# Fully Catered Lunch & Snacks

Lunch and snacks are prepared in the Richmond Hill Country Club banquet kitchen under the supervision of the executive chef.

All food is healthy, nutritious, peanut-free and kid friendly. Vegetarian and gluten-free meals can be arranged.

# **Snacks**

Campers will receive a pre-packaged, healthy snack daily. Snacks consist of a fruit or vegetable, a dairy and a treat. Examples of the healthy snacks we serve are:

- fruit of the day
- yogurt tube
- cheese strings
- veggies and dip
- granola bars
- goldfish crackers

Campers will also receive a popsicle at the end of each day, as well as once a week the campers will have the opportunity to enjoy a mocktail at our poolside gazebo.

# Lunch

The cost for lunch and snacks is included in the camp fees and consists of hot and cold food. We have scheduled the menu in a two week rotation so children don't get bored with the same lunches.

Sample Lunch Menu - Week 1

#### **MONDAY**

Chicken on a bun, hash brown potatoes, chocolate chip cookie

# **TUESDAY**

Penne with white cheese, bread roll, brownie

# WEDNESDAY

Chicken fingers, hash brown potatoes, chocolate chip cookie

## **THURSDAY**

Hamburger on a bun, hash brown patties, rice crispy square

#### **FRIDAY**

All beef hot dogs on a bun, half corn on the cob, chips

Sample Lunch Menu – Week 2

#### **MONDAY**

Chicken souvlaki (white meat) on a pita, diced tomato & cucumber, rice crispy square

#### **TUESDAY**

Spaghetti with meat sauce or butter, bread roll, brownie

# **WEDNESDAY**

Chicken fingers, hash brown potatoes, chocolate chip cookie

## **THURSDAY**

Individual cheese pizza, Caesar salad (no bacon), chocolate pudding

# **FRIDAY**

All beef hot dogs on a bun, half corn on the cob, chips

Menu subject to change without notice

In the event that your child does not like the lunch for the day, freshly made dairy sandwiches are available daily.