work with the Council to support and enhance the field of Early Childhood Education. Read more about recent changes throughout this newsletter!



## UPDATE FROM THE COUNCIL FOR PROFESSIONAL RECOGNITION



As of February 2, 2026, the Council for Professional Recognition has implemented the "CDA Credentialing Decision Process Enhancement." "Candidates who achieve a qualifying level of competence on the CDA® exam, when considered alongside the full set of CDA requirements, including training, work experience, and the professional portfolio, may now be eligible for an expedited award decision, which does not require a verification visit" (Council Blog, December 2, 2025).

Miss Trish's staff are here to provide support to educators while navigating these updates! Contact us or visit the Council for Professional Recognition's website for more information.

[LEARN MORE AT CDACOUNCIL.ORG](https://cdacouncil.org)

# DIGITAL PORTFOLIO REQUIREMENTS- NEW AS OF 2/2/26

No need to print out all of your Professional Portfolio documents! The Council for Professional Recognition has updated the application process and now requires CDA candidates to submit a DIGITAL portfolio when they complete the CDA Initial Application. This update helps to streamline the credentialing process, allows for the portfolio to be reviewed prior to a PD Specialist observation, and supports candidates in receiving their credential sooner.

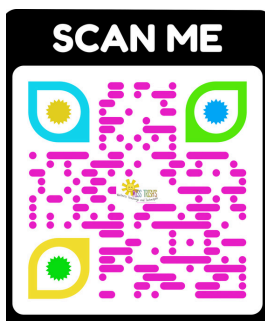
Learn tips for creating a digital portfolio on page 5 of this newsletter or visit the Council for Professional Recognition's website for more information.



VISIT [CDACOUNCIL.ORG](https://www.cdacouncil.org)

## FALL CDA COURSE ENROLLMENT NOW OPEN

Miss Trish's staff are here to support you throughout the entire process of earning your CDA! Scan the QR code or contact us to begin the enrollment process.



REGISTRATION OPEN  
THROUGH:

AUGUST 1<sup>ST</sup>

CDA ENROLLMENT OPEN  
FOR FALL SESSIONS

FINAL 2026 ENROLLMENT

## STATE SCHOLARSHIPS AVAILABLE FOR CDA TRAINING COURSES\*

\*Staff may be eligible for scholarships through various state agencies. Please see the list of state scholarships below that we are currently approved providers for. Scholarships are limited in availability to those who qualify and are not guaranteed. For more information on scholarships, please contact your state's provider below.

**New Jersey:** NJCCIS Scholarship; 877-522-1050

**New York:** Scholarship funding may be available through the (Educational Incentive Program (EIP))/Medication Administration Training (MAT). For more information or to apply for a scholarship, please visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP/MAT by email at [eip@albany.edu](mailto:eip@albany.edu), MAT by email at [mat@albany.edu](mailto:mat@albany.edu) or by phone at either (800) 295-9616 or (518) 442-6575.

**Wyoming:** WY Quality Counts Scholarships; 307-777-2439

**Idaho:** IdahoSTARS Supplemental Training Scholarship; 800-926-2588

**Vermont:** VSAC Advancement Grant; 800-642-3177



# INTRODUCING... MISS TRISH'S STAR CENTER!

MISS TRISH'S IS PROUD TO AWARD ONE PARTNERING CENTER PER QUARTER WITH THE TITLE OF "STAR CENTER"! THE CHOSEN CENTER WILL RECEIVE A CERTIFICATE, RECOGNITION IN OUR NEWSLETTER, AND A STAFF LUNCHEON, COURTESY OF MISS TRISH'S!

## SPECKLED FROG PLAY CARE, LLC

### **Feedback from Director Angie Paine:**

#### **Why did you choose Miss Trish's CDA Program for your staff's training?**

*I researched online and found Miss Trish's.*

#### **What do you believe are the qualities of an outstanding center that your center displays?**

*Every child's individual needs are met every day. We offer a full curriculum to each child. We participate in as many community events as possible and give back to our community through donations and events. We offer \$2,000 each year to graduating Seniors in high school that have attended Speckled Frog as a child. Speckled Frog is celebrating 21 years this year.*

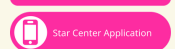
#### **Anything else you want to share about your staff's experience earning their CDA?**

*Our staff has positive feedback about completing their CDA with Miss Trish. They have told us it is easy to follow and the deadlines help.*



Star Centers and Students of the Month are chosen by the staff at Miss Trish's based on their participation in our CDA Program. Miss Trish's does not have any legal affiliations with the Star Centers and/or Students of the Month and does not make recommendations for centers and/or educators. Miss Trish's is not liable for their state licensing requirements and/or personal choices, including but not limited to: meeting state licensing requirements, maintaining moral & ethical standards, maintaining standards and guidelines set in their place of employment, abiding by all laws within their state, personal behaviors of those employed at the center, personal decisions of those employed at the center, and/or any and all other liabilities. If Miss Trish's is notified of any of the above or of any actions committed by the center and/or affiliated employees that are not in alignment with Miss Trish's or the Council for Professional Recognition's mission to uphold the highest standards of Education and ethics, the Star Center and/or Student of the Month will be removed of their title effective immediately.

**SCAN THE QR CODE  
OR EMAIL  
INFO1@MISSTRISH.NET  
TO APPLY TO BE  
FEATURED AS OUR  
STAR CENTER**



# FEATURED EDUCATORS

MISS TRISH'S IS PROUD TO FEATURE A STAR EDUCATOR EACH MONTH WHO RECENTLY COMPLETED THEIR CDA COURSEWORK WITH OUR PROGRAM! IN ADDITION TO THIS WELL-DESERVED RECOGNITION, STAR STUDENTS RECEIVE AN AMAZON GIFT CARD, COURTESY OF MISS TRISH'S!

JAN. 2026

**April C.**

UVSO  
Newark, NJ



FEB. 2026

**Stephanie M.**

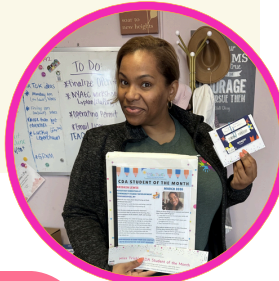
Holy Name Medical Center  
Teaneck, NJ



MARCH 2026

**Krisken L.**

Community Family  
Development  
Poughkeepsie, NY



APRIL 2026

**Tessa S.**

Wee Care at Labor  
Albany, NY



MAY 2026

**Rashaad S.**

Kiddie Academy  
Springfield, NJ



JUNE 2026

**Sr. Christina N.**

Magic Kingdom Day  
Nursery and  
Kindergarten  
Florham Park, NJ



APPLY TO BE FEATURED AS OUR  
STUDENT OF THE MONTH!



SCAN THE QR CODE  
OR EMAIL US AT  
[INFO1@MISSTRISH.NET](mailto:INFO1@MISSTRISH.NET)

# TRY AN OUTDOOR THEMATIC UNIT WITH ERIC CARLE!

Eric Carle is the author and illustrator of classics like *The Very Hungry Caterpillar* and *The Tiny Seed*. His colorful artwork and simple stories are the perfect starting point for a thematic unit! Choose one (or ALL) of these stories to begin planning your lessons.

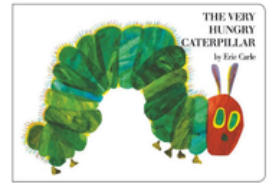
## BOOKS ABOUT PLANTS

*THE TINY SEED*



## BOOKS ABOUT WEATHER

*LITTLE CLOUD*



## BOOKS ABOUT INSECTS

*THE VERY HUNGRY CATERPILLAR*

*THE GROUCHY LADYBUG*

*THE VERY BUSY SPIDER*

*THE VERY CLUMSY CLICK BEETLE*

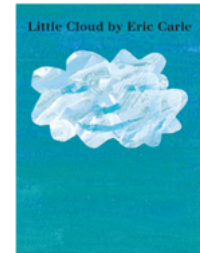
## ANIMAL BABIES AND FAMILIES

*BABY BEAR, BABY BEAR, WHAT DO YOU SEE?*

*DOES KINGAROO HAVE A MOTHER TOO?*

*DO BEARS HAVE MOTHERS TOO?*

*MISTER SEAHORSE*



Don't forget to document children's learning to share with caregivers using pictures, videos, or written documentation! Learn more when you earn a CDA!

## Learn More About The **DIGITAL PORTFOLIO**

- CDA candidates must now submit a digital portfolio and no longer need a binder.
- Portfolio will be uploaded to your YourCouncil account when you complete the CDA Initial Application.
- Documents can be saved as one file or individual files for each document.
- Utilize the CDA Competency Standards book for details about each document.
- Utilize the Council's online E-Portfolio tool for support at <https://www.cdacouncil.org/en/educator-pathways/cda-e-portfolio/>

"A good teacher  
can inspire  
hope, ignite the  
imagination,  
and instill a  
love of  
learning."

BRAD HENRY

SHARE THIS AD WITH YOUR STAFF!



ONLINE TRAINING IN ENGLISH OR SPANISH

# Child Development Associate (CDA):

- INFANT/ TODDLER CDA
- PRESCHOOL CDA
- BIRTH TO FIVE CDA
- CDA RENEWAL

REGISTER TODAY!

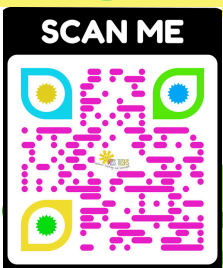
**NOW ENROLLING FOR FINAL 2026 SESSIONS THAT BEGIN THIS FALL!**

CONTACT MISS TRISH'S

833-678-7474

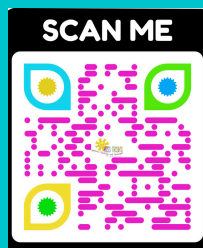
[CONTACT@MISSTRISH.NET](mailto:CONTACT@MISSTRISH.NET)

[MISSTRISH.NET](http://MISSTRISH.NET)



# Miss Trish's Wellness Teachings and Techniques

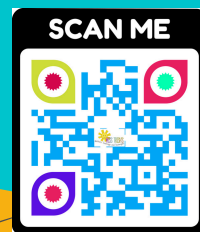
Contact us or scan the QR codes  
to learn more about earning your  
CDA and apply!



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contact@misstrish.net  
misstrish.net

Visit Our Website

Start the Enrollment  
Process



## PROUD PARTNER OF

