

# THE QUEENS MINISTRY – BIBLE BREAKFAST FELLOWSHIP

## PSALMS 103 – God For Us!

(A Lesson on the attributes and characteristics of God who offers the benefits of Himself)

### Understanding the magnitude of God Himself being for us

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Sunday – Sept. 6, 2020

2 Praise the LORD, O my soul; all my inmost being, praise his holy name.  
3 Praise the LORD, O my soul, and forget not all his benefits--  
4 who forgives all your sins and heals all your diseases,  
5 who redeems your life from the pit and crowns you with love and compassion,  
6 who satisfies your desires with good things so that your youth is renewed like the eagle's.  
7 The LORD works righteousness and justice for all the oppressed.  
8 He made known his ways to Moses, his deeds to the people of Israel:  
9 The LORD is compassionate and gracious, slow to anger, abounding in love.  
10 He will not always accuse, nor will he harbor his anger forever;  
11 he does not treat us as our sins deserve or repay us according to our iniquities.  
12 For as high as the heavens are above the earth, so great is his love for those who fear him;  
13 as far as the east is from the west, so far has he removed our transgressions from us.  
14 As a father has compassion on his children, so the LORD has compassion on those who fear him;  
15 for he knows how we are formed, he remembers that we are dust.  
16 As for man, his days are like grass, he flourishes like a flower of the field;  
17 the wind blows over it and it is gone, and its place remembers it no more.  
18 But from everlasting to everlasting the LORD's love is with those who fear him, and his righteousness with their children's children--  
with those who keep his covenant and remember to obey his precepts.

19

The LORD has established his throne in heaven, and his kingdom rules over all.

20

Praise the LORD, you his angels, you mighty ones who do his bidding, who obey his word.

21

Praise the LORD, all his heavenly hosts, you his servants who do his will.

22

Praise the LORD, all his works everywhere in his dominion. Praise the LORD, O my soul.

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**Our lesson focus is on the study of a loving, powerful, compassionate God, who offers those that are willing to believe a multiplicity of benefits. We will view those benefits through the reading and study of Psalms 103.**

**Psalms 103 – a psalm written by King David, who understood greatly the magnitude of God’s blessings in his life, outlines almost line by line, the varied, vast benefit package offered in God. We will discover what is available for each of us and that it all comes from the One that is able to provide without fail and just as importantly, who wants to give to us. How do we obtain them – it is through our relationship, with Him, our Heavenly Father.**

**Of note – the praise hymn – “O Bless the Lord, My Soul” written by Isaac Watts, an English Christian minister, hymn writer, theologian and logician (he is credited with writing some 750 hymns) – recounts the wonderful blessings of GOD found in verses 1-5; these blessings range from love and mercy, to forgiveness and salvation from sin and death.**

## **PART 2**

**Let’s discover the wonderful benefits we find in this Psalms**

- 1) What does the writer King David remind us about GOD in this Psalm?**
- 2) What does it offer the believer?**
- 3) What does the writer instruct the reader to do in the first two verses?**
- 4) The Hebrew word for bless is \_\_\_\_\_ – which is related to the word \_\_\_\_\_**
- 5) What else does the writer instruct the reader to put into practice?**
- 6) What does the writer indicate to us about God?**
- 7) In verse 5 what imagery does David use to express the renewed strength or vigor He receives from the Lord?**

8) List the benefits we find in verses 3-6

9) Benefits of verses 7-12

10) Benefits of verses 13-18

11) In verse 14 what important thought does the writer share with us?

12) What does verse 19 tell us about GOD?

13) In the final verses – the psalmist writes to tell who should appreciate these benefits?

14) The writer tells us to \_\_\_\_\_ God – (another way of saying to bless GOD); In praising Him – We

a) \_\_\_\_\_ all that He has done for us and \_\_\_\_\_

b) Show forth our reverence or \_\_\_\_\_ and \_\_\_\_\_ for Him

c) Seek to be obedient – obeying His \_\_\_\_\_

d) Seek to \_\_\_\_\_ and \_\_\_\_\_ His will

15) What does the knowledge of His benefits recorded in this Psalm do for you?

**\*From Jesus' day until the present the Jewish people have had a tradition of saying numerous short prayers throughout the day called "blessings." These prayers focus on GOD as being the source of all blessings. In the most ordinary things, they found ways of praising GOD. For example: when the first flowers were seen on the trees in the spring, they said: "Blessed is He who did not omit anything from the world, and created within it good creations and good trees for people to enjoy!" Even Jesus prayed these prayers of blessing, following the customs of His day.**

**Continually praising God for His good gifts reminds us that the world is saturated with GOD's presence and that we are under His constant care. \***

\*(En-Gedi Resource Center)