



Guest: Harpreet Gujral, DNP, FNP-BC

Contact information: limitlesshealth12@gmail.com

Instagram: @sheharmony7

LinkedIn: <https://www.linkedin.com/in/harpreetgujral-dnp/>

Date: Tuesday May 27, 2025 3-4pm CT/4-5pm ET

[Limitless Health](#)

Resources:

Menopause Society: <https://menopause.org/>

International Menopause Society (IMS): imsociety.org

Society for Women's Health Research: <https://swhr.org/>

National Menopause Foundation – WMHPI: <https://nationalmenopausefoundation.org/policyinstitute/>

SWAN Study (Study of Women's Health Across the Nation): <https://www.swanstudy.org/>

Women Health Initiative (WHI): <https://www.whi.org/>