



Dear WMQG members,

It is already August right around the corner! I loved the rain we had in May and June, however, not the wind or the cruel heat. It is time for another round of rain.

I am looking forward to our August meeting and the games our program ladies have cooked up for us. Remember your FQ's and your luck.

After I started to complain about the heat, some long ago thoughts came to mind. During the droughts that led up to the loss of all the top soil in the lower plains states being cleared off by the winds, that according to my mother, left the homes filled with dirt. The women started bringing out their quilts, not for warmth, but for the windows and doors, to make a barrier to keep sand and dirt from coming into the homes. She said they hung them over the windows on the inside and made a double barrier at the doors. Everyone was trying to keep from getting lung problems, which often led to death. Then, I think of the beautiful gems we see each meeting with patterns I envy, colors bright and eye-catching, and those that remind us of the quilts made in the early pioneer days from scraps of linens, dresses that were worn out, men's shirts, etc. I am very grateful for all the types of quilts that still have the 'old' patterns and also the multifaceted quilts and patterns, and the women who create them. It is such a widely creative art to pursue.

As the unrest spreads or continues in countries all over the world, the US is in 7 different countries, holding military operations, I hope that those of you who use the power of prayer will remember those who are separated from family, country, and home will soon have those human needs given back to them so those separated may once again become families.

Hope to see you all on August 12th at our monthly meeting and at Sew Social on the 16th for another new adventure!

Nancy Wicker, President
Wichita Mountains Quilt Guild



Upcoming Events

Aug 12 6:30 pm WMQG meeting at First Baptist Church West "Game Night" - Bring 5 fat quarters

Aug 16 10 am - 2pm Sew Social at First Baptist Church East in the middle building "Let's Go Dancing"

Sept 20-21 Cimarron Valley Quilt Show in Stillwater "Vintage to Modern"

Sept 20-21 OQSO Fall Retreat Lake Murray

2019

OUR OFFICERS

President: Nancy Wicker
V. President: Peggy Coe
Secretary: Barbara Johnston
Treasurer: Marilyn Sike & Susan Carpenter
Programs: Mitchie Brown & Lenor Davis
Hospitality: Jan Crain-Wayman
Community Sew: Amanda & Sherel
TLC: Plezie Johnson
Ways & Means: Dee Frizzel & Cris Ross
Membership: LaDonna Myers & Donna Klein
Historian:
Publicity: Kathy Hepner
Newsletter, Facebook, Webpage: Vicki Nightingale

July 2019 Guild Meeting

The meeting was called to order at 7:02 p.m. by Nancy Wicker. We had one visitor this month Jackie Harmon. We are so glad to have you.

There were 37 members in attendance, with 3 members who renewed their membership at the meeting. If you have not paid your dues yet, please pay them now. We are in the process of updating the Membership Roster and mailing list.

We had one birthday to celebrate this month. Happy Birthday to Lee Diaz.

Ways and Means had a Tea and Murder mystery to help reduce tension.

A motion was made by Chris Ross and seconded by Mary Kunert to approve the June meeting minutes. All were in favor of the motion.

A motion was made by Jan and seconded by Sherel to approve the Treasurers report as posted in the newsletter. All were in favor of the motion.

New Business: Do we want to have a Quilt Show in 2021? A motion was made by LaDonna and seconded by Sherel to have a Quilt Show. All were in favor of the motion. We now need a Chair person for the Quilt Show. Please contact Nancy Wicker before the August meeting if you (or a group of persons) are interested in being the Chair of the event.

Old Business: The Executive board consulted with Mr. Peterson, who reviews our books and an Executive Board meeting was held to finalize the budget for the coming year. It was decided to annotate the area of the budget as Executive Board Administrative fees. A motion was made by Vicki Nightingale and seconded by Chris Ross. All members approved the budget as was in the Newsletter.

Community Sew: Sherel is still collecting items to be donated for foster children in Comanche County. Several items were displayed showing completed projects to be donated. We need more items to be completed. The bowl project is still not complete. Suzanne was told 75 bowl covers were needed. We only have 45 complete at this time. The Parker Pointe group home has 16 girls from the age of about 14 - 16 years of age. We would like to donate pillow cases for each girl and eventually a quilt for each girl as well. Sherel demonstrated how to make a pillowcase.

Programs: Mitchie and Lenor. The August meeting will be a game night. PLEASE BRING 5 FAT QUARTERS. Everyone will have something to bring home. It will be fun! In September, we will have the Quilt Airing.

Hospitality: The notebook is being passed around for people to sign up to bring treats. There will be a potluck dinner at the Quilt Airing.

TLC: Paula Chambers is having dialysis treatments three days a week, if you would like to give her a call.

Newsletter/Web Page: Vicki Nightingale will post on Facebook while the web page is being updated. Everyone is welcome to post on the Facebook page. Reminders have been sent out to remind members who have not yet paid their dues. The domain name for the webpage is under Brooke Oliver's name. If anyone knows how to reach her, please share her information with Vicki so we can get the webpage up and running.

Sew Social: Sewing a Little bit of Love. Dee Fizzel will be presenting a fun way to head off last minute Christmas gifts. Please bring 42 2 - inch squares and one Fat Quarter. This will be a fast project. Batting and the pattern will be provided. Come to First Baptist East on Friday, July 12th from 10 a.m. to 2 p.m. We will meet in the middle pavilion on the east side of the building. Bring something yummy to share.

Drag & Brag: Several beautiful projects were shown tonight. Thank you to all!

Program: Lenor Davis demonstrated how to sit properly at your sewing machine to alleviate fatigue. If you pay attention to how your bottom and low back are positioned, your back and neck will be properly aligned. If you have a table attached to your sewing machine, you may want to adjust the height of the chair you are using. You can use a pillow or a cushion or something similar.

If you purchase tow doorstops and put them under the back edge of your sewing machine, it will tip the machine towards you. This may be more comfortable. If you place your ironing surface away from your sewing machine, it will give you the opportunity to get up and move. This will alleviate back strain from sitting too long. Make sure you adjust the height of your cutting and ironing surfaces at the right height for you. Lenor also demonstrated using the Gypsy Quilter Sit Upon. Anyone interested was able to try the device for themselves. They are available at Quilt N Bee or you can purchase at the manufacturer's website www.thegypsyquilter.com. A motion was made by Peggy Coe and seconded by Carol Capshaw to close the meeting.

Wichita Mountains Quilt Guild

Treasurer's Report

July 2019

Beginning Balance- 7/1/2019	<u>\$9944.09</u>
Income:	
Ways N Means	\$29.00
Membership	\$60.00
Subtotal	<u>\$10,033.09</u>
Expenses:	
Community Service	\$10.38
Ending Balance – 7/31/2019	<u>\$10022.71</u>
<u>Emergency Fund</u>	<u>\$1227.59</u>

HOSPITALITY

Savory: Nell Wallace, Carol Capshaw

Sweet: Sue Turk, Virginia Williams, Cathy McDaniel

Thank all of you are bringing snacks. Some of you were not even signed up, but your additions to the snacks were outstanding. All of your participation.

Jan Crain Wayman



Programs

August: Game Night - Bring (5) FQs (and/or same value sewing notions, small gifts) to play.

September: Airing Quilts at Dee's - Bring your quilts and a pot luck dish

October: Trick & Treat - Round Robin and bring your favorite fall dessert to share!

November

December - Christmas Party!

TIPS FOR QUILTERS

Pre-wind neutral bobbins

This is an especially helpful idea when attending a class or retreat. Store your collection of pre-wound bobbins in a bobbin case, and you're ready to sew for hours (or days)! Pre-wound bobbins can also be purchased from some thread manufacturers.

Chain piecing

Not only does chain piecing save a lot of time for quilters, but it also helps to save thread. To chain piece, sew a set of fabric pieces together, stopping just before the edge of the fabric pair. Without removing the fabrics from the presser foot, prepare and add another set of fabrics. Begin sewing the next pair without clipping threads. Chain piecing goes even faster when the paired pieces have been prepared and stacked, and are ready to sew in large groups.



**Cimarron Valley
Quilters Guild**
Presents the

Vintage to Modern
quilt show

September 20-21, 2019
Friday 9 am-8 pm
Saturday 9 am-5 pm

Payne County Expo Center
4518 Expo Circle East
Stillwater, OK 74075

Advanced Price **\$8.00**
Day of Show **\$10.00**
For more information: WWW.CVQG.ORG

Oklahoma Quilter's State Organization

www.OQSO.com

Fall Retreat September 20-22, 2019

Lake Murray Lodge

Register by August 9th

Featuring Marci Baker

Quiltwithmarcibaker.com

Check the website for more

Community Service

Thank you so much to all of you who returned your items at the last meeting. Thank you doubly for all of those who took new projects. Please remember to bring back the finished articles at our next meeting and the Ziploc bags that the items came in.

This month we will be working on pillowcases dresses and little boy's shorts. This is for the Samaritan Purse projects. I will demonstrate at the meeting.

Another note if any of you have a brother, son, grandson, or nephews or any relation that is a fireman in the Lawton community, would you let me know.

Don't forget to bring your plastic sacks and your scraps. Thanks again for all your work. I know you've added some starts to your crowns.



Packets of pillowcases, burp rags, changing cloths, and rag quilts for members to take home to sew.



Finished products are displayed while Cheryl shows how to sew the pillowcases.

New Webpage

The webpage is up and running now. The new address is www.wmquiltguild.com. It is a work in progress. Please suggest ideas on how to improve it. I think it is too plain or rather not enough color right now. I have the newsletter for 2019 linked in the website. I do not have the by-laws in it. We didn't have officers names in the old webpage but I am thinking of adding it to the new one.

Let's Kick Up Our Heels



This month is for dancing so put on your dancing shoes, pack up your favorite sewing supplies, come dancing with me. You will also need:

3/8 yard of a happy print

Cut 2 strips 3 1/2" X WOF

Cut 1 strip 5" X WOF and then sub-cut into 6 5" squares

3/4 yard of a accent fabric, something to really pop.

Cut 2 strips 2" X WOF

Cut 3 strips 2" X WOF, sub-cut into 18 2" X 5" rectangles

Cut 3 strips 2 1/2" X WOF

Cut 2 8" X 8" squares

3/4 yard of complimentary fabric or you can use one of your above fabrics. I recommend your happy print.

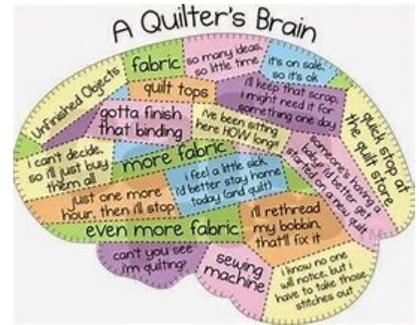
3/4 yard of your favorite batting.

Of course feel free to bring your own project to work on if you would rather. Also, please remember to bring a dish to share. There will be games and prizes so please tango your way to First Baptist East, corner of Lee and Flowermound Rd., east side in the center building from 10:00 am until 2:00 pm.

Hope to see all of you there.

Drag and Brag





Sew Social

