

CAC Training & Continuing Education Schedule

August–October 2026

Designed for individuals pursuing addiction counselor certification and for current addiction professionals seeking continuing education, skill development, and supervision hours.

AUGUST 2026

Date	Time	Training	Hours	Price
Thursday, Aug. 20	12:00–2:00 PM	CCIT Orientation	2	Included/TBD
Thursday, Aug. 20	2:00–8:00 PM	Ethics	6	\$75
Friday, Aug. 21	9:30 AM–3:30 PM	HIPAA / 42 CFR Part 2	6	\$75
Saturday, Aug. 22	9:30 AM–3:30 PM	Telemental Health	6	\$75

CCIT Orientation: An introduction to the addiction counselor certification process, professional expectations, required training, supervision, and documentation.

Ethics: Explores ethical decision-making, professional boundaries, confidentiality, dual relationships, and common ethical challenges in addiction counseling.

HIPAA / 42 CFR Part 2: Reviews confidentiality requirements specific to behavioral health and substance use treatment, with practical guidance for protecting client information and communicating appropriately with families and other providers.

Telemental Health: Covers ethical and clinical considerations in telehealth, including confidentiality, boundaries, risk management, and client engagement.

SEPTEMBER 2026

Date	Time	Training	Hours	Price
Tuesday, Sept. 8	4:00–8:00 PM	Group Supervision	4	\$55
Thursday, Sept. 17	4:00–8:00 PM	Anger Management in Addiction Counseling	4	\$55
Friday, Sept. 18	9:30 AM–3:30 PM	Shame: The Secret Emotion	6	\$75
Saturday, Sept. 19	9:30 AM–3:30 PM	Psychoeducation	6	\$75

Group Supervision: Provides a collaborative setting for clinical case discussion, ethical concerns, documentation, treatment planning, counselor development, and professional growth.

Anger Management in Addiction Counseling: Examines anger as both an emotion and a behavioral response. Participants learn practical interventions for identifying triggers, improving regulation, and building healthier coping skills.

Shame: The Secret Emotion: Explores the relationship between shame, addiction, trauma, secrecy, and relapse, with strategies for helping clients work through shame without increasing defensiveness or self-condemnation.

Psychoeducation: Focuses on using education as a therapeutic intervention in addiction treatment, including recovery, emotions, coping skills, relapse prevention, and behavior change.

OCTOBER 2026

Date	Time	Training	Hours	Price
Tuesday, Oct. 13	4:00–8:00 PM	Group Supervision	4	\$55
Thursday, Oct. 22	4:00–8:00 PM	Groups 101	4	\$55
Friday, Oct. 23	Time TBD	Groups 102 + Group Supervision	8	\$95
Saturday, Oct. 24	9:30 AM–3:30 PM	Advanced Groups – LIVE Training	6	\$125

Group Supervision: Provides a collaborative setting for clinical case discussion, ethical concerns, documentation, treatment planning, counselor development, and professional growth.

Groups 101: Introduces the foundations of effective group counseling, including structure, stages of development, counselor roles, boundaries, safety, and meaningful participation.

Groups 102: Builds on foundational group skills with emphasis on group dynamics, managing resistance and conflict, therapeutic interventions, and increasing group cohesion.

Advanced Groups – LIVE Training: A highly experiential training focused on advanced interventions, processing skills, complex group dynamics, and creating powerful therapeutic group experiences.

TRAINING PRICING

- 4-hour training: \$55
- 6-hour training: \$75
- 8-hour training: \$95
- Live/Experiential Advanced Training: \$125

Note: The exact time for Friday, October 23 and the standalone price for the 2-hour CCIT Orientation are still to be determined.