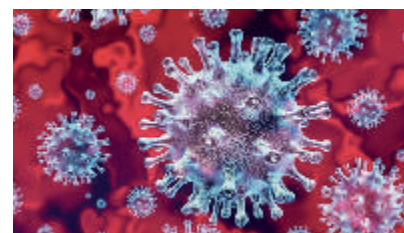


Spring 2020



Community Magazine

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At this most serious time in most of our lives I have been greatly impressed by the number of people coming forward to offer to support the NHS, the surgery, the pharmacy and the community. There have been so many offers of help and so many people and organisations trying to facilitate that action that it has been quite difficult to know the best way for the Parish Council to support these volunteers.

The single most useful thing any of us can do is to follow the message from the government printed above. Protecting yourself and your neighbours from infection will allow the NHS the time it needs to cope with the huge demands COVID-19 is placing upon it.

How can you volunteer?

If you are fit and well and under 70 your help in the community will be most welcome. There are several ways you can do that. The voluntary sector in Norfolk have come together to help co-ordinate

the surge of volunteers and make sure they are used in a safe way. To get your name on the list of volunteers they are maintaining and finding work for you need to register at the Voluntary Norfolk website: www.voluntarynorfolk.org.uk/, choose the COVID-19 box and register your details.

Norfolk County Council are also co-ordinating volunteers. We have produced a copy of their "Here to Help" card which we have included with this magazine. You can also contact them to volunteer to deliver food parcels on 07450 653842.

You can volunteer to help the surgery and pharmacy either in person or by emailing jcowling@nhs.net.

If you a member of the vulnerable group advised by the government to isolate yourself for 12 weeks then the authorities know about you and will be contacting you to ensure you have the support you need.

If you are following the guidelines and isolating for 7-14 days because either you or a member of your household has a cough and a temperature then in the first instance approach friends or family for help with shopping etc. However, if you can't get help from anywhere else please ring Upwell Parish Council on 07368420237 and leave your details, we will do our best to put you in touch with someone who can help. The Best of Luck to you all and STAY HOME, PROTECT THE NHS, SAVE LIVES! **Dr Paul Williams**



FROM THE CHAIRMAN

In the original article I wrote for this magazine I welcomed spring and talked about our plans for the VE Day 75 weekend in May. However, the rapidly developing crisis connected with the Coronavirus, Covid 19, has prompted me to make a late change to the article.

At the time of writing the lives of people all over Europe are being thrown into confusion and jeopardy by the rapid spread of the infection. Restaurants, bars and other places of entertainment are now closed in Italy, Spain, France, Germany and

Belgium. Schools and colleges are closed all over Europe and there is virtually no sport taking place anywhere. Our government is advising us not to have any unnecessary social contact and not to go to bars and restaurants etc. This will probably be an instruction rather than a recommendation by the time this gets printed.

The main message I want to give you is one of community. We may already be in lock down when you read this. It may be we can only go out to fulfil the basic necessities of life. Those of us lucky enough to be fit and well will probably cope with the infection should we get it. I am over 60 so am in an at risk group but I am otherwise well so hope it will not affect me too badly. Our neighbours who may be elderly or infirm are much more at risk and they especially need to stay safe and secure in their homes to reduce the risk of contagion. If you know of an elderly person living near you wash your hands and then:

use the Volunteer Card included with this magazine or write them a note offering to do their shopping or asking if there is anything they need help with, give them your contact details and pop it through their door. If they take you up on the offer then leave the stuff outside their door and step back so they can collect it without getting any infection from you, remind them to wash their hands after they have unpacked the shopping.

The situation is fast moving and there are a lot of people who have already indicated they want to help others. **We will keep our Parish Council Website (upwellparish.co.uk) updated with information explaining how you can volunteer or ask for help. Look out for more information about volunteering and requesting help elsewhere in the magazine.** If we all pull together and follow the advice from public health then we can come through this crisis, just as our parents and grandparents came through the second world war. A thought which reminds me of the ambitious plans the Parish Council had encouraged for the VE Day 75 celebration weekend in May.

The VE Day 75 celebration weekend starts with a bank holiday on the anniversary of VE day itself, Friday May 8th. Who knows what will happen to bank holidays by then! The committee the parish council set up included representatives from several organisations around the village and has been financially supported by a number of local businesses and a very generous donation of £2000 from the Blunt Family Trust bringing funds raised up to more than £3200. This meant that nearly all of the events were to be free for residents of the parish. We were keen to ensure that there would be a range of activities going on so that all age groups were catered for. We had planned a Fun Afternoon of games at the Methodist Church on the VE Day afternoon. The centre piece of

the celebration was to be a 1940's themed dance at the Upwell Hall on the evening of VE Day 75. We were lucky to get an exceptional jazz / swing band to play at the event, "After Eight Minx".

After Eight Minx is a fantastic group whose music is a blend of classic and contemporary Jazz and swing. The Minx, who dresses in authentic retro vintage attire, is an award winning vocalist (Perrier Jazz Singer of the year award Finalist) and has a very powerful voice and charismatic stage presence. Having started out as an actress with The National Youth Theatre working alongside Matt Lucas (Little Britain), she has gone on to open for Will Young, The Sugababes and McFly. She has also entertained the likes of Van Morrison, The Red Hot Chilli Peppers and even the French President and his wife Cala Bruni, flying over to Paris especially! On the evening we were to encourage people to come in 1940's style clothing and we were having food from Rav's which was also to be 1940's themed. This was the only event that was to be charged. Any profit from ticket sales was to go to our chosen charities of Help for Heroes and Scotty's Little Soldiers.

On the Saturday May 9th we were having a children's "street party" in Upwell Hall and garden. This was to be free for children, who were to get the food using the ration books we were providing. The family fun event was intended to be not only entertaining but also educational for the children. Wisbech Lions were lending us some old fashioned games for the children to try out at the party. At the same time as the party there was to be a "sports day" on the Upwell Playing Field alongside the hall. Families could have attended both events, there were to be races for all ages including some fun events with commemorative medals to be won.

On the Sunday it was to be the turn of our older residents to have fun. There was to be a free afternoon tea and film show for them at Three Holes Hall. We had booked transport for them to get to the hall. This event was to conclude the parish celebrations.

I don't know how long the current crisis will last but at the moment we still hope we can stage the event some time later this year when we can not only celebrate VE Day 75 but also victory over the coronavirus!

We are still planning to put out a special edition of the Parish Magazine in May. We are putting together, thanks Meggan, a commemorative edition to mark VE Day 75 which will include accounts of the day locally and lots of memories from our parishioners of that eventful period in our history.

Finally, some more routine parish council news. There have been two notable changes on the Parish Council since our last magazine was published. As I mentioned in my last message Kate Bennett has stood down as parish clerk. The transition I described last time is now complete and Melanie Hilton is now our clerk; Melanie has made a fine start to her tenure and I look forward to working with her over the next few years. We have also co-opted a new councillor to take over the seat vacated by David Pope. Sue Lowe, who is heavily involved with Three Holes Village Hall, has joined the council; it is very good to have someone with a good knowledge of issues in that part of our parish and Sue has already got stuck in being involved in our VE Day 75 committee.

Whatever the next few weeks and months hold let us all support each other, stick to whatever rules and guidance the government make and act in a way that will make us all proud to have been part of the Upwell Parish Community response to this public health crisis. The best of luck to all of you.

Dr Paul Williams

Blunt Trust Update

The trustees of the Blunt Family Trust have been surprised how little interest from the community there has been in applying for grants from the trust. However, we have received three applications for funding.

The most exciting was an application from Upwell Academy for funding for a "Junior Librarian System" to promote reading within the academy. The system creates a database of the books within the school and the pupils can use an app to record their reading progress and write book reviews on their reading. The trustees felt promoting reading in the young children of Upwell was exactly the sort of thing Edith Blunt would have wanted when she set up the trust. In order to further support reading in the school we decided to set up The Edith Blunt Reading Prize in the school. There will be four prizes each year, two for each of the Key Stages, one for Most Improved Reader and the other for Best Book review of the Year. We hope this initiative encourages the love of reading in our young Upwell residents.

We have also made a grant of £2000 towards the Parish Council VE Day 75 celebration fund. We felt this was appropriate as it will provide entertainment and education for a large number of the local residents in all age groups.

We have received an application for financial support for a local resident to purchase a piece of equipment they need as a result of a medical problem, we will decide on that at our next meeting.

Since we have not been inundated with requests for donations we have decided to focus on the development of the Nature Walk in the old orchard for now. We have had a lot of work done in the orchard in recent weeks, pruning trees and clearing undergrowth and dead wood. We plan on continuing the work there as speedily as possible to get that fully open later this year.

Dr Paul Williams

7th Upwell Village Yard Sale

Planned for

Sunday, 28th June 2020

8am to 2pm

Hopefully the restrictions on social gatherings will be lifted by June 28th and this will be an excellent opportunity to shop and socialise in the beautiful village of Upwell.

This is how it works:

Please register your home address (**which must be in the village of Upwell**) with us for a pitch fee of £5.

All registered addresses will be included on our yard sale map and copies of the map will be available at Upwell Hall.

New for this year there will be a Table Top Sale in Upwell Hall at the same time.

These tables will sell things such as DVDs, CDs, Books, Jigsaw Puzzles, Vinyl Records and other smaller items you want to sell.


The stall fee will be £5 and the number of stalls limited to 12 (first 12 to register will get a stall).

Please book your pitch by 15th June, 2020

For more information and to obtain registration forms, please contact:


Linda Carr, 01945 774145 or lcarr@btinternet.com

Last year's Yard Sale was a great success and we would like even more of the village to take part this year. So please join us and make money from the things you no longer need from right outside your front door.


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Green Fingers Gardening Club



As I write the sun is shining on the daffodils alongside the Well Creek. They look fab-u-lous and are holding up well, despite the strong winds we have been having. Many thanks to Well Creek Trust members who work hard to give us such a wonderful show of spring bulbs.

The largely mild winter means that garden plants have had a good start to the year and flowers such as Bergenia & Heather are adding to the blossom on the many Flowering Cherries & Magnolias that are dotted around the villages. The garden beckons and could be the place to be whether you are self-isolating or not.

Talks at the Club this year have been diverse - including 'Protecting the Royals' to 'Woodland Walks' in Parson Drove. **Following the Government's advice on tackling the spread of Covid-19, April's meeting is cancelled.**

At the VE Commemorations, we hope to plant a tree in memory of the Fallen. Coronavirus precautions permitting, this will take place at the War Memorial in Upwell at 11am on 10th May. As always, queries can be directed to the Chairman, Susie on 01945 773576.

New Councillor Profile – Susan Lowe

Sue was born in Townsend Road, went to school in Upwell and Wisbech and after working and living in London, came back to Townsend Road! And with her immediate family living in the Parish and King's Lynn, I think we can say she is a local girl!

Previously working in London as a Production Manager for Time Warner Chappell and then Carlin Music, Sue also spent several years as a semi professional singer/song writer and currently is working for Keir Construction Eastern as a Customer Relationship Co-ordinator in Waterbeach.

Sue is also Chair / Trustee of the Three Holes Village Hall & Playing Field charity, a trustee of the Upwell Norfolk Charities, a member of the Upwell Parish Neighbourhood Plan Committee and also finds time for the Wisbech to Upwell Tram Project Committee. A very busy lady but when

having any spare time, Sue enjoys gardening, wildlife, looking after her Son and Daughter-in-Law's pet dog Poppy and cat Burito, walking and what she describes as 'fair weather' cycling.



Sue has been interested in and involved with many aspects of the Parish and when the opportunity arose to be co-opted on to the Upwell Parish Council, she didn't hesitate.

Sue is keen to retain and build a cohesive and thriving community with key services and a good range of activities for all. She would also like to try to raise awareness of the

history of the parish as she believes that local knowledge is a key component to help us all realise what a special and unique place Upwell Parish is.

I'm sure you will all join me in welcoming Sue to Upwell Parish Council.

Upwell Jazz Club 2020
Christchurch Community Centre (Sat Nav PE14 9LL)

Sunday 19th March
Len Skeat and Friends

Pete Neighbour - clarinet
Alan Barnes - saxophone
Brian Dee - piano
Len Skeat - bass
Bobby Worth - drums

Time: 12.30pm - 2.45pm Admission: £8.00
Accompanied under-16s Free
Bar, fresh rolls, crisps and savouries available
More information from Nigel Smith on 01945 773121

Upwell Jazz Club 2020
Christchurch Community Centre (Sat Nav PE14 9LL)

Sunday 26th April
Chris Kirk's "Swing That Thing"

An Upwell Jazz Club regular, Chris Kirk is putting in his own fantastic band.

Expect a morning of mixed music from swing to salsa, from this dynamic band.

A "not to miss" session.

Time: 12.30pm - 2.45pm Admission: £8.00
Accompanied under-16s Free
Bar, fresh rolls, crisps and savouries available
More information from Nigel Smith on 01945 773121

NEIGHBOURHOOD WATCH ENCOURAGES PROTECTING THE ISOLATED AND VULNERABLE DURING THE COVID 19 OUTBREAK

Dear Neighbourhood Watch supporters,

You will all be aware of the coronavirus (COVID-19) outbreak. Neighbourhood Watch exists to look out for communities across England and Wales and at a time like this we encourage you to consider ways to keep yourself, your loved ones and those in your community safe, particularly the isolated and vulnerable. We are following the advice from the government and encourage you to do the same:

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

10 ways you, as a Neighbourhood Watch supporter, can protect yourself, your loved ones and your community:

- Meet with household members, other relatives, friends and neighbours to discuss what to do if a COVID-19 outbreak occurs in your community and what the needs of each person will be.
- If your neighbourhood has a website or social media page, consider joining it to maintain access to neighbours, information and resources. Alternatively, share phone numbers and email addresses particularly with those who are isolated or vulnerable.
- Consider establishing a 'buddy' system within your community to ensure everyone stays connected to COVID-19 related news, services and can receive support safely, such as essentials deliveries.
- Plan ways to care for those who might be at greater risk of serious complications.
- Choose a room in your home that can be used to separate sick household members from those who are healthy.
- Learn how to self-isolate. Guidance can be found on the NHS website: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>
- Create a list of local organisations that you and your neighbours can contact in the event that one of you need access to information, healthcare services, support or resources. Consider including organisations that provide mental health or counselling services, food and other supplies.



- Create an emergency contact list of family, friends, neighbours, healthcare providers, teachers, employers, the local public health department and other community resources.
- Learn about the emergency operations plan at your child's school or childcare facility, and your employer's emergency operations plan.
- Practice everyday preventive actions including regular hand washing. The NHS provides guidance on how to wash hands: <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>.
- The World Health Organisation provides guidance on basic protective measures: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- The Centre for Disease Control and Prevention provides guidance on handwashing for families <https://www.cdc.gov/handwashing/handwashing-family.html>
- Please note: whilst we encourage you to follow advice from UK Government we are also sharing links to organisations such as the Centre for Disease Control and Prevention, an agency which works 24/7 to protect the safety, health and security of America from threats there and around the world. Some of our key points above have been sourced from: <https://www.cdc.gov/coronavirus/2019-ncov/community/home/get-your-household-ready-for-COVID-19.html>.
- The Centre for Disease Control and Prevention also published (14th February 2020) Interim Guidance for Preventing the Spread of Coronavirus Disease 2019 (COVID-19) in Homes and Residential Communities which you may find useful: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>.

**Regards and keep well,
Jane Sutton
Co-ordinator**

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UPWELL PLAYING FIELD COMMITTEE

Reg charity 300425

Ros. Shorting – Secretary 11 Baptist Road, Upwell, Wisbech Cambs PE14 9EY Tele 01945 773604
email: rosdshorting@talktalk.net

Well 2020 has started in an unpredictable way! Some of you must have noticed and wondered about the large gap in our hedge opposite Stonehouse Road? The committee wondered too as we had no prior notice that Highways would take part of it away to make room for a passing place. After much communication and meetings, and the appearance of a form of fencing (but not completely what we asked for) and the planting of a series of sticks (I say sticks as hedging it is not!), we had to involve our M.P, Liz Truss and the EDP newspaper. Some of you may have seen the article and our thanks go to Liz Truss whose office is now pursuing the matter for us.

We have a duty to provide secure boundaries for our events, especially the Horse & Pony shows and what we have at present is not going to be secure for those shows.

Which brings us up to the subject that we are all aware of, the Corona virus.

Following the Government's announcement and directive of 16th March, along with many other organisations, we sadly have had to postpone the start of our Car Boot sales and Horse & Pony Shows for at least 2 months. So please don't turn up on 9th April or subsequent Thursdays or for

the April or May Horse & Pony shows as the field will be closed. The kind sponsorship of classes for the show will be held over to the first show we can hold. We shall of course keep you updated if we must postpone for longer.

But on to much happier matters! After a survey carried out on Facebook, the committee have managed to secure some Outdoor Gym equipment and this is being installed on the small garden at the rear of the pavilion, accessed from the gravel car park. It's free and for all who are 1.4 metres tall and over to use and as one of the items most asked for, we hope you enjoy it. We may be able to add to the gym as and when funds allow in the future. And we are also pleased to announce that the UPFC will have our own website where you will be able to see details of our events, general updates and a lot more. It is due to go 'live' very soon and we shall put out details ASAP.

And finally but no means least, we wish to thank you for your continued support in these unprecedented times. Keep healthy.

Christine Aston
Chair

Upwell & Outwell Speedwatch Annual Report 2019

At the start of the year the Team had 38 Authorised sites spread throughout Upwell, Outwell, Three Holes, Lakes End and Barroway Drove and 5 full-time and 2 part-time volunteers. This had enabled it to do at least a one hour watch a week meaning that Upwell and Outwell were visited 3 times in a 9 week cycle and Three Holes, Lakes and Barroway Drove once in every cycle. The number of sites meant that the major speeding routes were well covered with a sufficient variety of locations for regular speeders not being able to anticipate where the Team would crop up next.

Unfortunately, due to personal circumstances, 1 full time and 1 part time member of the team has had to resign. As a result of this reduction in volunteers Barroway Drove ceased being watched and at least 2 other sessions a cycle were lost due to an insufficiency of volunteers.

Over the rest of the year with volunteers taking holidays or time off to be ill, a drop in the number of watches occurred. In August, after several ducks were killed by the Outwell Basin, a special effort was made but only one session was achieved. However, by mid December when the Police ceased processing results in order to concentrate on their annual Christmas Drunk-driving campaign it was decided to cease watches completely to allow the volunteers a well-deserved rest.

Although the following results might not show it, the team members agree that over the past 3 years the number of speeders reported has dropped considerably.

Results:

January – New Rd/Listers Rd (40mph): 2 vehicles at 49 mph, 1 at 50 mph.

February – Lakes End (40mph): 4 vehicles at 45 mph, 1 at 46 mph, 1 at 47 mph, 2 at 48 mph, 2 at 53 mph & 1 at 54 mph.

February – Downham Rd (30mph): 6 at 35 mph, 2 at 36 mph, 3 at 37 mph, 4 at 38 mph, 1 at 40 mph, 1 at 42 mph, 1 at 45mph

March – Hall Rd, Outwell (30mph): 40 at 34-39mph, 15 at 40-47mph.

March – New Rd Upwell (30mph): 8 at 36 – 43 mph.

May – Town St, Upwell (30mph): 10 over-limit.

May – Lakes End (40mph): 2 over-limit.

May – Barroway Drove (40 mph): 2 over-limit.

June – Three Holes layby (40 mph): 2 at 50-59 mph, 1 at 60-70 mph.

June – Hall Rd (30mph): 17 at 40-49mph, 22 at 50-59mph, 2 at 60-70 mph.

June – St Peters Rd (30mph): 1 at 40-49 mph.

June - Low Side (30mph): No speeders.

July – New Rd (30 mph): 22 at 30-39mph, 15 at 40-49mph, 1 at 50-59 mph.

August – Isle Rd (30 mph): 4 at 30-39mph, 1 at 40-49mph.

October - Hall Rd (30mph): 13 at 30-39mph, 6 at 40-49mph.

1944 newspaper Cutting - thanks to Bill Smith

UPWELL'S VARIED PROGRAMME OF EVENTS**Children's Display, Concert
And Film Show****OPEN BOWLS TOURNAMENT**

The Upwell Isle Committee under the chairmanship of Mr. William D. H. Rowe had made excellent arrangements for Salute the Soldier Week. The selling centre was opened with members of the W.V.S. at their post to receive and record savings, Miss E. Johnson being the secretary.

On May 1st a whist drive was held in the Public Hall organised by Ambulance-officer S. Hempson assisted by members of the St. John Ambulance Brigade, Upwell and Outwell Division. There were twenty tables with Supt. L. Means as M.C. At the close Mr. L. H. Rowe and behalf of the committee thanked the organisers, the donors of the prizes, the company for its support and Mrs. J. R. Barrowclough for presenting the prizes. Mr. W. D. H. Rowe the chairman of the committee was unable to be present owing to his illness in Gaywood Nursing Home so his brother deputised for him at all the meetings held during the week. The winners of the savings stamps prizes were:—Ladies, 1 Mrs. Marshall 15s., 2 Mr. F. E. Dorling 10s., 3 Mrs. R. Dorman 7s. 6d., 4 Miss E. Forth 2s. 6d.; gents, 1 Mr. G. Welster 15s., 2 Mr. G. Hammond 10s., 3 Mr. E. Parker 7s. 6d. 4 Mr. McAuchland 2s. 6d.; miniature, ladies, 1 Mrs. W. S. Hills 5s., 2 Mrs. R. Skeats 2s. 6d.; gents, 1 Mr. G. Welster 5s. 2 Mr. W. S. Hills 2s. 6d. Donations were received from Mr. W. D. H. Rowe, Major Clark, Mrs. F. Hartley, Dr. and Mrs. J. R. Barrowclough, Mr. J. Spikings, Mr. L. H. Rowe, Mr. G. Hammond, Mr. L. Means, a friend, Mr. H. Smart, Miss N. Fielder, Mrs. E. M. Warby, Mr. H. Carter, Mr. A. Brown and Mr. C. H. Buzzard.

On May 2nd the children had their effort in the Senior School. The 3rd and 7th Companies of the Wisbech Girls Life Brigade under Capt. L. M. Wheele and M. Mackenzie took part in the programme a good company being present. The Rev. W. H. Wheele (Chaplain of the Boys Brigade) presided with Lance-cpl. Muriel Warby and Mrs. MacKenzie as accompanists. Special credit is due to the children for the able way in which they rendered each item. Lieut. A. Payne was the door steward. The exercises consisted of physical training, songs, recitations, country dances, sketches pianoforte solos and concluded with a charade, both companies of the Girls Life Brigade, seniors, juniors and cadets taking part.

The open bowls tournament arranged by Messrs. J. Stittle, B. Webber and B. Boyce, attracted a good number of entries and several exciting games were played on the Town Club green on Wednesday. The spoon competition in which twenty players took part was played on the whist drive principle, the winners being 1 C. Clarke, 2 J. Masters, 3 J. Stittle, 4 J. Johnson, who each received a spoon. The fixed jack competition was won by B. Webb, his prize also being a spoon. The remainder of the evening saw games arranged in blocks, the proceeds of which as in the spoon competition, went to the Salute the Soldier Fund. Mr. L. H. Rowe (vice-chairman of the committee) thanked all those who had helped.

The great attraction on Thursday evening was the concert arranged by Mr. Chas. Bettinson in the Senior School. Almost all the tickets were sold before the day of the event. What was described as Norfolk's premier song, dance and laughter show, "The Rhapsodies of 1944" was specially arranged for the occasion. The school was filled and many had to be refused admission. Mr. Chas. Bettinson said that Betty MacDonald at the piano scored a great success. All were worthy of special thanks as each gave of their very best. Of the four sketches made on paper on the black board, one was of the Prime Minister, Mr. Winston Churchill and one of Joseph Stalin. These were offered for sale by Mr. C. Bettinson and were eventually knocked down to Mr. F. Hartley for £2. Throughout the whole concert one could say there was not a dull moment. Mr. L. H. Rowe thanked Mr. Bettinson and the party and also Mr. Bagnell and his lads for all that they had done.

On Friday at the Senior School the W.V.S. entertained those present for one hour after which there was a film show by the Ministry of Information, Mr. Witcombe being in charge of this. Mrs. Ever-ready demonstrated the treatment of fractures, a patient suffering from phosgene gas and one suffering from mustard gas. Warden M. H. Rowe rendered assistance when necessary. All agreed that this one hour was well spent as it was very instructive and helpful.

Before the film show Lt.-Col. Drake Digby appealed for all the financial help possible for the soldier. The soldier of today had received a thorough training which in his opinion was all to the good, for it stood him in good stead in the time of severe testing. Mr. Laidman was amongst those present and Mr. L. H. Rowe at the close thanked Lt.-Col. Drake Digby for his message. He also thanked the Isle Wardens and the Cadets for help given.

On Saturday the Home Guard held a dance in the Public Hall which proved to be a great success. The band of the Five Swingers was in attendance and £55 13s. 6d. was raised

ST PETER'S CHURCH IN UPWELL

This article first appeared in the June 2008 edition so some names and details have changed - Ed

Located as it is, right at the heart of the village, the Church is for many also at the heart of their way of life. This is an 'inclusive' church in that all are welcome to visit, to enjoy its services, examine its fascinating features, or simply to take part in any of its many social events. It is very much a part of our community and is active in its efforts to remain so, reaching out, as it does, into its parish. This is done essentially by the work of the Rector, the Rev. Alan Jesson and his team, who visit the schools, attends local events, delivers talks and encourages any development which enables people to work, play or pray together.

The question is, how many of us actually realise what an important place the church holds in our midst? Almost inevitably, we see the church daily; it has an imposing presence, even if the Five Bells public house screens it from some approaches. At night, it is floodlit and offers an aesthetic treat to all those who pass by. Passers-by are many, since the A1101 is within yards and carries a heavy traffic of all kinds through our village.

In like manner, the river flows nearby, and the recently extended staithe offers boaters the opportunity to gaze in admiration at the church in its impressive aspect. Visitors are plentiful, whether they are interested in the history, which is in itself enthralling, or the architecture, recognised as one of the most outstanding edifices of its kind. Among others, visitors regularly include artists, clerics and antiquarians. Made famous not least by Dorothy L. Sayers in her novel 'The Nine Tailors', the church has seen more than a few devotees of the author (herself the daughter of the then Rector of Christchurch). Some will be aware that the Rector himself gave a presentation to the Dorothy L Sayers Society at their annual convention in 2004, at Loughborough University.

Those of us fortunate enough to live in this still fundamentally rural area do of course have the opportunity to visit the church very readily. This is made all the more likely by the pleasing range of 'open house' opportunities that are provided, whether they be for worship or for the welcome social opportunities such as Thursday coffee mornings, the lunches, the regular festivals and the special events which the church houses - the Gilbert and Sullivan Society's evenings, for example.

Fine! This is all to the good, but ought we not - all of us - look a little deeper into just what St Peter's has within and around itself. To start with, centuries of English history are here, with reminders of most of those centuries to be found in many of the walls, the roof, the nooks and crannies. There is evidence that there was a religious settlement on this site as early as the 4th century A.D. and certainly there was a Saxon building of this nature here. The present building is of 13th century origin, substantially enlarged in the 14th Century, and added to in all the centuries since, apart from possibly the last one.

So what kind of evidence may we find? Probably most famous are the carved angels, of which many can be found in the churches of East Anglia, though those of St Peter's are held by many to be the most magnificent. The wooden angels have been well studied and written about, but, for our purposes, the best thing to do is to go and have a good look at them, admire the artistry, the skills inherent in the task of positioning

them just where they are. Better still, go up to the gallery, and have a closer look. Peer closely enough and you will see that there are traces of colour still remaining, indicating that they were once even more highly decorative. They would seem to have had gilded wings, - imagine the impact from below of the flight of golden winged angels soaring above!

Then there is the lectern, dating from 1380, an astonishing creation, which looks to have been made of shining brass, but which is actually of latten - an earlier alloy of copper and zinc. The lectern has the form of a perched eagle, curiously adorned with the comb of a cockerel! This is said to be a reminder of the three denials of Christ on the night before the crucifixion - the number is repeated in that there three points on the comb, three visible claws on each foot and three lions at the base.

What about the font? There has been some small restoration, but it remains substantially as it was made nearly 600 years ago, from local grey stone. The early stone mason's art is plain to see, and a careful scrutiny of its octagonal shape reveals more angels, shields and canopies. St. Peter's is never more crowded than when there is a baptism, an enchanting ceremony for the families and the congregation in any situation. There is a certain mystical extra something in watching the introduction of a small infant into the church with water from a font which has stood for centuries, and welcomed in its time a host of the congregation's ancestors!

We need to go and look for ourselves, for there are so many discoveries to be made. But just to mention one more object: the pulpit! It is startlingly large, unusually positioned and altogether imposing. It begs the question- why so large? St Peter's is a large church, but, even so, this is a BIG pulpit. Well. It may not be easy to prove, but it is said that when at his prime in the 15th Century, the then Abbot of Ramsay had some ambitious notion of converting this church into a fully imposing cathedral, and that he thought he would encourage the thought among likely patrons by installing a cathedral size pulpit! Whereas the font is octagonal, the pulpit is hexagonal, and its panels bear some wonderful examples of the wood carver's art.

From coats of arms to brasses and crosses, from memorial plaques and stained glass to the few rather horrific carvings of creatures which lend all the more to the beauty of the angels above, all is well worth a look and a good place to start might well be the stout wooden doors at the church entrance!

To concentrate only on the interior would be a mistake, as a walk around the quite extensive church grounds will prove. Watch out for more history here, not least the grave near the south door, marked with the letter C and containing the victims of a cholera outbreak in 1832, when 67 parishioners died of what was then an unknown disease. As you walk, you may well hear the church bells, a set of 6 each of which bears the maker's name. Our local bell-ringers, or campanologists, practice regularly and are frequently called upon for weddings, as well as formal the normal summons to church. The bells are old, ranging in date from the first made in 1613 to the last cast in 1856, and thus form a truly valuable part of local heritage - hence the enthusiasm of the ringing team!

Take note, too, of the church clock. Added in 1864, it has but 2 faces, one of which looks north over the river, while the second looks west. The hours are marked by the sounding of

St Peter's cont

a bell on the tower roof. As the Rector was pleased and quite right to remind me, the clock is actually the property of the Parish Council, and not of the Church (this with the thought of repair and maintenance costs in mind, of course)!

Soon there is to be a further addition to the church, and one will again illustrate that the needs of the day are fully recognised. While it will always remain a house of worship, the church is the site of the gathering of like-minded people, who enjoy one another's company and who are not afraid to exhibit that enjoyment while still within the church building. The building of a new kitchen, and the provision of toilets will make those experiences all the more pleasurable, and reflect the simple fact that these are needs of the whole church in the 21st century.

Everyone familiar with this part of our country will know that many of East Anglia's churches are of good size, and some speculation as to the need for churches of this size sometimes serving small villages would seem justified. However, we need to remember that in days sadly long past, church attendance was common to virtually all, and congregations frequently outgrew the available seating spaces. We have only to consider the presence of the gallery in our own St Peters, and it is well documented that there were even 2 rows of removable seats down the centre aisle, added so as to accommodate the numbers attending. Ely records show that Norfolk alone had some 900 churches in medieval times, with 600 more in Cambridgeshire and 600 also in Lincolnshire. In Norfolk, over 600 are still in use! The size of the churches is therefore a simple reflection of the needs of the days when they were built.

Casting our thoughts a bit more widely, Upwell was, in its day, a very important inland port and a centre for trade and

traders. East Anglia as a whole has claims to have been the centre of much of England's trade, and Norwich was, in 1349, the most populous city in England with around 14,500 inhabitants. Unfortunately, at least half of the people of the city died at the time of the Black Death.

These observations have done little more than scratch the surface of what could be discussed and celebrated about St Peter's Church. It is for any or all of us to take up the threads of any interest that may have been aroused. St Peter's, as I said at the beginning of this feature, is at the heart of our community so it would be a great pity if our own residents settle for giving it scant attention, or just ignoring its presence. That presence is a matter of justifiable pride as well as quiet satisfaction. As the Rector says, all are welcome. Upwell has a deserved reputation as a friendly and welcoming village, not least because so does its church!

Neil Morgan

Note: I am very grateful to the Rector for giving me of his time and thoughts for the writing of this article. I am grateful also to my friend, Hazel Medlock, for the loan of a marvellous little red book, written in 1940, by Dr. A.H.V. de Montgomery, which gave a most interesting insight into the nature and history of St Peter's. Probably out of print decades ago, the book is entitled:

'An historical, architectural and devotional Handbook to a beautiful East Anglian Church'

UPWELL METHODIST CHURCH

REGRET TO INFORM YOU THAT ALL EVENTS PLANNED FOR THE WEEKEND OF 4TH/5TH APRIL AND THE SUBSEQUENT ART EXHIBITION HAVE BEEN POSTPONED, AWAITING A HAPPIER TIME.

Upwell Hall

has been forced to close due to the Coronavirus Crisis

We are sorry for any inconvenience the closure has had for our hirers and users. We will open again as soon as circumstances allow

In the meantime we wish everyone well for the next few weeks and months while we all look to safeguard the vulnerable members of our community.

ANSWERS:
1. Phyllis
2. Doc
3. China Clay
4. Cypress
5. Italy
6. Four
7. The Bugles
8. Wyoming
9. 1926
10. East Sussex
11. Tabasco
12. SV Hamburg
13. Breeds of Cat
14. The Slave of Duty
15. The Pawn

Taking Stock – Blog 26

The start of a new decade is a good time to take stock of where you are, what you have achieved and where you are going.

This year we are entering the third decade of this century; the NHS celebrated its 70th birthday in 2018 so the last 20 years represent only about 30% of its existence. In that time, however, it has experienced the most difficult sustained period of pressure since its inception. We must find the way to manage and meet this demand upon our services.

West Norfolk CCG came into existence during the past decade and will cease to exist as a stand-alone CCG in the next three months when it merges with the other CCGs in the area to form the new Norfolk and Waveney CCG. The idea behind CCGs is that by giving clinicians an influential seat at the commissioning table, the decisions made have a sounder basis medically, which in turn should deliver better outcomes for the patient. At a time where every penny spent has to be examined and justified, the luxury of having small administrative units to manage localities rather than large county areas which confer a saving by doing things at scale, has been difficult to support. There is no doubt money spent on administration will be less with the new merged CCG and it must be right that more of the NHS pound is spent on healthcare rather than administration.

The start of the new decade coincides with a new government. A government which has promised significant investment in the physical infrastructure of the NHS.

Last year our mental health trust was told it would receive £38m to build new wards in Norwich, which will serve people from West Norfolk too, and the Queen Elizabeth Hospital was given the good news that it will share £70m with the Norfolk and Norwich and James Paget University Hospitals to build a suite of diagnostic centres. The Queen Elizabeth also received an extra £470,000 to help it expand services for local people plus further funding to open 30 more beds.

But we have so much more we wish to do. I make no secret of my desire for more funding for our NHS so we can improve our buildings further, build better IT systems for our hospital and our wider health and care system and improve outcomes for our patients.

I'm proud of my primary care colleagues for doing their bit. GP practices are working together in "Primary Care Networks" to innovate better ways of supporting their patients, and very soon community mental health and nursing/therapy teams will be aligned to work alongside them. More of our local GP practices are offering online consultations as well as phone and face to face contact, and we are starting to introduce a new support service to help patients at some practices in West Norfolk to order repeat prescriptions.

So while the last decade has been difficult there is promise for the future. The changes taking place in the NHS and social care promise benefits from integration of services, for the first time we are encouraging professionals from the different strands of health and social care to work together in a spirit of co-operation on the ground and forming system partnerships across the county as a whole to better plan how investment is made and services provided. I think the quality of the management team we have established in the last few months bodes well for the future running of services in West Norfolk and the new primary care networks and the local delivery group are thriving since their creation.

You can play your part in helping local services to be the best that they can be. You have a responsibility to use the services wisely.

The range of services available to you is wide with advice via the telephone and online services through local pharmacies, GP services, ambulance services and A&E services. Use the most appropriate for the type of problem you have to ensure we all get prompt attention from the right professional at the right time.

March 11, 2020 - Blog 27 Chair of West Norfolk CCG wishes patients healthy futures as he steps down from role

The date of the merger of the NHS Norfolk and Waveney clinical commissioning groups (CCGs) and the formation of the new single CCG is nearly upon us. My last day as Chair of West Norfolk CCG is 31 March. The new CCG's west locality team is up and running under our locality director Howard Martin and I will be chairing the last West Norfolk CCG Governing Body meeting on Thursday, 26 March at the West Norfolk Deaf Association building in Railway Road, King's Lynn, at 9-15am.

I will be sad to say good-bye to West Norfolk CCG. I think it has done an excellent job in focussing on the health issues facing the population, and the problems faced by healthcare providers, in west Norfolk. During its tenure West Norfolk CCG has been able to give local support to healthcare providers and has had a greater understanding of the different needs of people living in the west of the county.

Those lessons and ways of working will now be continued as the new CCG will have a locality focus, with specific teams based in key geographic areas, including the west. This will give each area a voice and a dedicated workforce to ensure they can focus on local issues.

Each locality has a Local Delivery Group (LDG) as part of the work to transform health and care services locally. This group is represented by all the providers of healthcare in the area, including voluntary sector organisations and primary care. It also has patient representation and involves social care providers and in the west, the Borough Council of King's Lynn and West Norfolk, which is responsible for so many local services and initiatives. The West Norfolk LDG is an especially vibrant and energised group in which each organisation wants to help the others to deliver the best care possible so we can continue to drive down health inequalities and new ways of working in west Norfolk.

We have supported the new executive team at the Queen Elizabeth Hospital King's Lynn to deliver improvements following challenging Care Quality Commission (CQC) reports in the last two years. That is bearing fruit as there have been some very noticeable improvements at the Trust which we will hear more about at our next Governing Body meeting.

The novel coronavirus continues to receive much attention in the media. A national campaign is underway to promote key public health advice and I would encourage you to look out for these messages and follow the guidance, particularly in regard to hand washing. Do call NHS 111 if you are concerned about your health and please don't visit your GP surgery, hospital or pharmacy if you think you might have symptoms of the virus. You can find out more information about the novel coronavirus on the [Government](#) and [NHS](#) websites.

Dr Paul Williams
Chair, West Norfolk Clinical Commissioning Group

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We regret that owing to Coronavirus restrictions the hall is closed. Therefore all events and activities are postponed for the foreseeable future

At the time of writing it is the first day of the Coronavirus 'lockdown' and, just like everyone else, I am trying to come to terms with what this will mean for daily life for the foreseeable future.

For Three Holes Village Hall & Playing Field (THVH&PF) it means the hall is closed and all activities are postponed until well, we are not sure. What we can say, however, is that as soon as it is permitted the regular activities will resume and postponed events – like our Annual General Meeting and VE Day Celebrations - will go ahead.

On a more cheerful note, we have already been successful with grant applications for our VE Day Celebrations and a total of £525 has been offered by the Norfolk Armed Forces Covenant and the Borough Council of King's Lynn & West Norfolk Celebrating VE and VJ Day fund. We must say a big thank you to those organisations and also to the Norfolk Community Foundation for guiding us through the application processes.



Recently we also decided that the hall needed a spruce-up and so we have applied for further funding to help us finance painting and redecorating – so please keep your fingers crossed and hope we will be successful.

Would you like to get involved? There are always lots of jobs to do in and around the village hall, on the children's play area and playing field, running activities and also carrying out the administrative tasks that are vital to the functioning of the THVH&PF charity. If you have some spare time we are always in need of volunteers to help keep these facilities running and would be delighted to hear from you. Do email me lowecuss@gmail.com or telephone 01945 772824 and we can chat about how you can help.

Thank you in advance.

Susan Lowe, Chairman, THVH&PF.

Upwell and Outwell Age Concern Luncheon Club

As the daffodils bloomed and we realised that spring was just around the corner the lunch club has been busy. Members have enjoyed entertainment and talks, participated in quizzes and enjoyed an early Easter lunch with a little Easter surprise before they left for home.



At our AGM Mrs Daphne Bell became our first ever Honorary President in recognition of all her hard work over the last thirty two years and Miss Pearl Willcox, who along with Daphne started the club, kindly offered to stand as Chairman for another year.

The club welcomes anyone of pensionable age who would like to come along and enjoy a hot two course lunch (provided at cost), together with the chance to have a chat and relax with others in a similar age range.

Some of our members have difficulty with their mobility so, if needed, we can arrange transport to and from the club using a minibus suitable for those using walking aids and wheelchair users.

We also understand that it can sometimes be very difficult to take that first step and go somewhere new so some of our helpers have offered to visit anyone thinking of coming along beforehand for a chat and a cuppa so that there is a familiar face to welcome them or even perhaps bring them along that first time.

If you are interested in knowing a little more before making a decision please don't hesitate to telephone me on 07584 735805 or Pearl Willcox on 01945 773566.

We would love to see you there.

Jackie Scotten
Upwell and Outwell Age Concern Luncheon Club

UPWELL HEALTHCENTRE

Introducing the “On The Day Team”

We will shortly be implementing a new approach to looking after our patients for all immediate needs and queries. It will be called the “On the Day Team”.

Each day the practice will have a team of clinical professionals whose job will be to look after all patient appointments, phone calls and queries that come into the practice that day. The team will be made up of a mix of different clinicians - Paramedics, Advanced Nurse Practitioners, Physicians Associates and at least one GP. This team will work together to ensure all patient needs are met.

What does this mean for you?

It is quite like what you are used to. When you call, you will be asked to give us a little bit of detail regarding your condition or query. Based on a GP approved list of scenarios we will offer an appointment or a telephone call back. In some cases, we may refer you to another healthcare provider. For example, a minor injuries unit (for a suspected broken bone say) or a Pharmacist.

When you are offered an appointment you will be given a time to arrive at the surgery on the same day – just check in as normal and you will be called in by a member of the On the Day Team as soon as possible. If you request or are offered a telephone call back a member of the On the Day Team will call you as soon as possible. Please ensure you give us the correct number to call you on and be available to take the call.

The most significant change you will notice is that patients obtaining an appointment or a call back on the same day will not be able to request a specific

clinician as it could be any one of the team members. Be assured however that you will be seen by a suitably qualified individual and there will always be GP support in the team to assist if needed. You will still be able to pre-book an appointment with a specific clinician for future dates for non-urgent matters.

As currently, if you have an urgent need on the day and all appointments have gone then you will be spoken to by a clinician and seen at the surgery as required.

Why are we making this change?

This is a big change to our method of working internally and our aim is to be able to manage an increasing workload, maintain good care and be ready for the future. Like many practices we are using other clinical roles in conjunction with GPs to ensure that we have enough GP time available for patients that can only be looked after by a GP. The number of complex patients (with multiple conditions and medications) is increasing yet the number of GPs nationally is simply not keeping up. We also need time to consider and develop our services to you.

Comments & Suggestions

We may need to alter how we manage the system after a period of time. Please do not hesitate to let us know how the new system is working for you.

**Thank You.
Steve (Practice Manager)**

GENERAL KNOWLEDGE QUIZ (Answers on page 11)

1. What was the first name of writer P D James?
2. Which of Disney's Seven Dwarfs wears glasses?
3. Kaolin is better known as what?
4. To which family of trees do Junipers belong?
5. Of which European country is Lazio a region?
6. How many petals does the common poppy normally have?
7. Who had a number one hit in 1979 with 'Video killed the Radio Star'?
8. Cheyenne is the capital of which State in the USA?
9. In which year was Queen Elizabeth II born?
10. In which English county can Beachy Head be found?
11. What 'T' is a very hot sauce from Mexico?
12. Which German football club did Kevin Keegan play for after he left Liverpool?
13. What are Birmans and Maine Coons?
14. What is the alternative title of the Gilbert & Sullivan operetta *The Pirates of Penzance*?
15. Which chess piece can only move either one or two squares forward on its first move?

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FIRE SERVICE NEWS

In these current worrying times, I would like to reassure you all that all your emergency services will still be responding to emergency calls as and when required. Plans have been put into place to adapt and change during worrying times, so we can still protect our communities on the front line. Please help us by only dialling 999 in an emergency and, please be considerate of what we may ask of you while attending emergency calls, whilst we are trying to maintain everyone's safety. We shall not be attending any local schools or community events during this time, but shall do our best to as soon as things improve. We have been fortunate enough to be able to do some core skills training at Fountain Foods, which went very well. The most recent was a simulated chemical spill that required quick actions to rescue lives and also prevent a further escalation. We are hoping this will be a regular thing for us now as often as it can be arranged. Thank you to Andy Skeels and Fountain Foods for allowing us access to your site.

We have in the last month wished both FF Chloe Nelson and Maryana Smith a fond farewell. They have both decided to move on to progress their lives in varying ways. We wish you both and your families well in all new ventures in the future.

At present we have a crew of 11, meaning we have space for one more team member. Invites shall be going out, when able, to those on our waiting list to come and take part in interviews and some practice assessments to prepare them for the journey ahead.

In recent weeks FF Edward Bidwell has successfully completed his Initial Incident Command Course. He just now needs to prepare for and pass his upcoming written and practical assessments to be able to take our appliance out as officer in charge in my absence. Ollie Skeels successfully passed his Emergency Fire Appliance Driving Course (EFAD). This now enables us to be fully crewed more often with the skills we need to respond when needed as quickly as possible. Well done Ollie.

Both Sanjay Markland & Daniel Suckling have both successfully passed their 2 week On-Call Induction Course to be able to now respond to our station for emergency calls as and when. Well done guys. You have both worked very hard to get to this point. As you can imagine, we are still very busy in all aspects, so please stay safe.

Remember push the button not your luck.

Get Out & Stay Out!!

Watch Manager Glen Gates

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**Outwell Fire Station, Churchfield Road,
Outwell, PE14 8RL**

Thanks to my predecessor, this is reproduced from the March 2008 edition Answers on page 19. Ed

RIDDLES

- 1 Two girls are born to the same mother, on the same day, at the same time, in the same year, but they are not twins. How come?
- 2 A girl who was just learning to drive went down a one-way street in the wrong direction, but didn't break the law. Why?
- 3 I am looking at somebody's photo. Who is it I am looking at, if I don't have any brothers or sisters, and the father of that man on the photo is the son of my father?
- 4 What occurs once in every minute, twice in every moment, yet never in a thousand years?

5 How would you rearrange the following letters so as to form one word? NEW DOOR

6 Your new house has four windows all facing south. A bear walks by. What colour is the bear?

7 If you are in a race, what place will you be in if you overtake the person who is in second place?

8 Why can't a man living in the USA be buried in Canada?

9 A man in California can't marry his widow's sister. Why?

10 Napoleon and Josephine are lying dead on the floor in a pool of water. The French doors are wide open, and the curtains are flapping. How did they die?

Danish WWII Pilot is buried in Upwell



Danish Pilot Jens Ipsen, revisiting the scene of his plane crash site from 1941 during WWII



In September 2012 his sons John and Alan fulfilled this last request by carrying his ashes 450 miles from Denmark to be buried at the Parish Church of Upwell Saint Peter.

The service, led by Reverend Alan Jesson, was attended by the Danish embassy, a wing commander from RAF Marham, the vicar of Sutton Bridge and standard bearers from the Royal British Legion.

Jens' remarkable story began 72 years ago, on April 9 1940,

when he was stationed in the Syrian desert with the French Foreign Legion.

On that day Germany invaded Denmark and Jens' only thought was how to get to England to fight the invading Nazis.

He slipped away from the legion and walked to Palestine for two days without food or water, narrowly escaping a Bedouin tribe in scenes reminiscent of Lawrence of Arabia.



In Palestine he hitched a ride with a troop transport to England where he signed up with the RAF and learnt to fly Spitfires and Hurricanes at RAF Sutton Bridge. During a low-flying training exercise over Lakes End, Jens' Hurricane hit a tree and his plane crashed into a field.

He survived but spent six weeks in hospital at RAF Ely. Jens then went on to fly 109 defence and patrol missions from the south coast of England in Mark V and Mark VI Spitfires, and then went on to fly attack sorties, convoy defence patrols and bomber escort missions from Malta, Sicily and Corsica.

But the experience of the crash, and the people of Upwell and Ely, never left Jens.

His final instructions to his sons John and Alan were to find the 70-year-old crash site at Lakes End and bury his ashes close by.

Son John Ipsen, 52, said: "My father felt a real connection to this area. He just felt more relaxed and much more at home here than in Denmark.

"He was the best father you could wish for; the most decent, caring, honourable man I've ever known.



Story and photos come from:

<https://www.cambstimes.co.uk/news/gallery-danish-wwii-fighter-pilot-buried-in-his-beloved-upwell-1-1532911>

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ANSWERS TO RIDDLES
 1 They are two of triplets.
 2 She was walking!
 3 My son
 4 The letter M.
 5 ONE WORD!
 6 White, - you are at the North Pole!
 7 You'd be in second place yourself.
 8 Because you can't bury someone who is living!
 9 If his wife is a widow, he is dead!
 10 N and J are goldfish, and the wind has blown their bowl off the table onto the floor, where it has smashed.



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Norfolk Fire & Rescue Service Needs You!!



Outwell Fire Station - Norfolk Fire & Rescue Service

Have you ever thought of joining a highly trained and respected team that responds to emergency calls and protects your local community?

If so then please either contact myself, for an initial chat using the details below, or visit us on a Wednesday evening at Outwell Fire Station, Churchfield Rd, Outwell, PE14 8RL. Alternatively please use the link below to register your interest:-

<https://www.norfolk.gov.uk/safety/norfolk-fire-and-rescue-service/recruitment/becoming-a-retained-firefighter>

To be eligible you will need to:

- Live, work or both within approximately 5 minutes of Outwell Fire Station.
- Be willing & able to respond to emergency calls at short notice during agreed periods.
- Be available to attend weekly drill periods on Wednesday evenings (times may vary depending on the training need).

In return you will:

- Become an employed & fully qualified Retained (On-Call) Fire-Fighter.
- Receive a regular monthly income, holiday pay & the ability to join the pension scheme.
- Receive nationally accredited training.
- Become part of a highly trained team who protect the community.

Applications welcome from all walks of life, male or female and who are at least 18 yrs. old.

WM Glen Gates Mob: 07946331359 Email: glen.gates@fire.norfolk.gov.uk



Upwell Parish Council

Meeting Dates For 2020

Unless otherwise stated, all meetings will take place at Upwell Village Hall. The Press and Public

are cordially invited to attend any meeting. Residents can address the Council at the start of the meeting but may only speak thereafter with the permission of the Chairman

Full Council 7.00 p.m.

April 6th - Cancelled

May 4th - Cancelled

June 1st - Parish Assembly

July 6th

August 3rd