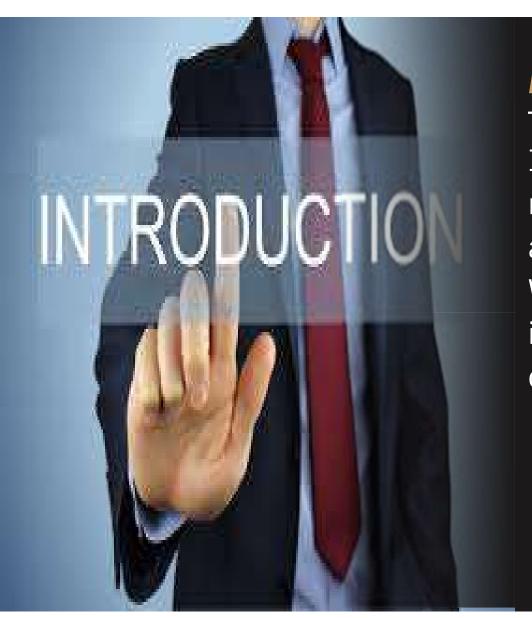
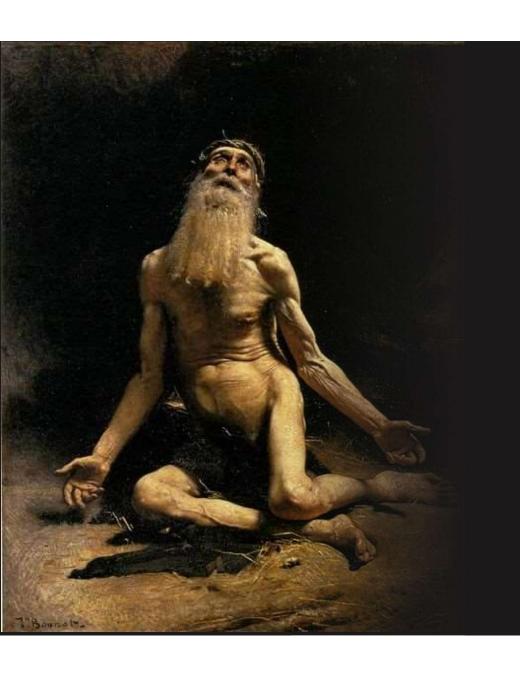


# APPRECIATING ASH WEDNESDAY

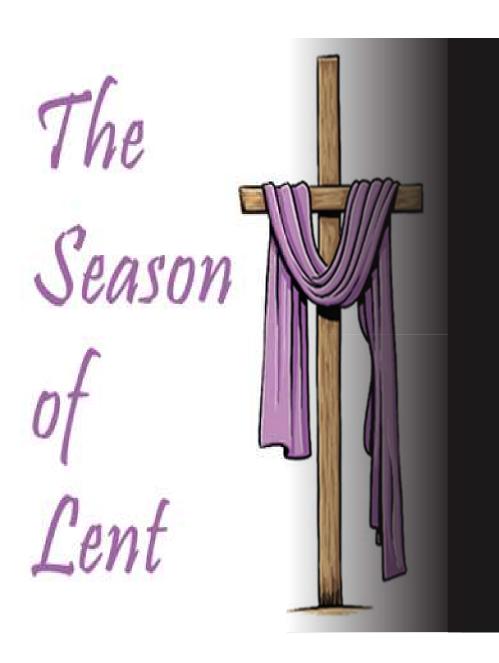
A Bible Webinar By
Bishop Andy C. Lewter, D. Min



In this lesson, we will delve into the rich history, profound symbolism, and contemporary practice of Ash Wednesday among Christians. From its origins to its modern-day observance



Biblical and Historical Background: The roots of Ash Wednesday can be found in various biblical and historical references. In the Hebrew Bible, ashes are often associated with mourning, repentance, and humility (e.g., Job 42:6, Daniel 9:3, Jonah 3:6). Early Christians adopted these symbolic practices within their own tradition.



Development of Lenten Observance: The observance of Lent, the forty-day period of fasting and penance leading up to Easter, developed gradually in the early centuries of Christianity. Initially, Lent was a time of preparation for catechumens (those preparing for baptism) and a few days of repentance for those who had committed serious sins.



Emergence of Penitential Practices: By the fourth century, penitential practices became more formalized within the Christian community. Public penance for serious sins was common, often involving periods of fasting, prayer, and acts of charity.



Introduction of Ashes: The specific use of ashes on the forehead as a sign of penance likely developed later in the early medieval period. By the eighth century, the imposition of ashes on Ash Wednesday became a widespread practice in Western Christianity.



Liturgical Development: Over time, Ash Wednesday became firmly established within the liturgical calendar of the Church, marking the beginning of Lent. The imposition of ashes symbolizes mortality ("Remember that you are dust, and to dust you shall return") and the need for repentance and spiritual renewal.



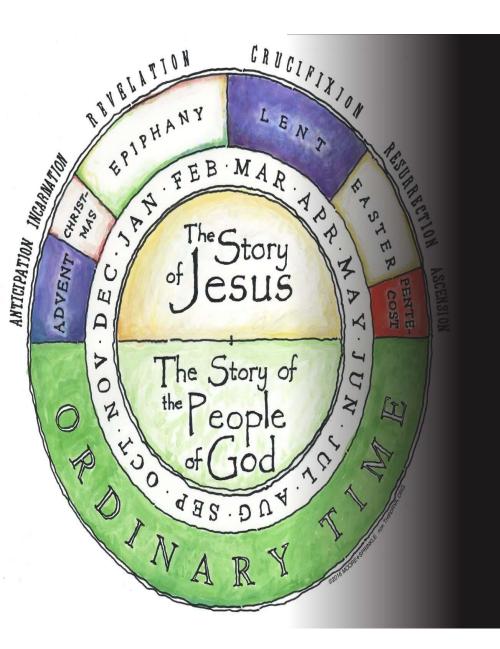
Early Observance of Lent: The origins of Lent can be traced back to the early Christian communities, where fasting and penitential practices were observed in preparation for Easter. Initially, Lent was a relatively short period, often lasting only a few days before Easter Sunday.



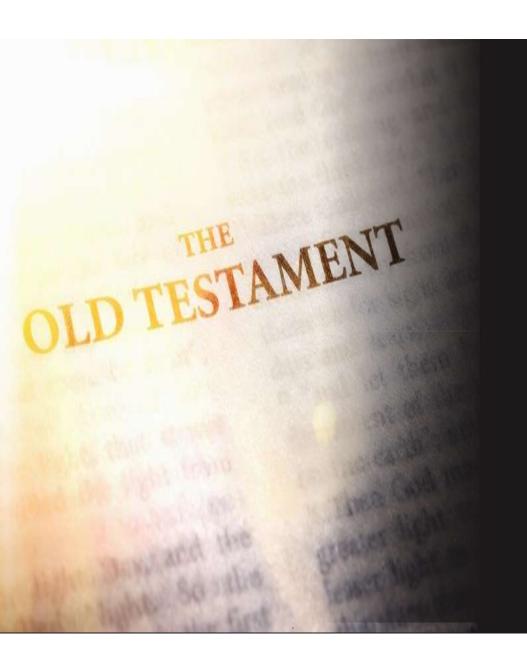
Extension of Lenten Period: Over time, the duration of Lent expanded to encompass forty days, mirroring significant biblical motifs such as the forty days Jesus spent fasting in the wilderness before beginning his public ministry (Matthew 4:1-11, Luke 4:1-13).



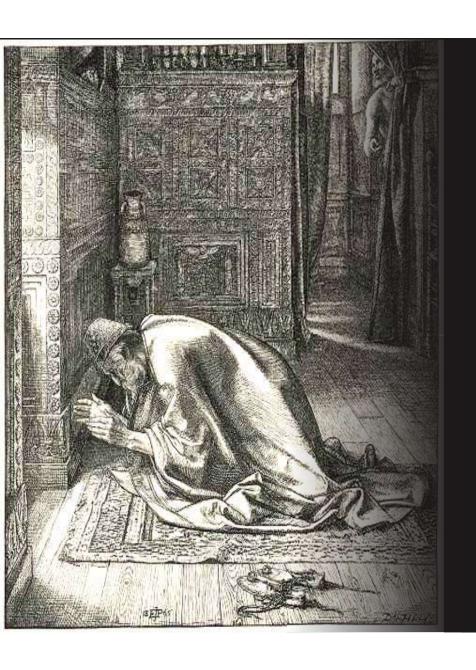
Introduction of Ash Wednesday: Ash Wednesday emerged as the initial day of Lent, marking the beginning of the fortyday period of fasting, prayer, and repentance. The specific observance of Ash Wednesday, with the imposition of ashes on the forehead, likely developed in the medieval period.



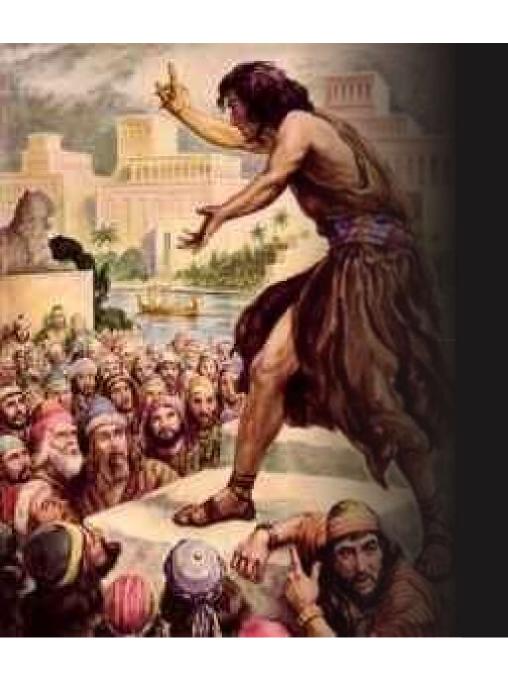
Integration into Liturgical Calendar: Ash Wednesday became firmly established within the liturgical calendar of the Church, serving as a pivotal day that inaugurates the season of Lent.



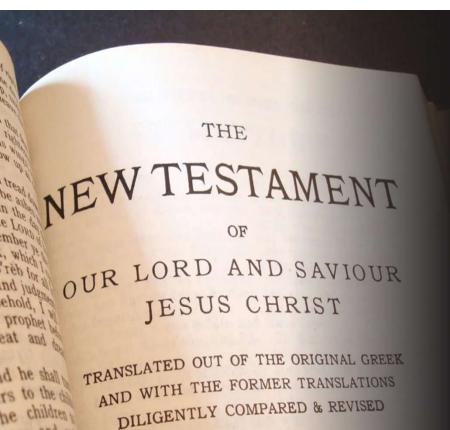
Old Teachings on Repentance:



Old Testament: In the Hebrew Bible, ashes are frequently associated with mourning, repentance, and humility. For example, Job, after enduring great suffering, repents "in dust and ashes" (Job 42:6). The prophet Daniel, in seeking forgiveness for his people, humbles himself with fasting and sackcloth (Daniel 9:3).



Jonah's Preaching: The city of Nineveh, upon hearing Jonah's preaching, repents and turns to God, expressing their penitence through fasting and wearing sackcloth, which symbolizes humility and repentance (Jonah 3:5-9).



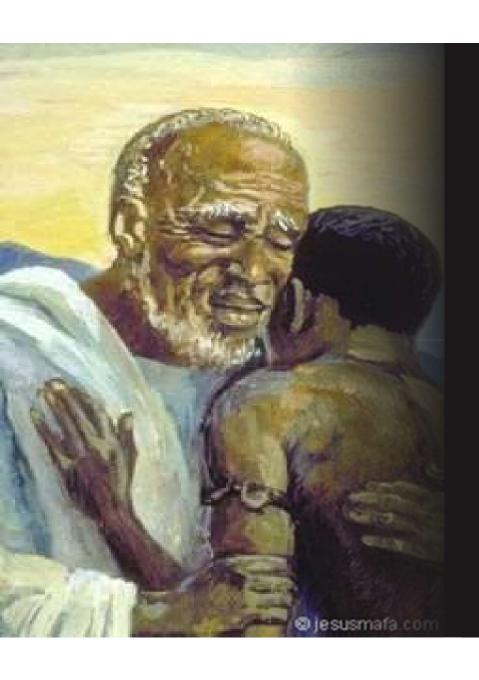
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## **ASH WEDNESDAY**

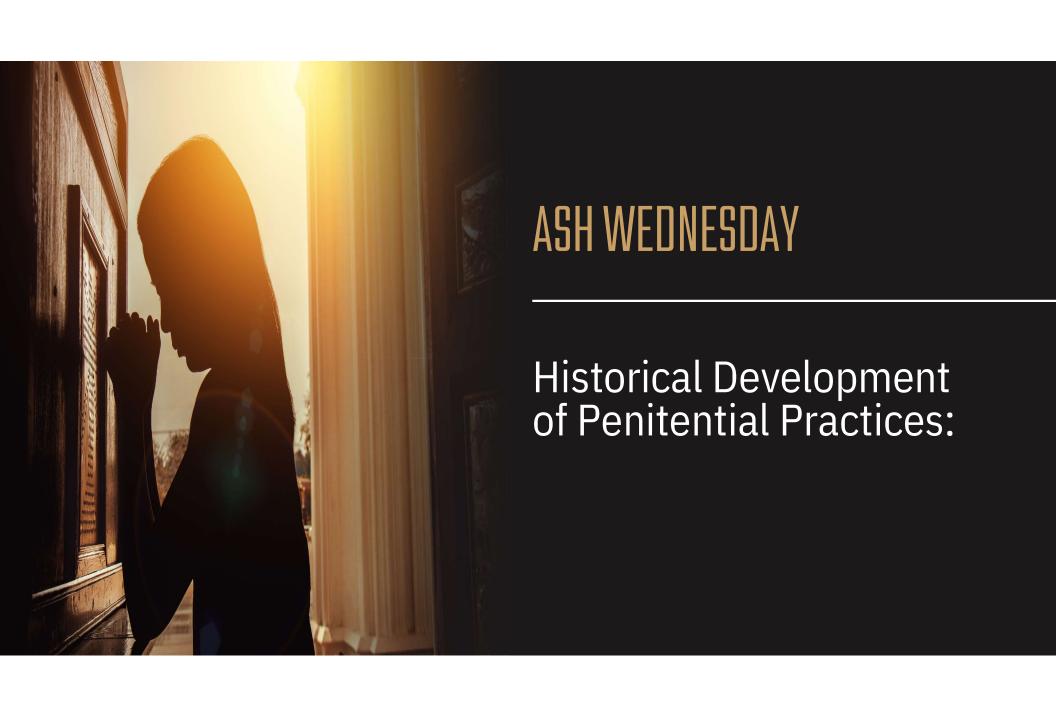
New Testament Teachings on Repentance:

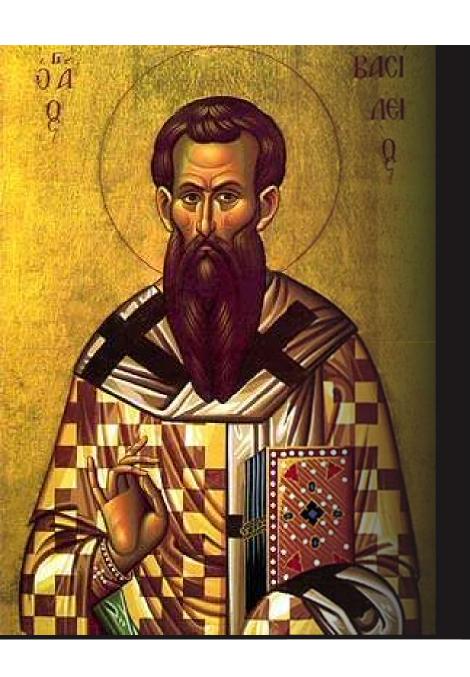


Jesus' Ministry: Throughout his ministry, Jesus emphasizes the importance of repentance and turning towards God's kingdom (Matthew 4:17, Mark 1:15). He calls people to repentance and forgiveness, inviting them to a renewed relationship with God.



Parables of Repentance: Jesus' parables, such as the Prodigal Son (Luke 15:11-32) and the Pharisee and the Tax Collector (Luke 18:9-14), highlight the significance of repentance and God's mercy.





Early Church Fathers: The writings of early Church fathers, such as Tertullian and Origen, attest to the practice of penance and fasting among early Christians.



Summary



Initiation of the Lenten Season: Ash Wednesday marks the beginning of Lent, a period of forty days (excluding Sundays) leading up to Easter Sunday. Lent is a time of spiritual preparation, reflection, and repentance, mirroring Jesus' forty days of fasting in the wilderness.



Symbolism of Ashes: The imposition of ashes on Ash Wednesday carries profound symbolic significance. The ashes, typically made from the burned palm branches of the previous year's Palm Sunday, symbolize human mortality.



Call to Repentance and Renewal:
Ash Wednesday serves as a solemn reminder of the Christian call to repentance and renewal. It invites believers to reflect on their lives, acknowledge their shortcomings, and seek reconciliation with God and others.



Preparation for Easter: The observance of Lent, beginning with Ash Wednesday, prepares Christians for the celebration of Easter, the central event of the Christian faith.



Unity in Tradition: Ash Wednesday unites Christians across denominational lines in a shared observance of penitence and preparation for Easter.