

# MAY 2025 NEWSLETTER

## A Note from Miss Trish:

We are thrilled to share with you the first edition of Miss Trish's Wellness Teachings and Techniques Quarterly Newsletter! Each quarter, expect to receive updates from our company and partners along with classroom ideas and more! We will also be highlighting outstanding centers we work with and students who have completed our CDA courses. We thank you for your commitment to furthering the field of Early Childhood Education and providing high-quality care!

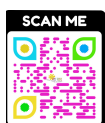


CDA ENROLLMENT OPEN  
FOR SESSION RUNNING:

**AUGUST 1-  
JANUARY 1**

REGISTER BY:

**MAY 28TH**



**SCAN TO  
LEARN MORE  
& ENROLL**

## STATE SCHOLARSHIPS AVAILABLE FOR CDA TRAINING COURSES\*

Staff may be eligible for scholarships through various state agencies. Please see the list of state scholarships below that we are currently approved providers for. Scholarships are limited in availability to those who qualify and are not guaranteed. For more information on scholarships, please contact your state's provider below.

**New Jersey:** NJCCIS Scholarship | 877-522-1050

**New York:** Scholarship funding may be available through the (Educational Incentive Program (EIP))/Medication Administration Training (MAT). For more information or to apply for a scholarship, please visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP/MAT by email at [eip@albany.edu](mailto:eip@albany.edu), MAT by email at [mat@albany.edu](mailto:mat@albany.edu) or by phone at either (800) 295-9616 or (518) 442-6575.

**Wyoming:** WY Quality Counts Scholarship | 307-777-2439

**Idaho:** IdahoSTARS Supplemental Training Scholarship | 800-926-2588



## UPDATE FROM THE COUNCIL FOR PROFESSIONAL RECOGNITION



This year, the Council for Professional Recognition celebrates two important milestones- the 50th anniversary of the CDA Credential and the 40th anniversary of the Council. Over one million CDA Credentials have been awarded throughout this timeframe, further establishing the CDA as the most widely recognized credential in Early Childhood Education. Miss Trish's is proud to support the Council's continued mission to ensure the ECE community is CDA Certified and looks forward to continuing to support our educators in the field!

VISIT [CDACOUNCIL.ORG](http://CDACOUNCIL.ORG) FOR MORE INFO

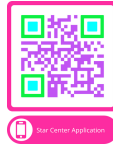


# INTRODUCING MISS TRISH'S QUARTER 1 STAR CENTER!



**MISS TRISH'S IS PROUD TO AWARD ONE PARTNERING CENTER PER QUARTER WITH THE TITLE OF "STAR CENTER"! THE CHOSEN CENTER WILL RECEIVE A CERTIFICATE, RECOGNITION IN OUR NEWSLETTER, AND A STAFF LUNCHEON, COURTESY OF MISS TRISH'S!**

**LIGHTBRIDGE ACADEMY**  
MT. LAUREL, NJ  
DIRECTOR: LAUREN NOLAN



SCAN THE QR CODE OR EMAIL [INFO1@MISSTRISH.NET](mailto:INFO1@MISSTRISH.NET)  
TO APPLY TO BE FEATURED AS OUR STAR CENTER

## Why did you choose Miss Trish's CDA Program for your staff's training?

"We chose Miss Trish's CDA Program because we thought this would be the best fit for our center. We value education and giving our staff the opportunity to further their education is important to us."

## What do you believe are the qualities of an outstanding center that your center displays?

"We value everyone in our circle of care, with the child being at the center. We value the relationships that our staff has built with the children as well as their parents. We train our staff to treat the children as part of their own. It is important to us that when families join, they feel like a part of our Lightbridge family!"

## What separates Miss Trish's from other training providers?

"Miss Trish's CDA Program provides the staff with learning tools that they can understand. Through this program, our staff has not had to worry about the financial burden that other training programs may place on them. Miss Trish lays out everything that our staff need in order for them to achieve their CDA certification."



## FEATURED EDUCATORS

**MISS TRISH'S IS PROUD TO FEATURE A STAR EDUCATOR EACH MONTH WHO RECENTLY COMPLETED THEIR CDA COURSEWORK WITH OUR PROGRAM! IN ADDITION TO THIS WELL-DESERVED RECOGNITION, STAR STUDENTS RECEIVE AN AMAZON GIFT CARD, COURTESY OF MISS TRISH'S!**

SCAN THE QR CODE OR EMAIL  
[INFO1@MISSTRISH.NET](mailto:INFO1@MISSTRISH.NET) TO  
APPLY TO BE FEATURED AS OUR  
STUDENT OF THE MONTH!



**Katelyn H.**

Teaching Assistant  
Hamburg, NY

**FEBRUARY 2025  
STUDENT OF  
THE MONTH**

### What are your future goals as an educator?

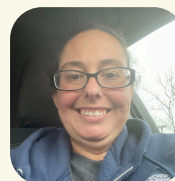
"My future goals as an educator are to be able to teach my students about the importance of learning and embrace their knowledge and power to have an impact on the world."

### What advice would you give to other Educators?

"This job is tough, but it's tough in a way that if you love what you do, all the difficult encounters only make you stronger as a teacher. My advice for others is to go into this career with patience, love, caring, and a positive attitude."

### What have you enjoyed about earning your CDA with Miss Trish's?

- "Doing things on my own time."
- "Having the opportunity to reach out to someone for help any time."
- "The amount of learning within the course."



**Diana M.**

Teacher  
Clinton, NJ

**MARCH 2025  
STUDENT OF  
THE MONTH**

### How do you create an inclusive environment?

"I have everything labeled in 2 languages in my classroom. The pictures are on the toys so the children can learn to help clean up. My centers are always open so the children have access to each item. I also have a family walk and an All About Me Board so the children can explore their friends and families."

### What do you enjoy most about being an Early Childhood Educator?

"I love watching my toddlers develop. It makes me so happy to help them reach their milestones, both academically and developmentally. This is fun for me, not just work."

### What have you enjoyed about earning your CDA with Miss Trish's?

- "The content."
- "Having someone available to help."
- "Easy access to course material."

Star Centers and Students of the Month are chosen by the staff at Miss Trish's based on their participation in our CDA Program. Miss Trish's does not have any legal affiliations with the Star Centers and/or Students of the Month and does not make recommendations for centers and/or educators. Miss Trish's is not liable for their state licensing requirements and/or personal choices, including but not limited to: meeting state licensing requirements, maintaining moral & ethical standards, maintaining standards and guidelines set in their place of employment, abiding by all laws within their state, personal behaviors of those employed at the center, personal decisions of those employed at the center, and/or any and all other liabilities. If Miss Trish's is notified of any of the above or of any actions committed by the center and/or affiliated employees that are not in alignment with Miss Trish's or the Council for Professional Recognition's mission to uphold the highest standards of Education and ethics, the Star Center and/or Student of the Month will be removed of their title effective immediately.

# IN THE NEWS

The National Association for the Education of Young Children (NAEYC) celebrated the Week of the Young Child from April 5-11. NAEYC states, "The purpose of Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs." With themed days like "Music Monday" and "Tasty Tuesday," Early Childhood Centers around the country celebrated this week and shared their positive impact with local community members and families.

VISIT [NAEYC.ORG](https://naeyc.org) TO LEARN MORE



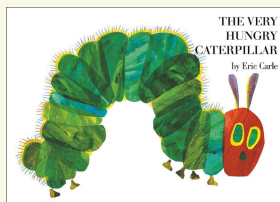
## SPRING CLASSROOM ACTIVITY IDEAS

As the weather warms up, take advantage of teachable moments when playing outside! Have children **count the number of birds they see, collect and sort rocks, or race from one side of the playground to the other.** Use these opportunities to build upon content taught in the classroom and make learning relevant!

## WELLNESS TIPS

### How to Prepare the CDA Professional Portfolio

- Take notes on the "Portfolio Tips" provided throughout the CDA Course
- Complete the bonus free CDA Portfolio Course through Miss Trish's
- Work on the portfolio little by little- try completing one assignment each week
- Utilize Miss Trish's sample portfolio included in our CDA Course
- Participate in our monthly portfolio workshop \*Coming Summer 2025!\*



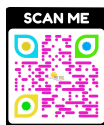
## FEATURED CHILDREN'S BOOK

Eric Carle's classic ***The Very Hungry Caterpillar*** is a perfect choice for a springtime unit of study! Here are some ways you can utilize this book across numerous subject areas:

- Math:** Introduce the days of the week & count the number of foods the caterpillar eats
- Reading:** Highlights sounds and match words to pictures
- Science:** Bring live caterpillars into the classroom to observe & discuss characteristics
- Art:** Use shapes to create butterfly inspired art
- Gross Motor:** Use your whole body to act out the life cycle of a butterfly
- Fine Motor:** Create caterpillars with pipecleaners and beads

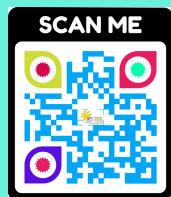


## REMINDER ABOUT CDA RENEWALS



To prevent your CDA from expiring, CDA Certified staff are required to **renew their CDA BEFORE the 3-year expiration!** The renewal process includes completing 45 hours of Early Childhood training, valid CPR and First Aid certification, and membership in an ECE professional organization. Contact us for more information about CDA renewals and to enroll in **Miss Trish's CDA Renewal Course!**

VISIT [MISSTRISH.NET](https://misstrish.net)



833-678-7474  
[contact@misstrish.net](mailto:contact@misstrish.net)  
[misstrish.net](https://misstrish.net)

