

## JL Performance Horses

Safety of horses and humans are our priority. In the event that there is an unfortunate incident or accident, please use the Concussion Assessment Tool below.

### CONCUSSION ASSESSMENT TOOL

Student's Name: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Signs/Symptoms of Concussion (reported by athlete)	Yes	No
Headache or "pressure" in head		
Nausea or vomiting		
Balance problems or dizziness		
Double or blurry vision		
Sensitivity to light		
Sensitivity to noise		
Feeling sluggish, hazy, foggy, or groggy		
Confusion, concentration or memory problems		
Just not "feeling right" or "feeling down"		
Signs/Symptoms of Concussion (observed by coach or parent)	Yes	No
Appears dazed or stunned		
Forgets an instruction		
Strange behavior or changes in personality		
Moves clumsily		
Answers questions slowly		
Loses consciousness (even briefly)		
Shows mood, behavior, or personality changes		
Can't recall events prior to or after a fall		
More Serious Danger Signs	Yes	No
One pupil larger than the other		
Drowsiness or inability to wake up		
A headache that gets worse or does not go away		
Slurred speech, weakness, numbness, or decreased coordination		
Repeated vomiting or nausea, convulsions or seizures		
Bleeding or clear fluid leaking from the nose or ears		
If you marked "yes" to any of the above, seek medical attention.		

In the event that your child or you have suffered a possible concussion, JL Performance Horses requires medical clearance in writing from your physician prior to the return of equine activities.