

# LIVE FULL!

## “If Not Full – Then What?!”

### NEW YORK METRO STATE CONFERENCE

SEPTEMBER 2022

Elder Mary Ellis – Facilitator

---

#### Part 1 - Introduction:

The objective of this lesson is to explore what it means to **Live Full**, spiritually. We will reflect on the questions: **How can we live full? Are we living full? And if we're not – then what is the alternative?**

---

In defining this word, we see that it connotes similar words such as – vacant, unoccupied, deserted, unfilled, or void.

Normally, people don't want to live in that manner – and will continually seek to refill their lives, their lack, or their depleted supplies.

But be mindful of this – **WATCH WHAT YOU FILL UP WITH!**

It's important to remember – **don't be filled with just anything or try to replenish our lack with any and everything.** The Bible talks to us about being filled with Spirit, the Spirit of God; to be filled with His love, wisdom, mercy, and forgiveness. Traits we can imitate from our Heavenly Father.

We also see that to **Live Full**, does not mean that we have all that we want. It doesn't mean that there won't be difficulties and challenges, or trials. To **Live Full** does not mean that we have great material possessions, wealth, fame and fortune, success, or status; - not that these things are wrong to have, but when they become a priority, the main focus and usurp God's place in our lives, then they become detrimental to the believers' quest to **Live Full**.

#### Part 2 – How can we Live Full?

Jesus speaks to us in John 10 with these words: **“I came so that they could have \_\_\_\_\_ indeed, so that they could have \_\_\_\_\_ to the fullest.”** 10:10

The Hebrew word for life is \_\_\_\_\_ or \_\_\_\_\_

In John 10:10 – whom does the Bible identifies as the one that wants to cancel our obtaining this abundant life? \_\_\_\_\_

Jesus tells us that the life He gives will do what? \_\_\_\_\_

Jesus calls Himself the \_\_\_\_\_

What does the enemy of our soul want to do? \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

In these passages of scripture – John 10: 1-11, what animal does the Bible assign to believers? \_\_\_\_\_

Why do you think believers are referred to as this animal? \_\_\_\_\_

What did Jesus indicate was His purpose for the flock? \_\_\_\_\_

**Reflect on Psalm 23.** Does it now hold a different meaning for you? Which one of the 6 verses, holds a special meaning to you?

**Part 3 – What does the “Live Full” life look like?** (Characteristics / habits we can work on and develop)

- 1) Have Faith in God
- 2) Seek to know His voice – to learn obedience
- 3) Live with a heart and attitude of gratitude and thanksgiving
- 4) Reflect on His goodness
- 5) Trust God – Know that He is Able
- 6) Recognize His faithfulness
- 7) Stay rooted in His love
- 8) Meditate on His Word
- 9) Get wisdom
- 10) Continue to abide in Him
- 11) Stay connected to the community of believers
- 12) Make Prayer an ample part of your “Live Full” life

**Part 4 – Summary**

To Live Full starts with \_\_\_\_\_

Jesus knows each of us fully and has our \_\_\_\_\_ at heart.

List three items of benefits we find as sheep with Jesus as Shepherd:

\_\_\_\_\_

**We can Live Full :**

- FILLED WITH HIS AMAZING, ABUNDANT, UNCONDITIONAL, UNLIMITED, GRACE, MERCY AND LOVE ENJOYING THE RICH, VIBRANT LIFE HE OFFERS
- COMMITTING A LIFE TO JESUS CHRIST THAT OFFERS FORGIVENESS, HEALING, FREEDOM FROM DESTRUCTIVE HABITS AND SATISFACTION
- CONNECTED TO A POWER SOURCE THAT NEVER BURNS OUT, NEVER RUNS DRY, NEVER GETS EMPTY

**We pray this for you in your quest to Live Full:**

*“I pray that from His glorious, unlimited resources He will empower you with inner strength through His Spirit... And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep His love is.*

*May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.” Eph. 3: 16, 18-19 (NLT)*

**10** "I tell you the truth, anyone who sneaks over the wall of a sheepfold, rather than going through the gate, must surely be a thief and a robber! **2** But the one who enters through the gate is the shepherd of the sheep. **3** The gatekeeper opens the gate for him, and the sheep recognize his voice and come to him. He calls his own sheep by name and leads them out. **4** After he has gathered his own flock, he walks ahead of them, and they follow him because they know his voice. **5** They won't follow a stranger; they will run from him because they don't know his voice."

**6** Those who heard Jesus use this illustration didn't understand what he meant, **7** so he explained it to them: "I tell you the truth, I am the gate for the sheep. **8** All who came before me<sup>[a]</sup> were thieves and robbers. But the true sheep did not listen to them. **9** Yes, I am the gate. Those who come in through me will be saved.<sup>[b]</sup> They will come and go freely and will find good pastures. **10** The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.

**11** "I am the good shepherd. The good shepherd sacrifices his life for the sheep. NLT

## **Parable of the Good Shepherd**

**10** "I assure you *and* most solemnly say to you, he who does not enter by the door into the sheepfold, but climbs up from some other place [on the stone wall], that one is a thief and a robber. **2** But he who enters by the door is the shepherd of the sheep [the protector and provider]. **3** The <sup>[a]</sup>doorkeeper opens [the gate] for this man, and the sheep hear his voice *and* pay attention to it. And [knowing that they listen] he calls his own sheep by name and leads them out [to pasture]. **4** When he has brought all his own *sheep* outside, he walks on ahead of them, and the sheep follow him because they know his voice *and* recognize his call. **5** They will never follow a stranger, but will run away from him, because they do not know the voice of strangers." **6** Jesus used this figure of speech with them, but they did not understand what He was talking about.

**7** So Jesus said again, "I assure you *and* most solemnly say to you, I am <sup>[b]</sup>the Door for the sheep [leading to life]. **8** All who came before Me [as false messiahs and self-appointed leaders] are thieves and robbers, but the [true] sheep did not hear them. **9** I am the Door; anyone who enters through Me will be saved [and will live forever], and will go in and out [freely], and find pasture (spiritual security). **10** The thief comes only in order to steal and kill and destroy. I came that they may have *and* enjoy life, and have it in abundance [to the full, till it overflows].

**11** <sup>[a]</sup>I am the Good Shepherd. The Good Shepherd <sup>[a]</sup>lays down His [own] life for the sheep. AMP