



Monthly Sectoral Review of the Kingdom of Saudi Arabia



HEALTHCARE & LIFE SCIENCES

DECEMBER 2025

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Scientific Conferences and Awards

This month witnessed a remarkable scientific presence for the Kingdom:

- **Arab Doctor Award 2025:** Saudi Professor Ahmed BaHammam won the award (Scientific Research and Innovation category) in recognition of his global research in Sleep Medicine.

- **AI in Mental Health:** Erada Complex in Dammam concluded a conference discussing the role of Artificial Intelligence in improving psychological care.
- **Specialised Conferences:** Late December saw international conferences held in Makkah, Jeddah, and Riyadh, covering specialities such as Pediatric Nursing, Geriatric Medicine, and Veterinary Cardiology.

Life Sciences and Biotechnology (Biotech)

Building on the investment momentum from the "Global Health Exhibition" in late October, significant partnerships were activated in December:

- **Localisation of Technologies:** Commencement of projects to localise the manufacturing of **Biologics** and genetic technologies, such as **CRISPR**.
- **KAIMRC (King Abdullah International Medical Research Centre):** Hosted specialised events to connect biotech innovators with investors, strengthening Riyadh's position as a regional hub for life sciences.

Enhancing Quality of Life

- **Healthy Cities:** In December, the Governor of Riyadh Region received World Health Organisation (WHO) accreditation certificates for Al-Ghat and Al-Zulfi as Healthy Cities.
- **Health Awareness:** Launching intensive national campaigns regarding "Regulations for Obesity Surgeries" to ensure patient safety and curb unlicensed practices.

Indian Company Cupid Gets Approval to Build Healthcare-Related Manufacturing in Saudi Arabia

Cupid Limited — an Indian FMCG/health products manufacturer — received board approval in principle to establish a new manufacturing facility in Saudi Arabia. This will be the company's first plant outside India and is intended to strengthen its regional supply chain for healthcare and consumer products across the GCC, once regulatory approvals are completed.

Saudi “Taakud for Your Health” Centres Launched to Boost Prevention & Early Screening

Saudi Arabia’s Health Holding Company has launched a new network of preventive health centres called “Taakud for Your Health. These centres are part of a national effort to shift from treatment to prevention and early detection, making health checks a routine part of life. The initiative aims to promote healthier lifestyles and catch diseases early before they become serious.

Sources:

- Ministry of Health (MOH) Portal
- Saudi Health Council (SHC)
- National Platform for Health Information (Seha)
- The Council of Arab Health Ministers: (The granting body for the Arab Doctor Award).
- King Abdullah International Medical Research Center (KAIMRC) Official Website: For updates on biotech partnerships.
- Saudi Press Agency (SPA): For coverage of international medical conferences in Riyadh, Jeddah, and Makkah.
- Al Arabiya
- <https://sl1nk.com/DArFm>
- <https://shorturl.at/rXyyV>

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