

BRYANT M. STONE, Ph.D.

Licensed Clinical Psychologist (Maryland License Number: 07258) | E.Passport: Approved | PSYPACT (APIT): Pending

Contact@BryantStonePhD.com ◊ www.BryantStonePhD.com ◊ [Research Portfolio](#)

BIOGRAPHY

Bryant M. Stone, PhD, is a **Licensed Clinical Psychologist** with extensive expertise in substance use disorders. Dr. Stone has demonstrated significant academic prowess through **40+ peer-reviewed publications**, multiple awards, several teaching positions, three editorial board positions, and service as a reviewer at 25 internationally recognized journals. He has secured **over \$250,000 in funding**, including the Dissertation Research Fellowship and two National Institute of Health fellowships (T32 and F32). Dr. Stone has extensive training across **clinical settings**, including **residential, inpatient, outpatient, community mental health, academic medicine, and student services**, with expertise in evidence-based treatments and psychological assessments.

Dr. Stone leverages his comprehensive expertise and passion for direct patient care in his clinical work. With a diverse therapeutic toolkit spanning **multiple treatment modalities**, he is driven to provide personalized, culturally sensitive, and adaptive care that precisely meets each patient's needs. His research background enables him to implement **the most current, evidence-based interventions** and assessments while remaining committed to individual patient outcomes. Dr. Stone is motivated by the profound reward of **one-on-one connection**—the meaningful interactions that allow him to support individuals through their mental health journeys. His approach combines **rigorous scientific understanding**, a deeply humanistic interpersonal style, and a broad toolkit to tailor care to each patient's needs, circumstances, and goals.

EDUCATION & TRAINING

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| Postdoctoral | Southern Illinois University, Carbondale |
| 2025-Present | National Institute of Drug Abuse F32 Ruth L. Kirschstein NRSA Postdoctoral Fellow |
| Postdoctoral | Johns Hopkins University Bloomberg School of Public Health |
| 2024-2025 | National Institute of Drug Abuse F32 Ruth L. Kirschstein NRSA Postdoctoral Fellow |
| 2023-2024 | National Institute of Drug Abuse T32 Drug Dependence Epidemiology Training Program |
| Pre-Doctoral | Clinical Internship at the Medical University of South Carolina |
| 2023 | Substance Use Track, APA-Accredited; Psychological Clinical Science Academy, Tobacco Specialist Certification |
| Graduate | Doctor of Philosophy in Clinical Psychology at Southern Illinois University, Carbondale |
| 2023 | Specializations: Adult Clinical Psychology, Substance Use Treatments, Lifestyle Medicine Certification |
| Graduate | Master of Arts in Clinical Psychology at Southern Illinois University, Carbondale |
| 2017-2020 | Specializations: Adult Clinical Psychology & Substance Use Treatments |
| Undergrad | Bachelor of Science at John Carroll University |
| 2013-2017 | Major: Psychological Science; Minor: Statistics |

AUTHORED TREATMENT PROTOCOLS

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| 2024 | Empowered & Poised Life Skills Curriculum: Well-being & Healthy Emotion Regulation Skills in Youth This curriculum is an evidence-based, developmentally tailored program for students, offering flexible, engaging activities that build confidence, emotional regulation, and core social-emotional skills. |
| 2023 | The PPI Companion Client Workbook: Activities, Handouts, and Notes for Successful Therapy This client workbook accompanies The PPI Companion protocol and provides clear session summaries, all worksheets, and ample space for writing, helping clients stay organized, engaged, and prepared. |
| 2022 | The PPI Companion: Positive Psychological Interventions for the Promotion of Well-Being We designed this protocol to give clinicians an accessible, structured, CBT-style roadmap for implementing empirically supported positive psychology interventions (PPIs) in a single, easy-to-follow resource. |

CLINICAL POSITIONS

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| 2023 | Behavioral Medicine, MUSC Intensive Outpatient, Charleston, South Carolina Provided comprehensive psychological services for patients with chronic pain, IBS, pancreatitis, hypertension, Crohn's disease, fibromyalgia, epilepsy, diabetes, transplant, and many other conditions. |
| 2023 | Sleep and Anxiety Treatment and Research Program (SATRP), Charleston, South Carolina Provided evidence-based treatments for sleep and anxiety disorders, including state-of-the-art sleep studies with behavioral and psychopharmacological interventions. |

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| 2022 | Tobacco Treatment Program, Charleston, South Carolina Provided inpatient and outpatient brief therapy and assessment for tobacco cessation and managed associated chronic medical, psychiatric, and psychosocial complications. |
| 2022 | Substance Treatment and Recovery Program (STAR) - VAMC, Charleston, South Carolina Provided extensive substance use care, including individual and group psychotherapy and case management for veterans with severe and co-occurring mental conditions. |
| 2017-2022 | Southern Illinois University's Clinical Center, Carbondale, Illinois Provided psychological assessments and therapy for children, adolescents, and adults in the region as part of psychology training. Provided supervision to master's level training clinicians. |
| 2021 | Brehm Preparatory School, Carbondale, Illinois Built a comprehensive adult assessment program at a not-for-profit 501 co-educational college preparatory day for students with learning and developmental disorders. |
| 2020-2021 | SIU Counseling & Psychological Services: Substance Use Focus (CAPS), Carbondale, Illinois Provided mental health services, including individual and group counseling, crisis intervention, and specialized programs such as substance use and co-occurring disorders. |
| 2019-2020 | The Gateway Foundation, Carbondale, Illinois Provided comprehensive, evidence-based treatment services for all ages for the treatment of substance use and co-occurring disorders, including residential, outpatient, and virtual formats. |
| 2018-2019 | Centerstone: Community-Based Behavioral Health Unit, Carbondale, Illinois Provided comprehensive therapy and assessment services, supporting the mental health needs of individuals in rural and urban communities at a non-profit healthcare organization. |
| 2018 | Centerstone: Substance Use Treatment Unit, West Frankfort, Illinois Provided recovery services and comprehensive treatments for substance use and co-occurring mental health conditions at a non-profit healthcare organization. |
| 2016 | Psychological & Behavioral Consultants, Beachwood, Ohio Provides comprehensive treatment for substance use and emotional disorders to individuals, families, and couples throughout Ohio. Experience in community mental health operations. |

TREATMENT PROFICIENCIES

Cognitive-Behavioral Therapies (CBT)

- Trauma-Informed Cognitive-Behavioral Therapy
- Transdiagnostic CBT (e.g., the Unified Protocol)
- Cognitive-Behavioral Therapy for Insomnia (CBT-I)
- Brief & Solution-Focused Therapies

Third-Wave Therapies

- Acceptance & Commitment Therapy (ACT)
- Experiential Techniques
- Dialectical Behavior Therapy (DBT)

Substance Use Treatments

- Tobacco Cessation Counseling
- Motivational Interviewing
- Contingency Management

Trauma & Exposure Techniques

- Cognitive Processing Therapy (CPT)
- Exposure and Response Prevention (ERP)
- Interoceptive, In Vivo, and Imaginal Exposures

Interpersonal & Cultural Therapies

- Emotion-Focused Counseling
- Interpersonal Process Therapy (IPT)
- Multicultural Therapy

Specialized Behavioral Interventions

- Behavioral Activation
- Assertiveness Skills Training
- Problem-Solving Skills Training

ASSESSMENT PROFICIENCIES

Intelligence & Achievement Testing

- Wechsler Intelligence Scale for Children (WISC-V)
- Wechsler Adult Intelligence Scale (WAIS-IV)
- Woodcock-Johnson Achievement Tests (WJ-IV)

Memory & Cognitive Assessments

- Test of Memory Malingering (TOMM)
- Mini-Mental State Examination (MMSE)
- Wisconsin Card Sorting Task (WCST)

Attention & ADHD Assessments

- Barkley Attention Deficit/Hyperactivity Disorder Scales
- Diagnostic Interview for ADHD in Adults (DIVA)
- Test of Variables of Attention (TOVA)

Mood & Anxiety Assessments

- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory – 2nd Edition (BDI-II)

Personality & Psychological Flexibility Assessments:

- Personality Assessment Inventory (PAI)
- Minnesota Multiphasic Personality Inventory (MMPI)

Substance Use Assessments

- National Institute of Drug Abuse (NIDA) Quick Screen
- Drug Use Disorders Identification Test (DUDIT)

Structured Clinical Interviews

- Structured Clinical Interview for DSM-5 (SCID)
- DIAMOND Interview
- Anxiety Disorders Interview Schedule – IV (ADIS-IV)