



Healthy Minds. Healthy Lives. Healthy Communities.

2025

Annual Report

**Community Mental Health Center
Certified Community Behavioral Health Clinic**

**Finney
Kearny
Hamilton
Ford
Gray
Hodgeman
Grant**

**Stanton
Morton
Scott
Lane
Wichita
Greeley**





Healthy Minds. Healthy Lives. Healthy Communities.

2024 was our tremendous growth spurt and **2025** gave us the ability to sustain what we had built and allowed us to grow even more in terms of access and services. Staff retention has been phenomenal and this stability alone is an asset to any business model.

- With **330 employees**, Compass is a large employer in SW Kansas
- Compass purchased **3 additional buildings in 2024/2025** to support our growth in both staff and services to people in our communities
- Compass has a fleet of **200 vehicles** to help us reach all points of service in our 13 counties – we are mobile and our Story tells this very well. We can meet any person, anywhere, anytime.
- Compass leads the State in access to Mobile Crisis – we have **10,917 square miles** to cover and we provide **mobile care 24/7/365**
- Compass has a **Co-Responder with the GCPD**
- Compass has **Peer Support staff full time in the Garden City and Dodge City Jails** to help engage inmates in Compass services in the jail and to use this trust-building as an opportunity to get inmates connected to Compass services when released from Jail.

Our efforts are geared toward better quality of life for all, for healthier and safer communities, and great working relationships with all community partners.

Compass continues to be a standout Agency. We truly care about people. We break barriers. We always strive to move everything we do onto the next step. Stagnation is not an option.

Compass enters 2026 with a revised Mission and Vision to better reflect the vast changes we have made and to invite people into services with us.

Mission:

Your Health. Your Journey. Our Support.

Vision:

We envision a future where behavioral health is embraced, strengthened, and valued.

Compass is here to walk alongside you, providing care, guidance, and compassion every step of the way.

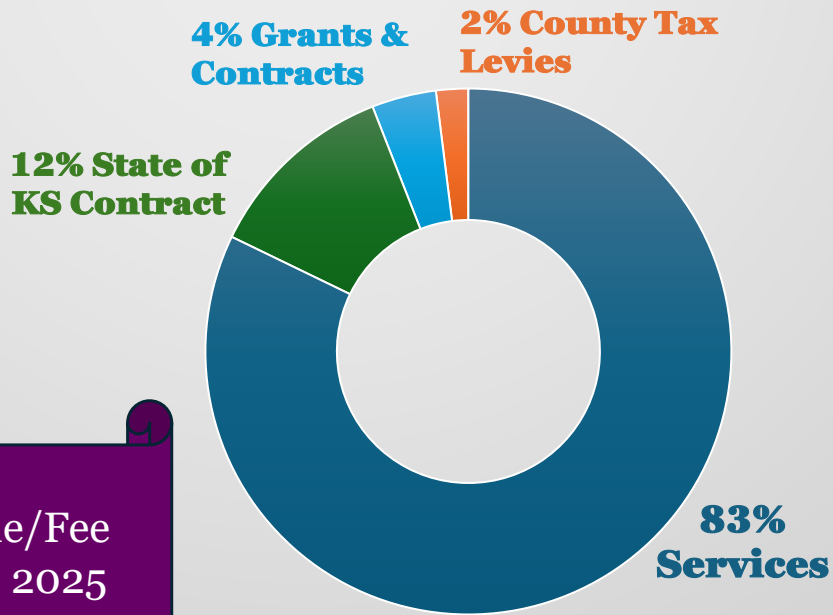
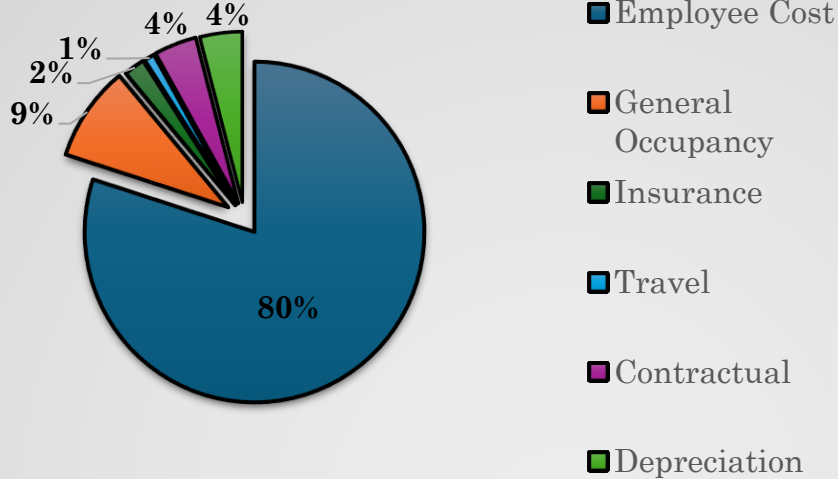
We are not finished. We can't wait to see what we do in 2026!

As always, it is my pleasure to serve as Executive Director of Compass and lead a culture of hope and healing for those in need.

Lisa Southern, LMLP, LCP

2025 Compass Budget & Revenue

Compass Budget 2025



Charity Scale/Fee
Adjustment 2025
\$1,517,194



**Total Number of
People Served**
5,532



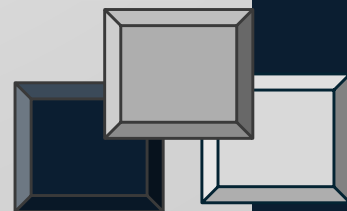
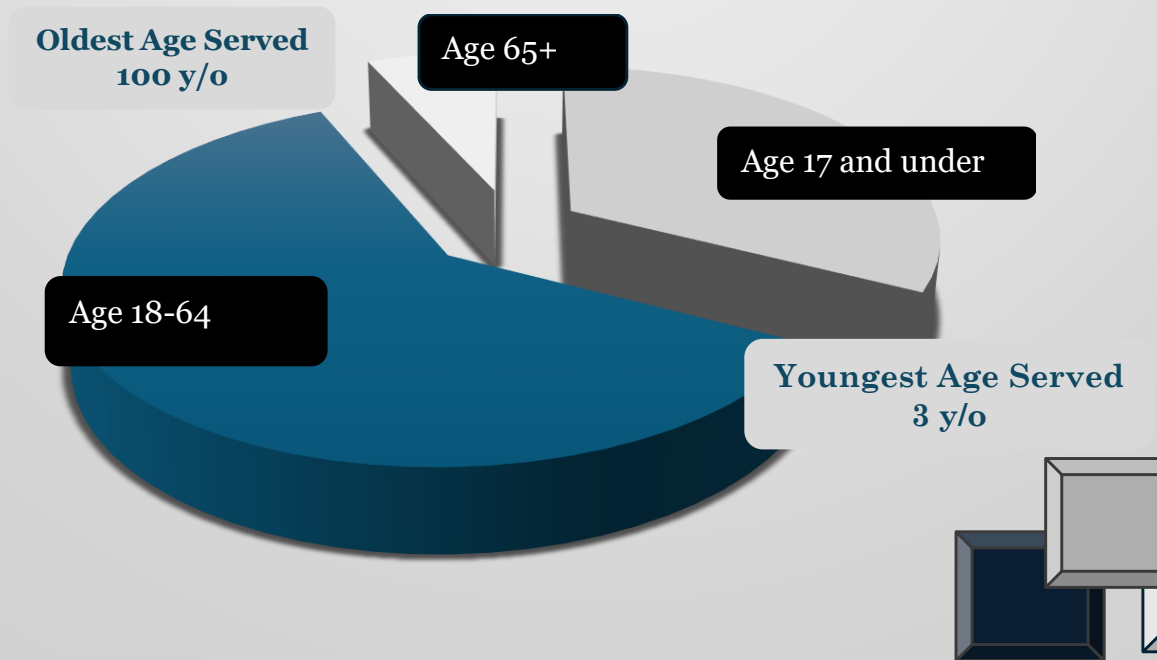
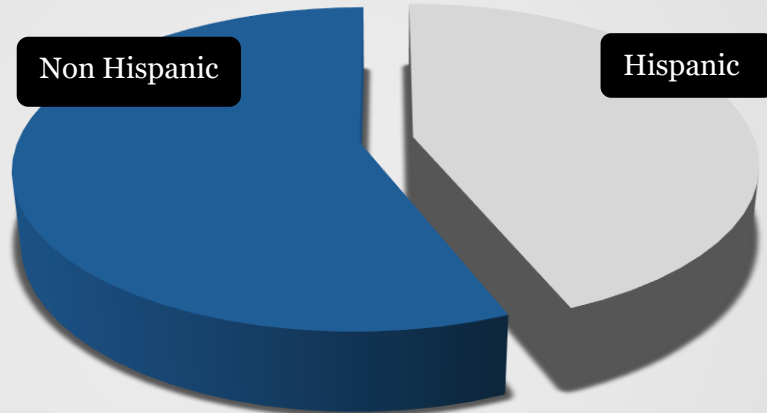
**1,577 People
Entered or
Returned to
Services 2025**

Male
2,682

Female
2,698

Trans
18

**Did Not
State**
134



Compass is all about “Community”

**In 2025, Compass hosted 13 Community
Needs Assessment Town Halls**
(One in each of our 13 Counties)

**Our Communities told us we need to
prioritize the following:**

**Autism Evaluations &
Services**

Evals starting early 2026

**Outreach to the Geriatric
Population**

**Nursing Home visits &
services expanded Fall
2025**

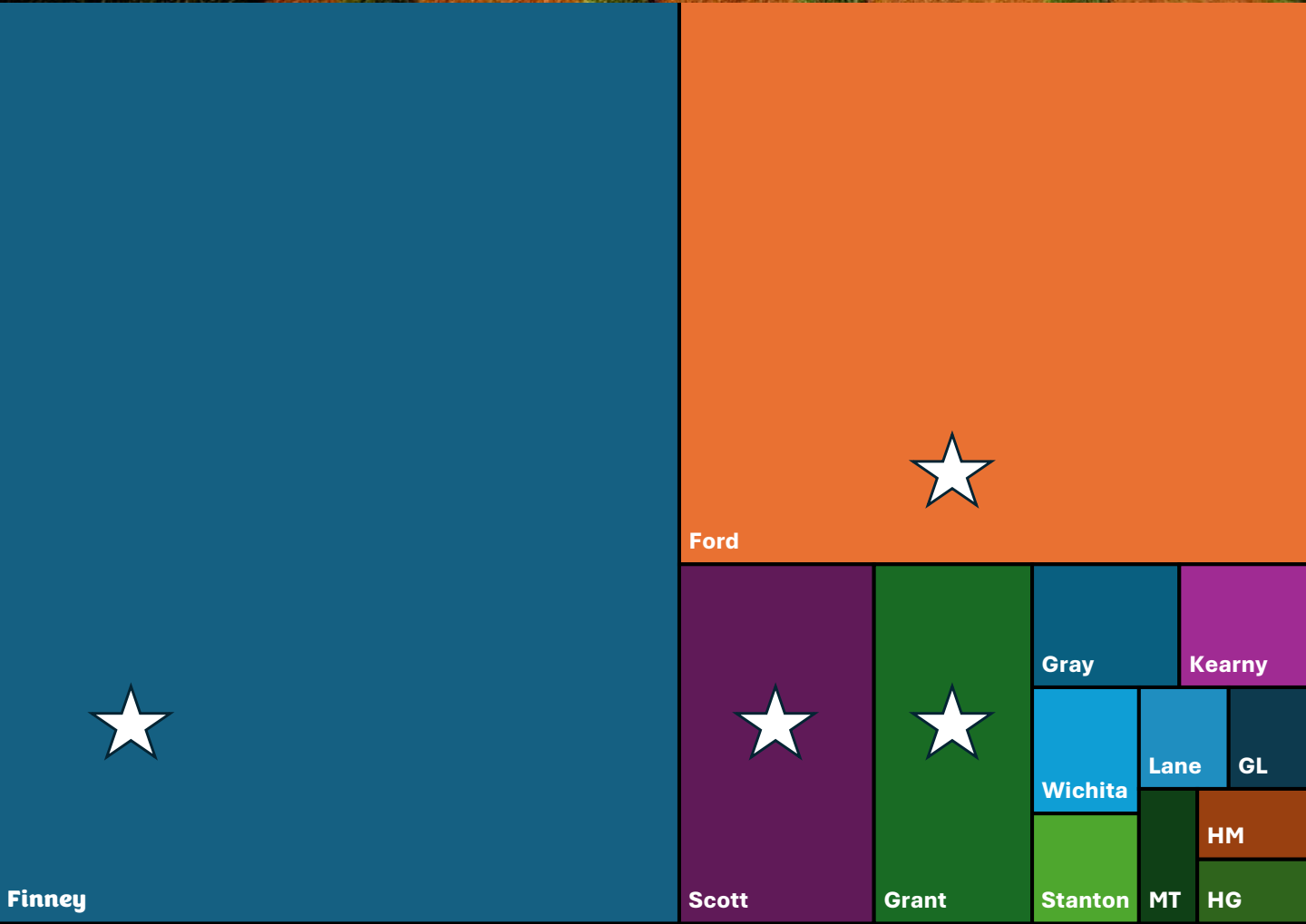
**Community Education/
Presentations on Mental
Health and Substance Use
Disorders and How to
Access Services**

**In 2025, we did participate
in 82 Community Events**

More to come in 2026



Services by County
11% Increase in Services
2025 over 2024
N = 169,231 Services



Crisis Services 2025

1,770 Total Crisis Services
28 % Mobile Response
41% Eves & Weekends

Law Enforcement
Involvement
9% of the 1,770 Events

89% Diversion from LSH & Private
Psychiatric Unit
1,625 People seen in Crisis ~
Compass had Outpatient
Services/Supports to keep them in
the community/out of a Hospital

988 SUICIDE & CRISIS
LIFELINE

420
988 Calls/Texts
from the Compass
13 Counties in 2025

Crisis Services Access 24/7/365

A significant contributing factor to our 89% Diversion from Hospitalization can be attributed to both our Adult and Children's Crisis House facilities

Haven House ~ Children's Crisis and Respite

- **82** Admissions for Crisis Care
- **7** Admissions to provide Shelter for kids in PPC
- **1,230** Admissions related to Respite Care as a preventative measure to keep a crisis from arising with our most in need children and families
- **73** Admissions were Children in Foster Care in an attempt to preserve their current placement.

Wayfinder Point ~ Adult Crisis and Respite Licensed as Residential Care Facility

- **3** Bed Facility with an occupancy average of **44%**
- **84** Admissions between April and December 31, 2025 and **only 3 of the 84** had to transition to a higher level of care
- KDADS funds this program with Compass as the majority of people we admit do not have a payor source for this type of service/facility.

Both Facilities are open 24/7/365

- Therapy available 7 days a week; Medication Management; Case Management; Skill Building; Care Coordination; Resource Referrals; SUD Support, Housing and Employment Referrals



Celebrating our Nation's Heroes

Compass Care Coordinators make weekly visits to the Veterans at Fort Dodge. Our activities vary depending on the needs of the Soldiers in residence or attendance.

- Sometimes we talk and listen
- Sometimes we play dominoes
- Sometimes we play cards
- At Christmas, we delivered 80 gift bags to those present as many no longer have families who can visit.

We appreciate their warm welcome. We get many "Thank you's" and see big smiles on each visit.

It is an honor to spend time with them !

2025

Number of **Veterans in Service** with Compass



114



**Medication
Management**

Therapy



**Care
Coordination**

**Community
Based
Services**

**Securing
Military
Benefits**

People who received
Supported Housing



59

People who received
IPS Supported
Employment



274

People Served by AOT
Assisted Outpatient Treatment



33

People in ACT
Assertive Community
Treatment



18

Care Coordination
Services



18,106

Growth in Intensive CSS Services
Ulysses Area

2024: 20 CSS

2025: 36 CSS

Growth in Intensive CSS Services
Scott City Area

2024: 0 Peer Support; 14 CSS

2025: 10 Peer Support/Mentor; 22 CSS



Let's reflect on how we helped people in 2025

One of our Therapists was working with a man who has many medical complexities and recently lost his vision due to this. The Therapist had been brainstorming with him on developing coping skills to meet his needs. Together they landed on an Alexa device that would help him not only with coping skills (listening to music, books, reminders, guided breathing/meditation etc.) but also to help with everyday tasks such as checking the weather, telling time, and medication reminders. With limited income and transportation, the family was struggling to find a way to get him an Alexa. Our Care Coordinator was able to secure funds to order AND deliver to him an Alexa device to make this happen. Teamwork!

Jennnifer is 38 years old. When she first arrived for CSS services, she was experiencing full blown mania, was homeless, had lost her kids to foster care, and was recently released from Jail.

- Compass Supported Housing Specialist helped Jennifer get a small place to live
- Compass Supported Employment helped her get a job
- Jennifer engaged in Medication Services and started Therapy both leading to management of her Bipolar Disorder symptoms
- Maintaining employment proved challenging for her and we assisted her in securing another job
- Short visits with her children were later allowed
- Confidence started to build and family relationships repaired

**** Jennifer "graduated" Probation and CSS Services with the exception of some services kept in place to help her continue to succeed. Her 3 years of Sobriety was celebrated with Compass and her family. Her children were later returned to her home and she moved into 3- bedroom apartment.**

Life Transforming Trauma Therapy

Accelerated Resolution Therapy (ART)

Jacob started Therapy after an accident that left him with disabling depression and PTSD. His family and friends noted significant changes in his demeanor post-accident and he remarked that sometimes he did not know who he was any longer – lots of paranoia, agitation and flashbacks. In addition, he suffered at times from unbearable physical pain related to his accident.

- Following just one ART session, Jacob reported less physical pain after completing the sensations protocol. When we moved on to working at reducing the trauma reaction that fueled his depression and anxiety, his mood improved dramatically per his report, his family's report and the visible change we could see on his face.
- Jacob is able to sleep peaceful again with no nightmares, no longer has thoughts of self harm and is able to work again.

Connor suffered a work-related accident and was hospitalized for several weeks due to injuries. His anxiety was high when he was discharged and he felt like his whole life had changed in an instant. Connor was having trauma symptoms/reactions, became very pessimistic and was isolating from others – motivation was low, restful sleep nearly impossible. During traditional therapy the idea of ART was introduced.

- Therapy session 5 was his first ART session. He came in sad, negative and feeling like nothing would help him.
- At the end of the first ART session, Connor was totally surprised by what had transpired and he was smiling, said he felt like a huge weight had been lifted and was happy to go home and share the change with his family.

Social Determinants of Health

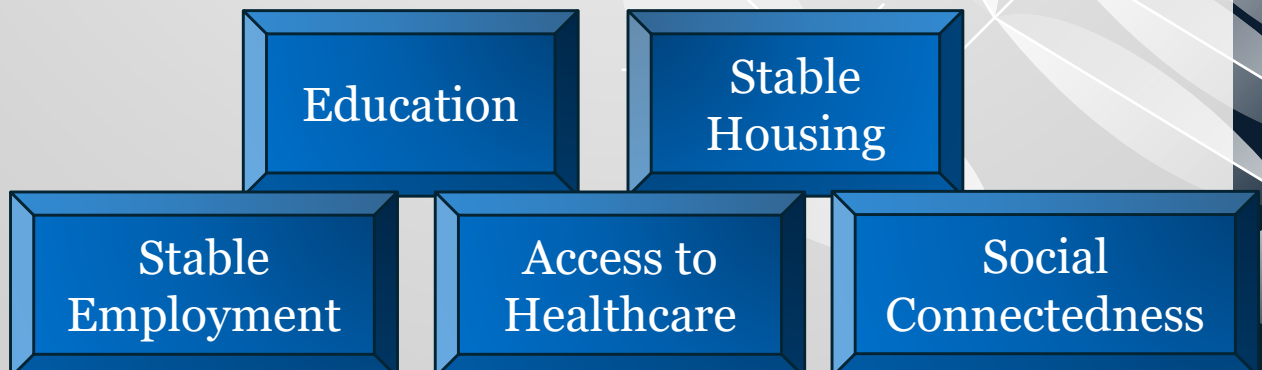
For approximately eight years, Thomas experienced chronic homelessness while facing significant and persistent barriers to stability. During this time, he was unemployed and endured extended periods of incarceration, frequent court involvement, and the daily challenge of surviving without stable shelter. While incarcerated, Thomas lost access to critical supports, including food assistance, health insurance, and disability benefits. Upon release, he faced ongoing difficulties related to staying warm, maintaining sobriety, and meeting basic needs without personal identification.

Staff members report that eight years ago, Thomas declined services and struggled significantly with social functioning, mental health symptoms, sobriety, and treatment engagement which resulted in repeated involvement with the criminal justice system.

Fast Forward: For over a year, Thomas has met weekly with his case manager, demonstrating consistent engagement and commitment to change. Following his release from jail in September 2025, Thomas showed increased insight and agreed to initiate a long-acting injectable medication which was a critical turning point in his mental health management, with significant improvements in symptom stability, social functioning, and decision-making.

With increased stability, Thomas actively engaged in services and successfully reinstated his food assistance and medical insurance. After two prior denials, he persisted and was ultimately approved for disability benefits, establishing a reliable source of income. Having been without an ID, Social Security card, or birth certificate since 2018, he completed the required steps and obtained a valid state-issued ID. This removed a critical barrier to accessing housing, benefits, and community resources.

Thomas is housed and demonstrating strong recovery-oriented decision-making. He has effectively advocated for his sobriety by requesting not to reside in certain areas that could negatively impact his recovery. His success illustrates the impact of consistent support, medication stabilization, and recovery-focused care in helping individuals transition from long-term homelessness to housing stability, improved functioning, and enhanced quality of life.





Specialized Services



Mental Health Intervention Team

EXISTING USDS

END OF THE YEAR PROGRESS REPORT
JUNE 30th, 2024 through JULY 1st, 2025

Referred to MHP for Services, but have NOT received Services K-12 students ONLY	STUDENT HEADCOUNT
In-take has been completed but services have not begun.	0
In-take is planned but has not been completed.	0
Received Services from USD & MHP K-12 students ONLY	STUDENT HEADCOUNT
Total Students Served by MHP Only count students one time even though they may have received services more than once.	158
Foster Students served by MHP These students should also be included in #3	5
Improved School Attendance following start of Services	88
Improved Externalizing Behavior: Students ID'd with externalizing behavior issues have shown improvement in those behaviors following start of services. Examples of Improvement: being sent to office less or not at all because of behavior, fewer discipline reports, detentions, visits to school counselors/social workers/school nurses.	105
Improved Academic performance or increased engagement in learning following start of services.	108
Improved Internalizing Behavior: Students ID'd with internalizing behavior issues have shown improvement in those behaviors following start of services. Examples of Improvement: better self-esteem & social skills, less anxiety & depression, etc.	23
Officially Dropped Out of School following start of services.	0
Moved out of district following start of services.	6

Compass and
USD 457
Partnership

KDADS and
CCBHC Initiative
to increase
services
Age 0-5

2025 Compass Served:
10 – 3 year olds
29 – 4 year olds
61 – 5 year olds

Co-Responder Garden City Police Dept

New ~
2025

Goals:

- ↓ Strain on Law Enforcement Officers by being more proactive with Mental Health Intervention/Substance Use Issues & Follow-up
 - Help & Support our LEOs
- ↓ Calls to LE/911 by building supports for people in community – guiding people toward services/resources ~ **“Call Compass, Call 988”**
- ↓ Admissions and LE Transports to LSH by adding support, outreach by Compass

142 Co-Responses
and Follow-ups *

Referral Examples:

- Family Crisis
- Drug/Alcohol Services
- Transports so LEO could stay on streets
- Emmaus House
- Food/Other Resources – Salvation Army
- Compass Services implemented

Jacob was a transient homeless man who was walking around GC preaching the word of God and believed he must return to his kingdom. LEO has been contacted multiple times due to concern of him engaging in conversation by himself. Over the course of 2 weeks, I assisted Jacob in completing an Intake and start medication services at Compass. Upon his request to relocate from GC, and with Care Coordination assistance, Jacob was relocated to a different community and was referred to an Agency in that new community to help him continue his mental health journey.

Cody is a teenager with intellectual disabilities. He often struggled in the mornings; transitioning from home to school setting became stressful and dangerous for mother and her local support system. LEO was called multiple times due to Cody being combative and mother not knowing how to redirect him in times of distress.

I encouraged mother to engage with me during redirections in my service to them, applying a hands-on approach to learning soothing interventions, motivation interviewing, and de-escalation. Mother and I engaged in multiple contacts sharing information about redirection, tools, and techniques. LEO was contacted 3 times- last time being in September when a team approach with mother and COR began.

*Better Tracking increased over time so we know these numbers are lower than actual activity – a recent count of just one week was 19 contacts.

**New ~
2025**

Jail Reintegration Support Finney County Jail Ford County Jail

Compass employees Support Staff positions in the 2 largest
Jails in our Communities.

Service Objectives:

Interrupt the Cycle of
Addiction

Skill Building

Mental Health Awareness
& Intervention

Instilling Hope upon
Release and Reduce
Recidivism

Medication Stabilization

Support and Service in Jail
and after Release

Trust & Connection

Life Can Be Better!

Kevin's Story ~

When Kevin arrived at the Jail, he was angry and under the influence of illicit drugs. Kevin made an **important decision** after a few days:

He asked us for help

In the Jail, Kevin started 1:1 services for his mental health issues and slowly started asking for help with his substance misuse issues. After his D/A Evaluation, he decided to build a real plan for life after release.

Upon leaving Jail, Kevin went to Oxford House and continued to engage in the full array of mental health and substance use treatment services. Kevin was able to secure and maintain 2 jobs and attend all mental health appointments and 12 Step Groups.

Kevin said he never intends to use drugs again and never intends to go back to Jail. He continues to do well and has started lending his time to help others.

**New ~
2025**

Jail Reintegration Support 2 Letters from Inmates

"Today I am sober 281 days, 281 days ago I was booked into the Jail for the umpteenth time for various drug offenses and warrants. All I could think about was how awful my withdrawal from Fentanyl was going to be. This may sound crazy to some people but I could not be more thankful for being arrested and sentenced to jail.

In Jail, I signed up for a class called Post Release Relapse Prevention mostly to get out of my pod for an hour each week. I spent 20 years so caught up in addiction that I couldn't have spelled the word "HOPE" and the day I met Sammy (Compass), he told me there is Hope for everyone. I thought "how could this stranger be so sure?"

Sammy taught me how to recognize triggers, how to soothe my anxiety and how to get out of high risk situations. He taught us about self esteem, self worth and having Faith.

Sammy helped me get to Inpatient Tx and after completion, I was able to access Supported Housing and now work 2 jobs and am saving money, still drug free."

"I am currently taking part in Peer/NA Support Group in the Jail with Sammy (Compass). Peer Group is a big help during my incarceration. It's helping me to be able to open up to my past and things that have led me in the wrong directions throughout my life. It is an asset to my recovery. I've been able to share during group meetings and get feedback from not only Mr. Sammy but from fellow inmates. I am writing this letter on this special day for me being 90 days clean and sober which I plan to carry on all the days once released from jail. After 22 years of constant use of illegal drugs and alcohol 90 days is a big deal for me. Having the peer support group is a big help for the release plan I'm setting up for myself. Every little bit helps so thank you all for that. "

Additional Helpful Services for Legal System

**Competency to Stand
Trial Evaluations 2025**

35

**Competency
Restoration 2025**

9



Healthy Minds. Healthy Lives. Healthy Communities.

Management Team

Lisa Southern

Jamie Warren

Khristy Guebara

Marla Lira

Fernando Rodriguez

Vicki Broz

Maria Cooper

Max Meschberger

Board of Directors

Van Hampton, Chair

Wade Dixon, Vice Chair

James Biddle

Louise Ehmke

Arlene Doll

Gerry Schultz

Callie Dyer

Rosemary Bachman

Mike Fontenot

Nikki Schwerdfeger

Bill Carr

Mark Busch

Todd Ridge

Dorothy Ziesch

Shari Housman

Jerry Jo Deckert

Camille Davidson

Rosa Mitchell

Carol Trout

Jeff Goetzinger

Shelly Graff

Sara Brown

Terry Housman

Melissa Klaus

