

Fully Catered Lunch & Snacks

Lunch and snacks are prepared in the Richmond Hill Country Club banquet kitchen under the supervision of Executive Chef Kim Wong.

At Richmond Hill Country Club Day Camp, we provide a nut aware camp environment. This means we do not serve food with nuts or nut products.

Our meals are designed to be healthy, nutritious and kid-friendly, each meal contains a **serving of vegetables**. Vegetarian and/ or gluten-free meals can be arranged.

Snacks

Campers will receive a pre-packaged, healthy snack daily. Snacks consist of a fruit or vegetable, a dairy and a treat. Examples of the healthy snacks we serve are:

- fruit of the day
- yogurt tube
- cheese strings
- veggies and dip
- granola bars
- goldfish crackers

Campers will also receive a popsicle at the end of each day, as well as once a week the campers will have the opportunity to enjoy a mocktail at our poolside gazebo.

Lunch

The cost for lunch and snacks is included in the camp fees and consists of hot and cold food. We have scheduled the menu in a two week rotation so children don't get bored with the same lunches. All meals include a dessert and a serving of vegetables.

Sample Lunch Menu – Week 1

MONDAY

Chicken on bun, Diced potatoes
Carrots and dip

TUESDAY

Penne with Alfredo, Roll
Pepper slices and dip

WEDNESDAY

Chicken fingers, Diced potatoes
Celery and dip

THURSDAY

Cheese Tortellini or with tomato sauce,
Roll, Cucumber and dip

FRIDAY

Cheese Pizza, Corn on the cob
Caesar salad

Sample Lunch Menu – Week 2

MONDAY

Hamburgers on a bun, Diced potatoes
Carrots and dip

TUESDAY

Beef Tacos, Lettuce, Diced veggies
Pepper and dip

WEDNESDAY

Breaded chicken wrap with cucumber,
Diced potatoes, Diced cucumber

THURSDAY

Penne Pasta with Rose Sauce and chicken,
Roll, Caesar salad

FRIDAY

Fried Rice with Chicken and diced
vegetables, Watermelon

Menu and/or order of meals subject to change without notice

In the event that your child does not like the lunch for the day, freshly made sandwiches are available daily (ex: cheese, jam, or turkey)

*vegetarian/ lactose free meals can be arranged in advance through the Camp Director

*we are able to accommodate many, but not all, dietary requirements.

If you have questions, please contact the Camp Director.