**Feelings State Questionnaire**

From:

Gilbert, D.G., Meliska, C.J., Williams, C., & Jensen, R.A. (1992). Subjective correlates of smoking-induced elevations of peripheral beta-endorphin and cortisol. *Psychopharmacology, 106*, 275–281. doi: 10.1007/BF02801984

Please rate the following items

1 = None to 10 = Extreme

1. Sick
2. Dizzy
3. Light-headed
4. Nauseous
5. Happy
6. Pleasantness