



Asking the right questions when looking for an Aesthetic Spa

While price can be a driving factor when looking to accomplish your beauty goals, you never want to sacrifice quality and experience. I sat down with expert injector, Mena Abitino, PA-C of Boost Your Beauty Medispa in Merrick, and we put together a list of questions that can help you make educated choices when choosing a provider. Here's where the adventure begins...

Aesthetic Spa Name & Number: _____

1. Experience and Expertise

- a. How long have you been in business? _____
- b. How long have you been practicing/licensed? _____
- c. Are you certified and/or licensed in (this specific treatment you are booking)? _____
- d. How long have you personally been working with (the specific technology you are booking)? _____
- e. Are there any risks associated with treatment? _____
- f. What methods are utilized to ensure safety? _____

2. Accessibility and Availability

- a. How long does it take to get an appointment? _____
- b. If I am thinking about booking, how far in advance should I book if I have an event that I would like to be ready for? _____
- c. Are there any other beauty treatments that I need to make sure I do not collide with? _____
- d. How often do I need treatments? _____

3. Pre-Care and Pre-Care

- a. What do I need to do to prepare for my treatment or service? _____

- b. Do you have a list of do's and don'ts I should adhere to leading up to my appointment? _____

- c. Is there any downtime with my procedure? If so, how long? _____
- d. Can I work out or wear makeup after my procedure? _____
- e. How will I look immediately after treatment? _____
- f. How long until I see the optimal results? _____