

LUNCH

BEVERAGES

12 OZ CAN BEVERAGES 1.00

Iced Tea, Arnold Palmer, Seltzer or Milk

SNAPPLE 16 OZ 2.00

POLAND SPRING 16 OZ 1.00

POWER AIDE 20 OZ 2.00

YOO HOO 12 OZ CAN 1.25

SIDES & SOUPS

COLE SLAW 1.00 *

Fresh - House Made

POTATO / TORTILLA CHIPS 1.50*

House Made Lightly Salted

HOUSE MADE SOUP &
CHILI 2.50

House Made Soups Cup

FRESH CUT FRUIT 2.00 *

CRUDITÉ 2.00*

Seasonal Assorted Veg & Ranch Dressing



BAKED GOODS

HOUSE MADE MUFFINS 1.50*

HOUSE MADE COOKIES (2)
2.00*

BIG AS YOUR HEAD COOKIE
2.00*

HOUSE MADE BROWNIES
2.00*

BAGGED CHIP & SNACKS 1.00

POP TARTS 1.50

* DENOTES VEGETARIAN

COLD STUFF

TURKEY SAND 6.50/4.50

Turkey, Munster, Herbed Mayo & Cran Sauce

ITALIAN SUB 6.50/4.50

Salami, Ham & Provolone on a Sub Roll

CAESAR CHICKEN 6.50/4.50

Grilled Chicken Romaine Dressing Wrap

MOTZ & GARLIC 6.50/4.50*

Fresh Mozzarella, Tomato and Basil on Garlic Bread Sub Roll

SALADS

LUNCH SALAD 6.50*

Romaine and Iceberg Mix, Cucumbers, Carrots, Tomatoes, & Choice of Dressing

Add Chicken and Cheese

SIDE SALAD 3.50*

Romaine and Iceberg Mix, Cucumbers, Carrots, Tomatoes, & Choice of Dressing

BROC GOAT CHEESE

QUICHE 6.50/4.50*

House Made Broccoli Goat Cheese Quiche with Caramelized Onions served with a Side Salad

HOT STUFF

HOLY ROLLER 6.50

A knock off of a restaurant "Closed on Sunday" chicken sandwich

PULLED PORK 6.50/4.50

House Smoked Pulled pork with BBQ sauce and Coleslaw on a Brioche Roll

CBC 6.50/4.50

House Made Chicken Cutlet, Cheddar Cheese, Bacon and Chipotle Mayo on a Brioche Roll

RODEO SANDWICH 6.50/4.50

House Made Chicken Cutlet, Onion Rings, Cheddar and BBQ Sauce on a Brioche Roll

CHICKEN CLUB 6.50/4.50

House Made Chicken Cutlet, Bacon, Lettuce, Tomato and Mayo on a Sub Roll

FRIES / TATER TOTS 1.50*

JUMBO PRETZEL 2.00*

HOUSE MADE MAC & CHEESE

1.50 SMALL / 3.00 LARGE *

* DENOTES VEGETARIAN

BREAKFAST

BEVERAGES

12 OZ CAN BEVERAGES 1.00

Iced Tea, Arnold, Seltzer or Milk

SNAPPLE 16 OZ 2.00

POLAND SPRING 16 OZ 1.00

POWER AIDE 20 OZ 2.00

YOO HOO 12 OZ CAN 1.25

SIDES & SMALLS

YOGURT CUP 1.00*

FRESH CUT FRUIT 2.00 *

POP TARTS 1.50*

* DENOTES VEGETARIAN



THE CROWS NEST

BAKED GOODS

HOUSE MADE MUFFINS 1.50*

BAGEL 2.00*

Cream Cheese add .75

BREAKFAST CEREAL & MILK 2.00*

EGG SANDWICH 3.50*

Add Bacon, Pork Roll or Sausage 1.00

Add Cheese no charge

Make it a wrap it no charge

Skip the Carbs - on a plate no charge

SPECIALS

TERIYAKI BOWL 6.50 / 4.50

House Made Teriyaki Chicken, Rice, Carrots and Broccoli

MEXICAN BURRITO 6.50 / 4.50

Mexican style Chicken, Rice, Cheese, Sour Cream and Salsa

POPCORN CHICKEN BOWL 6.50 / 4.50

Popcorn Chicken, House Made Mashed Potatoes, Corn, Cheese and Gravy

FETTUCCHINE ALFREDO WITH CHICKEN 6.50 / 4.50

Fettuccine with House Made Alfredo Sauce and Chicken

RAVIOLI AND MEATBALLS 6.50 / 4.50

Cheese Ravioli and Meatballs in Marinara Sauce

HOUSE MADE PIZZA 2 SLICES 6.50 / 4.50

House Made Pizza every Friday

Plain, Pepperoni, Meat Lovers, Buffalo Chicken, Cheese Steak, Taco and Others!