

2025 SUMMER DANCE "BOOTCAMP" SERIES JULY 8-24

Tuesdays

3:00-4:00 LEAPS & TURNS BEG (5-8) JULIA
3:00-4:00 LEGS & TURNS INT (8-11) LAUREN
4:00-4:45 PIANO (7 & UP) CATERINA
4:00-5:00 LYRICAL BEG (5-8) JULIA
4:00-5:00 SIDELINE SASS (8-11) LAUREN
4:45-5:30 VOICE CATERINA
5:00-5:30 FLEX & CORE (8-11) LAUREN
5:00-5:45 BTTJ (AGES 3-5) JULIA
5:00-6:00 POSTURE & PIROUETTES (12 & UP) JOEL
5:30-6:15 MUSIC THEORY I CATERINA
5:30-6:30 FIELD TO COURT (12 & UP) LAUREN
6:00-6:30 PROGRESSIVE BALLET TRAINING (8 & UP) JOEL
6:15-7:00 MUSIC THEORY II CATERINA
6:30-7:30 CANDLELIGHT CONTEMPORARY INT/ADV (12 & UP) GIANNA
6:30-7:30 POSTURE & PIROUETTES (8-11) JOEL
7:30-8:30 ADV JAZZ PROGRESSIONS (12 & UP) GIANNA
7:30-8:30 FOLKLORICO (8 & UP) JOEL

Wednesdays

4:00-5:00 ACRO AERIAL HOOP (8-11) LAUREN
4:00-5:00 BEGINNER ACRO FOR DANCE (5-8) BRITANY
4:00-4:45 PIANO (7 & UP) CATERINA
4:45-5:30 VOICE (7 & UP) CATERINA
5:00-6:00 LYRICAL INT (8-11) LAUREN
5:00-5:30 DANCING STRONG (8 & UP) BRITANY
5:30 - 6:15 MUSIC THEORY I CATERINA
6:00-7:00 INT/ADV ACRO FOR DANCE (8 & UP) BRITANY & LAUREN
6:00-7:00 FLEXIBILITY FOR DANCERS (8 & UP) ASHLYNN
6:15-7:00 MUSIC THEORY II CATERINA
7:00-8:00 CONDITIONING FOR DANCERS (8 & UP) BRITANY
7:00-8:00 BEG LEAPS & TURNS (5-8) ASHLYNN

Thursdays

4:00-5:00 CHOREOGRAPHY: LEARN TO CREATE AND TEACH (7-12TH) BRITANY
4:00-5:00 BALLET INTRO TO BARRE (5-8) VICTORIA
4:00-4:45 PIANO (7 & UP) CATERINA & 4:00-4:45 BTTJ (2-3) JULIA
5:00-5:45 DANCE HISTORY AND TERMINOLOGY (7-12TH) BRITANY
5:00-6:00 DANCE FOR THE CAMERA (8-11) VICTORIA
4:45-5:30 VOICE CATERINA & 4:45 - 5:30 BTTJ (4-5) JULIA
6:00-6:45 SWEAT IT OUT: CARDIO DANCE (12 TO ADULTS) ABBY
6:00-7:00 DANCE FOR THE CAMERA (12 & UP) VICTORIA
5:30-6:15 MUSIC THEORY I CATERINA & 5:30-6:15 MUSICAL THEATER JULIA
7:00-8:00 DRILL PREP - KICKS & FLEXIBILITY DRILLS (7-12TH) GIANNA
7:00-8:00 CANDLELIGHT CONTEMPORARY BEG/INT (8-11) ABBY
6:15-7:00 MUSIC THEORY II CATERINA
8:00-9:00 LEARN TO IMPROV (8 & UP) GIANNA
8:00-9:00 ALL ABOUT JAZZ INT/ADV (12 & UP) ABBY

