

2025 RACE SLOT DRAWING INFORMATION

for the 2026 Ironman® World Championship

The 2026 race will return to a single day of racing bringing together both women and men for the Ironman® World Championship on Saturday, October 10.

ABOUT THE RACE SLOT

Mahalo to the World Triathlon Corporation (WTC)/ Ironman® World Championship for making this offer available to the Ironman Medical Symposium (IMS) attendees.

One 5-day symposium attendee will be randomly selected in a drawing to receive a race slot in the 2026 Ironman® World Championship.

This is a unique opportunity to gain entry into the 2026 Ironman® World Championship in Hawaii. Approximately 3,000 athletes from around the world will vie to compete by qualifying through Ironman-affiliated events held worldwide. Visit the [Ironman® World Championship web site](#) for details.

Participation Requires Careful Consideration

Participating in the 2026 Ironman® World Championship requires substantial physical, personal, professional and financial commitment. In fairness to all interested entrants, please do not enter your name in the slot drawing if you are unable or unwilling to make a serious investment of time, financial resources and energy required to successfully train and participate in the 2026 Ironman World Championship.



HOW TO ENTER the Race Slot Drawing

- Only FULL 5-day CONFERENCE REGISTRANTS of the 2025 Ironman Medical Symposium are eligible to enter the drawing. Daily registrants do not qualify.
- **Entry and Drawing will be on Thursday, October 9, 2025**, at the Outrigger Kona Resort Keauhou Ballroom
 - Entry cards will be distributed at the 3:00 p.m. break - but not before.
 - Each interested registrant may submit their name **NO LATER THAN 3:30 PM**
 - **A name will be drawn after the last session at 5:30 pm in the Keauhou Ballroom**
 - No proxies will be accepted; you must be present to enter and/or win.
- You do not need to pre-register in advance for the drawing.
- Registration for the conference does not mean you are automatically entered in the drawing. It only means you are eligible. (See Eligibility Restrictions below for more information.)
- Past attendees of the IMS may submit one entry card for each year they have attended– up to a maximum of three entries. Entrants that misrepresent the number of conferences they have attended will be automatically disqualified.
- Three names will be drawn - one winner and two alternates will be announced.

Eligibility REQUIREMENTS (subject to change at any time)

- You must be employed as a health care professional actively engaged in providing medical services to patients or the community.
- We request that you volunteer and work in the medical tent on race day in 2025. It is not mandatory - but recommended.
- Within 30 days of winning the slot, a physician must certify you are physically able to complete the race with proper training. (Documentation is required.)
- The athlete must be an "age grouper," i.e. amateur. (If you competed as a professional previously, never gained entry to the Ironman World Championship in the past, and do not currently hold a professional card you are eligible for this slot.)
- You must comply with all the rules, policies, and requirements set by the WTC/Ironman World Championship
- The Planning Committee reserves the right to determine if a participant is physically fit to compete



Eligibility RESTRICTIONS (subject to change at any time)

- Faculty, speakers, sponsors, exhibitors, staff, coaches, clinic leaders, Residents in Training, Medical students, persons not actively employed in the medical field and members of the media are not eligible for this offer.
- Persons with a previous or current serious medical condition (heart issues, physical injury, etc.) must disclose these to the conference planning committee/staff prior to entering their name in the drawing. It shall be the decision of the Planning Committee to determine if you are eligible for the drawing. Failure to disclose any serious medical condition may result in disqualification.
- Previous race slot winners who either withdrew prior to the race or did not complete the race are not eligible.
- Past participants and/or finishers of the Ironman World Championship held in Hawaii are not eligible.
- We regret that this offer does not apply to physically challenged athletes whose participation in the championship race is governed by the Ironman World Championship. Visit the [Ironman® World Championship web site](#) for details.

Race Slot WINNER - RULES AND POLICIES (subject to change at any time)

The slot winner is responsible for and must comply with the following:

- All entry fees, applications and other documentation required by the WTC are the responsibility of the race slot winner.
- Meet all the participant's eligibility and criteria mandated by the [Ironman® World Championship](#)
- Travel expenses, hotel and other related expenses associated with qualifying for and participating in the 2025 Ironman World Championship are not included. No financial support is offered.
- You must be employed as a health care provider at the time of the race slot drawing and the 2026 Ironman World Championship.
- Respond to the formal invite from the WTC within 15 days of receipt.
- Train for the race in good faith.
- Provide monthly updates to the IMS Planning Committee about your training/status via e-mail. Failure to provide monthly updates will result in disqualification.
- Immediately notify a member of the Planning Committee for the Ironman Sports Medicine Conference should you decide not to participate for any reason in the 2024 race.
- Agree and authorize the IMS to use your name, city/state, and picture for the purposes of promoting future Ironman Medical Symposium events.
- Enjoy complimentary registration to 2026 Ironman Medical Symposium.
- Present a 15-minute talk at the 2026 Ironman Medical Symposium – share your personal training experience and journey for the 2026 Ironman World Championship at the 2026 IMS.



*** ALTERNATE NAMES - Rules and Policies** (subject to change at any time)

- Two (2) alternates' names will be drawn. Alternate number one will be eligible to compete should the winner be unable to participate in the 2026 Ironman World Championship. Alternate number two will be eligible should the winner and alternate number one be unable to participate.
- In the event it is determined the slot winner cannot participate prior to submitting his/her name by the January deadline, alternate number one will be notified and must accept the slot within 7 days of notification. Should notification not be received, the alternate number two will be notified.
- After the winning name is submitted to the Ironman World Championship and the formal invitation process is completed, the slot can no longer be transferred to an alternate should the winner be unable or unwilling to participate.

Additional Rules and Policies (subject to change at any time)

The Ironman Medical Symposium reserves the right to:

- Terminate the race slot offer should the winner not comply with the "Race Slot Winner Rules and Policies" stated above.
- Amend and change the above rules/policies and eligibility requirements without notice.

HealthCon Solutions provides this information as a service to the Ironman Medical Symposium and accepts no liability for errors; omissions or any other responsibilities associated with this activity.

Should you have questions regarding the race slot drawing, please contact:

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