Sunday January 30, 2022 Cardiac Issues and More			
*Date	*Time Start	*Session Title	Speaker
30-Jan-22	6:30 AM	Breakfast in the Exhibit Hall	
30-Jan-22	6:30 AM	Exhibit Hall	
30-Jan-22	7:25 AM	Opening Remarks by the Chairman	Robert E Sallis, MD
30-Jan-22	7:30 AM	Common Heat and Hydration Issues in Endurance Athletes	Robert E Sallis, MD
30-Jan-22	8:10 AM	Managing the Athlete with Sickle Cell Trait	Francis G. O'Connor, MD
30-Jan-22	8:50 AM	Preventing Exertional Heat Stroke in Athletes: Updates	Larry Kenney, PhD
30-Jan-22	9:30 AM	Refreshment break in Exhibit Hall	
30-Jan-22	10:00 AM	Hydration and the Older Athlete	Larry Kenney, PhD
30-Jan-22	10:40 AM	Emergency Medical Preparedness: Lessons from the NFL	Allen Sills, MD
30-Jan-22	11:20 AM	Special Session on Leadership in Medicine	Dean C. Taylor, MD
30-Jan-22	12:00 PM	My Road to Kona- Ironman Race Slot Winner	Sam Sunshine, MD
30-Jan-22	12:15 PM	CME Portion of Program Adjourns	

Monday January 31, 2022 Musculoskeletal Issues			
*Date	*Time Start	*Session Title	Speaker
31-Jan-22	6:30 AM	Breakfast in the Exhibit Hall	
31-Jan-22	6:30 AM	Exhibit Hall	
31-Jan-22	7:30 AM	Evaluation and Care of Common Foot and Ankle Problems	Cindy Chang, MD
31-Jan-22	8:10 AM	Anterior Cruciate Ligament Injuries	Dean C. Taylor, MD
31-Jan-22	8:50 AM	Management of Hamstring Injuries	Bryan Heiderscheit, PT, PhD
31-Jan-22	9:30 AM	Refreshment break in Exhibit Hall	
31-Jan-22	10:00 AM	Consideration and Care of Athletes with Spinal Cord Injury	Cindy Lin, MD
31-Jan-22	10:40 AM	Caring for Shoulder Dislocations and Instability	Dean C. Taylor, MD
31-Jan-22	11:20 AM	Management of Acute and Chronic Pain in Elite Athletes	Allen Sills, MD
31-Jan-22	12:00 PM	CME Portion of Program Adjourns	
31-Jan-22	12:15 PM	Medline Lunch Presentation with Craig Alexander 2008, 2009 & 2011 Ironman World Champion	Craig Alexander
31-Jan-22	1:00 PM	Final Adjourn	

Tuesday February 1, 2022 Enviromental Issues			
*Date	*Time Start	*Session Title	Speaker
1-Feb-22	6:30 AM	Breakfast in the Exhibit Hall	
1-Feb-22	6:30 AM	Exhibit Hall	
1-Feb-22	7:30 AM	Sudden Cardiac Death: Fact Vs Fiction	Aaron Baggish, MD
1-Feb-22	8:10 AM	Incidence and Epidemiology of Sudden Cardiac Death in Athletes	Kimberly Harmon, MD
1-Feb-22	8:50 AM	Cardiac Pre-Participation Exam: What's New and What Not	Francis G. O'Connor, MD
1-Feb-22	9:30 AM	Refreshment break in Exhibit Hall	
1-Feb-22	10:00 AM	Update on COVID-19 and Exercise	Robert E Sallis, MD
1-Feb-22	10:40 AM	Shared Decision Making for Return to Play in Athletes with	Aaron Baggish, MD
1-Feb-22	11:20 AM	Return to Play after Exertional Illness	Francis G. O'Connor, MD
1-Feb-22	12:00 PM	CME Portion of Program Adjourns	

Wednesday February 2, 2022 Update on Head and Spine Injury Management			
*Date	*Time Start	*Session Title	Speaker
2-Feb-22	12:00 PM	Exhibit Hall	
2-Feb-22	1:00 PM	State of the Art in Concussion Prevention	Allen Sills, MD
2-Feb-22	1:40 PM	Sideline Concussion Testing: An Evidenced Based Decision or Best Guess?	Kimberly Harmon, MD
2-Feb-22	2:20 PM	Spinal Injuries in Sports	Cindy Lin, MD
2-Feb-22	3:00 PM	Refreshment break in Exhibit Hall	
2-Feb-22	3:30 PM	Diagnosis and Management of Upper Extremity Radicular Chang Pain and Tingling	Cindy Chang, MD
2-Feb-22	4:10 PM	Return to Running after ACL Reconstruction: A Simple Question	Bryan Heiderscheit, PT, PhD
2-Feb-22	4:50 PM	The Role of Exercise for Treating Low Back Pain	Cindy Lin, MD
2-Feb-22	5:30 PM	CME Portion of Program Adjourns	

Thursday February 3, 2022 Current Concepts in Sports Medicine			
*Date	*Time Start	*Session Title	Speaker
3-Feb-22	11:45 AM	Gatorade Sports Science Insitute Luncheon and Presentation	TBA
3-Feb-22	12:00 PM	Exhibit Hall	
3-Feb-22	1:00 PM	Ironman Legends Series Guest Speaker	Michellie Jones
3-Feb-22	1:40 PM	Masters Athletes: Cardiac Concerns and Management	Aaron Baggish, MD
3-Feb-22	2:20 PM	UV Radiation and Skin Health in Outdoor Athletes: Myths Vs Reality	Larry Kenney, PhD
3-Feb-22	3:00 PM	Refreshment Break and Race Slot Entry: Pick up entry card for 2021 Ironman World Championship Race Slot Drawing	
3-Feb-22	3:30 PM	Movement Retraining for the Distance Runner: Finding the Right	Bryan Heiderscheit, PT, PhD
3-Feb-22	4:10 PM	Dealing with Sleep and Jet Lag: What to Tell Patients	Cindy Chang, MD
3-Feb-22	4:50 PM	What You Need to Know to Work in the Ironman Medical Tent	Robert E Sallis, MD
3-Feb-22	5:30 PM	Final Conference Adjourn	
Friday February 4, 2022 Free Day to explore the island			
4-Feb-22			
Saturday February 5, 2022 Ironman World Championship			
2/5/22	5:30	Ironman Medical Tent	