

# BRYANT M. STONE, Ph.D.

Licensed Clinical Psychologist • NIDA Ruth L. Kirschstein NRSA F32 Postdoctoral Fellow  
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## EDUCATION

- Postdoctoral 2024-2026 **Postdoctoral Fellowship at Johns Hopkins University Bloomberg School of Public Health**  
National Institute of Drug Abuse F32 Ruth L. Kirschstein NRSA Postdoctoral Fellow  
Postdoctoral Project: [Exploring reactivity among patients with chronic pain using cannabis and opioids: Mixed-method evidence of promising intervention strategies](#)
- 2023 National Institute of Drug Abuse T32 Drug Dependence Epidemiology Training Program  
Research Advisors: Johannes Thrul, Ph.D. & Brion Maher, PhD
- Predoctoral 2023 **Clinical Internship at the Medical University of South Carolina**  
Substance Use Track (APA-Accredited; Academy of Psychological Clinical Science Member)  
Internship Paper: [Modeling cannabis use disorder treatment progression: Evidence of differential mechanisms underlying functional improvements](#)  
Research Advisor: Brian J. Sherman, Ph.D.
- Graduate 2023 **Doctor of Philosophy in Clinical Psychology at Southern Illinois University, Carbondale**  
Dissertation: [Validation of Best Self Intervention: A new positive psychological intervention targeting self-referential processing](#)  
Chairs: David G. Gilbert, Ph.D. & Chad E. Drake, Ph.D.
- Graduate 2017-2020 **Master of Arts in Clinical Psychology at Southern Illinois University, Carbondale**  
Thesis: [Effects of a gratitude intervention and attention bias modification on emotion regulation](#)  
Chairs: David G. Gilbert, Ph.D. & Chad E. Drake, Ph.D.
- Undergraduate 2013-2017 **Bachelor of Science at John Carroll University**  
Major: Psychological Science; Minor: Statistics

## RESEARCH HIGHLIGHTS

37. **Stone, B. M.** (2024). Removing stigmatizing language in self-reports: Effects on psychometric properties and respondent beliefs. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-024-01298-w>
36. **Stone, B. M.**, Gray, K. M., Tomko, R., McRae-Clark, A. L., & Sherman, B. J. (2024). Differential mechanisms of behavior change in cannabis use disorder treatments: Functional improvements and clinical implications. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-023-01231-7>
35. **Stone, B. M.**, (2023). Introducing Substance-Induced Emotion Regulation: Proof-of-concept of a missing nuance in substance use disorder maintenance and treatment research. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-023-01151-6>
34. **Stone, B. M.** (2022). Positive psychology for substance use disorders: A rationale & call to action. *Journal of Studies on Alcohol & Drugs*, 83(6), 959-961. <https://doi.org/10.15288/jsad.22-00259>
33. **Stone, B. M.** (2021). The ethical use of fit indices in structural equation modeling: Recommendations for psychologists. *Frontiers in Psychology*, 12, 1-4. <https://doi.org/10.3389/fpsyg.2021.783226>

## EMPIRICAL PEER-REVIEWED JOURNAL ARTICLES

32. Joo, J., Devkota, J., **Stone, B. M.**, Dunn, K. E., Zipunnikov, V., Vandrey, R., Finan, P. H., & Thrul, J. (2024). Predictors of participant compliance with ecological momentary assessment among individuals with chronic pain who are using cannabis and opioids. *Internet Interventions*, 100784. <https://doi.org/10.1016/j.invent.2024.100784>
31. **Stone, B. M.** (2024). Perceived addiction potential: Preliminary evidence of the accuracy of self-assessed substance use disorder risk. *International Journal of Mental Health & Addiction*. <https://doi.org/10.1007/s11469-024-01382-1>
30. **Stone, B. M.** & Gilbert, D.G. (2024). Validation of the Reasons for Quitting Smoking Cannabis Scale among people with cannabis use disorder. *Substance Use & Misuse*, 1–12. <https://doi.org/10.1080/10826084.2024.2392508>
29. Sparacio, A., Iljerman, H., Ropovik, I., Giorgini, F.... **Stone, B. M.**... Blocker, H., & Jiga-Boy, G. M. (In Press). Self-administered mindfulness interventions reduce stress in a large, randomized controlled multi-site study. *Nature Human Behavior*. <https://doi.org/10.1038/s41562-024-01907-7>
28. **Stone, B. M.** (2024). Development of the enthusiastic substance use attitudes scale: Preliminary evidence of a novel maintenance factor. *Substance Use & Misuse*, 59(4), 494–509. <https://doi.org/10.1080/10826084>

27. **Stone, B. M.**, Hammersley, J., & Gilbert, D. G. (2024). Effects of nicotine patches on early and late attentional bias to smoking cues: We may know less than we think. *Experimental & Clinical Psychopharmacology*, 32(4), 453–464. <https://doi.org/10.1037/pha0000707>
26. Wang, V., **Stone, B. M.**, Vest, N., Onawa, L.P. (2023). Emotion regulation predicts recovery capital beyond mindfulness and demographic variation in Recovery Dharma. *Addiction Research & Theory*, 1-7. <https://doi.org/10.1080/16066359.2023.2282531>
25. **Stone, B. M.**, & Gilbert, D.G. (2023). Combining PPI domains and targeting cognitive mechanisms: A failed proof-of-concept for PPI research. *International Journal of Applied Positive Psychology*, 9, 287–300. <https://doi.org/10.1007/s41042-023-00118-1>
24. Lyons, G., **Stone, B. M.**, Wang, V., & Drake, C. E. (2023). A preliminary evaluation of the psychometric properties of the Valued Action and Satisfaction Questionnaire. *The Psychological Record*, 73, 183–201. <https://doi.org/10.1007/s40732-023-00548-y>
23. **Stone, B. M.**, & Wang, V. (2023). Emotional fear of COVID-19, but not physical fear symptoms, explains variability in COVID-19's impact on individuals' lives. *Journal of Affective Disorders Reports*, 11, 100479, 1-6. <https://doi.org/10.1016/j.jadr.2023.100479>
22. Bartholomay, E. M., **Stone, B. M.**, Koran, J., Björgvinsson, T., & Kertz, J. (2022). Repetitive negative thinking explains the relationship between attentional control and generalized anxiety. *Journal of Psychopathology & Behavioral Assessment*, 45, 1-13. <https://doi.org/10.1007/s10862-022-09997-1>
21. **Stone, B. M.** (2022). The explanatory ability of COVID-19 life changes on quality of life: A comparison of those who have had and not had COVID-19. *Current Psychology*, 43, 1-12. <https://doi.org/10.1007/s12144-022-03504-1>
20. Gilbert, D. G., **Stone, B. M.**, & Rabinovich, N. E. (2022). Overdose symptoms and positive affect in never-smokers are moderated by nicotine patch pharmacokinetics: Demonstration of need for assessment and further characterization: a between-subjects experiment. *F1000Research*, 11(937), 1-9. <https://doi.org/10.12688/f1000research.124015.1>
19. **Stone, B. M.**, & Schmidt, K. (2022). Comparing structural validity and measurement invariance across measures of grit. *International Journal of Applied Positive Psychology*, 7, 1-26. <https://doi.org/10.1007/s41042-022-00067-1>
18. **Stone, B. M.**, Bartholomay, E. M., & Chamberlain, A. B. (2022). Validation of the BFI-10-R: A BFI scale with strong structural and construct validity. *Journal of Psychopathology & Behavioral Assessment*, 44, 1-13. <https://doi.org/10.1007/s10862-022-09978-4>
17. \*Hodges, C., \***Stone, B. M.**, Johnson, P.K., Carter, J., Sawyers, C.K., Roby, P.R., & \*Lindsey, H., (2022). Researcher degrees of freedom in statistical software programs. *Behavior Research Methods*, 55, 1-15. <https://doi.org/10.3758/s13428-022-01932-2>
16. **Stone, B. M.**, Lindt, J., Rabinovich, N., & Gilbert, D. G. (2021). Effects of the gratitude letter and positive attention bias modification on attentional deployment and emotional states. *Journal of Happiness Studies*, 23(1), 3-25. <https://doi.org/10.1007/s10902-021-00377-2>
15. Bartholomay, E. M., **Stone, B. M.**, & Lyons, G. (2021). Depression and social anxiety symptoms explain substance use problems beyond amount/frequency of substance use. *Current Psychology*, 42, 1-8. <https://doi.org/10.1007/s12144-021-01984-1>
14. Seidler, D., **Stone, B. M.**, Clark, B. E., Koran, J., & Drake, C. E. (2020). Evaluating the factor structure of the Multidimensional Psychological Flexibility Inventory: An independent replication and extension. *Journal of Contextual Behavioral Science*, 17, 23-31. <https://doi.org/10.1016/j.jcbs.2020.04.007>
13. **Stone, B. M.**, & Bartholomay, E. M. (2020). A two-factor structure of the hypersensitive narcissism scale describes gender-dependent manifestations of covert narcissism. *Current Psychology*, 41, 6051-6062. <https://doi.org/10.1007/s12144-020-01088-2>
12. **Stone, B. M.**, & Schmidt, K. (2020). Positive psychological interventions and cognition. *The Journal of Positive Psychology*, 15(5), 629-632. <https://doi.org/10.1080/17439760.2020.1789714>

## **THEORETICAL & REVIEW PEER-REVIEWED JOURNAL ARTICLES**

11. **Stone, B. M.**, & Sherman, B. J. (2024). Mechanisms of behavior change in cannabis use disorder treatments: Current science and future outlook. *Current Addiction Reports*, 6(5), 511-35. <https://doi.org/10.1007/s40429-024-00578-8>
10. **Stone, B. M.** (2024). When public will meets legislative resistance: Five lessons from ohio's issue two cannabis legalization controversy. *Cannabis & Cannabinoid Research*. <https://doi.org/10.1089/can.2024.0022>

9. **Stone, B. M.,** & Sherman, B. J. (2023). Is it time for a cannabis harm reduction approach? Commentary on Sherman et al. (2021) & Borodovsky et al. (2022). *Psychology of Addictive Behaviors*, 37(5), 709-712. <https://doi.org/10.1037/adb0000927>
8. **Stone, B. M.** (2023). Integrating positive psychological interventions into substance use treatments. *Encyclopedia of Social Sciences*, 3(3), 1133-1144. <https://doi.org/10.3390/encyclopedia3030082>
7. **Stone, B. M.** (2022). The war on drugs has unduly biased substance use research. *Psychological Reports*, 127(4), 2087-2094. <https://doi.org/10.1177/00332941221146701>
6. **Stone, B. M.** (2022). A positive psychology framework for why people use substances: Implications for treatment. *Frontiers in Psychology: Positive Psychology*, 13, 6176. <https://doi.org/10.3389/fpsyg.2022.1017186>
5. **Stone, B. M.** (2022). The pathogenesis of borderline personality disorder: Evolution of evidence and treatment implications for two prominent models. *Psychological Reports*, 00332941221127618. <https://doi.org/10.1177/00332941221127618>
4. Wang, V. & **Stone, B. M.** (2022). Invisibility of Asians, Asian Americans, and Buddhist roots in western psychology. *Psychiatry Research Communication*, 2(3), 100064. <https://doi.org/10.1016/j.psycom.2022.100064>
3. **Stone, B. M.,** & Schmidt, K. (2022). *Integrating Positive Psychological Interventions into Acceptance & Commitment Therapy*. *European Journal of Applied Positive Psychology*, 6(2), 2397-7116.
2. Wang, V., & **Stone, B. M.** (2022). Buddhism in addiction recovery. *Encyclopedia of Social Sciences*, 2(1), 530-537. <https://doi.org/10.3390/encyclopedia2010035>
1. Cobbs, A.M., **Stone, B. M.,** & Parks, A.C. (2017). The efficacy of happiness interventions: An overview. *Quebec Journal of Psychology*, 38(1), 159-184. <https://doi.org/10.7202/1040074ar>

### **BOOK CHAPTERS**

4. **Stone, B. M.** (2023). The ethical use of fit indices in structural equation modeling: Recommendations for psychologists. In B. Espejo, M. Martin-Carbonell, & I. Checa (Eds.) *Methodological issues in psychology and social sciences research* (pp. 4-7). Frontiers. <https://doi.org/10.3389/978-2-83250-578-6>
3. Hammersley, J., & **Stone, B. M.** (2022). *Individual differences in smoking cessation: Clinical implications and future directions*, *Guide to Clinical Psychology*, NOVA Science Publishing.
2. Gilbert, D. G., & **Stone, B. M.** (2022). Anhedonia in nicotine dependence. in D. A. Pizzagalli, & A. Der-Avakian (Eds.), *Anhedonia: Preclinical, Translational, and Clinical Integration* (pp. 167-184). Springer Nature. [https://doi.org/10.1007/7854\\_2022\\_320](https://doi.org/10.1007/7854_2022_320)
1. **Stone, B. M.,** & Parks, A. C. (2018). *Cultivating subjective well-being through positive psychological interventions*. In E. Diener, S. Oishi, & L. Tay (Eds.), *The handbook of well-being* (pp. 1-12). DEF Publishers.

### **TREATMENT MANUALS, CURRICULA, & PROGRAMS**

3. Berdysz, L.M. **Stone, B. M.** (2023). *Empowered & Poised Life Skills Curriculum*. Empowered & Poised, LCC.
2. **Stone, B. M.** & Chamberlain, A. B. (2023). *The PPI Companion Client Workbook: Activities, Handouts, and Notes for Successful Therapy*. Amazon Publishing.
1. **Stone, B. M.** & Chamberlain, A. B. (2023). *The PPI companion: Empirically supported positive psychological interventions for the promotion of well-being*. Amazon Publishing.

### **PROFESSIONAL MAGAZINE ARTICLES**

2. **Stone, B. M.,** Chamberlain, A. B., Bartholomay, E. M., & Simmers, S. (2020). An honest look into the life of psychology graduate students. *Eye on Psi Chi*, 4(24), 30-33. <https://doi.org/10.24839/2164-9812.Eye24.4.31>
1. **Stone, B. M.** (2018). *A call for the positive: Why graduate students should take positive psychology seriously*. *APS Observer*, 6(31), 45-46.

### **ORAL PRESENTATIONS**

36. Rabinowitz, J. A., Campos, A., **Stone, B. M.,** Garcia-Marin, L. M., Sosnowski, D. W., Kahn, G. D., Felton, J. W., Maher, & B. S., Renteria, M. (Accepted). Associations of neural and genetic characteristics with substance use risk in the Adolescent Brain Cognitive Development Study [Paper presentation]. 1<sup>st</sup> NIDA Genetics and Epigenetics Cross-Cutting Research Team Meeting, Bethesda, MD.
35. Sadler, R.C., Felton, J., Rabinowitz, J., Strickland, J.C., Cheong, J., **Stone, B. M.,** Kahn, G., and Maher, B.S., 2024. (Accepted). The influence of state policies, area-level deprivation, and relative wealth on delay discounting outcomes in the adolescent brain cognitive development study [Paper presentation]. Interdisciplinary Association for Population Health Sciences Conference, St. Louis, MO, USA.
34. **Stone, B. M.,** & Wang, V. (2024, April 21-23). Perceived Addiction Potential: A novel protective factor for substance use disorders [Paper presentation]. 95<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.



33. Wang, V., & **Stone, B. M.** (2024, April 21-23). Removing stigmatizing language in self-reports does not affect psychometric properties [Paper presentation]. 95<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
32. **Stone, B. M.**, & Wang, V. (2023, April 20-22). *The explanatory ability of COVID-19 life changes on quality of life* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
31. **Stone, B. M.**, & Wang, V. (2023, April 20-22). *Development & validation of the COVID-19 impact domain scales (CIDS)* [Paper presentation]. 95<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
30. Wang, V., & **Stone, B. M.** (2023, April 20-22). *Fear of COVID-19 explains demographic differences in pandemic life changes* [Paper presentation]. 95<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
29. **Stone, B. M.** (2023, February 23-25). *Self-referential processing bias and state self-esteem fully explained rumination's effects on depression and psychological well-being* [Paper presentation]. 23<sup>rd</sup> Annual Society for Personality & Social Psychology Conference, online. <https://doi.org/10.13140/RG.2.2.19580.41602>
28. Wang, V., **Stone, B. M.**, & Drake, C. E. (2023, February 23-25). *Emotional fear of COVID-19, but not physical fear symptoms, explains variability in COVID-19's impact on individuals' lives* [Paper presentation]. 23<sup>rd</sup> Annual Society for Personality & Social Psychology Conference, online. <https://doi.org/10.13140/RG.2.2.16801.68961>
27. Fogle, C., **Stone, B. M.**, & Drake, C. E. (2022, April 15-17). *Seeking help flexibly: What matters?* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.27644.82562>
26. Echevarria, E., Drake, C. E., & **Stone, B. M.** (2022, April 15-17). *Name that subscale: Exploring the face validity of the MPFI* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
25. Wang, V. & **Stone, B. M.** (2022, April 15-17). *Contraindication of a strengths-based intervention for comorbid PTSD and GAD: A case study* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.21292.74883>
24. Wang, V. & **Stone, B. M.** (2022, April 15-17). *Cluster analysis reveals cynical and manipulative manifestations of Machiavellianism* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.14581.86247>
23. Wang, V., **Stone, B. M.**, & Drake, C. E. (2022, April 15-17). *Experiential avoidance and fusion explain variability in PTSD symptoms above and beyond demographic variation* [Paper presentation]. 94<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.12904.14087>
22. **Stone, B. M.**, & Lindt, J., Rabinovich, N., & Gilbert, D. (2021, July 15-17). *Effects of the Gratitude Letter and Positive Attention Bias Modification on Attentional Deployment and Emotional States* [Paper presentation]. 7<sup>th</sup> Annual International Positive Psychological Association, online. <https://doi.org/10.13140/RG.2.2.25421.31206>
21. **Stone, B. M.**, & Schmidt, K. (2021, July 15-17). *Structural validity of grit measures across age and educational attainment* [Paper presentation]. 7<sup>th</sup> Annual International Positive Psychological Association, online.
20. **Stone, B. M.**, & Schmidt, K. (2021, July 15-17). *Cognitive mechanisms in positive psychology interventions* [Paper presentation] 7<sup>th</sup> Annual International Positive Psychological Association, online.
19. **Stone, B. M.**, Bartholomay, E. M., & Kertz, S. J. (2020, November 20-23). *Repetitive negative thinking explains the relationship between attentional control and anxiety* [Paper presentation]. 54<sup>th</sup> Annual Association for Behavioral & Cognitive Therapy, online. <https://doi.org/10.13140/RG.2.2.24090.77764>
18. **Stone, B. M.**, Lindsey, H., Johnson, P., Carter, J., & Hodges, C. (Canceled due to COVID-19). *Researcher degrees of freedom in nonparametric statistics using SPSS, SAS, STATA, R, and Excel* [Paper presentation]. 92<sup>nd</sup> Annual Midwestern Psychological Association, Chicago, IL.
17. **Stone, B. M.** & Drake, C. E. (Canceled due to COVID-19). *The life skills modules for the treatment comorbid anxiety and depression* [Paper presentation]. 92<sup>nd</sup> Annual Midwestern Psychological Association, Chicago, IL.
16. **Stone, B. M.** & Schmidt, K. (Canceled due to COVID-19). *Structural validity of grit measures across age and educational attainment* [Paper presentation]. 92<sup>nd</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.20283.95520/1>
15. **Stone, B. M.** & Schmidt, K. (Canceled due to COVID-19). *Positive psychology interventions and cognition: The gratitude letter does not affect the processing or memory of information* [Paper presentation]. 92<sup>nd</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.33809.92002>
14. Schmidt, K., Hammersley, J., & **Stone, B. M.** (2019, April 11-13). *How to get accepted to graduate school* [Panel presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.
13. **Stone, B. M.**, Chamberlain, A. B., & Bartholomay, E. (2019, April 11-13). *Life as a graduate student in psychology* [Panel presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.

12. **Stone, B. M.**, Chamberlain, A. B., & Drake, C. E. (2019, April 11-13). *P-hacking for MPA: The dangers of hypothesis testing without theory* [Paper presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.10448.43525/1>
11. **Stone, B. M.**, & Bartholomay, E. M. (2019, April 11-13). *Covert narcissism is multifaceted: Evidence from the hypersensitive narcissism scale* [Paper presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.
10. **Stone, B. M.**, Seidler, D. A., Clark, B. E., & Drake, C. E. (2019, April 11-13). *Examining the factor structure of the multidimensional psychological flexibility inventory* [Paper presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.19728.33283>
9. **Stone, B. M.**, Bartholomay, E. M., & Kertz, S. J. (2019, April 11-13). *Personality models explain variability in externalizing psychopathology* [Paper presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.20388.14721>
8. Bartholomay, E. M., **Stone, B. M.**, Kertz, S. J. (2019, April 11-13). *The relationship between personality traits and internalizing psychopathology symptoms* [Paper presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.
7. **Stone, B. M.**, & Drake, C. (2018, April 20-21). *An examination of the association between socioeconomic status and the components of psychological flexibility and inflexibility* [Paper presentation]. 82<sup>nd</sup> Annual Minnesota Psychological Association, online.
6. **Stone, B. M.**, Klein, K., & Drake, C. (2018, April 12-14). A case study: Acceptance and commitment therapy for vertigo [Paper presentation]. 90<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
5. **Stone, B. M.** (2018, April 12-14). The gratitude letter intervention reduces attention to emotional stimuli and moderates negative memories [Paper presentation]. 90<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
4. **Stone, B. M.** (2017, April 5). *Positive affect, attention & memory: The impact of the gratitude letter intervention on the processing of negative & positive words* [Paper presentation]. 30<sup>th</sup> Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.
3. **Stone, B. M.**, Chesbrough, E., Tosti, G. & Douglas, L. (2016, April 4). *The influence of self-affirmations of the feelings and perception of self-consciousness* [Paper presentation]. 29<sup>th</sup> Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.
2. **Stone, B. M.** (2016, June 30). *Positive psychological interventions: The scientific study of happiness*. [Paper presentation]. Psychological and Behavioral Consultants, University Heights, OH.
1. **Stone, B. M.**, & Larsen, J. D. (2015, April 3). *Unconscious semantic spreading activation: looking for the N400* [Paper presentation]. 28<sup>th</sup> Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.

## **POSTER PRESENTATIONS**

36. **Stone, B. M.** (2024, November 14-17). *Removing stigmatizing language in self-reports: Effects on psychometric properties and respondent beliefs* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
35. **Stone, B. M.** (2024, November 14-17). *Perceived addiction potential: Evidence of the accuracy of self-assessed substance use disorder risk* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
34. **Stone, B. M.** (2024, November 14-17). *Development of the Enthusiastic Substance Use Attitudes Scale: Preliminary evidence of a novel maintenance factor* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
33. **Stone, B. M.**, Kahn, G. D., Strickland, J. C., Felton, J. W., Rabinowitz, J. R., Maher, B. S., & Yi, R. (2024, March 4-5). *Non-systematic responding may explain behavioral problems better than delay discounting: The consequences of unpredictable decision-making* [Poster presentation]. ABCD Insights & Innovations Meeting, Bethesda, MD.
32. **Stone, B. M.**, Gray, K. M., Tomko, R. L., McRae-Clark, A. L., & Sherman, B. J. (Accepted). *Modeling cannabis use disorder treatment progression: Evidence of differential mechanisms underlying functional improvements*. Annual College on Problems of Drug Dependence, Denver, CO.
31. **Stone, B. M.**, Wang, V., & Drake, C.E. (2022, June 4-15). *Scrutinizing the relationship between psychological flexibility and inflexibility: a simulation study* [Poster presentation]. 29<sup>th</sup> Annual Association for Contextual Behavioral Sciences, online.
30. **Stone, B. M.**, Wang, V., & Drake, C.E. (2022, June 4-15). *What do flexible & inflexible people have in common: experiential avoidance* [Poster presentation]. 29<sup>th</sup> Annual Association for Contextual Behavioral Sciences, online.

29. Wang, V., **Stone, B. M.**, & Drake, C.E. (2022, June 4-15). *MPFI inflexibility subscale has strong incremental validity in explaining PTSD symptoms* [Poster presentation]. 29<sup>th</sup> Annual Association for Contextual Behavioral Sciences, online.
28. Ysabel, L. H., Stevens, A., Cutroni, X., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *Reward sensitivity demonstrated with eye tracking Indicates an Influence on mood irregularity* [Poster presentation]. 93<sup>rd</sup> Annual Midwestern Psychological Association, online.
27. Calloni, B.A., Hillard, J.E., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *Negative attentional bias is reversed by neutral stimuli in people with depression* [Poster presentation]. 93<sup>rd</sup> Annual Midwestern Psychological Association, online.
26. Hillard, J., Corey, R., Cutroni, X., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *The effects of a mindfulness exercise on the mechanism of gratitude* [Poster presentation]. 93<sup>rd</sup> Annual Midwestern Psychological Association, online.
25. Cornelius, E. R., Ysabel, L. H., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *The gratitude letter recipient changes the expression of gratitude in an individual's letter* [Poster presentation]. 93<sup>rd</sup> Annual Midwestern Psychological Association, online.
24. Chamberlain, A. B., **Stone, B. M.**, Clark, B. E., & Drake, C. E. (2019, November 21-24). *A multidimensional factor structure best explains the hexaflex model* [Poster presentation]. Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Annual Conference, Chicago, IL. <https://doi.org/10.13140/RG.2.2.10669.00482>
23. **Stone, B. M.** (2019, August 8-11). *Empirical evidence for the existence of primarily amoral and primarily cynical subtypes of Machiavellianism* [Poster presentation]. 2019 Annual American Psychological Association Conference, Chicago, IL.
22. Page, C., **Stone, B. M.**, & Drake, C. E. (2019, April 11-13). *Personality factors explain variation among individual's engagement with the five facets of mindfulness* [Poster presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.30454.47685>
21. Chamberlain, A. B., **Stone, B. M.**, & Drake, C. E. (2019, April 11-13). *Anxiety and depression explain more variability in self-esteem for LGB+ individuals* [Poster presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.21406.05440/1>
20. **Stone, B. M.** (2019, April 11-13). *Self-affirmations lower perceived success in women* [Poster presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.
19. Bartholomay, E. M., Lyons, G. A., **Stone, B. M.**, Kertz, S. J. (2019, April 11-13). *Gender differences between social anxiety's relationship with alcohol and marijuana use problems* [Poster presentation]. 91<sup>st</sup> Annual Midwestern Psychological Association, Chicago, IL.
18. Seidler, D., **Stone, B. M.**, Drake, C. (2018, November 15-18). *Flexible or inflexible: Predicting stress, anxiety, and depression using the hexaflex model* [Poster presentation]. 52<sup>nd</sup> Annual Association for Behavioral & Cognitive Therapy, Washington, DC.
17. **Stone, B. M.**, Bartholomay, E. M., & Drake, C. E. (2018, November 15-18). *Relationship satisfaction is cubically associated with psychological flexibility* [Poster presentation]. 52<sup>nd</sup> Annual Association for Behavioral & Cognitive Therapy, Washington, DC.
16. **Stone, B. M.** & Imam, A. (2018, May 24-27). *Title brevity, not appeal, is associated with journal impact factor* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA. <https://doi.org/10.13140/RG.2.2.27026.79049>
15. **Stone, B. M.**, Rowald, L. A. (2018, May 24-27). *Frequent marijuana use is associated with perceptions of increased substance use in peers* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
14. **Stone, B. M.**, Viloshanakumara, V., & Rowald, L. (2018, May 24-27). *Graduate students have higher marijuana risk perceptions compared to undergraduates* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
13. **Stone, B. M.**, Viloshanakumara, V., & Rowald, L. (2018, May 24-27). *Social norms in one's friend group predicts one's risk perceptions of marijuana use* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA. <https://doi.org/10.13140/RG.2.2.13677.26086>
12. **Stone, B. M.**, Chamberlain, A. B., & Drake, C. E. (2018, May 24-27). *Examining the components of self-compassion in depressed & anxious individuals* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
11. **Stone, B. M.** (2018, May 24-27). *Psychopathy, narcissism, & Machiavellianism are lower-order traits to an unidentified higher-order personality dimension* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.



10. Bartholomay, E. M., & **Stone, B. M.** (2018, May 24-27). *The hypersensitive narcissism scale measures overt, not covert, narcissism* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
9. **Stone, B. M.** (2018, May 24-27). *Patterns of decline in narcissism between men & women over a lifetime* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
8. Bond, R., **Stone, B. M.**, & Drake, C. E. (2018, May 24-27). *Linear multiple regression reveals clinically advantageous interrelationships among the act hexaflex* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
7. Bond, R., & **Stone, B. M.**, & Drake, C. E. (2018, May 24-27). *An examination of the determinants of anxiety & depression through the act hexaflex* [Poster presentation]. 30<sup>th</sup> Annual Association for Psychological Science Convention, San Francisco, CA.
6. **Stone, B. M.** (2018, April 12-14). *Self-affirmations raise self-esteem & lower perceived success in women* [Poster presentation]. 90<sup>th</sup> Midwestern Psychological Association, Chicago, IL.
5. **Stone, B. M.** (2018, April 12-14). *Self-affirmations reduce social anxiety while raising self-esteem* [Poster presentation]. 90<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
4. **Stone, B. M.**, & Larsen, J. (2018, April 12-14). *A replication study: The N400 ERP as evidence of automatic semantic spreading activation* [Poster presentation]. 90<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.  
<https://doi.org/10.13140/RG.2.2.19477.04329>
3. Bond, R., Chamberlain, A., **Stone, B. M.**, & Drake, C. (2018, April 12-14). *Linear multiple regression reveals a complex interrelationship among the big five*. [Poster presentation]. 90<sup>th</sup> Midwestern Psychological Association in Chicago, IL.
2. Sayers, B., **Stone, B. M.**, & Yost, J. (2018, April 12-14). *Identity politics: identification of political ideology leads to attitude polarization* [Poster presentation]. 90<sup>th</sup> Annual Midwestern Psychological Association, Chicago, IL.
1. **Stone, B. M.** (2017, July 13-16). *Positive affect, attention & memory: The impact of the gratitude letter intervention on the processing of negative & positive words* [Poster presentation]. International Positive Psychology Association 5<sup>th</sup> World Congress, Montreal, Canada.

## **FELLOWSHIPS & GRANTS**

### **External Funding**

- |              |   |
|--------------|---|
| 2024-Present | Ruth L. Kirschstein NRSA F32 Postdoctoral Fellow; National Institute of Drug Abuse F32DA061600<br>Amount: \$148,112 |
| 2023-2024    | T32 Postdoctoral Fellowship (Trainee); National Institute of Drug Abuse T32DA007292<br>Amount: \$56,484             |

### **Internal Funding**

- |           |  |
|-----------|--|
| 2021-2022 | Dissertation Research Fellowship; Southern Illinois University Graduate School<br>Amount: \$49,846 |
| 2018      | COPE Open-Access Research Fund; Southern Illinois University Graduate School<br>Amount: \$1,500    |

## **EDITORIAL WORK**

- |              |  |
|--------------|--|
| 2023-Present | <b>Editorial Board Member</b><br>International Journal of Mental Health & Addiction • Psychology of Addictive Behaviors • BMC Psychology   |
| 2016-Present | <b>Ad-Hoc Reviewer</b><br>International Journal of Mental Health & Addiction • American Psychologist • Addiction • Psychology of Addictive Behavior • European Addiction Research • Experimental & Clinical Psychopharmacology • Addiction Research & Theory • Environmental Health & Preventative Medicine • Substance Use & Misuse • Current Addiction Reports • Clinical Social Work Journal • Current Psychology • Frontiers in Psychology • Psychology: Research & Review • The Journal of Positive Psychology • Personality & Individual Differences • Heliyon • Neuroscience and Biobehavioral Reviews • Journal of Happiness Studies |
| 2020-2022    | <b>Ad-Hoc Co-Reviewer</b><br>Journal of Psychopathology & Clinical Sciences • Nicotine & Tobacco Research • Journal of Contextual Behavioral Sciences  |

## **LEADERSHIP & SERVICE**

- |           |   |
|-----------|---|
| 2021-2023 | Clinical Psychology Student Mentorship Program – Mentor |
| 2021-2023 | Clinical Center – Student Supervisor                    |
| 2022      | Cambridge University Press – Book Proposal Reviewer     |

2021-2022	Southern Illinois University Clinical Psychology Diversity Committee – Member
2018-2022	Association for Psychological Sciences – Student Caucus Campus Representative
2019	Midwestern Psychological Association Conference – Abstract Reviewer
2019	Association for Psychological Sciences – Student Grant Competition Reviewer
2018-2020	Midwestern Psychological Association Conference – Steering Committee Representative

### **AWARDS**

2023	Midwestern Psychological Association Diversity Travel Award – Student Sponsor
2017	The Nicholas DiCaprio Award for the Distinguished Graduate in Psychology
2017	John Carroll University's Research Recognition Award
2017	John Carroll University's Service Recognition Award

### **LABORATORY MANAGEMENT**

2021-2022	Southern Illinois University's Graduate Laboratory Manager: Contextual Behavioral Science Lab
2016-2017	John Carroll University's Department General Lab Manager
2015-2017	John Carroll University's Electroencephalography Lab
2015-2016	John Carroll University's Cognitive Psychology Lab for Spelling & Memory

### **GRADUATE & PROFESSIONAL CERTIFICATIONS**

2022	Lifestyle Medicine, Doane University
2022	Tobacco Treatment Specialist Training, Medical University of South Carolina
2017-2022	Quantitative/Statistical Methodology Graduate Certificate (85% Completed; Department Closed)
2021	C Programming for Linux, Dartmouth College & Institut Mines-Télécom

### **TEACHING**

2018-2022	Psychology Departmental Statistics Consultant
2020-2021	Instructor of Record – Introduction to Social Psychology
2019-2020	Teacher's Assistant – Research Methods & Statistics in Psychology
2019	Instructor of Record – Introductory Statistics
2019	Quantitative Methods Departmental Statistics Consultant
2018	Teacher's Assistant – Advanced Research Methods & Statistics in Psychology
2017-2018	Teacher's Assistant – Introduction to Psychology
2017	Teacher's Assistant – Experimental Design & Analysis in Psychology

### **ORGANIZATION AFFILIATIONS**

2023-Present	International Drug Abuse Research Society
2019-Present	Association for Contextual Behavioral Sciences
2019-Present	American Psychological Association
2018-Present	Association for Psychological Science
2016-Present	Psi Chi Honor Society for Psychology
2016-Present	Midwestern Psychological Association
2016-Present	International Positive Psychology Association

### **CLINICAL POSITIONS**

2023	<b>Behavioral Medicine, MUSC Intensive Outpatient, Charleston, South Carolina</b> Provided comprehensive psychological services for patients with chronic pain, IBS, pancreatitis, hypertension, Crohn's disease, fibromyalgia, epilepsy, diabetes, transplant, and many other conditions.
2023	<b>Sleep and Anxiety Treatment and Research Program (SATRP), Charleston, South Carolina</b> Provided evidence-based treatments for sleep and anxiety disorders, including state-of-the-art sleep studies with behavioral and psychopharmacological interventions.
2022	<b>Tobacco Treatment Program, Charleston, South Carolina</b> Provided inpatient and outpatient brief therapy and assessment for tobacco cessation and managed associated chronic medical, psychiatric, and psychosocial complications.
2022	<b>Substance Treatment and Recovery Program (STAR) - VAMC, Charleston, South Carolina</b> Provided extensive substance use care, including individual and group psychotherapy and case management for veterans with severe and co-occurring mental conditions.



2017-2022	<b>Southern Illinois University's Clinical Center, Carbondale, Illinois</b> Provided psychological assessments and therapy for children, adolescents, and adults in the region as part of psychology training.
2021	<b>Brehm Preparatory School, Carbondale, Illinois</b> Built a comprehensive adult assessment program at a not-for-profit 501 co-educational college preparatory day for students with learning and developmental disorders.
2020-2021	<b>SIU Counseling &amp; Psychological Services: Substance Use Focus (CAPS), Carbondale, Illinois</b> Provided mental health services, including individual and group counseling, crisis intervention, and specialized programs such as substance use and co-occurring disorders.
2019-2020	<b>The Gateway Foundation, Carbondale, Illinois</b> Provided comprehensive, evidence-based treatment services for all ages for the treatment of substance use and co-occurring disorders, including residential, outpatient, and virtual formats.
2018-2019	<b>Centerstone: Community-Based Behavioral Health Unit, Carbondale, Illinois</b> Provided comprehensive therapy and assessment services, supporting the mental health needs of individuals in rural and urban communities at a non-profit healthcare organization.
2018	<b>Centerstone: Substance Use Treatment Unit, West Frankfort, Illinois</b> Provided recovery services and comprehensive treatments for substance use and co-occurring mental health conditions at a non-profit healthcare organization.
2016	<b>Psychological &amp; Behavioral Consultants, Beachwood, Ohio</b> Provides comprehensive treatment for substance use and emotional disorders to individuals, families, and couples throughout Ohio.

## **TREATMENT PROFICIENCIES**

### **Cognitive-Behavioral Therapies (CBT):**

- Protocols for bulimia nervosa, binge eating disorder, substance use, and anger management
- Trauma-Informed Cognitive-Behavioral Therapy
- Transdiagnostic CBT (e.g., the Unified Protocol)
- Cognitive-Behavioral Therapy for Insomnia (CBT-I)

### **Third-Wave Therapies:**

- Individual & Group-Based Acceptance & Commitment Therapy (ACT)
- Process-Based ACT
- Experiential Techniques (mindfulness, acceptance strategies)
- Dialectical Behavior Therapy (DBT) Skills Training

### **Brief & Solution-Focused Therapies:**

- Brief Therapy
- Primary Care
- Case Management

### **Substance Use Treatments:**

- Tobacco Cessation Counseling (with optional medication assistance)
- Positive Psychological Interventions (PPI)
- Motivational Interviewing
- Contingency Management

### **Trauma & Exposure Techniques:**

- Cognitive Processing Therapy (CPT)
- Exposure and Response Prevention (ERP)
- Interoceptive, In Vivo, and Imaginal Exposures
- Prolonged Exposures
- Systematic Desensitization

### **Interpersonal & Cultural Therapies:**

- Emotion-Focused Counseling
- Interpersonal Process Therapy (IPT)
- Multicultural Therapy
- Narrative Therapy
- Compassion-Focused Therapy (CFT)

**Specialized Behavioral Interventions:**

- Behavioral Activation
- Positive Psychological Interventions
- Assertiveness Skills Training
- Problem-Solving and Communication Skills Training
- Behavioral Rehearsal
- Guided Visualization Meditation

**ASSESSMENT PROFICIENCIES****Intelligence & Achievement Testing:**

- Wechsler Intelligence Scales:
- Wechsler Intelligence Scale for Children (WISC-V)
- Wechsler Adult Intelligence Scale (WAIS-IV)
- Woodcock-Johnson Achievement Tests (WJ-IV)
- Wide Range Achievement Test (WRAT-IV)

**Memory & Cognitive Assessments:**

- Test of Memory Malingering (TOMM)
- Structured Inventory of Malingering Symptomology
- Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- Mini-Mental State Examination (MMSE)
- Wisconsin Card Sorting Task (WCST)

**Attention & ADHD Assessments:**

- Barkley Attention Deficit/Hyperactivity Disorder Scales
- Diagnostic Interview for ADHD in Adults (DIVA)
- Test of Variables of Attention (TOVA)
- Brown Adult ADHD/Executive Functioning Scales

**Mood & Anxiety Assessments:**

- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory – 2nd Edition (BDI-II)
- Patient Health Questionnaire (PHQ-9)
- Generalized Anxiety Disorder-7 (GAD-7)

**Personality & Psychological Flexibility Assessments:**

- Personality Assessment Inventory (PAI)
- Minnesota Multiphasic Personality Inventory (MMPI)

**Substance Use Assessments:**

- National Institute of Drug Abuse (NIDA) Quick Screen
- CAGE-AID Questionnaire
- Drug Abuse Screening Test
- Alcohol Use Disorders Identification Test (AUDIT)
- Cannabis Use Disorders Identification Test (CUDIT)
- Drug Use Disorders Identification Test (DUDIT)

**Structured Clinical Interviews:**

- Structured Clinical Interview for DSM-5 (SCID)
- Diagnostic Interview for Anxiety, Mood, Obsessive-Compulsive & Related Neuropsychiatric Disorders (DIAMOND)
- Anxiety Disorders Interview Schedule – IV (ADIS-IV)
- DSM-5 Cross-Cutting Measures

**Clinical & Care Assessments:**

- World Health Organization Quality of Life Scale
- Multidimensional Psychological Flexibility Inventory (MPFI)
- Acceptance and Action Questionnaire-II (AAQ-II)
- Millon Clinical Multiaxial Inventory (MCMI-IV)
- Illinois Medicaid Comprehensive Assessment of Needs and Strengths
- Counseling Center Assessment of Psychological Symptoms (CCAPS)