

FULLY CATERED LUNCH + SNACKS

Freshly prepared. Kid-friendly. Included in your camp fee.

INCLUDED

CHEF

Chef-Prepared Lunch

Prepared in the RHCC banquet kitchen

2x

Two Daily Snacks

Morning + afternoon

NUT

Nut-Aware Camp

No food with nuts or nut products

WHAT'S INCLUDED

Every camper receives lunch plus two snacks each day. Meals are designed to be nutritious, familiar and kid-friendly, with both hot and cold lunches throughout the session.

FLEXIBLE OPTIONS

Sandwiches (cheese, turkey, jam or wow butter) are always available as an alternative to the daily meal

SNACK TIME

Fruit / Veg

Yogurt

Granola Bars

Goldfish

Cheese Strings

Treat

Plus a popsicle at the end of each day and a weekly poolside mocktail.

SAMPLE TWO-WEEK LUNCH MENU

Menus may change.

WEEK 1

MON

Chicken burger

Diced potatoes + celery

TUE

Penne Alfredo

Garlic bread + peppers

WED

Chicken fingers

Diced potatoes + cucumber

THU

Pasta with rosé sauce

Garlic bread + carrot sticks

FRI

Cheese pizza

Corn on the cob + watermelon

WEEK 2

MON

Hamburger

Diced potatoes + celery

TUE

Beef tacos

Lettuce, tomato + salsa

WED

Chicken on a pita

Diced cucumber

THU

Penne Pollo with Tomato Sauce

Roll + pepper slices

FRI

Hotdog

Home Fries and Salad

DIETARY REQUIREMENTS?

Vegetarian, lactose-free and gluten free meals can be arranged in advance through the Camp Director. Please contact the Camp Director regarding accommodations or other dietary requirements.

Freshly prepared • Two daily snacks • Lunch included • Nut-aware environment