**The Big Five Inventory (BFI)**

Here are a number of characteristics that may or may not apply to you. For example, do you agree

that you are someone who likes to spend time with others? Please write a number next to each

statement to indicate the extent to which you agree or disagree with that statement.

Disagree Strongly, Disagree a little, Neither agree nor disagree, Agree a little, Agree Strongly

1 2 3 4 5

I see Myself as Someone Who...

\_\_\_\_1. Is talkative

\_\_\_\_2. Tends to find fault with others

\_\_\_\_3. Does a thorough job

\_\_\_\_4. Is depressed, blue

\_\_\_\_5. Is original, comes up with new ideas

\_\_\_\_6. Is reserved

\_\_\_\_7. Is helpful and unselfish with others

\_\_\_\_8. Can be somewhat careless

\_\_\_\_9. Is relaxed, handles stress well

\_\_\_\_10. Is curious about many different things

\_\_\_\_11. Is full of energy

\_\_\_\_12. Starts quarrels with others

\_\_\_\_13. Is a reliable worker

\_\_\_\_14. Can be tense

\_\_\_\_15. Is ingenious, a deep thinker

\_\_\_\_16. Generates a lot of enthusiasm

\_\_\_\_17. Has a forgiving nature

\_\_\_\_18. Tends to be disorganized

\_\_\_\_19. Worries a lot

\_\_\_\_20. Has an active imagination

\_\_\_\_21. Tends to be quiet

\_\_\_\_22. Is generally trusting

\_\_\_\_23. Tends to be lazy

\_\_\_\_24. Is emotionally stable, not easily upset

\_\_\_\_25. Is inventive

\_\_\_\_26. Has an assertive personality

\_\_\_\_27. Can be cold and aloof

\_\_\_\_28. Perseveres until the task is finished

\_\_\_\_29. Can be moody

\_\_\_\_30. Values artistic, aesthetic experiences

\_\_\_\_31. Is sometimes shy, inhibited

\_\_\_\_32. Is considerate and kind to almost everyone

\_\_\_\_33. Does things efficiently

\_\_\_\_34. Remains calm in tense situations

\_\_\_\_35. Prefers work that is routine

\_\_\_\_36. Is outgoing, sociable

\_\_\_\_37. Is sometimes rude to others

\_\_\_\_38. Makes plans and follows through with them

\_\_\_\_39. Gets nervous easily

\_\_\_\_40. Likes to reflect, play with ideas

\_\_\_\_41. Has few artistic interests

\_\_\_\_42. Likes to cooperate with others

\_\_\_\_43. Is easily distracted

\_\_\_\_44. Is sophisticated in art, music, or literature

**HEXACO – Short Form**

On the following pages you will find a series of statements about you. Please read each statement and decide how much you agree or disagree with that statement. Then write your response in the space next to the statement using the following scale:

5 = strongly agree

4 = agree

3 = neutral (neither agree nor disagree)

2 = disagree

1 = strongly disagree

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| 1 |  | I would be quite bored by a visit to an art gallery. |
| 2 |  | I plan ahead and organize things, to avoid scrambling at the last minute. |
| 3 |  | I rarely hold a grudge, even against people who have badly wronged me. |
| 4 |  | I feel reasonably satisfied with myself overall. |
| 5 |  | I would feel afraid if I had to travel in bad weather conditions. |
| 6 |  | I wouldn't use flattery to get a raise or promotion at work, even if I thought it would succeed. |
| 7 |  | I'm interested in learning about the history and politics of other countries. |
| 8 |  | I often push myself very hard when trying to achieve a goal. |
| 9 |  | People sometimes tell me that I am too critical of others. |
| 10 |  | I rarely express my opinions in group meetings. |
| 11 |  | I sometimes can't help worrying about little things. |
| 12 |  | If I knew that I could never get caught, I would be willing to steal a million dollars. |
| 13 |  | I would enjoy creating a work of art, such as a novel, a song, or a painting. |
| 14 |  | When working on something, I don't pay much attention to small details. |
| 15 |  | People sometimes tell me that I'm too stubborn. |
| 16 |  | I prefer jobs that involve active social interaction to those that involve working alone. |
| 17 |  | When I suffer from a painful experience, I need someone to make me feel comfortable. |
| 18 |  | Having a lot of money is not especially important to me. |
| 19 |  | I think that paying attention to radical ideas is a waste of time. |
| 20 |  | I make decisions based on the feeling of the moment rather than on careful thought. |
| 21 |  | People think of me as someone who has a quick temper. |
| 22 |  | On most days, I feel cheerful and optimistic. |
| 23 |  | I feel like crying when I see other people crying. |
| 24 |  | I think that I am entitled to more respect than the average person is. |
| 25 |  | If I had the opportunity, I would like to attend a classical music concert. |
| 26 |  | When working, I sometimes have difficulties due to being disorganized. |
| 27 |  | My attitude toward people who have treated me badly is “forgive and forget”. |
| 28 |  | I feel that I am an unpopular person. |
| 29 |  | When it comes to physical danger, I am very fearful. |
| 30 |  | If I want something from someone, I will laugh at that person's worst jokes. |

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| 31 |  | I’ve never really enjoyed looking through an encyclopedia. |
| 32 |  | I do only the minimum amount of work needed to get by. |
| 33 |  | I tend to be lenient in judging other people. |
| 34 |  | In social situations, I’m usually the one who makes the first move. |
| 35 |  | I worry a lot less than most people do. |
| 36 |  | I would never accept a bribe, even if it were very large. |
| 37 |  | People have often told me that I have a good imagination. |
| 38 |  | I always try to be accurate in my work, even at the expense of time. |
| 39 |  | I am usually quite flexible in my opinions when people disagree with me. |
| 40 |  | The first thing that I always do in a new place is to make friends. |
| 41 |  | I can handle difficult situations without needing emotional support from anyone else. |
| 42 |  | I would get a lot of pleasure from owning expensive luxury goods. |
| 43 |  | I like people who have unconventional views. |
| 44 |  | I make a lot of mistakes because I don’t think before I act. |
| 45 |  | Most people tend to get angry more quickly than I do. |
| 46 |  | Most people are more upbeat and dynamic than I generally am. |
| 47 |  | I feel strong emotions when someone close to me is going away for a long time. |
| 48 |  | I want people to know that I am an important person of high status. |
| 49 |  | I don’t think of myself as the artistic or creative type. |
| 50 |  | People often call me a perfectionist. |
| 51 |  | Even when people make a lot of mistakes, I rarely say anything negative. |
| 52 |  | I sometimes feel that I am a worthless person. |
| 53 |  | Even in an emergency I wouldn’t feel like panicking. |
| 54 |  | I wouldn’t pretend to like someone just to get that person to do favors for me. |
| 55 |  | I find it boring to discuss philosophy. |
| 56 |  | I prefer to do whatever comes to mind, rather than stick to a plan. |
| 57 |  | When people tell me that I’m wrong, my first reaction is to argue with them. |
| 58 |  | When I’m in a group of people, I’m often the one who speaks on behalf of the group. |
| 59 |  | I remain unemotional even in situations where most people get very sentimental. |
| 60 |  | I’d be tempted to use counterfeit money, if I were sure I could get away with it. |

**Additional Questions**

* + 1. How many close friends do you have?
    2. Over your life, how many therapy/counseling sessions have you attended?
    3. What is your current GPA?
    4. How many new hobbies have you started in the last year?
    5. How many arguments did you get into in the last year?
    6. How often in the last month have you lied?