

# THE QUEENS MINISTRY

## BIBLE BREAKFAST FELLOWSHIP

### LESSON: So Stand Firm in the LORD!

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“Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends.” Philippians 4:1 (NIV)

#### In This Way!

The writer Paul, an Apostle to the Gentiles, writes this letter to the Philippian Church to encourage, instruct and even rebuke the members, as he also shares with them his love and joy in knowing them, as well as his desire to see them.

In this section of the letter, in the first half, we see that Paul has listed several items in closing that he wants the church to concentrate on. He tells the readers to:

**Be United, Joyful, Exemplary (a good example), Prayerful and Check your Thinking!**

As we revisit this chapter of Philippians, we will look at the things that Paul wants us to put into practice in our Christian walk, in our daily living.

#### Philippians 4:1-9 (NKJV)

Therefore, my beloved and longed-for brethren, my joy and crown, so stand fast in the Lord, beloved.

<sup>2</sup>I implore Euodia and I implore Syntyche to be of the same mind in the Lord. <sup>3</sup><sup>[a]</sup>And I urge you also, true companion, help these women who labored with me in the gospel, with Clement also, and the rest of my fellow workers, whose names *are* in the Book of Life.

<sup>4</sup>Rejoice in the Lord always. Again I will say, rejoice!

<sup>5</sup>Let your <sup>[b]</sup>gentleness be known to all men. The Lord *is* at hand.

<sup>6</sup>Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; <sup>7</sup>and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

<sup>8</sup>Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things. <sup>9</sup>The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

**Part 1: [Be United](#)**

- 1) Paul instructs the believers to be united, to work in \_\_\_\_\_. And to guard against those things that will cause \_\_\_\_\_
- 2) In verse 2 he tells them be of the \_\_\_\_\_
- 3) He also encourages others that may not be a part of the \_\_\_\_\_ to help them get pass this confrontation and to help them to keep on \_\_\_\_\_
- 4) Paul was encouraging this restoration of the relationship because he saw them as \_\_\_\_\_ and possibly to remind them that others are \_\_\_\_\_ how they behave.
- 5) He wanted the church to live in \_\_\_\_\_ as a community of believers who are part of the body of Christ. “So we, being many, are one body in Christ, and individually members of one another.” Romans 12:5
- 6) 1 Corinthians 1:10 \_\_\_\_\_
- 7) Colossians 3:14 \_\_\_\_\_
- 8) Psalms 133:1 \_\_\_\_\_
- 9) Ephesians 4:3 \_\_\_\_\_
- 10) Amos 3:3 \_\_\_\_\_

**Part 2: [Be Joyful](#)**

- 1) In verse 4 Paul tells the readers to be joyful or to \_\_\_\_\_ in the Lord
- 2) He is saying take \_\_\_\_\_; take \_\_\_\_\_ in Him; enjoy being connected to Him
- 3) He was so excited and sure about this that he told them \_\_\_\_\_
- 4) The Bible reminds us that there is a \_\_\_\_\_ in knowing GOD; in being in \_\_\_\_\_ with Him
- 5) Psalms 13:5b \_\_\_\_\_
- 6) Psalms 68:3 \_\_\_\_\_
- 7) Psalms 37:1 \_\_\_\_\_
- 8) John 15:11 \_\_\_\_\_
- 9) Jeremiah 15:16 \_\_\_\_\_
- 10) Think about it – what brings you joy in knowing GOD \_\_\_\_\_ (write down one thing you recall that brings you joy in knowing Him)

**Part 3: [Be Exemplary](#)**

- 1) Paul tells the readers in verse 5 to be an \_\_\_\_\_ of Christ living in you.
- 2) Let your \_\_\_\_\_ spirit be known to \_\_\_\_\_ people
- 3) He is telling them to show forth graciousness, \_\_\_\_\_ and \_\_\_\_\_ and tolerance and \_\_\_\_\_
- 4) In other words – he is saying exhibit the \_\_\_\_\_ of the Spirit in your life  
 Let \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
 \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
 \_\_\_\_\_ shine forth in your life (Galatians 5:22-23)

- 5) Paul reminds them that the \_\_\_\_\_ is \_\_\_\_\_
- 6) Ephesians 5:1-2 \_\_\_\_\_
- 7) 2 Peter 1:5 \_\_\_\_\_
- 8) Psalms 41:12 \_\_\_\_\_
- 9) Ephesians 4:32 \_\_\_\_\_
- 10) 1 Peter 3:8 \_\_\_\_\_

**Part 4: Be Prayerful**

- 1) Prayer is important in the life of the believer – we are encouraged to pray always.
- 2) Paul here in verse 6 is telling the church to not \_\_\_\_\_ or \_\_\_\_\_ over the challenges or issues of life;
- 3) But in every situation or circumstance, use prayer to seek the \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ of God; Paul is telling us that Prayer \_\_\_\_\_
- 4) He also tells us that prayer should be filled with \_\_\_\_\_
- 5) And to make specific \_\_\_\_\_; we can tell GOD what we need
- 6) With our desire to share our needs to GOD – He will bless us with \_\_\_\_\_
- 7) This blessing will \_\_\_\_\_; it will transcend all \_\_\_\_\_; and it will \_\_\_\_\_ over your hearts and your minds in Christ Jesus
- 8) John 16:33 \_\_\_\_\_
- 9) 1 Thessalonians 5:17 \_\_\_\_\_
- 10) 1 Timothy 2:8 \_\_\_\_\_
- 11) Think about it: How have you seen the changing power of Prayer in your life?

**Part 5: Check Your Thinking!**

- 1) Paul ends this section of the letter by saying finally – do this: think on these things
- 2) He lists several attributes that we need to hold firmly to in our thought process:
  - a) Whatever is \_\_\_\_\_
  - b) Whatever is \_\_\_\_\_
  - c) Whatever is \_\_\_\_\_
  - d) Whatever is \_\_\_\_\_
  - e) Whatever is \_\_\_\_\_
  - f) Whatever is \_\_\_\_\_
  - g) Whatever is \_\_\_\_\_
  - h) Whatever is \_\_\_\_\_
- 3) He tells us not only to think on these things, but to \_\_\_\_\_ on them.
- 4) To center our \_\_\_\_\_ on them and allow the Holy Spirit to implant them in our \_\_\_\_\_
- 5) Replacing our bad or inappropriate thoughts will continually allow us to be \_\_\_\_\_ in our minds. And gives us a better outlook and focus on our lives.
- 6) Ephesians 4:23 \_\_\_\_\_
- 7) Philippians 2:5 \_\_\_\_\_
- 8) Romans 12:2 \_\_\_\_\_
- 9) Psalms 119:15 \_\_\_\_\_
- 10) 2 Corinthians 5:17 \_\_\_\_\_

### **Anonymous Quote:**

**Watch your thoughts, for they become your words.**

**Watch your words, for they become your actions.**

**Watch your actions, for they become your habits.**

**Watch your habits, for they become your character.**

**Watch your character, for it becomes your destiny.**

### **Be United, Joyful, Exemplary, Prayerful and check your Thinking!**

**Paul is reminding us in this letter that we can be all that GOD has called us to be in Christ Jesus when put forth due diligence and obedience.**

**He is reminding us to put off the old man and old way of thinking and be renewed in our hearts and minds and walk in the new creation that we are. It takes work – but we can do it with the Holy Spirit' guidance and leading.**

**Colossians 3:10 says – “And have put on the new (spiritual) self who is being continually renewed in true knowledge in the image of Him who created the new self.” (AMP)**

### **Think about it:**

**What have you gained from this lesson that you would be willing to share with someone else?**

**Which section (Be united, joyful, exemplary, prayerful, check your thinking) do you feel you could work harder at?**

**Write a short poem or a statement about being united, or being joyful, or being exemplary (an example), or being prayerful or having positive thinking.**