

BRYANT M. STONE, Ph.D.

Licensed Clinical Psychologist • NIDA Ruth L. Kirschstein NRSA F32 Postdoctoral Fellow
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EDUCATION

- Postdoctoral 2024-2025 **Postdoctoral Fellowship at Johns Hopkins University Bloomberg School of Public Health**
National Institute of Drug Abuse F32 Ruth L. Kirschstein NRSA Postdoctoral Fellow
Postdoctoral Project: [Exploring reactivity among patients with chronic pain using cannabis and opioids: Mixed-method evidence of promising intervention strategies](#)
- 2023 National Institute of Drug Abuse T32 Drug Dependence Epidemiology Training Program
Research Advisors: Johannes Thrul, Ph.D. & Brion Maher, PhD
- Predoctoral 2023 **Clinical Internship at the Medical University of South Carolina**
Substance Use Track (APA-Accredited; Academy of Psychological Clinical Science Member)
Internship Paper: [Modeling cannabis use disorder treatment progression: Evidence of differential mechanisms underlying functional improvements](#)
Research Advisor: Brian J. Sherman, Ph.D.
- Graduate 2023 **Doctor of Philosophy in Clinical Psychology at Southern Illinois University, Carbondale**
Dissertation: [Validation of Best Self Intervention: A new positive psychological intervention targeting self-referential processing](#)
Chairs: David G. Gilbert, Ph.D. & Chad E. Drake, Ph.D.
- Graduate 2017-2020 **Master of Arts in Clinical Psychology at Southern Illinois University, Carbondale**
Thesis: [Effects of a gratitude intervention and attention bias modification on emotion regulation](#)
Chairs: David G. Gilbert, Ph.D. & Chad E. Drake, Ph.D.
- Undergraduate 2013-2017 **Bachelor of Science at John Carroll University**
Major: Psychological Science; Minor: Statistics

RESEARCH HIGHLIGHTS

38. **Stone, B. M.** (2024). Perceived addiction potential: Preliminary evidence of the accuracy of self-assessed substance use disorder risk. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-024-01382-1>
37. **Stone, B. M.** & Thrul, J. (2024). Commentary on Serre et al: Demonstrating the next era of addiction science. *Addiction*. <https://doi.org/10.1007/s11469-024-01382-1>
36. **Stone, B. M.** (2024). Removing stigmatizing language in self-reports: Effects on psychometric properties and respondent beliefs. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-024-01298-w>
35. **Stone, B. M.**, Gray, K. M., Tomko, R., McRae-Clark, A. L., & Sherman, B. J. (2024). Differential mechanisms of behavior change in cannabis use disorder treatments: Functional improvements and clinical implications. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-023-01231-7>
34. **Stone, B. M.**, (2023). Introducing Substance-Induced Emotion Regulation: Proof-of-concept of a missing nuance in substance use disorder maintenance and treatment research. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-023-01151-6>

EMPIRICAL PEER-REVIEWED JOURNAL ARTICLES

33. Joo, J., Devkota, J., **Stone, B. M.**, Dunn, K. E., Zipunnikov, V., Vandrey, R., Finan, P. H., & Thrul, J. (2024). Predictors of participant compliance with ecological momentary assessment among individuals with chronic pain who are using cannabis and opioids. *Internet Interventions*, 100784. <https://doi.org/10.1016/j.invent.2024.100784>
32. **Stone, B. M.** & Gilbert, D.G. (2024). Validation of the Reasons for Quitting Smoking Cannabis Scale among people with cannabis use disorder. *Substance Use & Misuse*, 1–12. <https://doi.org/10.1080/10826084.2024.2392508>
31. Sparacio, A., IJzerman, H., Ropovik, I., Giorgini, F.... **Stone, B. M.**.... Blocker, H., & Jiga-Boy, G. M. (In Press). Self-administered mindfulness interventions reduce stress in a large, randomized controlled multi-site study. *Nature Human Behavior*. <https://doi.org/10.1038/s41562-024-01907-7>
30. **Stone, B. M.** (2024). Development of the enthusiastic substance use attitudes scale: Preliminary evidence of a novel maintenance factor. *Substance Use & Misuse*, 59(4), 494–509. <https://doi.org/10.1080/10826084>

29. **Stone, B. M.**, Hammersley, J., & Gilbert, D. G. (2024). Effects of nicotine patches on early and late attentional bias to smoking cues: We may know less than we think. *Experimental & Clinical Psychopharmacology*, 32(4), 453–464. <https://doi.org/10.1037/pha0000707>
28. Wang, V., **Stone, B. M.**, Vest, N., Onawa, L.P. (2023). Emotion regulation predicts recovery capital beyond mindfulness and demographic variation in Recovery Dharma. *Addiction Research & Theory*, 1-7. <https://doi.org/10.1080/16066359.2023.2282531>
27. **Stone, B. M.**, & Gilbert, D.G. (2023). Combining PPI domains and targeting cognitive mechanisms: A failed proof-of-concept for PPI research. *International Journal of Applied Positive Psychology*, 9, 287–300. <https://doi.org/10.1007/s41042-023-00118-1>
26. Lyons, G., **Stone, B. M.**, Wang, V., & Drake, C. E. (2023). A preliminary evaluation of the psychometric properties of the Valued Action and Satisfaction Questionnaire. *The Psychological Record*, 73, 183–201. <https://doi.org/10.1007/s40732-023-00548-y>
25. **Stone, B. M.**, & Wang, V. (2023). Emotional fear of COVID-19, but not physical fear symptoms, explains variability in COVID-19's impact on individuals' lives. *Journal of Affective Disorders Reports*, 11, 100479, 1-6. <https://doi.org/10.1016/j.jadr.2023.100479>
24. Bartholomay, E. M., **Stone, B. M.**, Koran, J., Björgvinsson, T., & Kertz, J. (2022). Repetitive negative thinking explains the relationship between attentional control and generalized anxiety. *Journal of Psychopathology & Behavioral Assessment*, 45, 1-13. <https://doi.org/10.1007/s10862-022-09997-1>
23. **Stone, B. M.** (2022). The explanatory ability of COVID-19 life changes on quality of life: A comparison of those who have had and not had COVID-19. *Current Psychology*, 43, 1-12. <https://doi.org/10.1007/s12144-022-03504-1>
22. Gilbert, D. G., **Stone, B. M.**, & Rabinovich, N. E. (2022). Overdose symptoms and positive affect in never-smokers are moderated by nicotine patch pharmacokinetics: Demonstration of need for assessment and further characterization: a between-subjects experiment. *F1000Research*, 11(937), 1-9. <https://doi.org/10.12688/f1000research.124015.1>
21. **Stone, B. M.**, & Schmidt, K. (2022). Comparing structural validity and measurement invariance across measures of grit. *International Journal of Applied Positive Psychology*, 7, 1-26. <https://doi.org/10.1007/s41042-022-00067-1>
20. **Stone, B. M.**, Bartholomay, E. M., & Chamberlain, A. B. (2022). Validation of the BFI-10-R: A BFI scale with strong structural and construct validity. *Journal of Psychopathology & Behavioral Assessment*, 44, 1-13. <https://doi.org/10.1007/s10862-022-09978-4>
19. *Hodges, C., ***Stone, B. M.**, Johnson, P.K., Carter, J., Sawyers, C.K., Roby, P.R., & *Lindsey, H., (2022). Researcher degrees of freedom in statistical software programs. *Behavior Research Methods*, 55, 1-15. <https://doi.org/10.3758/s13428-022-01932-2>
18. **Stone, B. M.**, Lindt, J., Rabinovich, N., & Gilbert, D. G. (2021). Effects of the gratitude letter and positive attention bias modification on attentional deployment and emotional states. *Journal of Happiness Studies*, 23(1), 3-25. <https://doi.org/10.1007/s10902-021-00377-2>
17. Bartholomay, E. M., **Stone, B. M.**, & Lyons, G. (2021). Depression and social anxiety symptoms explain substance use problems beyond amount/frequency of substance use. *Current Psychology*, 42, 1-8. <https://doi.org/10.1007/s12144-021-01984-1>
16. Seidler, D., **Stone, B. M.**, Clark, B. E., Koran, J., & Drake, C. E. (2020). Evaluating the factor structure of the Multidimensional Psychological Flexibility Inventory: An independent replication and extension. *Journal of Contextual Behavioral Science*, 17, 23-31. <https://doi.org/10.1016/j.jcbs.2020.04.007>
15. **Stone, B. M.**, & Bartholomay, E. M. (2020). A two-factor structure of the hypersensitive narcissism scale describes gender-dependent manifestations of covert narcissism. *Current Psychology*, 41, 6051-6062. <https://doi.org/10.1007/s12144-020-01088-2>
14. **Stone, B. M.**, & Schmidt, K. (2020). Positive psychological interventions and cognition. *The Journal of Positive Psychology*, 15(5), 629-632. <https://doi.org/10.1080/17439760.2020.1789714>

THEORETICAL & REVIEW PEER-REVIEWED JOURNAL ARTICLES

13. **Stone, B. M.**, & Sherman, B. J. (2024). Mechanisms of behavior change in cannabis use disorder treatments: Current science and future outlook. *Current Addiction Reports*, 6(5), 511-35. <https://doi.org/10.1007/s40429-024-00578-8>
12. **Stone, B. M.** (2024). When public will meets legislative resistance: Five lessons from ohio's issue two cannabis legalization controversy. *Cannabis & Cannabinoid Research*. <https://doi.org/10.1089/can.2024.0022>

11. Stone, B. M., & Sherman, B. J. (2023). Is it time for a cannabis harm reduction approach? Commentary on Sherman et al. (2021) & Borodovsky et al. (2022). *Psychology of Addictive Behaviors*, 37(5), 709-712. <https://doi.org/10.1037/adb0000927>
10. Stone, B. M. (2023). Integrating positive psychological interventions into substance use treatments. *Encyclopedia of Social Sciences*, 3(3), 1133-1144. <https://doi.org/10.3390/encyclopedia3030082>
9. Stone, B. M. (2021). The ethical use of fit indices in structural equation modeling: Recommendations for psychologists. *Frontiers in Psychology*, 12, 1-4. <https://doi.org/10.3389/fpsyg.2021.783226>
8. Stone, B. M. (2022). Positive psychology for substance use disorders: A rationale & call to action. *Journal of Studies on Alcohol & Drugs*, 83(6), 959-961. <https://doi.org/10.15288/jsad.22-00259>
7. Stone, B. M. (2022). The war on drugs has unduly biased substance use research. *Psychological Reports*, 127(4), 2087-2094. <https://doi.org/10.1177/00332941221146701>
6. Stone, B. M. (2022). A positive psychology framework for why people use substances: Implications for treatment. *Frontiers in Psychology: Positive Psychology*, 13, 6176. <https://doi.org/10.3389/fpsyg.2022.1017186>
5. Stone, B. M. (2022). The pathogenesis of borderline personality disorder: Evolution of evidence and treatment implications for two prominent models. *Psychological Reports*, 00332941221127618. <https://doi.org/10.1177/00332941221127618>
4. Wang, V. & Stone, B. M. (2022). Invisibility of Asians, Asian Americans, and Buddhist roots in western psychology. *Psychiatry Research Communication*, 2(3), 100064. <https://doi.org/10.1016/j.psycom.2022.100064>
3. Stone, B. M., & Schmidt, K. (2022). Integrating Positive Psychological Interventions into Acceptance & Commitment Therapy. *European Journal of Applied Positive Psychology*, 6(2), 2397-7116.
2. Wang, V., & Stone, B. M. (2022). Buddhism in addiction recovery. *Encyclopedia of Social Sciences*, 2(1), 530-537. <https://doi.org/10.3390/encyclopedia2010035>
1. Cobbs, A.M., Stone, B. M., & Parks, A.C. (2017). The efficacy of happiness interventions: An overview. *Quebec Journal of Psychology*, 38(1), 159-184. <https://doi.org/10.7202/1040074ar>

BOOK CHAPTERS

4. Stone, B. M. (2023). The ethical use of fit indices in structural equation modeling: Recommendations for psychologists. In B. Espejo, M. Martin-Carbonell, & I. Checa (Eds.) *Methodological issues in psychology and social sciences research* (pp. 4-7). Frontiers. <https://doi.org/10.3389/978-2-83250-578-6>
3. Hammersley, J., & Stone, B. M. (2022). Individual differences in smoking cessation: Clinical implications and future directions. *Guide to Clinical Psychology*, NOVA Science Publishing.
2. Gilbert, D. G., & Stone, B. M. (2022). Anhedonia in nicotine dependence. in D. A. Pizzagalli, & A. Der-Avakian (Eds.), *Anhedonia: Preclinical, Translational, and Clinical Integration* (pp. 167-184). Springer Nature. https://doi.org/10.1007/978-1-4939-9320-3_20
1. Stone, B. M., & Parks, A. C. (2018). Cultivating subjective well-being through positive psychological interventions. In E. Diener, S. Oishi, & L. Tay (Eds.), *The handbook of well-being* (pp. 1-12). DEF Publishers.

TREATMENT MANUALS, CURRICULA, & PROGRAMS

3. Berdysz, L.M. Stone, B. M. (2023). *Empowered & Poised Life Skills Curriculum*. Empowered & Poised, LCC.
2. Stone, B. M. & Chamberlain, A. B. (2023). *The PPI Companion Client Workbook: Activities, Handouts, and Notes for Successful Therapy*. Amazon Publishing.
1. Stone, B. M. & Chamberlain, A. B. (2023). *The PPI companion: Empirically supported positive psychological interventions for the promotion of well-being*. Amazon Publishing.

PROFESSIONAL MAGAZINE ARTICLES

2. Stone, B. M., Chamberlain, A. B., Bartholomay, E. M., & Simmers, S. (2020). An honest look into the life of psychology graduate students. *Eye on Psi Chi*, 4(24), 30-33. <https://doi.org/10.24839/2164-9812.Eye24.4.31>
1. Stone, B. M. (2018). A call for the positive: Why graduate students should take positive psychology seriously. *APS Observer*, 6(31), 45-46.

ORAL PRESENTATIONS

36. Rabinowitz, J. A., Campos, A., Stone, B. M., Garcia-Marin, L. M., Sosnowski, D. W., Kahn, G. D., Felton, J. W., Maher, & B. S., Renteria, M. (Accepted). Associations of neural and genetic characteristics with substance use risk in the Adolescent Brain Cognitive Development Study [Paper presentation]. 1st NIDA Genetics and Epigenetics Cross-Cutting Research Team Meeting, Bethesda, MD.
35. Sadler, R.C., Felton, J., Rabinowitz, J., Strickland, J.C., Cheong, J., Stone, B. M., Kahn, G., and Maher, B.S., 2024. (Accepted). The influence of state policies, area-level deprivation, and relative wealth on delay discounting

- outcomes in the adolescent brain cognitive development study [Paper presentation]. Interdisciplinary Association for Population Health Sciences Conference, St. Louis, MO, USA.
34. **Stone, B. M.**, & Wang, V. (2024, April 21-23). Perceived Addiction Potential: A novel protective factor for substance use disorders [Paper presentation]. 95th Annual Midwestern Psychological Association, Chicago, IL.
 33. Wang, V., & **Stone, B. M.** (2024, April 21-23). Removing stigmatizing language in self-reports does not affect psychometric properties [Paper presentation]. 95th Annual Midwestern Psychological Association, Chicago, IL.
 32. **Stone, B. M.**, & Wang, V. (2023, April 20-22). *The explanatory ability of COVID-19 life changes on quality of life* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL.
 31. **Stone, B. M.**, & Wang, V. (2023, April 20-22). *Development & validation of the COVID-19 impact domain scales (CIDS)* [Paper presentation]. 95th Annual Midwestern Psychological Association, Chicago, IL.
 30. Wang, V., & **Stone, B. M.** (2023, April 20-22). *Fear of COVID-19 explains demographic differences in pandemic life changes* [Paper presentation]. 95th Annual Midwestern Psychological Association, Chicago, IL.
 29. **Stone, B. M.** (2023, February 23-25). *Self-referential processing bias and state self-esteem fully explained rumination's effects on depression and psychological well-being* [Paper presentation]. 23rd Annual Society for Personality & Social Psychology Conference, online. <https://doi.org/10.13140/RG.2.2.19580.41602>
 28. Wang, V., **Stone, B. M.**, & Drake, C. E. (2023, February 23-25). *Emotional fear of COVID-19, but not physical fear symptoms, explains variability in COVID-19's impact on individuals' lives* [Paper presentation]. 23rd Annual Society for Personality & Social Psychology Conference, online. <https://doi.org/10.13140/RG.2.2.16801.68961>
 27. Fogle, C., **Stone, B. M.**, & Drake, C. E. (2022, April 15-17). *Seeking help flexibly: What matters?* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.27644.82562>
 26. Echevarria, E., Drake, C. E., & **Stone, B. M.** (2022, April 15-17). *Name that subscale: Exploring the face validity of the MPFI* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL.
 25. Wang, V. & **Stone, B. M.** (2022, April 15-17). *Contraindication of a strengths-based intervention for comorbid PTSD and GAD: A case study* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.21292.74883>
 24. Wang, V. & **Stone, B. M.** (2022, April 15-17). *Cluster analysis reveals cynical and manipulative manifestations of Machiavellianism* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.14581.86247>
 23. Wang, V., **Stone, B. M.**, & Drake, C. E. (2022, April 15-17). *Experiential avoidance and fusion explain variability in PTSD symptoms above and beyond demographic variation* [Paper presentation]. 94th Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.12904.14087>
 22. **Stone, B. M.**, & Lindt, J., Rabinovich, N., & Gilbert, D. (2021, July 15-17). *Effects of the Gratitude Letter and Positive Attention Bias Modification on Attentional Deployment and Emotional States* [Paper presentation]. 7th Annual International Positive Psychological Association, online. <https://doi.org/10.13140/RG.2.2.25421.31206>
 21. **Stone, B. M.**, & Schmidt, K. (2021, July 15-17). *Structural validity of grit measures across age and educational attainment* [Paper presentation]. 7th Annual International Positive Psychological Association, online.
 20. **Stone, B. M.**, & Schmidt, K. (2021, July 15-17). *Cognitive mechanisms in positive psychology interventions* [Paper presentation] 7th Annual International Positive Psychological Association, online.
 19. **Stone, B. M.**, Bartholomay, E. M., & Kertz, S. J. (2020, November 20-23). *Repetitive negative thinking explains the relationship between attentional control and anxiety* [Paper presentation]. 54th Annual Association for Behavioral & Cognitive Therapy, online. <https://doi.org/10.13140/RG.2.2.24090.77764>
 18. **Stone, B. M.**, Lindsey, H., Johnson, P., Carter, J., & Hodges, C. (Canceled due to COVID-19). *Researcher degrees of freedom in nonparametric statistics using SPSS, SAS, STATA, R, and Excel* [Paper presentation]. 92nd Annual Midwestern Psychological Association, Chicago, IL.
 17. **Stone, B. M.** & Drake, C. E. (Canceled due to COVID-19). *The life skills modules for the treatment comorbid anxiety and depression* [Paper presentation]. 92nd Annual Midwestern Psychological Association, Chicago, IL.
 16. **Stone, B. M.** & Schmidt, K. (Canceled due to COVID-19). *Structural validity of grit measures across age and educational attainment* [Paper presentation]. 92nd Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.20283.95520/1>
 15. **Stone, B. M.** & Schmidt, K. (Canceled due to COVID-19). *Positive psychology interventions and cognition: The gratitude letter does not affect the processing or memory of information* [Paper presentation]. 92nd Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.33809.92002>
 14. Schmidt, K., Hammersley, J., & **Stone, B. M.** (2019, April 11-13). *How to get accepted to graduate school* [Panel presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.

13. **Stone, B. M.**, Chamberlain, A. B., & Bartholomay, E. (2019, April 11-13). *Life as a graduate student in psychology* [Panel presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.
12. **Stone, B. M.**, Chamberlain, A. B., & Drake, C. E. (2019, April 11-13). *P-hacking for MPA: The dangers of hypothesis testing without theory* [Paper presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.10448.43525/1>
11. **Stone, B. M.**, & Bartholomay, E. M. (2019, April 11-13). *Covert narcissism is multifaceted: Evidence from the hypersensitive narcissism scale* [Paper presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.
10. **Stone, B. M.**, Seidler, D. A., Clark, B. E., & Drake, C. E. (2019, April 11-13). *Examining the factor structure of the multidimensional psychological flexibility inventory* [Paper presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.19728.33283>
9. **Stone, B. M.**, Bartholomay, E. M., & Kertz, S. J. (2019, April 11-13). *Personality models explain variability in externalizing psychopathology* [Paper presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.20388.14721>
8. Bartholomay, E. M., **Stone, B. M.**, Kertz, S. J. (2019, April 11-13). *The relationship between personality traits and internalizing psychopathology symptoms* [Paper presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.
7. **Stone, B. M.**, & Drake, C. (2018, April 20-21). *An examination of the association between socioeconomic status and the components of psychological flexibility and inflexibility* [Paper presentation]. 82nd Annual Minnesota Psychological Association, online.
6. **Stone, B. M.**, Klein, K., & Drake, C. (2018, April 12-14). A case study: Acceptance and commitment therapy for vertigo [Paper presentation]. 90th Annual Midwestern Psychological Association, Chicago, IL.
5. **Stone, B. M.** (2018, April 12-14). The gratitude letter intervention reduces attention to emotional stimuli and moderates negative memories [Paper presentation]. 90th Annual Midwestern Psychological Association, Chicago, IL.
4. **Stone, B. M.** (2017, April 5). *Positive affect, attention & memory: The impact of the gratitude letter intervention on the processing of negative & positive words* [Paper presentation]. 30th Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.
3. **Stone, B. M.**, Chesbrough, E., Tosti, G. & Douglas, L. (2016, April 4). *The influence of self-affirmations of the feelings and perception of self-consciousness* [Paper presentation]. 29th Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.
2. **Stone, B. M.** (2016, June 30). *Positive psychological interventions: The scientific study of happiness*. [Paper presentation]. Psychological and Behavioral Consultants, University Heights, OH.
1. **Stone, B. M.**, & Larsen, J. D. (2015, April 3). *Unconscious semantic spreading activation: looking for the N400* [Paper presentation]. 28th Annual Ohio Undergraduate Psychological Research Conference, University Heights, OH.

POSTER PRESENTATIONS

38. **Stone, B. M.**, Rohde, J. S., Thrul, J., & Yaden, B. D. (2024, November 13). *Do humans & ais even get along? Validation of the AI Working Alliance Scale* [Poster presentation]. Public Health + AI Strategic Endeavors 1st Annual Convention, Baltimore, MD.
37. **Stone, B. M.**, Rohde, J. S., Thrul, J., & Yaden, B. D. (2024, November 13). *It's not what AI says, but how: The effects of communication style on human engagement & perception* [Poster presentation]. Public Health + AI Strategic Endeavors 1st Annual Convention, Baltimore, MD.
36. **Stone, B. M.** (2024, November 14-17). *Removing stigmatizing language in self-reports: Effects on psychometric properties and respondent beliefs* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
35. **Stone, B. M.** (2024, November 14-17). *Perceived addiction potential: Evidence of the accuracy of self-assessed substance use disorder risk* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
34. **Stone, B. M.** (2024, November 14-17). *Development of the Enthusiastic Substance Use Attitudes Scale: Preliminary evidence of a novel maintenance factor* [Poster presentation]. Association for Behavioral and Cognitive Therapies 58th Annual Convention, Philadelphia, PA.
33. **Stone, B. M.**, Kahn, G. D., Strickland, J. C., Felton, J. W., Rabinowitz, J. R., Maher, B. S., & Yi, R. (2024, March 4-5). *Non-systematic responding may explain behavioral problems better than delay discounting: The consequences of unpredictable decision-making* [Poster presentation]. ABCD Insights & Innovations Meeting, Bethesda, MD.

32. **Stone, B. M.**, Gray, K. M., Tomko, R. L., McRae-Clark, A. L., & Sherman, B. J. (Accepted). *Modeling cannabis use disorder treatment progression: Evidence of differential mechanisms underlying functional improvements*. Annual College on Problems of Drug Dependence, Denver, CO.
31. **Stone, B. M.**, Wang, V., & Drake, C.E. (2022, June 4-15). *Scrutinizing the relationship between psychological flexibility and inflexibility: a simulation study* [Poster presentation]. 29th Annual Association for Contextual Behavioral Sciences, online.
30. **Stone, B. M.**, Wang, V., & Drake, C.E. (2022, June 4-15). *What do flexible & inflexible people have in common: experiential avoidance* [Poster presentation]. 29th Annual Association for Contextual Behavioral Sciences, online.
29. Wang, V., **Stone, B. M.**, & Drake, C.E. (2022, June 4-15). *MPFI inflexibility subscale has strong incremental validity in explaining PTSD symptoms* [Poster presentation]. 29th Annual Association for Contextual Behavioral Sciences, online.
28. Ysabel, L. H., Stevens, A., Cutroni, X., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *Reward sensitivity demonstrated with eye tracking Indicates an Influence on mood irregularity* [Poster presentation]. 93rd Annual Midwestern Psychological Association, online.
27. Calloni, B.A., Hillard, J.E., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *Negative attentional bias is reversed by neutral stimuli in people with depression* [Poster presentation]. 93rd Annual Midwestern Psychological Association, online.
26. Hillard, J., Corey, R., Cutroni, X., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *The effects of a mindfulness exercise on the mechanism of gratitude* [Poster presentation]. 93rd Annual Midwestern Psychological Association, online.
25. Cornelius, E. R., Ysabel, L. H., Lindt, J. D., Gilbert, D. G., & **Stone, B. M.** (2021, April 21-23). *The gratitude letter recipient changes the expression of gratitude in an individual's letter* [Poster presentation]. 93rd Annual Midwestern Psychological Association, online.
24. Chamberlain, A. B., **Stone, B. M.**, Clark, B. E., & Drake, C. E. (2019, November 21-24). *A multidimensional factor structure best explains the hexaflex model* [Poster presentation]. Association for Behavioral and Cognitive Therapies 53rd Annual Conference, Chicago, IL. <https://doi.org/10.13140/RG.2.2.10669.00482>
23. **Stone, B. M.** (2019, August 8-11). *Empirical evidence for the existence of primarily amoral and primarily cynical subtypes of Machiavellianism* [Poster presentation]. 2019 Annual American Psychological Association Conference, Chicago, IL.
22. Page, C., **Stone, B. M.**, & Drake, C. E. (2019, April 11-13). *Personality factors explain variation among individual's engagement with the five facets of mindfulness* [Poster presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.30454.47685>
21. Chamberlain, A. B., **Stone, B. M.**, & Drake, C. E. (2019, April 11-13). *Anxiety and depression explain more variability in self-esteem for LGB+ individuals* [Poster presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.21406.05440/1>
20. **Stone, B. M.** (2019, April 11-13). *Self-affirmations lower perceived success in women* [Poster presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.
19. Bartholomay, E. M., Lyons, G. A., **Stone, B. M.**, Kertz, S. J. (2019, April 11-13). *Gender differences between social anxiety's relationship with alcohol and marijuana use problems* [Poster presentation]. 91st Annual Midwestern Psychological Association, Chicago, IL.
18. Seidler, D., **Stone, B. M.**, Drake, C. (2018, November 15-18). *Flexible or inflexible: Predicting stress, anxiety, and depression using the hexaflex model* [Poster presentation]. 52nd Annual Association for Behavioral & Cognitive Therapy, Washington, DC.
17. **Stone, B. M.**, Bartholomay, E. M., & Drake, C. E. (2018, November 15-18). *Relationship satisfaction is cubically associated with psychological flexibility* [Poster presentation]. 52nd Annual Association for Behavioral & Cognitive Therapy, Washington, DC.
16. **Stone, B. M.** & Imam, A. (2018, May 24-27). *Title brevity, not appeal, is associated with journal impact factor* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA. <https://doi.org/10.13140/RG.2.2.27026.79049>
15. **Stone, B. M.**, Rowald, L. A. (2018, May 24-27). *Frequent marijuana use is associated with perceptions of increased substance use in peers* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
14. **Stone, B. M.**, Viloshanakumara, V., & Rowald, L. (2018, May 24-27). *Graduate students have higher marijuana risk perceptions compared to undergraduates* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.

13. **Stone, B. M.**, Viloshanakumara, V., & Rowald, L. (2018, May 24-27). *Social norms in one's friend group predicts one's risk perceptions of marijuana use* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA. <https://doi.org/10.13140/RG.2.2.13677.26086>
12. **Stone, B. M.**, Chamberlain, A. B., & Drake, C. E. (2018, May 24-27). *Examining the components of self-compassion in depressed & anxious individuals* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
11. **Stone, B. M.** (2018, May 24-27). *Psychopathy, narcissism, & Machiavellianism are lower-order traits to an unidentified higher-order personality dimension* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
10. Bartholomay, E. M., & **Stone, B. M.** (2018, May 24-27). *The hypersensitive narcissism scale measures overt, not covert, narcissism* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
9. **Stone, B. M.** (2018, May 24-27). *Patterns of decline in narcissism between men & women over a lifetime* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
8. Bond, R., **Stone, B. M.**, & Drake, C. E. (2018, May 24-27). *Linear multiple regression reveals clinically advantageous interrelationships among the act hexaflex* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
7. Bond, R., & **Stone, B. M.**, & Drake, C. E. (2018, May 24-27). *An examination of the determinants of anxiety & depression through the act hexaflex* [Poster presentation]. 30th Annual Association for Psychological Science Convention, San Francisco, CA.
6. **Stone, B. M.** (2018, April 12-14). *Self-affirmations raise self-esteem & lower perceived success in women* [Poster presentation]. 90th Midwestern Psychological Association, Chicago, IL.
5. **Stone, B. M.** (2018, April 12-14). *Self-affirmations reduce social anxiety while raising self-esteem* [Poster presentation]. 90th Annual Midwestern Psychological Association, Chicago, IL.
4. **Stone, B. M.**, & Larsen, J. (2018, April 12-14). *A replication study: The N400 ERP as evidence of automatic semantic spreading activation* [Poster presentation]. 90th Annual Midwestern Psychological Association, Chicago, IL. <https://doi.org/10.13140/RG.2.2.19477.04329>
3. Bond, R., Chamberlain, A., **Stone, B. M.**, & Drake, C. (2018, April 12-14). *Linear multiple regression reveals a complex interrelationship among the big five.* [Poster presentation]. 90th Midwestern Psychological Association in Chicago, IL.
2. Sayers, B., **Stone, B. M.**, & Yost, J. (2018, April 12-14). *Identity politics: identification of political ideology leads to attitude polarization* [Poster presentation]. 90th Annual Midwestern Psychological Association, Chicago, IL.
1. **Stone, B. M.** (2017, July 13-16). *Positive affect, attention & memory: The impact of the gratitude letter intervention on the processing of negative & positive words* [Poster presentation]. International Positive Psychology Association 5th World Congress, Montreal, Canada.

FELLOWSHIPS & GRANTS

External Funding

- 2024-Present Ruth L. Kirschstein NRSA F32 Postdoctoral Fellow; National Institute of Drug Abuse F32DA061600
Amount: \$148,112
- 2023-2024 T32 Postdoctoral Fellowship (Trainee); National Institute of Drug Abuse T32DA007292
Amount: \$56,484

Internal Funding

- 2021-2022 Dissertation Research Fellowship; Southern Illinois University Graduate School
Amount: \$49,846
- 2018 COPE Open-Access Research Fund; Southern Illinois University Graduate School
Amount: \$1,500

EDITORIAL WORK

- 2023-Present **Editorial Board Member**
International Journal of Mental Health & Addiction • Psychology of Addictive Behaviors • BMC Psychology
- 2016-Present **Ad-Hoc Reviewer**
International Journal of Mental Health & Addiction • American Psychologist • Addiction • Psychology of Addictive Behavior • European Addiction Research • Experimental & Clinical Psychopharmacology • Addiction Research & Theory • Environmental Health & Preventative Medicine • Substance Use & Misuse • Current Addiction Reports • Clinical Social Work Journal • Current Psychology • Frontiers in Psychology

2020-2022 • Psychology: Research & Review • The Journal of Positive Psychology • Personality & Individual Differences • Heliyon • Neuroscience and Biobehavioral Reviews • Journal of Happiness Studies
Ad-Hoc Co-Reviewer
Journal of Psychopathology & Clinical Sciences • Nicotine & Tobacco Research • Journal of Contextual Behavioral Sciences

LEADERSHIP & SERVICE

2021-2023 Clinical Psychology Student Mentorship Program – Mentor
2021-2023 Clinical Center – Student Supervisor
2022 Cambridge University Press – Book Proposal Reviewer
2021-2022 Southern Illinois University Clinical Psychology Diversity Committee – Member
2018-2022 Association for Psychological Sciences – Student Caucus Campus Representative
2019 Midwestern Psychological Association Conference – Abstract Reviewer
2019 Association for Psychological Sciences – Student Grant Competition Reviewer
2018-2020 Midwestern Psychological Association Conference – Steering Committee Representative

AWARDS

2023 Midwestern Psychological Association Diversity Travel Award – Student Sponsor
2017 The Nicholas DiCaprio Award for the Distinguished Graduate in Psychology
2017 John Carroll University’s Research Recognition Award
2017 John Carroll University’s Service Recognition Award

LABORATORY MANAGEMENT

2021-2022 Southern Illinois University’s Graduate Laboratory Manager: Contextual Behavioral Science Lab
2016-2017 John Carroll University’s Department General Lab Manager
2015-2017 John Carroll University’s Electroencephalography Lab
2015-2016 John Carroll University’s Cognitive Psychology Lab for Spelling & Memory

GRADUATE & PROFESSIONAL CERTIFICATIONS

2022 Lifestyle Medicine, Doane University
2022 Tobacco Treatment Specialist Training, Medical University of South Carolina
2017-2022 Quantitative/Statistical Methodology Graduate Certificate (85% Completed; Department Closed)
2021 C Programming for Linux, Dartmouth College & Institut Mines-Télécom

TEACHING

2018-2022 Psychology Departmental Statistics Consultant
2020-2021 Instructor of Record – Introduction to Social Psychology
2019-2020 Teacher’s Assistant – Research Methods & Statistics in Psychology
2019 Instructor of Record – Introductory Statistics
2019 Quantitative Methods Departmental Statistics Consultant
2018 Teacher’s Assistant – Advanced Research Methods & Statistics in Psychology
2017-2018 Teacher’s Assistant – Introduction to Psychology
2017 Teacher’s Assistant – Experimental Design & Analysis in Psychology

ORGANIZATION AFFILIATIONS

2023-Present International Drug Abuse Research Society
2019-Present Association for Contextual Behavioral Sciences
2019-Present American Psychological Association
2018-Present Association for Psychological Science
2016-Present Psi Chi Honor Society for Psychology
2016-Present Midwestern Psychological Association
2016-Present International Positive Psychology Association

CLINICAL POSITIONS

2023 **Behavioral Medicine, MUSC Intensive Outpatient**, *Charleston, South Carolina*
Provided comprehensive psychological services for patients with chronic pain, IBS, pancreatitis, hypertension, Crohn’s disease, fibromyalgia, epilepsy, diabetes, transplant, and many other conditions.

2023	Sleep and Anxiety Treatment and Research Program (SATRP) , <i>Charleston, South Carolina</i> Provided evidence-based treatments for sleep and anxiety disorders, including state-of-the-art sleep studies with behavioral and psychopharmacological interventions.
2022	Tobacco Treatment Program , <i>Charleston, South Carolina</i> Provided inpatient and outpatient brief therapy and assessment for tobacco cessation and managed associated chronic medical, psychiatric, and psychosocial complications.
2022	Substance Treatment and Recovery Program (STAR) - VAMC , <i>Charleston, South Carolina</i> Provided extensive substance use care, including individual and group psychotherapy and case management for veterans with severe and co-occurring mental conditions.
2017-2022	Southern Illinois University's Clinical Center , <i>Carbondale, Illinois</i> Provided psychological assessments and therapy for children, adolescents, and adults in the region as part of psychology training.
2021	Brehm Preparatory School , <i>Carbondale, Illinois</i> Built a comprehensive adult assessment program at a not-for-profit 501 co-educational college preparatory day for students with learning and developmental disorders.
2020-2021	SIU Counseling & Psychological Services: Substance Use Focus (CAPS) , <i>Carbondale, Illinois</i> Provided mental health services, including individual and group counseling, crisis intervention, and specialized programs such as substance use and co-occurring disorders.
2019-2020	The Gateway Foundation , <i>Carbondale, Illinois</i> Provided comprehensive, evidence-based treatment services for all ages for the treatment of substance use and co-occurring disorders, including residential, outpatient, and virtual formats.
2018-2019	Centerstone: Community-Based Behavioral Health Unit , <i>Carbondale, Illinois</i> Provided comprehensive therapy and assessment services, supporting the mental health needs of individuals in rural and urban communities at a non-profit healthcare organization.
2018	Centerstone: Substance Use Treatment Unit , <i>West Frankfort, Illinois</i> Provided recovery services and comprehensive treatments for substance use and co-occurring mental health conditions at a non-profit healthcare organization.
2016	Psychological & Behavioral Consultants , <i>Beachwood, Ohio</i> Provides comprehensive treatment for substance use and emotional disorders to individuals, families, and couples throughout Ohio.

TREATMENT PROFICIENCIES

Cognitive-Behavioral Therapies (CBT):

- Protocols for bulimia nervosa, binge eating disorder, substance use, and anger management
- Trauma-Informed Cognitive-Behavioral Therapy
- Transdiagnostic CBT (e.g., the Unified Protocol)
- Cognitive-Behavioral Therapy for Insomnia (CBT-I)

Third-Wave Therapies:

- Individual & Group-Based Acceptance & Commitment Therapy (ACT)
- Process-Based ACT
- Experiential Techniques (mindfulness, acceptance strategies)
- Dialectical Behavior Therapy (DBT) Skills Training

Brief & Solution-Focused Therapies:

- Brief Therapy
- Primary Care
- Case Management

Substance Use Treatments:

- Tobacco Cessation Counseling (with optional medication assistance)
- Positive Psychological Interventions (PPI)
- Motivational Interviewing
- Contingency Management

Trauma & Exposure Techniques:

- Cognitive Processing Therapy (CPT)
- Exposure and Response Prevention (ERP)
- Interoceptive, In Vivo, and Imaginal Exposures

- Prolonged Exposures
- Systematic Desensitization

Interpersonal & Cultural Therapies:

- Emotion-Focused Counseling
- Interpersonal Process Therapy (IPT)
- Multicultural Therapy
- Narrative Therapy
- Compassion-Focused Therapy (CFT)

Specialized Behavioral Interventions:

- Behavioral Activation
- Positive Psychological Interventions
- Assertiveness Skills Training
- Problem-Solving and Communication Skills Training
- Behavioral Rehearsal
- Guided Visualization Meditation

ASSESSMENT PROFICIENCIES

Intelligence & Achievement Testing:

- Wechsler Intelligence Scales:
- Wechsler Intelligence Scale for Children (WISC-V)
- Wechsler Adult Intelligence Scale (WAIS-IV)
- Woodcock-Johnson Achievement Tests (WJ-IV)
- Wide Range Achievement Test (WRAT-IV)

Memory & Cognitive Assessments:

- Test of Memory Malingering (TOMM)
- Structured Inventory of Malingering Symptomology
- Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- Mini-Mental State Examination (MMSE)
- Wisconsin Card Sorting Task (WCST)

Attention & ADHD Assessments:

- Barkley Attention Deficit/Hyperactivity Disorder Scales
- Diagnostic Interview for ADHD in Adults (DIVA)
- Test of Variables of Attention (TOVA)
- Brown Adult ADHD/Executive Functioning Scales

Mood & Anxiety Assessments:

- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory – 2nd Edition (BDI-II)
- Patient Health Questionnaire (PHQ-9)
- Generalized Anxiety Disorder-7 (GAD-7)

Personality & Psychological Flexibility Assessments:

- Personality Assessment Inventory (PAI)
- Minnesota Multiphasic Personality Inventory (MMPI)

Substance Use Assessments:

- National Institute of Drug Abuse (NIDA) Quick Screen
- CAGE-AID Questionnaire
- Drug Abuse Screening Test
- Alcohol Use Disorders Identification Test (AUDIT)
- Cannabis Use Disorders Identification Test (CUDIT)
- Drug Use Disorders Identification Test (DUDIT)

Structured Clinical Interviews:

- Structured Clinical Interview for DSM-5 (SCID)
- Diagnostic Interview for Anxiety, Mood, Obsessive-Compulsive & Related Neuropsychiatric Disorders (DIAMOND)
- Anxiety Disorders Interview Schedule – IV (ADIS-IV)
- DSM-5 Cross-Cutting Measures

Clinical & Care Assessments:

- World Health Organization Quality of Life Scale
- Multidimensional Psychological Flexibility Inventory (MPFI)
- Acceptance and Action Questionnaire-II (AAQ-II)
- Millon Clinical Multiaxial Inventory (MCMI-IV)
- Illinois Medicaid Comprehensive Assessment of Needs and Strengths
- Counseling Center Assessment of Psychological Symptoms (CCAPS)