



Community Magazine

UPWELL ST PETER'S CHURCH

Will open its doors for its 64th annual flower festival on Friday 22nd, Saturday 23rd and Sunday 24th June, 10am – 6pm, free admission.



Preparations will be in full swing from Wednesday with the theme of *"All things bright and beautiful"* and hopefully everything in place for opening on Friday morning. Raffle tickets, tea, coffee, and cake will be available each day from 10am.

Friday evening there will be a musical concert of folk, country and 60s music with Malc and friends. Tickets including a finger buffet are £8.00. To book your tickets contact Ros 01945 773604, Daphne 01945 772171 or Peter 01945 772630.



Saturday morning 10am coffee morning with various stalls.

Sunday evening Songs of Praise 6.30pm followed by raffle.

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Upwell Sisterhood

The Sisterhood, held in Upwell Methodist Church Hall, was started eighty years ago by Mrs. Wanless, wife of the Minister here at the time, with an inaugural membership of thirty five. The ladies meet every fortnight and are usually entertained by speakers, covering a wide range of interesting subjects, followed by tea and biscuits. The tea, coffee and milk have always been provided by Dorothy Young and other members have supplied biscuits. The meetings always start with a hymn, accompanied on the piano by Shirley Wilcox, until a stroke prevented her from doing so and Diana Burling took over.

As well as enjoying a convivial afternoon together, the ladies have also thought of the needs of others and held a very popular annual auction to raise money for the Children's Society.

The Sisterhood's anniversary was celebrated every year with a tea – sandwiches, cakes, trifle and jellies etc. which took all morning to prepare, until one year Margaret Barnard suggested they have fish and chips instead. This idea was greeted with enthusiasm and she and Dorothy Young went to collect them; but for the last two years Diana Burling has cooked them a lovely dinner instead.

The above information was given to me by Margaret Barnard, always affectionately known as 'Barney,' and it is appropriate to say a few word here about Barney's contribution to The Sisterhood. Thirty years ago she walked over the footbridge from her home just the other side of the river to join the group in the Methodist Church and remembers receiving a very warm welcome. In those days they all called each

other 'Mrs'.....until one day a lady said, 'my name is Freda,' and Christian names were used after that.

The Sisterhood has meant a great deal to Barney for the last thirty years during which time she has served as both Treasurer and Secretary. Her caring for individual members of the group has not gone unnoticed as she has always sent birthday cards, a handkerchief, get well cards and even flowers for special birthdays.

She promised to serve the group for as long as she could and, as a significant milestone has now been reached, she has retired, although somewhat reluctantly. However, she got a surprise at their recent AGM when she was presented with a beautiful bouquet and informed that she is to be their President with no specific duties, but they would love to see her at any of their meetings she feels able to attend. The group is also adopting a new name; it will now be called The Fellowship Group and is open to all. Barney is delighted to accept the role of President and wishes the group every success in the future.

Footnote: I have been privileged to be invited to speak at The Sisterhood eight times and am grateful to them for keeping me on my toes – thanks to them I now have eight different talks to take to other groups! They are a warm and discerning audience, and I have never failed to be impressed by their friendliness and sheer stamina, battling through all weathers to share fellowship together – quite a blow for daytime television! I would like to add my good wishes to Barney's and hope they go from strength to strength in the coming years.

Sylvie Short

Copy Date for Autumn Edition is Friday 24th August



FROM THE CHAIRMAN

Dear All,
 Welcome to the summer edition of your community magazine. This is the last year of this Council's time in office and for the last time I was re-elected Chairman at last month's AGM with Richard Melton as Deputy. A new council will be elected in May 2019. So new faces will be particularly welcome at meetings, as Council needs new people to get involved, with new ideas and to take a fresh look at what we do and the way we do it. There is no need for involvement

to be particularly time consuming or demanding. There are 13 members and what we do covers a wide range of responsibilities so that there should be areas of interest to suit – you! Please come along or get in touch with any one of the current members to find out more.

Here are the points I reported at the Parish Assembly:

- Slight increase in precept for 2018/19 (2%). The first one since 2011.
- The riverbank opposite Church Bridge Staithe and between the mooring and the bridge has been cleared of overgrown vegetation.
- A new footpath has been installed at Newbridge Road (50/50 funding between the parish council and Norfolk County Council).
- Three new schemes for 2018/19 have been successful via the Norfolk County Council Parish Partnership Scheme, 1) a new dedicated static SAM2 camera for the parish, 2) a new bus shelter for the junction of Townley Close and New Road and 3) a dot matrix sign for the Upwell side of the dangerous bend along the A1101 at Tointons Road/Green Road.
- Neighbourhood Plan continues to be progressed. The plan will be based on the consultation process and run to 2038, limiting development and protecting the parish from 'predatory' planning applications should the Borough find

itself with a lack of a five year supply of housing land again. The plan is currently being screened to determine if a *Strategic Environmental Assessment* is required.

- Considerable savings from replacing the sodium footway lights with LEDS are now being achieved.
- The groundsman continues to keep the villages as tidy as possible, emptying litter bins, cutting grass and gritting the car park at Townley Close which serves the Health Centre.
- A possible new venture for 2018/19, taking over the management of the cemetery at St. Peter's Road from the Borough Council.
- The Community Magazine continues to be well received providing residents with quarterly updates on local issues/initiatives.
- The Accounts for 2017-18 are printed on Page 3.

A point I would like to pick up on is the management of the Cemetery. The Borough are very keen for the Parish Council to take over general maintenance and Council has voted in principle to do so. Richard Melton is currently trying to find a suitable contractor to cut the grass and do the heavy work but Vivienne Spikings suggested that volunteers might be interested to help with light gardening and general tidying and that a 'Friends of the Cemetery' group could be formed for this. If you are interested please get in touch with either Vivienne or me.

Lastly Neighbourhood Planning. Historic England and KLWNBC have decided that a Strategic Environmental Assessment will be needed and this is being progressed. The sites put forward to the 'call for sites' in the Spring magazine will be independently assessed and there will be a consultation evening later in the summer when you will be able to see the results, along with a list of 'green spaces' that will be identified and protected by the Plan.

Closing with thanks to contributors, distributors, advertisers and Editor, Steve Calton, the copy date for the Autumn Edition will be Friday 24th August. (Copy dates are being brought forward to make it easier to get the Winter magazine out before Christmas).

Kind regards,

Prue Lester

Upwell and Outwell Age Concern Luncheon Club.

By the time you read this the Upwell and Outwell Age Concern Club will have celebrated their 30th Anniversary with a special lunch for members and visitors.

Formed thirty years ago as a community project the club meets fortnightly on a Tuesday in The Upwell Methodist Church Hall on Town Street.

We do not have a membership fee and welcome anyone of pensionable age to the club. Several of our members attend and enjoy lunch with their carers (always welcome – especially if they are prepared to give a hand collecting plates or handing out teas!) whilst others like to spend time chatting to other members on their own.

As some of our members have difficulty with their mobility we arrange subsidised transport to and from the club for the residents of Upwell and Outwell and the surrounding villages using a Norse minibus and can provide facilities for anyone using walkers and wheelchairs.

We serve a hot two-course lunch at just after 12 noon with tea and coffee afterwards and the chance to have a chat and relax in informal surrounding with other residents of the villages and surrounding parishes.

The committee understand that it can sometimes be very difficult for someone to go somewhere new on their own so our volunteers now offer to visit anyone thinking of coming along beforehand for a chat and a cuppa so that there is a familiar face to welcome them or even perhaps bring them along that first time.

For further information on our club please contact Jackie Scotten on 07584 735805 or 01945 880631.

Email: jackiescotten51@gmail.com

Or

Pearl Willcox on 01945 537039 or 07516 537039.

Email pearl_willcox@btinternet.com

UPWELL PARISH COUNCIL

Summary of Receipts & Payments year ending 31st March 2018

2016-2017		2017-2018
£	<u>RECEIPTS</u>	£
33970	Precept	34747
2330	Council Tax Support Grant	1553
17584	Allotments - Agricultural & Garden	16242
7283	Village Hall	7268
17	Bank interest	2
2490	Adverts/Newsletter	2910
546	Recharges (training, salt for grit bin)	374
0	SWALEC refund	285
0	Grants	5426
3137	VAT	2148
67357	TOTAL RECEIPTS	70955
	<u>PAYMENTS</u>	
8584	Salary	8649
180	Payroll	180
217	Expenses	333
428	Audit fees	428
218	Stationery	279
3786	Bank/Loans	3783
8076	Allotments	7715
7314	Parks	3840
0	Dog Waste Collection	811
10655	Village Hall	9147
22	Security	198
250	Training	210
279	British Telecom	368
6928	Street lights	12599
2659	Insurance	2120
20	S137 payments	20
250	Donations	250
2778	Advertising/Newsletter	2246
606	Subscriptions	445
0	Highways	100
0	Neighbourhood Plan	3892
0	War Memorial	90
	Car park at playing field	1758
7118	Other	528
2074	VAT	3713
62442	TOTAL PAYMENTS	63702
28690	Opening Balance	33605
67357	Plus total receipts	70955
62442	Less Total Payments	63702
33605	Total transferred to Annual Return	40858
	Represented by	
31976	Unity Trust Account 20281171 - Tailored account	38922
1629	Unity Trust Account 20281184 - Tailored deposit	1956
305	11069 United Trust Business 3 year bond - 20087975	313
0	Unpresented cheques	20
33605		40858

THE JAKINGS FAMILY

Just in case anyone hasn't heard, Colin and Janet Jakings are the managers of the Five Bells Inn. They recently returned from Majorca, where they had lived for 20 years.

Colin was brought up in Upwell. His parents ran a very successful general store on School Road, which sold just about everything. His Father had been an engineer with Hoover and his Mother's Father helped them to buy it. His Mother ran the drapery side and was a dressmaker as well, while his Father was a baker – up at the crack of dawn to make the bread – and a butcher. The shop was so successful that they turned the part of the building that was their home into additional floor space and built on at the back to provide extra storage and somewhere to live. Janet recalls their 40th wedding anniversary when the family organised a surprise party, intercepting the post to make sure the secret didn't get out and making a huge anniversary banner in the back yard. Those were the days! What are we missing? Once Tesco opened a supermarket in Wisbech, Colin's father saw the writing on the wall, sold the shop and retired. It was never the same again; the new owners didn't take the same interest and before long it was sold off and converted into a house.

Colin and Janet have known each other since they were children and went to school together at the secondary school, where Scholars' Way is now. The first home of their own was in Thorney. Colin worked as a mechanic at Perkins and Janet worked for South West Technical Products, making circuits for radios and televisions. There was one that only she could make, maybe because her hands are very small – but she remembers one was painted and tied with a ribbon and given to her as a wedding present.

When their children came along they moved back to Outwell and lived in a caravan while, with his brother Colin built 2 houses for their families on the main road just this side of what is now Outwell Timber but at the time was the carpentry business owned by Nev Johnson. Having taken redundancy at Perkins, Colin ran his own garage business from a building at the back of Nev's yard. He built the house there too. What was Janet up to? Well, she was working nights in a chicken factory and once they had a roof



over their heads, in the Co-op. How she managed with 2 small children is a wonder in itself.

They had always wanted to own a pub and when traditional motor engineering began to be replaced by early versions of computerised diagnostics Colin decided this was not for him and they started to look around... but quickly realising the disadvantages of being landlords in a tied pub, they looked further afield and saw the restaurant that they bought in Majorca advertised in a copy of Daltons Weekly. Three months later, in March 1998, there they were! It was an English restaurant, very popular with the people who spent

the winter out there to get away from the worst of the weather. They ran a lot of charity functions suited to the older people who were living in the 3 nearby hotels, quiz nights, horse racing, bingo and even a memorable beetle drive! For 14 years they did the full-on Christmas Day, with a single sitting for 85 people for Christmas Dinner at 1.00 p.m. followed by Father Christmas, games, a donkey derby, sing-a-longs and eventually karaoke. They only closed on 2 days a year: Boxing Day and New Year's Day. The summer, of course, was immensely hard work and eventually they sold the restaurant and Colin ran other businesses out there while Janet worked in an Irish Pub. They still have a son and his family out there, and it was a phone call from him to James Brighty, asking if the bedrooms at the Five Bells would be available one Christmas, that led to the conversation about managing the 'Bells. Janet particularly had had enough of the heat and they returned last autumn. Getting the pub ready to open has been very hard work but it has been a huge success. From day 1 on the Friday before Easter it has been packed. It is very popular as a meeting place, reunions for people who have not seen each other for years are frequent, helped of course by the Managers who know everyone from way back and went to school with most of them. Four bedrooms are now open and bookings coming in. The Lodge will open in July, offering additional accommodation, and it has been decided that the kitchen needs to be extended before the restaurant can open later in the year. By Christmas? So I'm told – and I hope they keep with the tradition and close on Boxing Day, it sounds as if a rest will be long overdue!

Prue Lester

Five Bells - The Restoration

When we purchased the Five Bells Inn from the receivers, our aim was to make sure it retained its character and its status as a local village pub. We also wanted to ensure it was refurbished to a high standard.

We knew from the start the pub was in a poor state and we needed a survey to understand what needed to be replaced. From this survey we discovered the whole building, both structurally and internally, needed a major overhaul. It was evident that the pub had only had cosmetic work over the past 40 years.

A brief description of the state of the property:
The building had leaky roofs, windows and doors, damp and decay in the whole building, water running down the walls internally, ceilings caved in, gas leaks, unsafe electrics, faulty fire alarm, blocked sewers & no insulation. This isn't the extensive list - just the major works identified on the initial survey.

The jobs listed above formed the first part of the restoration project.

The major costs for this project were as follows: full electric rewire, replace heating and water systems, total kitchen refit, full Bar refit, tables and upholstery, cellar refurbish with all new refrigeration units and pumps, windows and doors, garden furniture, CCTV camera systems, EPOS tills, en-suite bedrooms and main toilets. It was important to us to use local contractors for the restoration. We would like to thank them all for their hard work.

Due to the extra work needed and our other business commitments, it has taken longer than we anticipated. However we are happy with the results and the pub is now trading.

It has been very rewarding after all the effort to see the place back to life again and being used by such a wide range of people from the village and surrounding areas. We would like to thank Colin, Janet and the team for doing a fantastic job.

Chris Robinson



Hi! My name is Jamie, and I am the leader of fire patrol. I am here to tell you about all the activities we have been doing at 12th Wisbech Scouts. Firstly, we have been doing some very important first aid on people using bandages, C.P.R and even mouth to mouth! But don't worry, they are only dummies.

We have also been doing some outside cooking with potatoes, toffee apples and even some chocolate oranges, yum! We have been practising our tent pitching or, you could say, testing our pitching skills. We were basically putting up all our tents to teach the younger Scouts how, and make sure they are all good to go on our summer camp coming up soon.

As well as tent pitching and baking, the whole colony of Beavers, Cubs and Scouts, attended the St Georges Day Parade. You might have seen us walking down the road, from The Outwell Methodist Church to St Clement's Church where we had a short ceremony.

Recently we have become pen pals with another scouting group from Slovakia, so we have been trying their foods and playing their favourite games! We have also been taught how to make some pioneering gadgets like washing up stalls, chairs and tripods. The week before last we had a film night, and we all sat down to watch Beauty and the Beast. It was a good film although the romantic parts weren't really my favourite bits! I can't wait to see what our leader has planned for us next.

Thank you, Christine, for doing all these amazing activities for us.

Jamie Bambridge



Scouts is completely volunteer run and we need your help! If you or someone you know wants to help young people in your community benefit from the scouts association come along on Wednesday evenings 6:00pm-8:00pm to find us on Facebook just search 12th Wisbech scouts.

4th Upwell Village Yard Sale

Sunday 1st July, 2018 8.00a.m. to 2 p.m.

This is how it works –

You register your home address with us for a pitch fee of £5.00.

We will put your address on our yard sale map listing.

The maps will be available throughout the village and available for down-load from Friday 29th June from www.upwellparish.com

Please book your pitch by 15th June 2018

For more information and forms to register, please contact:-

Linda Carr 01945 774145 or lcarr182@btinternet.com

Last year's Yard Sale was again a great success; over 60 homes took part. We would like more of the village to take part this year, so please join us and make money from the things you no longer need.

You do not have to leave your home just step outside and make money.

Sounds Familiar 1968 – 2018



Local 60s band Sounds Familiar played their final “gig” on 10th February at Upwell Hall for Upwell Playing Field Committee’s Valentine Dance.

The band started out in 1968 as the Laurie Brown Trio, with Brian Warner on organ, Ian Notley guitar, Pete guitar and Ellis on drums. After a while both Ellis and Pete dropped out but along came Buster Turner on drums and vocals. Travelling around the counties playing 60s music they were joined by John Turner on bass. So now the name needed to change as they were never were a trio and no one knew who Laurie Brown was! After a discussion which lasted all of ten minutes I am led to believe Buster suggested Sounds Familiar. In 1973 they were joined by Malcolm Shorting on rhythm guitar.

Over the years the band has supported such famous names as **Bert Weedon, Dave Dee Dozy Beaky Mick and Titch, Wayne Fontana, Gideon Park, Herman’s Hermits, The Searchers, Edison Lighthouse, The Tremeloes, Joe Loss Orchestra and several more.**

Sadly in December 2006 Brian passed away; the four carried on until March 2013 when John passed away. After a short break, Ian, Malcolm and Buster got back on stage at Upwell Hall in August 2013 - Malcolm this time playing bass guitar. I am sure lots of you have heard them, danced to their good old 60s music and enjoyed a thoroughly good time playing for Upwell Cricket Club, Oddfellows, New Year’s Eve Upwell Hall, Hudson Centre Wisbech, Sunset Rooms Wisbech St Mary, Parkway Peterborough, Isle College Wisbech for BRSA, Gliderdrome Boston, Boston West Golf club plus many more village halls – and sometimes playing a straight hour or two without a break - bands nowadays usually play 45 minute spots! They decided to hold a party at Upwell Hall, even though Ian lives in Wisbech (but has been known to say “I like it here”). Event organisers, friends, families, including grandchildren, heard them play for the last time together on April 21st. The end of an era and a big part of my life. For me as an organiser having to find bands for events, who is out there now that plays rock and roll? **Thank you, boys. X**



THE GREEN FINGERS GARDENING CLUB

After a winter that seemed as if it was never going to end we had a spring that seemed as if it was never going to start. We were due to go on an outing in March but that particular weekend was just about the worst, weather wise, so it had to be cancelled.

However, spring has arrived at last. The birds are singing and the sun is shining and everything in the garden is lovely.

We had some very good speakers at meetings at the beginning of the year. Subjects included The Planting of Trees, the Rare Breeds Centre at Stow Bardolph and Growing Vegetables.

Instead of the usual meeting at Upwell Methodist Hall in May we went on a visit to Bank House at Marshland St James. The owners, Teresa and Andrew, made us very welcome and after looking round their beautiful garden we had tea and home made cakes on the patio. Teresa and Andrew open their garden for charity during the summer months and it is well worth a visit. The next date will be in August.

We will be in the hall as usual for our June meeting on the 19th and the speaker will be Peter Green, talking about Wicken Fen – Past, Present and Future. It will also be our annual Rose Competition.

We are going on an outing to Fuller’s Mill in Suffolk on the 9th September.

Future meetings include the Raptor Foundation on 17th July, our Summer Supper in August and on the 18th September Mike Petty will talk about the Ouse Washes.

Further details are available from Val Payne on 01945 772247. Give her a ring if you are interested. We would be pleased to meet you.

Daisy Hearnden

Are you 65 or over? Need information or advice on things to do, getting out and about, staying safe and well or caring for someone, then...



Living Independently in Later Years
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- 3 Worried about the wellbeing of your family should the unexpected happen?
- 4 Have you taken out life insurance or an income protection policy in the last 5 years?
- 5 Have you invested money into an investment or pension without a review from the provider in the last 6 months?
- 6 Do you like the thought of a flexible advice service that can fit around your lifestyle and meet your needs?

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For a free initial meeting contact: **Colin Frear**

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Sonic House, West Walton, Walsby, Lincoln PE14 7SD

The value of investments and pensions can fall as well as rise, and you could get back less than you invested.

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Upwell Parish Council



To Rent Garden Allotments

The Parish Council has a number of garden allotments to rent on its Stonehouse Road site.

Rent is £7.50 per year

Call for more information

TEL: 01945 774272



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UPWELL PLAYING FIELD COMMITTEE

Reg. charity 300425

Email: rosdshorting@talktalk.net

Tel. 01945 773604



Saturday May 12th saw our first **Horse and Pony Show** of the season – April's being cancelled due to inclement weather. With several new faces, turnout was good, more in-hand showing than ridden, but some lovely horses and ponies.

With fifteen classes, In-hand judge Paula Ryan found her champion in Joanne Macallum with her black and white Rocky and Reserve in-hand champion was Amy Bradford's Airyhope Oasis/Bumble shown by Pip Read. The ridden section was a little bit light in some classes but Judge



Jackie Girling and Rusty and Reserve Supreme Joanne Macallum and Rocky. Ridden judge Emma Jane Shouler.

Emma Shouler found her champion in Jackie Girling in the Heavy horse class with Rusty and Reserve ridden champion was young Rosie Brooker. Supreme Champion was Jackie Girling and Rusty and Reserve Supreme was Joanne Macallum and Rocky. Well done to all. Next show Saturday June 16th, sponsorship welcome (£10 per class).

Sponsorship for June, July, August and September has been received from Saracens Horse Feed, Russells Fresh Meats, Spangles Cleaning, Cherries Cattery, Neddies Rug Wash: thank you all.

Our **Party in the Park and Summer Fayre (Saturday/Sunday July 7th & 8th)** are fast approaching. We are looking for two more musical bands if possible. Should you wish to have a stall contact Christine on 01945 774060, or to provide us with your music contact Ros 01945 773604. Party in the Park will feature BBQ, Bar, music, candy floss etc., 6 – 11pm, Sunday Summer Fayre 11am – 4pm, raffle (first prize garden

furniture), afternoon teas, bbq, bar, Upwell Streetwise dancers, FUN dog show and some agility:- entries on the day with Liz Thorpe. Fenland Firestorm Flyball Team, vintage, classic vehicles two and four wheels, all welcome. Please contact Ros or Christine for entry forms (***we do need to know how many vehicles will be attending***). Also featuring face painting and henna tattoos, various stalls, etc. ***Raffle prizes welcome.***



CAR BOOT SALES – are held every Thursday on the field – we do say 8am sellers but our sellers are rather keen and are at the gate usually around 6.45am. I arrive approximately 7.15am. Refreshments and toilets are on site. Disabled parking with BLUE BADGE only on the field. **Dogs ON SHORT LEADS** with responsible owners please.

Further dates for your diary – Horse and Pony Shows, July 14th August 25th September 22nd.

Joint event with Upwell Bowls Club and Upwell Hall Family race night date to be confirmed. September/October.

Horse and Pony Show Presentation evening at Upwell Hall Saturday 27th October.

NOTE: Whilst Upwell Playing Field gates are open, car parking is for PATRONS of the Bowls Club, Playing Field and Village hall only.

GATES ARE LOCKED EVERY NIGHT at approximately 9.30pm. All hirers are instructed to lock the gates when they leave.

Please read the notice boards: There is a £25 charge to release your vehicle if it gets locked in.



We are approaching the last half-term, and I can't believe that the academic year has nearly finished. As always, the children have been busy learning and having fun...even wearing snazzy socks and blowing bubbles (year 4).

Royal Wedding – We had a lovely day celebrating the wedding, with children dressing up in red, white and blue. The highlight was Isabella Lawton (Year 1) winning the cake designing competition. She thoroughly enjoyed reproducing her design on the cake with the help of Mrs Goodrum.

Shared Reading - Mrs Fisher, English coordinator, has started shared reading. Children are supporting each other across the school to become confident readers. The older children hear the younger ones read and then they read to them. This is helping to develop a love of reading, and the older children are blossoming in how they are able to support and help others. This is something we will definitely be continuing next year.

Gardening Club – We have such wonderful outdoor space and want to extend outdoor learning. Some children do not understand where food comes from and we want them to be able to experience the whole growing process. However, as staff, our fingers are not very green. So we are looking for volunteers to help us run a gardening club either at lunch time or after school. Please contact the office if you are

able to volunteer some time and knowledge.

Sponsorship – We are looking for a company that would like to sponsor our football kit. Our parents have been fantastic and entered us into a competition which saw us winning a complete football kit. But now we would like to add our logo to the kit. If you are interested in sponsoring the Upwell Academy football kit please contact the office by email or phone (see below)

Curriculum – We have been working hard to redesign our curriculum for the coming academic year, so that it is fun and engaging for children, staff and parents. However, plans remain top secret! We can't wait to launch our new curriculum with the children on 12th July, the first of our whole school transition days, when we will also be welcoming our newest and youngest children. We know the children will love their new class names.

The children and staff have been working hard all year and we are looking forward to some exciting end of year trips. KS1 are going to Banham Zoo and KS2 are off to Pleasurewood Hills. Year 5 will also be performing at the Kings Lynn Corn Exchange as part of the Noted Liar project which the Downham Market cluster has funded through lottery funding. What an amazing experience and opportunity for our children.

If you are starting to think about schools for younger children, or you are curious to look around Upwell Academy, please call to arrange an appointment. I welcome the opportunity to show off the amazing work we are all doing.

Mrs Norman (Principal)

office@upa.eastern-mat.co.uk 01945 773220



Lakesend Happy Circle Outings 2018

Wednesday June 13th – Sheringham and Cromer

Wednesday July 18th – Mystery Tour

Wednesday August 8th – Felixstowe

Wednesday September 19th – Bury St. Edmunds

Wednesday November 21st – Rushden Lakes Shopping Centre,
hampton



Club birthday party – To be advised
Club Christmas lunch – To be advised



[There is no parking at Hircocks](#)

Please ring Hazel for details on 01945 772327



Nort



The various trips might appeal to some of our local residents who would like to go out but maybe don't drive any more. Apparently it's quite a good atmosphere on the coach so a fun time will be had by everyone who goes.

Upwell FOSA (Friends of the School Association)

It's hard to believe that summer is finally here! Hooray! We've had a busy time over the spring here at Upwell FOSA with activities and fundraisers for the children and School.

Our FOSA discos are always a favorite with the children as well as our FOSA volunteers and the one that we held on 15th March did not disappoint! We were entertained by a fantastic local DJ and enjoyed an array of party games and competitions with lots of laughs throughout the evening.

We had 3 "Phil the Bag" sessions during April, which were as always a huge success and gave us all a chance to do a bit of spring cleaning by getting rid of some unwanted clutter. We will be planning further PTB events later in the year so if you have any unwanted clothing, hats, shoes, belts, handbags, and household textiles including sheets, pillowcases, duvet covers, curtains or towels please do pop it all in a bin bag and let FOSA turn it into money! Collections can be arranged throughout the local area prior to the next event so please email Upwell.FOSA@Gmail.com to arrange a time and date for your collection.

We hosted a non-uniform day on 25th May in support of the Summer Fayre where donations were collected for our Tombola stall. As always donations were extremely generous so thank you to everyone who contributed.

The **Summer Fayre is taking place on Sunday 1st July – 12-4pm** on the school playing field. This event has been a great success over the past few years and is the main fund raising event in our calendar. Its also a chance for local businesses to showcase themselves and somewhere that children, parents, carers, friends and members of the wider community can come together for a fun family afternoon whilst raising money for such a good cause. Last year we were joined by our local emergency services, a mediaeval re-enactment, Cubs, Beavers, Welle Women's Institute, Karate and dance groups and enjoyed many bouncy castles, fairground rides, delicious local caterers and a brilliant local band! So make sure you make it a date in your calendar, as this is definitely not an event to be missed!

Some of the pictures from last year's Fayre are opposite: If you would like to hold a stall on the day then please email Upwell.FOSA@Gmail.com for a booking form. Stalls will be charged at £10 for a single plot and £25 for a double plot and we are hoping that this year will be as successful and enjoyable as our previous years.

We have a "Leavers Disco" planned for July 3rd at which we will wish all of our year 6 students goodbye and good luck as they prepare to leave the Academy and embark on their journeys to secondary school. I'm sure that you will join us in wishing each one of our students every success in the future. FOSA will be upholding a proud tradition by giving each of our year 6 students a leavers hoodie as a memento of their time at the Academy. Here pictured two of our leavers from 2017 proudly wearing their hoodies!

FOSA would like to invite new members to join us to support the organisation in the year ahead. This may be through volunteering time to help out at events, sharing ideas about future fundraising or how the money raised should be spent at the school. Perhaps your child is starting at Upwell Academy in September this year? Joining FOSA is a great way to meet other parents, carers, friends and staff at the school and to really get involved in your child's experience at the Academy. Please feel free to contact us through our Facebook page or via email at Upwell.FOSA@Gmail.com And finally from everyone at FOSA.....have a wonderful summer!



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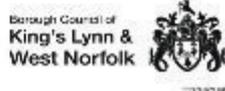
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Upwell Health Centre Newsletter

For me, the next few weeks will be a landmark period of my life. As many of you already know I will be retiring from full time general practice at the end of May. I will still be continuing as Chair of West Norfolk CCG for now and will be coming to the surgery for one session a month to help out with minor surgery and joint injections. I will also be retaining my interest in the pharmacy so I won't be a stranger!

However, it will be very strange not being involved in the day to day medical care of so many of you. After more than 30 years there can't be many of you I haven't seen at least once. I have been doing baby development checks for my whole time here and for the last few years have been checking the babies of babies I checked in the past, that makes me feel old! It has been a privilege to have been entrusted with your healthcare all that time and I thank you all for the trust you have shown me over the years. Some of you will have been pleased with what I have achieved for you others may have been less impressed, all I can say is that I have always done my best for the patients, the practice and the NHS within the limitations imposed upon me.

I still clearly remember moving into my house in January 1988 and initially being treated with reticence by the locals, "another outsider coming to live here". I am still a foreigner, but I hope you have now all accepted me as a useful member of the community; I have certainly always tried to be part of the community having spent time on the Parish Council, Upwell Hall Committee and running a local sports team for the West Norfolk Inter-village Games for a few years as well as being your doctor.

As I said in my last newsletter there have been many changes in the last 30 years and the coming year is also destined to be momentous. The build I have long been flagging up is going to happen. All the contracts are now signed and work will start in the next few weeks. We hope to have the work completed by next April. The first phase of the work is to build an extension where the bike shed and portacabin sits. This will be linked to the current building and will house a new pharmacy, a new teaching area, a notes store and several offices. Once this extension is complete the pharmacy and some staff will move into it and work will commence on phase two of the build which will create an improved reception and waiting area as well as providing three new consulting rooms.

The new pharmacy should allow us to improve the quality and timeliness of the service we offer, it will include a state of the art dispensing robot which will reduce the danger of dispensing errors which inevitably happen when humans deal with as many prescriptions as they do in pharmacy. The extra consulting rooms

will provide extra space for the staff who are going to replace me and give the surgery the opportunity to increase the number of services available in the community. The future plans for the NHS include moving services out of hospitals into the community and on a change in the skill mix of the staff on the front line in primary care as the shortage of GPs and nurses bites.

The mention of skill mix brings me onto who is going to replace me. When I applied for this partnership in 1987 there were 112 applicants for the post. I counted myself very lucky to have been selected. Since then it has been increasingly difficult to recruit new doctors. We are a training practice and Dr's Blundell, Haine, Bhardwaj and Kavin were all trainees here who we convinced to stay. Unfortunately there was no recently qualified trainee available this time and so the partners tried hard to find a doctor to replace me. Unfortunately they have been unable to recruit a doctor, there just aren't enough around. However, what they have done is, I think, better for the practice than just replacing me with another doctor. They are getting three members of staff in. There will be a practice pharmacist, an advanced emergency care practitioner (a highly skilled paramedic in layman's terms) and an additional nurse practitioner. This will mean in the future there will be an on call team each day to deal with the acute work and this should hopefully increase the availability of advanced booked appointments which have been in short supply of late. The new computer system which I mentioned in the last newsletter is now up and running, Most of us are still learning how to get the best out of it and I'm sure it will become even more useful in the coming months. However, most of the glitches we had have now been ironed out and we just need to get slicker using it, which will come with usage. Thank you to you all for the forbearance you showed during the changeover.

Finally, I want to return to the subject which is filling my thoughts at the moment, my retirement. There is only one person still working here who was here when I started, Mary in dispensary. There are so many staff who supported me who have left, some have sadly died. I particularly remember Dr Rushmer who retired in 1990 and sadly passed away shortly thereafter. Pat Waters and Patrick Floyd who were the stalwarts of dispensary when I arrived, and Audrey Johnson our senior practice nurse, all of whom have sadly left us. I really want to take this opportunity to thank all the staff who have helped me over the years and put up with my occasional lapses in temper and my slightly obsessional personality. I have thoroughly enjoyed working in Upwell and it has been a privilege to be allowed to be your doctor.

Dr Paul Williams

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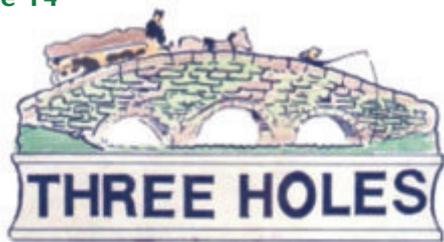
Sunday 29th July

Guests: Laura White – vocals
Ross Bradbury – saxophone/flute
Derek Clenshaw – trombone
Nigel Portass – keyboards
Dave Jackson – drums

This session sees the return of the ever-popular Laura White on vocals, singing an eclectic mix of laid-back standards from Burt Bacharach to Cole Porter. Fantastic entertainment – come early to avoid disappointment!

Time: 12.30pm – 2.45pm Admission: £6.50 Accompanied under-16s Free Bar, fresh rolls, crisps and savouries available
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Playing Field at Three Holes rescued by Borough Council grant.

After a recent inspection, the playing field at Three Holes had to be taken out of use when sixty mature, diseased and dangerous poplar trees were identified by Edward Benton of Golden Tree Surgeons of Fincham.

The playing field, which is owned by the village and managed by the Three Holes Village Hall & Playing Field (THVH&PF) charity, was immediately closed to the public on 9th May as the trees were located within striking distance of the children's play equipment based on the field.

"We knew the trees needed to be lopped and that a few were in bad shape as no work had been done on them for over ten years" said Sue Lowe, THVH&PF Chairman, "but it was a real shock when we found out that they all needed to come down as they were completely rotten at the core."

In order to get the urgently-needed works carried out as quickly as possible so that the playing field could be re-opened, the charity's trustees applied via the Norfolk Community Foundation for a grant from the Borough Council of King's Lynn & West Norfolk's Small Grant Fund. They were delighted to be awarded £2500 towards the

costs and the felling and chipping of twenty-one tons of waste wood took place over the 14th, 15th & 16th of May. The playing field is once again open to all.

The THVH&PF trustees would like to offer a huge thank you to everyone who helped ensure the dangerous trees were dealt with so quickly and particularly to Edward Benton who also put them in touch with the Forestry Commission to secure a further grant to have the poplars replaced with more suitable tree varieties.



14th May Work starts on felling the poplars



Felled poplar, rotten at the core.



AT THREE HOLES VILLAGE HALL

Sunday 10th JUNE, 2pm:
THE POST (12a)

Katharine Graham is the first female publisher of a major American newspaper -- The Washington Post. With help from editor Ben Bradlee, Graham races to catch up with The New York Times to expose a massive cover-up of government secrets that spans three decades and four U.S. presidents. Together, they must overcome their differences as they risk their careers -- and very freedom -- to help bring long-buried truths to light.

Sunday 8th JULY, 2pm Three Billboards Outside Ebbing, Missouri (15)

Set in the fictional town of Ebbing, Missouri, after months have passed without a culprit being found in her 20-year old daughter's murder case, Mildred Hayes makes a bold move and decides to rent three billboards on the outskirts of town. On the boards she adds controversial messages directed at William Willoughby, the town's chief of police.

This movie has received numerous *awards* and nominations, recognizing the cast's performances, including the 2018 Academy Award for Best Actress to Frances McDormand who plays Mildred.





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I would like to thank everyone who turned up to support our **Firefighter's Charity Car Wash** earlier this month. We lost count of the amount of vehicles we washed, but managed to raise a grand total of £422.81 on the day. We had a great day but one that stood out for us was a classic AC Cobra sports car that was a local couples pride and joy. Not only did they let us wash it but also

sit in it for photos. Part of its number plate was very suitable for the day also. Thank you both for putting your trust in us. So once again thank you from my crew and myself. Another Thank You to Poppy who was celebrating her 5th Birthday at the village hall at the same time we were doing our car wash. Partly as so many visitors to her party came to have their cars washed, but also to Poppy and her family for sharing her Birthday cake with us. It was such a nice thing to do and made our day.

It has been another successful month or so for us at Outwell Station. Both FF Duncan Parham and FF Keith Game successfully passed their RDS Induction Course, enabling them to respond to incidents with us. Well done guys. We have also had various other courses that some of us have attended, including four crew members who were the first to attend the new Intermediate Emergency Care Course, which is a new and more modern approach to the previous Trauma Care/First Aid at work courses we attended. I also had a good day driving around Norwich on a Response Driving Refresher Course, on blues & twos to keep my skills up.

Could I please ask that anyone parking at local schools not only parks in designated areas, but also in a way that does not restrict the road to other users or include parking on the yellow zigzag lines which is forbidden. Such inconsiderate parking does not only hold others up, but has held us up while responding to incidents. Luckily it has not held us up during any life risk incidents. Please remember the next person we respond to could be someone you know.



Residents can address the Council at the start of the meeting but may only speak thereafter with the permission of the Chairman.

July 2nd

Full Council 7:00pm

August 6th

Full Council 7:00pm

September 3rd

Full Council 7:00pm

At Lakesend Village Hall



Upwell Parish Council

Meeting Dates For 2018

Unless otherwise stated, all meetings will take place at Upwell Village Hall. The Press and Public are cordially invited to attend any meeting.