

Autumn 2021



Upwell Parish Council



# Community Magazine

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About 100 years ago



## Five Bells Inn Preservation Society ACV Nomination

### Good News

Following a nomination by the Five Bells Inn Preservation Society the Kings Lynn and West Norfolk Borough Council have decided that the Five Bells Inn warrants the status of an Asset of Community Value. This has now been registered as such. This is a boost for the community and in particular the Neighbourhood Plan which has been adopted by Parishioners.

This historic and much-loved establishment now needs full support from Parishioners, visitors, the Parish Council, groups and businesses so that it can be opened for business for the Public to enjoy again. There is still much to do to achieve this and this will involve negotiations with the owners. They purchased the property with a view to saving it for the community and have done a lovely job in refurbishing it which has added to its appeal during the periods of trading. Assistance will be sought for advice and options for funding, including Government Funding. In this respect the Society is in

contact with the Plunkett Foundation who are very experienced in organising campaigns to re-open closed venues.

If you are interested in assisting please consider joining the Five Bells Inn Preservation Society. Membership is free. Also please complete the questionnaire online at Monkey Survey or alternatively complete a paper copy and deliver it to Tweeds Butchers in Town Street, Upwell, who have kindly agreed to collect them for the Society.

It is important for places of importance, historical and social interest to be preserved in communities and this is an encouraging start.

The Society will keep you informed of developments.

You are welcome to share this information, and can become a member of the Five Bells Inn Preservation Society by applying for a membership form at: [f5bell@yahoo.com](mailto:f5bell@yahoo.com) We will keep you updated as and when we receive further news.

**David Cooper**  
Chairman



## FROM THE CHAIRMAN

The last few months since the summer magazine have certainly been eventful for the parish council. In the last magazine I gave you advance notice of a parish council election. Since then, Anne Higgins was elected and has since resigned. We have also had resignations from Brian Carr and Sue Lowe. I was personally very disappointed that we received the resignations and I'd like to thank all three councillors for their

individual contributions to the Parish of Upwell. I know that Sue Lowe feels that she wants to focus her limited time on trying to find ways to revive the sense of community in

Three Holes and Lakesend, to improve communication in the villages and to try to facilitate the development of suitable facilities in the two villages going forward. I am sorry she didn't feel she could do that from inside the council, but I have promised her the full support of the council in her efforts. Anne's resignation was especially surprising, but I don't think she felt she was able to deliver what she had promised to the people who had voted for her; I know she shares Sue's aspirations and is going to work with Sue Lowe going forward. Brian had been on the council for a long time and in recent years has been especially active with Upwell Cemetery where he chaired the group who run it. I hope he will continue to take an interest in the cemetery going forward. Brian tells me he was frustrated by the slow progress with things the council has highlighted, for example with Norfolk Highways cutting back overgrown vegetation on the highway and also by what he perceived as poor communication, both between councillors and between the council and the public. I may not agree with all the concerns expressed by the councillors but can promise them I will ensure the messages they have sent the rest of us are not ignored. Again, I wish them all the best in the future. The closing date for ten parishioners to request an election has now passed and no such request has been made. This means the council will be able to co-opt three people to fill the posts. The council will officially call for candidates at our next meeting with the aim of completing the co-option process at our November meeting.

On the same election day, the Neighbourhood Plan was accepted by referendum. This means that the content of the plan will be taken into consideration when discussing planning issues and that certain developments in the plan now have a mandate to be progressed. Around the time of the recent resignations, I became aware of significant posting on social media about the council and its actions. There were several comments implying the council was being secretive or underhand in the organisation of the Upwell Hall refurbishments, which have been mentioned many times in this magazine. There were also suggestions we were not communicating effectively with the public. As a result of those comments, I posted a statement on our website and the rest of this article is that statement amended slightly due to events that have occurred since it was published.

Firstly, on the refurbishment of Upwell Hall, I think a summary of the history would be helpful. Upwell Hall was originally built in 1868 by public subscription on donated land. It was run by the public for many years but passed into private ownership in the last century. Upwell Parish Council took on a lease for Upwell Hall in 1996 when it had been closed by its private owner. At this time the village did not have a hall and the council felt a village hall was an important community asset it should do its best to preserve.

After a year leasing the building, the hall was purchased by the council for £60,000. Since the lease started the hall has been run

by a changing group of volunteers, from not just Upwell, but also Outwell and Three Holes. This group was essentially a sub-group of the council and ran the hall on its behalf. During that time the council has spent relatively little on the hall with most of the running and maintenance costs coming from hall revenue. In 2019 it became apparent that the hall would need significant investment to keep the electrical and heating systems going. The parish council consulted Community Action Norfolk for advice and were told that, as the building was publicly owned, it would not qualify for the majority of grant aid available to other charity owned halls. The hall committee staged a public consultation in July 2020 where it delivered leaflets to the majority of the households in Upwell asking if the public supported the council investing in the village hall and received 100% positive feedback urging the council to do so. We held a public council meeting in the hall garden in August 2020 and again the public spoke in support of the council renovating the hall. At the meeting some councillors were concerned about the costs and urged we consider transferring the hall to a charity. It was felt at that meeting that we would find it difficult to identify a charity to take on the hall in its current state as considerable investment was required. It was therefore agreed that the council would renovate the hall, and then find a charity to take it on in future so the council would not in future face financial demands upon it.

As a result of that meeting, we tried to find individual contractors to address the various individual problems that the hall had, but we could not find sufficient businesses who were interested in doing the work. Therefore, the council finance committee recommended in November 2020 that we appoint an architect to identify all that needed doing and to put together a tender package and project manage the renovation through one contractor. It was also agreed that making the hall more energy efficient would be a sensible and desirable thing to do, both to reduce future running costs, and to reduce the negative environmental impact of the hall.

Three firms were approached, and one was selected. They surveyed the building and following discussion about their findings a tender package was sent, in June, to 5 building firms in the area that the architect felt were qualified to carry out the project; of those 5 firms two chose to tender and we were at the stage where we are about to choose which firm to go with. Unfortunately, the costs currently quoted were much higher than those we originally envisaged; this was partly because, following the surveys, a lot more work was identified as needing doing than previously known about, and secondly because of the unprecedented increase in building costs that have occurred in the last 9 months as a result of Covid and Brexit. We have already secured over £56,000 towards the cost from the Borough Council CIL fund and have applied for further grants available to parish councils to try to mitigate the cost.

Before we could accept the tender it was realised the council were obliged by law to follow a different process of tendering than the one we had pursued. As a result of that we have now advertised the opportunity to tender on the government Contract Finder website and will be re-tendering the work in the near future. If and when the project goes ahead we will hold an open session at the hall to share the plans.

Secondly, we have faced criticism that we are not open and do not communicate with the parishioners adequately. We are disappointed by these suggestions as we have been trying to improve this area in the last few years. We publish and deliver to as many households as we can this quarterly Parish magazine in which we tell people what the council is doing. We also have developed a new website where all our activities and meetings are published, and we have a Facebook page where we post all significant information.

Thirdly, we have been criticised for being too Upwell-focused at the expense of Three Holes and Lakesend. This has been an area we have been concerned about, and for some time we have been holding council meetings in the two villages to make it easier for parishioners in the villages to access them. We now have one quarter of our meetings in the two villages; recently there were significant problems in the drainage systems in several areas of Lakesend and we helped our Borough councillor put pressure on Freebridge to get remedial works carried out.

Finally, the council has, in recent years, taken on many more responsibilities than in the past to help the community: we have taken over Upwell Cemetery to try and improve its maintenance; we have been very proactive with improving the access to, and the information on, public rights of way in the parish; we provide

allotments for both family use and small holder use; we purchased the speed sensor (SAM) unit which is moved around the parish by a volunteer to monitor speeding vehicles to help improve road safety; we fund and monitor footway lighting throughout the parish and we have recently been funding the improvements to the memorial garden around the war memorial in Upwell.

All the councillors are on the council to try and improve all aspects of the parish; it is inevitable different people will have different ideas on how to do this but what is unquestionable is that ALL councillors give their time freely and willingly and want the best for the Parish of Upwell.

**Dr Paul Williams**

## Blunt Trust Update

We have recently held our AGM where we reviewed the period up to 31st of March. Here is an extract from the Chair of Trustees address to the AGM:-

This report is to review the period up to April this year from the start of the trust. During that time we received 12 applications for financial help and spent a lot of time and planning on the development of the Nature walk behind Edith's old house.

The trust was set up as a result of instructions in Edith Blunt's will. The executor, Tony Davies, advertised for trustees and as a result of that I was appointed chair of the trust and Tony and I interviewed the trustee applicants and appointed a board of 7 trustees. We developed a trust deed which was submitted to the Charity Commission and after some changes they suggested, the deed was officially signed on February 4th 2020.

We have been placing updates about the trust in the Upwell Parish Magazine regularly and have been using local social media to disseminate information about the trust. John Richardson has developed a website <https://theblunttrust.com/> from which local residents can access information about the types of grant we can give and how to apply for them.

The trustees have taken the view that the trust should be managed so that it exists for a long time to support Upwell residents well into the future. The total money the trust will have received from the estate is still not finalised but will be in the region of 1 million pounds. The trustees are currently investigating the investment of that money and consider there will be three funds, one for long term investment, one for medium term and one for short term easy access.

The applications we have received in the period covered by this meeting have come from St Peter's Church, Upwell Playing Field Committee, Upwell Academy, Upwell Bowls Club, Upwell VE Day 75 Committee and 5 individual applicants. Of these five, three were for support with education, one for medical equipment and one for improvements to St Peter's Churchyard. So far we have enabled the playing field pavilion and tarmac disabled access to be completed, we have provided the bowls club with a new lawn mower, we have provided the school with a computerised library system to support our children with their reading and endowed the school with annual prizes to support the drive to improve the children's literacy.

We are very keen to support the education and development of our children and have set up grants for people going to university or college. We have adopted a policy that we will provide these people with a grant of up to £1000 towards necessary equipment and a £500 grant towards living expenses at college. We have also supported one talented youngster in

our community with a grant towards the fees they need to pay on top of the scholarship they have won to a specialist fee paying institution where they can develop their talent.

However, the centrepiece of our efforts in the last year or so has been the nature walk. This area was very run down and has needed considerable work to turn it around. Charles Martin has been the lead trustee on the orchard and he approached Kelvin Judd, a lifelong resident of the village with a lot of agricultural experience, to lead the work on the orchard. We have employed Kelvin but the commitment and passion he has applied to the task has far outweighed what we have paid him. I would like to take this opportunity to thank him for his considerable efforts. Initially he went through the whole orchard cutting back dead wood and bushes to really open up the area. Unfortunately, the degree of the growth of brambles and nettles initially meant we had to spray the area, something we would have preferred not to have to do. We have had a meandering path constructed through the orchard suitable for wheelchairs and pushchairs, installed kissing gates and a fence at both ends, planted a hedge along one side and planted many new trees, fruit bushes and shrubs as well as countless bulbs: the work completed with the support of local people who volunteered to help the trustees. It is gratifying to see the orchard being enjoyed by so many local people with their dogs and families.

What of the future? We have constructed an outdoor classroom and, with the help of the local school, aim to provide a place in which our children can learn about ecology as well as the history of the area and the ways they can safeguard our future world. We have also tarmacked a section of the car park to provide disabled parking bays and will soon be installing dog waste bins at either end of the nature walk.

Two trustees left at the AGM. One, Tony Davies, who has been our treasurer, is also the executor of Edith's estate and will continue to participate in trustee meetings as an attendee until all the estate has been transferred to the trust. The second, Haidee Norman, has found the extra work involved in being the headmistress of Upwell Academy during the Covid-19 pandemic has meant she has not had time to fulfil the role of trustee and has regretfully stepped down. We have two excellent replacements, Ian Harding and Nicky Wilkinson who were both elected as replacement trustees at the meeting.

Finally just a reminder: if you live in Upwell and are off to university this month then remember you can apply for a grant from the trust.

**Dr Paul Williams**  
**Chair of Trustees**

# Upwell Hall News

**Upwell Hall is now fully open again; users have to follow our Covid guidelines but it's nice to be getting back to normal. All details are on our website : <https://upwellvillagehall.co.uk/>**

We have a new manager again. The new man in post is David Aston and his contact details are on the website. We have also installed a card machine in the bar which can take contactless and chip and pin payments now.

Currently the hall is hosting pilates, various keep fit activities, ballroom dancing, the Friendship Group, the WI, Indoor Bowls and sewing club. There is a full list of activities on the website.

The big news is the proposed renovation of the hall. We are calling it the Upwell Village Hall Environmental Transformation Project. The hall was built in 1868 and it is far from a green building. However, its history of being built by public subscription, its location in the centre of the village, its beautiful vaulted ceiling and the vital role it has played in the lives of villagers for more than 150 years means it is a vital part of the heritage of our community. The project is ambitious and all encompassing; if it goes ahead the entrance will be remodelled, there will be a new patio entrance at the rear, the hall will be thoroughly insulated,

the heating system will become environmentally friendly, there will be a full re-wire, decaying brickwork etc will be renovated and the inside will be redecorated and modernised in places.

We have already received the promise of £56000 from the Borough Council Community Infrastructure levy and we have other grants applications outstanding which we hope will be successful.

Currently we are waiting for a contractor to be appointed and things are still fluid. We are hoping the work, which will take 3 months to complete, will take place at the start of 2022. When we reopen we aim to stage a big event to get things going.

Finally the sad news is the Upwell Hall Christmas Craft Fair will not take place this year due to administrative reasons. Hopefully we can be back bigger and brighter in the renovated hall in 2022.



## Three Vacancies on Upwell Parish Council

Due to recent resignations we have three vacancies on the council.

If you are motivated to give up some time and effort for the good of the parish why not consider this opportunity. Anyone living or working in the parish can apply. We currently have no councillors living in Three Holes or Lakesend so those communities need representation, but remember if co-opted you will be working for the whole of the parish not just your own village.

The council will officially call for candidates at the October Council Meeting. By all means come and see what we get up to at that meeting and introduce yourselves. Our clerk, Melanie, will provide you with full details and an application form. Call her on 07368420237 for details.

As most internal council communication is by email the minimum requirement is a computer and an email address

## SNAP, what is it?

**Safer Neighbourhood Action Panel is what the acronym stands for. The objective is to enable the public to have some input into local Police priorities.**

I attended the first meeting as Upwell Parish Council's Police Liaison member. After much confusion, at September's Main Borough Council meeting it was announced that I am now the full Chair of the Panel.

I was already in contact with the local beat Manager Tracey James and others, having visited Downham Police Station during Covid to discuss School parking plus speeding, etc. However, SNAP has no Police powers and cannot demand the Police do anything that they are not already doing, contrary to what someone on Nextdoor suggested. It is for the public to bring items up at the meetings, which usually last about an hour, with a question-and-answer session after a Beat Manager's report. We then vote on the most important issues.

SNAP cannot do anything about certain issues, such as parking outside Schools. Please be polite if you are asked to move. There have been other reports of obstruction to properties which have a dropped kerb: **this is an offence** and causes much concern, especially to those who have ailing relatives, so please be considerate.

The next meeting is a hybrid affair being held physically and on Teams thanks to Nordelph Village Hall Committee kindly granting us free use of their facilities. PC Dave Funnel will be the next Beat Manager. It will be held on the **25<sup>th</sup> October at 19.00**. For details please contact: [Paula.Gilluley@norfolk.police.uk](mailto:Paula.Gilluley@norfolk.police.uk) or your local Parish Clerk. We have not yet established next year's format but hope to be able to move the venue to other Parishes' facilities in the future.

I hope to see you there.

**Cllr. Colin Rose, BCKLWN and Upwell Parish Council**



## Green Fingers Gardening Club

After a break of 18 months we were able to hold an 'in the room' meeting in September. It was so nice to be able to revert to our old format with things

running like clockwork. The Speaker was Andrew Sankey who talked about 'Colour in the Garden'. He spoke, without notes, about gardens he had designed & planted and used slides to illustrate the points he made. He is an advocate of Gertrude Jekyll and acknowledged the use of one of her books published in 1908. I was amazed to go online afterwards to find it is still available! Andrew's own book, *The English Cottage Garden*, is published in October.

Forthcoming meetings are at Upwell Methodist Hall, Town St, Upwell PE14 9DQ and talks include:

**October 19<sup>th</sup> Bee Keeping**

**November 16<sup>th</sup> AGM**

**December 7<sup>th</sup> Story of the British Oak**

We are open to all ages & experiences. Meetings are held on the 3<sup>rd</sup> Tuesday of every month except for December when the date varies. The start time is 7 for 7.30pm. Visitors pay £3 per meeting. Tea & coffee is served after the main talk, so we always have an opportunity to chat, exchange information or ideas and look at any flowers or plants that have been brought along. You are welcome to come along to the October or December meetings to see what we get up to.

Any questions can be fielded by our Chairwoman Susie Haynes Tel 01945 773576

## The Farming Year 2020/21

Well, that's another year nearly gone by - how time flies – and Covid 19 is still with us and does not show much sign of going away.

Well, to farming: last autumn the weather was not too bad for lifting crops i.e. potatoes and I believe most turned out fairly well. Sugar beet was a bit hit and miss, due to yellow virus, which we have not seen for a number of years. This is due to the fact that the chemical, neonicotinoid, used to dress the seed, was banned. The same happened to oil seed rape, as the same chemical was used to stop the flea beetle which devastates this crop. This is the reason why I do not think you will see many yellow fields in 2022 unless another chemical is found to do the job to stop the beetles.

I believe cereal crops turned out fairly well last year, as well as apples, but vegetables were not so good, also onions, due to the hot weather.

Drilling of cereal crops last autumn for 2021 harvest got off to a good start but then we started to get a fair amount of wet weather which slowed things up and in the new year it came really wet and cold. In late February when you would like to start getting ready to drill and plant early crops such as early potatoes, carrots and veg plants it was too wet to get on the land. It was late March before we could sow these, along with spring cereals, sugar beet and other crops. After we managed to get these in the ground, and they started to grow, we got some late frosts which trimmed some up. The flowers on some of the strawberries went black, the blossom on a lot of apple trees got cut and it affected a lot of garden plants too;

although there were many that didn't seem to suffer from the weather. It stayed a bit on the cool side for some time, so when it started to warm up crops were behind and it made it later before you could start harvesting them. Even my over wintered broad beans were later than normal.

Weatherwise, it became fairly dry, apart from odd showers, as I had to water the strawberries but otherwise crops were fairly good. Harvest then started but the weather changed again and we kept having showers, so harvest could not really get started properly till late August/early September. Then there were some really hot days and I think most of the cereal got cut, but at the time of writing in the third week of September I notice there are still odd bits to do. As it said in my farming mag, 'the wettest dry harvest ever'.

Main crop potatoes look reasonably good after the late start to the growing season, some of the onions look a lot better than last year and as I ride about the area I notice some apple trees have a good show while others look very light but sugar beet also looks better than last year. I did read in the farming press that pumpkins are light this year and are on the small side, so could be in short supply.

After the short spell of hot weather at the beginning of September it has now turned unsettled again, as on Tuesday 14<sup>th</sup> I recorded 48mm of rain. You might say it splashed the cabbage leaves.

Let's hope in the next 12 months we will see the back of Covid 19. Stay safe everybody.

Regards, **Keith Harrison**

## Tea on Tuesday

It was lovely to see so many people enjoy the first Tea on Tuesday session held in the Upwell Methodist Hall on 7<sup>th</sup> September.

Pretty teacups and flowers set the scene and amid the murmur of happy chatter there was certainly lots of homemade cakes and gallons of tea consumed!

Meetings are now held fortnightly and all ages are welcome to come along to meet new and old friends for a chat, cuppa and cake.

For more information and the date of the next Tea on Tuesday phone Jackie on 07584 735805

## Upwell and Outwell Lunch Club

**'It's great to be back!'** Was the refrain from all the members when the first meeting of the Upwell and Outwell Lunch Club was held in August. Back with a new menu, lots of new members and loads of great ideas to make the club better than ever!

We welcome anyone of pensionable age to come along and enjoy a hot two course lunch (provided at cost), with tea or coffee afterwards and the chance to have a chat and relax in informal surroundings with other residents of the villages and surrounding parishes.

Some of our members have difficulty with their mobility, so if needed, we can arrange transport to and from the club using a minibus suitable for those using walking aids and wheelchair users.

If you would like further information on our club then please contact Jackie Scotten on 07584 735805 or 01945 880631.

Email: [jackiescotten51@gmail.com](mailto:jackiescotten51@gmail.com)

Or Pearl Willcox on 01945 773566. Email: [pearl.willcox06@gmail.com](mailto:pearl.willcox06@gmail.com)



Just a week after the first lunch club meeting the members enjoyed a belated VE Day Celebration Tea which was a chance to catch up and have a good natter over a very special tea prepared by lunch club volunteers.

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## Tram Memento Project Phase Three



The unveiling of the latest phase of the Wisbech to Upwell Tram Memento Project took place Saturday 9 Sept 1100 hrs at the Outwell Boat Basin -The Lance



Hunter-Rowe Boat-haven. The feature was unveiled by 92 year old Mr Philip Doubleday, originally from Outwell, a former ice speed skating champion and a founder member of the Well Creek Trust. The tram project is supported by the trust.

Phase Three Part One has been produced by a small group of enthusiastic volunteers using donations and funds that have been raised through local history presentations.

Part One illustrates historical information, maps and images of the Outwell Goods Yard and the Outwell Basin Goods Yard and is a continuation of the previous two village mementoes located in Outwell and Upwell. All mementoes are specially made to describe the areas where they are located.

Plans are currently being made to install other similar features at Emneth, Elm and Wisbech.

W P Smith

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## To Rent Garden Allotments

The Parish Council has a number of garden allotments to rent on its Stonehouse Road site.

Call for more information

Parish Clerk, Melanie Hilton: 07368 420237



# UPWELL PLAYING FIELD COMMITTEE

New Road, Upwell Wisbech Cambs PE14 9AB.

Tel. 01945 773604

email [upfc@talktalk.net](mailto:upfc@talktalk.net) Registered charity 300425

As I write this report for the magazine, we have our last of the season Horse and Pony Show along with Heavy Horse show – 25th September. We have had very good turnouts for the shows – there are always a few niggles, but we carry on.

Without these shows, along with the dog shows and car boot sales, we as a committee would struggle financially. Like many other local groups, we did receive funding from the Borough Council for loss of income during lockdown - which has helped considerably.

Our car boot sales have been extremely busy, with as many as 53 sellers and our refreshments have been busy also. We finish this year on 28th October unless the weather breaks. Many buyers have said we finish early – well we do open up about 7.15am and the sellers are there waiting before that, so it is a very long morning for some of us.

We held our weekend event – Party in the Park on the third of July: four brilliant bands, the weather held off; crowd wasn't massive due to football but it was enjoyed by all who attended. On the Sunday we did not have masses of stalls, but the vintage and classic cars were lovely. We had Lambrettas, motorbikes,



trikes and static engines. Welney Wildfowl and Wetlands Trust were in attendance, the usual Barbecue and tea tent, bouncy castle and slides. A local gundog

demonstration of retrieving etc. ....then it rained so we finished just a little earlier than planned but a very enjoyable weekend. Winners of our photographic competition – we had two entries in the Wildlife section – so it was joint winners – were Caitlyn Rust (butterfly on buddleia) and Joshua Watson (robin); both very good, both very different. Each received their entries framed.

As previously reported, we ordered new litter bins and at long last they have arrived. Hopefully these will be placed around the field, some replacing the old ones, plus extra ones.

Everyone by now has seen and know our car park has been generously sponsored by the Blunt Family Trust. The car park lining is finished – with three disabled bays and five other bays - but I do notice several people park illegally in the disabled bays. Please note the main car park may not be open during winter months – unless there is a large event. This is due to antisocial behaviour by some drivers: we were very pleased to have all the gravel levelled and topped up by ADS Groundworks

but now it has several ruts. The Heras fencing erected for our weekend event may stay in place for the time being – we have received one or two comments – but it is safer for the children. We have only recently been told our access gate is not wide enough for children's double buggies or wheelchairs - hopefully



we can address this in the future.

UPFC will be holding their Christmas Raffle – so watch out for tickets, DONATIONS of seasonal prizes always welcome so contact Pat 01945 772257 or myself.

I would like thank all of our sponsors for horse shows, light and heavy, for our summer fayre, too numerous to mention, P. J. Brown & Son (Stewart and Caroline), Robinsons Transport Ltd., everyone that donated towards our summer raffle, all of our helpers throughout the year, Kelvin, Adrian, Hilary, Christine, Pam, Geoff, and anyone else I may have forgotten...sorry.

We will be holding our AGM on 13th October in the pavilion, so come along and volunteer. Like many committees we are

always looking for new members; if you have recently moved to the village and want to join in village life and get to know people. Especially if you have young children or teenagers come and join us. Our meetings are usually once a month on variable evenings at the pavilion. If you enjoy good banter, enjoy being outdoors and would like to help the community you live in come and give it a try.



Thank you to everyone for your continued support.

Committee: Ros. Shorting, Mark Elliott, John Spikings, Nigel Carter, Pat Moat, Liz Thorpe, Pip Read, Steph Thorpe, Liz Ferris, Christine Bidwell.



## Church Mooring Upwell

The Well Creek Trust is due to start major work on repairing and partially remodelling the Church Mooring in Upwell. Members of the committee will be meeting at the end of September to finalise the details. Many of the timber supports to the mooring are rotting away and some of the bank has started to subside on to the mooring. In order for the WCT to carry out this work, the mooring will be closed from the end of October and remain closed through some of the winter season.

The Well Creek Trust intends to:

1. Move the shrubs and perennials which were originally donated by the Well Creek Trust members to a safe place, so that the bank can be made safe;
2. remove and replace all rotten timber;
3. remove all decking and replace with new non-slip fibreboard which has a longer life;
4. remove some of the soil along the bank;
5. replace the current planters with concrete boards and posts, which will ensure no further soil slippage;
6. when the concrete boards and posts are in place, to replant the rescued shrubs and perennials.

As you can appreciate, this represents a lot of work and we regret any inconvenience to our members and boaters who use this mooring.



*Are you looking for a great way to get out and enjoy life after Covid?*

You may want to come along to **Singers Inspired** choir.

We're a non-religious community choir, based in Downham Market. We welcome all members of the community from the town and surrounding area.

If you have always wanted to sing but have no idea where to begin and think you may not be good enough, we may well be the choir for you. Or if you have been in a choir before and miss singing, please give us a try.

We sing all kinds of music from all kinds of musical traditions from around the world. We have a great Music Director, who makes us sound better than you might expect.

We don't expect you to read music and you won't be asked to take an audition. What could be simpler?

We meet every **Thursday evening from 7.30 pm to 9.30pm, during school term in the Methodist Church Function Room in Paradise Road PE38 9JE** (free parking across the road in "Morrisons" car park). Subscriptions are reasonably priced and concessions are available.

Singers Inspired is a friendly, fun way to enjoy your singing. Why not come along and give it a try - see if you like it - your first two sessions are free.

Our **next term starts on 9 September 2021**, with the option to wear masks and socially distance if you prefer.

You can find us on Facebook and Instagram if you want to see what we get up to.



<https://www.facebook.com/SingersInspired/>



<https://www.instagram.com/singersinspired/>



Hesitant about socialising, but want to join the community? Come to Welle W.I. We hold meetings on the **first Monday of the month at 7.30pm** in Upwell Village Hall. There is plenty of room for social distancing and the wearing of masks is up to the individual. Hand sensitisation is available and everyone is very careful. It gives the opportunity of meeting and talking to women of all ages and finding interests in common. Speakers are booked on a variety of subjects and various crafts are given a good airing amongst much hilarity. Fancy joining in and meeting friends and having fun? Contact our Secretary Janet Roden on 01945 774565 or email [welle.wi@outlook.com](mailto:welle.wi@outlook.com) for further information. Bye for now and hope to see you soon.

## Lakesend Village Hall

Exciting times are ahead of us: by the time you get this, Lakes End Village Hall will have 3 groups running: Our very own Debbie Gair still runs her fortnightly **sewing group** on alternate Wednesday mornings. For more information, please ring Debbie on 07977701497 for dates etc.

We have a **Boxercise** class every Tuesday, run by Vince. This does include self-defence moves. For more information, ring Vince on 07877250079.

Commencing 30<sup>th</sup> September, **dog training sessions** will be held from 7pm to 9pm. This is run by Ray. His contact details are 01354 638735 and 07719277937. All dogs are welcome.

Now, FINALLY!! **Lakes End Village Hall committee AGM** will be held. I do understand it is long overdue. Please keep an eye out for date and time on notice boards and on Facebook. Any questions/queries etc, please email me on [lakes.end.villagehall@mail.co.uk](mailto:lakes.end.villagehall@mail.co.uk).

## Chocaholic Biker Chick Slims to Business Success



Allison before

**When I first joined Slimming World I lost 6 1/2lb in my first week and by 12 weeks I had lost 2 stone.**

Welcome Neighbours, my name is Allison, I live in Upwell and I am excited to tell you that I am your new local Slimming World Group Consultant.

They say you are what you eat: before Slimming World I ate heavy, stodgy, fatty food and that was exactly how I felt. I have always loved Chocolate and Motorbikes, neither of which I was prepared to give up - but when I could no longer do up my leather motorbike gear, I knew I had to take control.

I approached my first Slimming World group with apprehension. I hated how I looked and felt and was convinced I would be humiliated for allowing myself to become so fat and out of shape... but I was greeted with smiles and kind words. Everyone there had started like me and were full of encouragement and support. I was introduced to Slimming World's amazing Food Optimising which educated me how to eat the foods I really love. In my First week I lost 6 1/2 pounds and by 12 weeks I had lost 2 stone: eating healthy delicious food including curries, spaghetti, juicy burgers and even chips as well as learning new favourite dishes like Sticky Chicken, Beef Stroganoff and Chicken Chasseur.

I feel great, I am healthier, fitter and I have regained my confidence and self-esteem. I realised that by becoming a Slimming World Consultant I could help others to lose weight, improve their health and build their self-esteem, as my group

had for me. So I trained to be a Consultant and passed my Diplomas. . and by the way, my leathers fit now, and I have never had to give up Chocolate!

I am delighted and excited to tell you that Thursday 28<sup>th</sup> October 9am at Outwell Village Hall will be my first group as a Consultant. I would love to meet you there - whether you just want to shake off those Lockdown pounds and learn to eat healthily for you and your family, or have a weight issue, please come along. There will be friendly smiling faces to



Allison after

greet you with a cuppa. You will never be humiliated or have your weight disclosed - just congratulated for your achievements in our fun and supportive group So write it on your Calendar; **Thursday 28<sup>th</sup> October 9am at Outwell Village Hall.**

See you there xx  
Please feel free to contact me, Allison on 07826 362418.



at **St Peter's Church, Upwell**

- is a way of being church for families involving fun!
- **is a church, not a craft club**, that helps people encounter Jesus as Lord and Saviour
- is found across the world
- **values** are about being Christ-centred, for all ages, based on creativity, hospitality and celebration
- is part of **The Bible Reading Fellowship** which believes, with the historic churches, in one God, who is Father, Son and Holy Spirit.
- **Messy Church – church but not as you know it**

We typically include:

a welcome, a Creative time to explore a biblical theme through getting messy; i.e. Craft, painting etc.

a short Celebration time involving story, prayer, song; finishing with 'refreshments', together at tables.

All elements are for people of all ages, adults and children.

*Children must be accompanied by an adult.*

**Why not come and join us?**

Our next session will be **Sunday 21<sup>st</sup> November 2021.**

at **St. Peter's Church, Upwell, 2.00 pm - 4.00 pm**

We usually meet the 3<sup>rd</sup> Sunday of every second month, list of dates in church!

**FREE!**

Although donations help us to keep going!

Watch out for our posters, check in church or Contact **Raine 01945 774322**

**REMEMBRANCE SUNDAY  
14TH NOVEMBER**

**THE OPEN AIR SERVICE  
WILL BE HELD AND THE  
ROLL OF HONOUR WILL BE  
READ AT THE WAR  
MEMORIAL AT 10.45 A.M.**

**THE TWO MINUTES SILENCE  
AT 11.00 A.M. WILL  
COMMEMORATE THE FALLEN  
IN BOTH WORLD WARS**

**THIS CEREMONY WILL BE  
FOLLOWED BY A SERVICE AT  
THE METHODIST CHURCH**

Upwell Parish Council (UPC) receives questions on a wide range of issues from parishioners such as highways, waste bins and overhanging vegetation to name a few, and our aim is to address some of these in forthcoming issues as we are keen to assure everyone that we understand these concerns and that we are constantly working to help find solutions.

In this edition, we are focussing on vegetation along our highways, footpaths and other public rights of way, also known as PROWS.

## Overhanging Vegetation

The UPC recognises that safety on our highways, footpaths and other public rights of way is a key concern for parishioners and we hope this information will be useful.

Hedges, trees, bushes and any vegetation that encroaches on any form of public highway can, unwittingly, be a potential cause of accidents as it obstructs vision for road users and can force pedestrians off pathways making it unsafe.

The Highways Act 1980 outlines measures that can be enforced to help deal with obstruction of highways (in the broadest sense). Section 154 specifically relates to “a hedge, tree, shrub or vegetation of any description that overhangs a highway so as to endanger or obstruct the passage of vehicles, pedestrians or horse-riders”.

Property owners or occupiers are legally responsible to ensure their vegetation does not cause an obstruction. Should they fail to do so, then the Highways Authorities (in the case of Upwell Parish this means Norfolk County Council) will issue a formal notice for the obstruction to be cleared and if that is ignored then Highways can carry out the work and send the owner or occupier a bill for the costs.

UPC and NCCH work together to identify places where there are problems and, in the first instance where possible, always ask the land/property owner or occupier for cooperation before taking the matter further.

Although The Highways Act 1980 doesn't specify any actual measurements for overhanging vegetation, we found minimum requirements as identified by Suffolk Highways:

- For pedestrian areas, minimum headroom of 2.6m (8ft 6 inches).
- For carriageway and an area immediately adjacent to it (for a distance of 0.5m (1ft 8 inches) minimum headroom of 5.2m (17ft).

In both cases, all the vegetation should be cut back vertically. See the diagrams above.

REF: <https://www.suffolk.gov.uk/assets/Roads-and-transport/Trees-and-Hedges/FIASNL2018-05-02-Vegetation-and-Trees-Overhanging-the-Highway-Information-Note-24.05.2018.pdf>

Obviously not everyone will have the tools to undertake cutting back of taller trees or larger bushes and if that is the case, please have a conversation with us so we can find a sensible solution for you.

Sue Lowe

## Avoiding sewage problems

**Sewage blockages can be caused by the wrong things being placed into the system.** The following advice is from Anglian water who have been dealing with blockages with resulting flooding caused by wipes and sanitary products being flushed down toilets in Upwell, Outwell and Emneth.

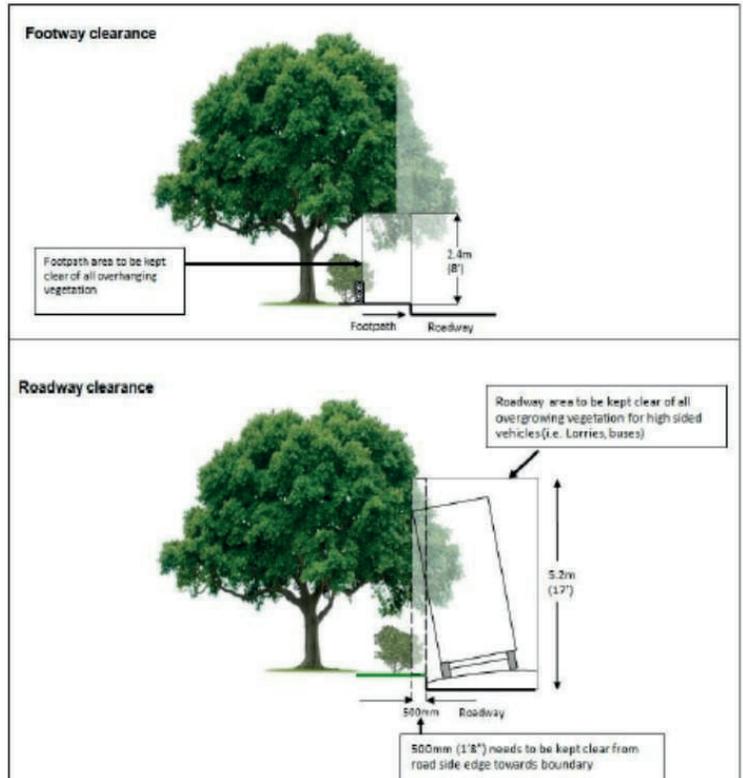
The amount coming through is having a significant impact on the mechanisms pumping the flow from toilets to the treatment works. In some cases they have been so choked that flooding has resulted in the gardens of homes close to the pumping mechanisms.

### Never flush wipes or sanitary products

Wipes and sanitary products such as tampons and pads should never be flushed down the toilet – they block pipes, stop sewage systems from doing their vital job, and many of them contain microplastics. **Always put them in a bin.**

- Even wipes marked flushable do not break down quickly enough like toilet paper.
- The only wipe that is flushable is a moist toilet tissue with the ‘**Fine to Flush**’ logo because it has passed rigorous tests to show it fragments quickly and does not contain plastics.
- Tampons and pads do not fragment in the pipes, cause blockages and contain plastic. They should always be placed in a bin.
- Wipes and sanitary products combine with fats, oils and grease and food waste in pipes to cause blockages.
- Never pour oil or fats and food waste down kitchen sinks. Used cooking oil can be recycled at household recycling centres where it is collected and converted into biodiesel or bio-fuel. Food waste can be composted in hot composters, or garden food digesters.

Advice from Anglian Water





It is so wonderful to have started the academic year with some degree of normality. We have kept some measures in place but children are now able to socialise in bigger bubbles, which is lovely to see.

The children have returned with such enthusiasm and our youngest children have settled in very well.



We are all extremely proud of them. We look forward to



booking trips and welcoming visitors to the academy. We recently held an open session for parents about phonics and reading. We will be holding open days for September 2022 so please watch our website for dates and information.

Work has taken place to provide the children with a wonderful area full of resources to support outdoor learning, which includes a maths garden, raised beds and our lovely chickens. We held a competition to name them and this was won by Harry in year 5. Well done!! They are Princess Lay-a, Hen Solo and Kylo Hen.

Thank you to FOSA who have helped with resourcing the area, for the donations and their time.

**As always, I do have to touch on the subject of parking. The buddies continue to make a visual reminder, along with the newly painted zig zags, to show that cars should**



**not be parked at the front of the school. Please also remember not to block neighbouring driveways.**

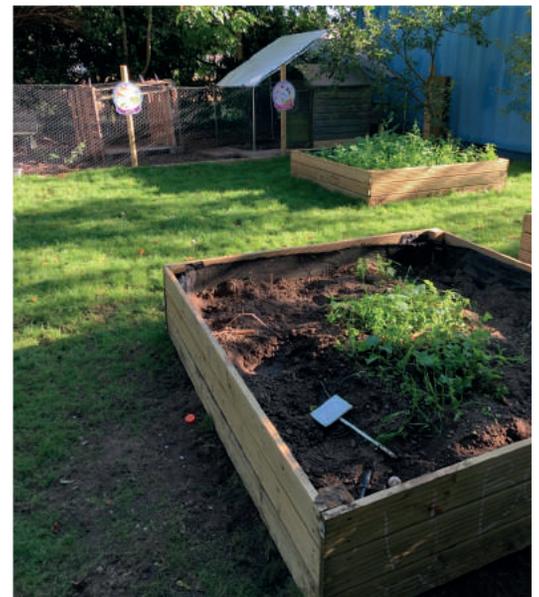
Miss Ellington's Year 2 Class have



already enjoyed two trips to Edith Blunt Orchards this term. They have used natural resources including sticks and apples to help them to secure their understanding of place value, working on numbers up to 100. The children and staff were able to make the most of the glorious weather on both occasions and the new teaching area too, and then had some free time to explore the orchard grounds including the new wild flower garden.

Our new website is now live and every Friday there is a weekly roundup of what children have been doing.

**Haidee Norman – Principal at Upwell Academy**  
[office@upa.eastern-mat.co.uk](mailto:office@upa.eastern-mat.co.uk) 01945 773220





## **THREE HOLES VILLAGE HALL** *Charity No. 304483*

**Junction of Main Road & Squires Drove, Three Holes, PE14 9JY**



The VE Day Tea, Welle Cinema Event (postponed from May 2020 due to Covid) took place on Sunday 5<sup>th</sup> September it was well-supported and everyone enjoyed the Imperial War Museum's VE & VJ Day Newsreels, Downton Abbey the Movie and a wonderful selection of cakes and bakes. Massive thank you to the committee and all the other volunteers who worked so hard to make the day happen.



Also thanks again to the Norfolk Armed Forces Covenant, the Borough Council King's Lynn & West Norfolk and Norfolk Community Foundation who provided the funding for this event.



**FILMS COMING SOON** Sundays at 2pm, admission £3.50 pp

**The MULE (15)** - starring and directed by Clint Eastwood – Nov. 7<sup>th</sup>

**EMMA (PG)** - based on the Jane Austin novel – Dec. 5<sup>th</sup>

**LITTLE WOMEN (PG)** - based on the Louisa M Alcott novel – Jan. 9<sup>th</sup>

REFRESHMENTS AND A LICENSED BAR WILL BE AVAILABLE

For more details contact Anne on

01354 638405 or 07761 584403



## Scam Alert – Be alert for bogus energy salespeople - Advice from NCC

With energy price hikes hitting the news, we are warning residents to be alert to bogus energy salespeople.

Fraudsters are experts at using the latest headlines to give themselves credibility. The news that the price of gas has soared in recent weeks creates a window of opportunity for scammers to con unsuspecting customers into handing over their bank details.

Fraudsters could attempt to cold call households pretending to be well known energy suppliers. The scammers will then attempt to convince consumers to 'switch' supplier and, if they agree, ask for their bank details.

Other risks include face-to-face 'salespeople' knocking on

doors and pretending they are there to help customers switch providers and, again, taking bank details.

To protect yourself following these tips:

- Don't respond to any cold calls, no matter what claims they are making
- Never give out your bank details or give or confirm your personal details if approached in this manner
- Never click on links in an email. Check the email address it has come from

For advice and to report rogue traders, contact us via our partners the Citizens Advice consumer helpline on freephone **0808 223 1133**.



**DRIVE**

Grants of **£5,000 - £30,000** available

- Does your business have a project you'd like to get off the ground?
- Do you need funds to buy new machinery or equipment, upgrade technology or carry out expansion plans?
- Would your company benefit from 12 hours free business mentoring?
- Does your business contribute towards the rural economy in Norfolk or Suffolk?

**Contact DRIVE today!**  
Call 01603 222643 email [driveteam@norfolk.gov.uk](mailto:driveteam@norfolk.gov.uk)  
[www.driveforbusiness.co.uk](http://www.driveforbusiness.co.uk)






**Delivering Rural Investment for Vital Employment (DRIVE)**  
is a **NEW** business mentoring and capital grant funding programme to help small to medium businesses invest in new projects for growth and expansion.

If you employ less than 250 people and have an annual turnover below €50m (approx. £42.5 million), you could apply for a grant worth up to **40%** of your project's total costs.

**Examples of grant spend could be:**

- Buying new machinery or equipment
- Business expansion
- Technology upgrades
- Tourism development




To explore your ideas further, ask us about eligibility. Contact the **DRIVE** team today to see if your growth and expansion plans fit within grant criteria.

All businesses accepted onto the scheme receive 12 hours of free business mentoring, help and support for your project and business plans, followed by the opportunity to apply for a **DRIVE** grant.

See [www.driveforbusiness.co.uk](http://www.driveforbusiness.co.uk) to check eligibility requirements or contact the **DRIVE** Team on 01603 222643 or email us [driveteam@norfolk.gov.uk](mailto:driveteam@norfolk.gov.uk)

## FIVE THINGS YOU MAYBE DIDN'T KNOW.....

- **Scorpions are not immune to their own poison.**
- **A Bumblebee can fly at speeds up to 11km per hour.**
- **Two Army teams once competed in a Tug of War that lasted for 2 hours and 41 minutes.**
- **Napoleon tried to poison himself but because the poison was old, it had lost its potency and gave him hiccups instead!**

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Careline COMMUNITY SERVICE



Borough Council of King's Lynn & West Norfolk

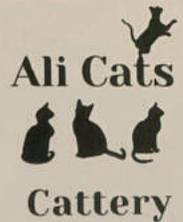
1170-120-5

Ali Cats Cattery is a family run cattery based in Upwell, Cambridgeshire.

We are dedicated to providing your cats accommodation in a clean hygienic, safe and loving environment.

All of the penthouses are temperature controlled, creating a perfect comfortable environment.

If you have any questions please don't hesitate to contact Alison, who will do her very best to accommodate your cats needs.



We are fully licensed and insured.

**Price List** (per night)

- 1 cat - £9.00
  - 2 Cats - £15.00
  - 3 Cats - £18.00
- Minimum 2 night stay

**Opening Hours**  
 Mon-Sat: 4-6.30pm  
 Sun: 10-11.30am  
 or viewings by appointment.

70 Town Street, Upwell, Wisbech, Cambridgeshire, PE14 9DF

Alison Clarke | 07472 009 987 | [alocats700@gmail.com](mailto:alocats700@gmail.com)



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 Office r/o Fen Vista, Isle Rd, Outwell, Wisbech, Combs PE14 8TD

**Upwell Christmas Craft Fair**

Beautiful handmade crafts including Christmas decorations, arrangements, candles, gifts, painted china and a stunning range of Christmas Crackers.

Everything you need for your festive celebrations - and more.

Drop in and see Marion at Rosebank, 72a Small Lode, Upwell, PE14 9BG.

**Friday 19th and Saturday 20th November - 10am to 3pm.**

This event helps to raise money for Help for Heroes.



**STOP PRESS**

News Just In

**Father Christmas**

will be visiting Upwell on Tuesday December 7th

Come and meet him

He will be at Upwell Hall from 3pm until evening

WOULD YOU LIKE YOUR COPY OF THE MAGAZINE TO BE EMAILED TO YOU?  
 DO YOU KNOW OF ANYONE IN THE PARISH WHO DOESN'T GET A COPY BUT WOULD LIKE TO?  
 WOULD YOU BE AVAILABLE TO HELP DELIVER THE MAGAZINE WITHIN THE PARISH?  
 If the answer is YES to any of the above, then please let us know by emailing [upwellmag@gmail.com](mailto:upwellmag@gmail.com) or calling 07947422677.



# Three Holes Village Hall & Playing Field

Charity no. 304483

Junction of Main Rd & Squires Drove, Three Holes, PE14 9JY

[www.threeholesvillagehall00.org.uk](http://www.threeholesvillagehall00.org.uk)

Back in July our Local History Morning and AGM went well and we now have three new trustees and several more volunteers. The officers for the trustee committee are Sue Lowe - Chair (01945 772824), Anne Higgins - Vice Chair and Welle Cinema Coordinator (01354 610316), Helen Hartley - Secretary and Bookings (01354 610316) and Geoff Fox-Noble - Treasurer (07969 336107).

Most of the THVH&PF regular hirers have now resumed their activities. Numbers attending are still down on pre-pandemic levels but this is only to be expected as people are still cautious despite the lifting nationally of Covid restrictions.

The trustees have been carrying out a review of the charity's facilities to determine essential repairs and maintenance requirements. Whilst investigating recent problems with the flat roof of the hall extension, documents were discovered showing that the roof of the extension has 'out-lived' the number of years for which it was originally designed. The Committee is continuing to consult on necessary works and obtaining quotes.



*Our hall decorated ready for a wedding on September 25th 2021.*

## WHY NOT BOOK YOUR WEDDING AT OUR HALL?

contact Helen to ask for  
more details - 01354  
610316 – or at

[www.threeholesvillagehall00.org.uk](http://www.threeholesvillagehall00.org.uk)

to access our online  
booking system.

**WE OFFER SPECIAL RATES  
FOR REGULAR BOOKINGS  
and CHILDREN'S PARTIES .**

**THREE HOLES SHORT MAT BOWLS CLUB** is on Thursdays at 7pm, £3.50 and members are looking forward to playing matches again soon. New players are very welcome and for information about how to get involved contact Eddie on 01945 773961.

**UPWELL PARISH COUNCIL****Summary of Receipts & Payments  
year ending 31st March 2021**

2019 2020

£

<b>RECEIPTS</b>	
37,310	Precept
456	Council Tax Support Grant
21797	Allotments - Agricultural & Garden
11375	Cemetery
6711	Village Hall recharges
0	Furlough for Bar staff and cleaner
0	refund from CGM
1410	Insurance
10	Bank interest
3550	Adverts/Newsletter
100	Recharges (training, salt for grit bin)
2880	Grants
3350	Donations
0	PPS funding
0	Miscellaneous
5595	VAT
<b>94544</b>	<b>TOTAL RECEIPTS</b>

**PAYMENTS**

12814	Clerk Salary
165	Payroll
1242	Expenses
402	Audit fees
0	Stationery
3716	Bank/Loans
7020	Agricultural land
240	Garden Allotments
3939	Parks and open spaces
3438	Cemetery (grass cutting)
2176	BCKLWN
11865	Village Hall
427	Security
270	Training
300	British Telecom & TalkTalk
2408	Street lights
2466	Insurance
20	S137 payments
100	Donations
2866	Advertising/Newsletter
781	Subscriptions
206	Highways
3620	Neighbourhood Plan
43	War Memorial
20	Car park at playing field
1738	Car park Townley Close
0	Grit Bins
2473	VAT
<b>64755</b>	<b>TOTAL PAYMENTS</b>

40021	Opening Balance
94544	Plus total receipts
64755	Less Total Payments
<b>69810</b>	<b>Total transferred to Annual Return</b>

**Represented by**

67188	Unity Trust Account 20281171 - Tailored account
2622	Unity Trust Account 20281184 - Tailored deposit
12101	Fixed Interest Bond - United Trust 20087975
0	Unpresented cheques

**69810**

2020\_2021

£

37,363	
403	
8909	
29333	
8078	
2177	
95	
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2	
1900	
124	
100	
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2453	
<b>91597</b>	

16232
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777
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2733
2245
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2670
<b>73554</b>

69810
91597
73554
<b>87853</b>

86652
1202
12101
0

**82798****Upwell Methodist Church**

invites you to view an

**Exhibition of Artwork  
by local artists****Free entry** *(Artwork available to purchase)*Open Sunday afternoons 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup>  
October 2021 - 1.00 pm ~ 5.00 pm**Plus Craft Fair & Live Music***Refreshments available**All are welcome***Details of clubs and activities that have  
re-started in the Methodist Church Hall:****Mondays:** Dance Group.

Contact: Kate Whyborn.

email: [kate@klwdance.co.uk](mailto:kate@klwdance.co.uk)**Tuesdays:** Lunch Club one week,  
afternoon tea alternate week  
Contact: Linda Vincent 07733 144172**Wednesdays:**

Squirrels - 4.15-5.30

Beavers - 5.45-7.15

Cubs - 6.15-7.45

Scouts - 6.00-8.00

Explorers - 7.00-8.30

Contact: Deborah Crook, Scout leader  
07734 249536email: [crook520@btinternet.com](mailto:crook520@btinternet.com)**Fridays:** Girls' Brigade - 5.30 - 8.15.

Contact: Nicola Warden 07584 432695

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can be terrified of  
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# COMMUNITY UPDATE

## DOWNHAM MARKET SAFER NEIGHBOURHOOD TEAM

Emneth with Outwell, Upwell and Delph Ward

 [www.norfolk.police.uk](http://www.norfolk.police.uk)

September 2021



WE ARE YOUR SAFER NEIGHBOURHOOD TEAM – WANT TO GET IN TOUCH?

YOUR LOCAL BEAT MANAGER

CONTACT US – E: [SNTDownhamMarket@norfolk.pnn.police.uk](mailto:SNTDownhamMarket@norfolk.pnn.police.uk)

TEL: 101

FOLLOW US ON SOCIAL MEDIA

FACEBOOK: Kings Lynn Police

TWITTER: @KingsLynnPolice



PC 682 Tracey James

### UPDATE FROM YOUR ENGAGEMENT OFFICER

PC 898 PAULA GILLULEY

TEL: 07766990802

E: [Paula.Gilluley@norfolk.police.uk](mailto:Paula.Gilluley@norfolk.police.uk)



I can't believe that we are already well into September and as I write this we are starting to see the nights draw in, along with some very changeable weather!

As the nights have started to draw in I thought now would be a good time to remind everyone to adopt the 9pm Routine. This simple initiative, and some might say common sense approach to crime prevention was started in the USA. The 9pm Routine revolves around people getting into a habit of checking cars are locked, secure and valuables removed, any outbuildings/sheds are locked up and secured, and all windows and doors are locked and secured before settling in for the night. It is normally the simple things that work so why not adopt the 9pm Routine today and don't give opportunist thieves an easy target.

*Paula*

### CURRENT NEIGHBOURHOOD PRIORITIES

- ASB Watlington / Magdalen
- ASB Bridge St Downham Market
- Rural Crime

### WHAT IS HAPPENING IN YOUR AREA

It has been a very busy summer period for your local Beat Manager and the wider Local Policing Team. As well attending community engagements including the RAF Marham Open Day, Stradsett Heros Fun Day and the re-dedication of the War Memorial at Hilgay the team have also hosted street surgeries and carried out our #ParkWalkTalk foot patrols in and around the Downham Market and wider parish areas. The officers have also carried out proactive patrols which have included rural crime patrols tackling hare coursing and a recent trend of GPS Thefts.

Please do remember to make a note in your diary for our next SNAP meeting, which will be the first "hybrid" meeting; being held face to face at Nordelph Village Hall and also online via Microsoft Teams for those who can not make the physical meeting. This meeting will take place on 25th October at 7pm and is an opportunity for you to speak with a member of the local policing team and hear updates on our current priorities.

### DATE OF NEXT SNAP

**Monday 25th October at 7pm** to be held online and in person at the Nordelph Village Hall.  
For details on how to join online please email [Paula.Gilluley@norfolk.police.uk](mailto:Paula.Gilluley@norfolk.police.uk)



CONTACT US THROUGH OUR  
SOCIAL MEDIA CHANNELS



CALL US ON 101 OR 999 IN  
AN EMERGENCY



TALK TO YOUR LOCAL  
BEAT MANAGER



Upwell Parish Council

### MEETING DATES 2021

The Press and Public are cordially invited to attend any meeting. Residents can address the Council at the start of the meeting but may only speak thereafter with the permission of the Chairman

Upwell Village Hall  
Full Council 7.00 p.m.  
November 8th  
December 13th

## A Christmas Fair

Lakes End Village Hall  
are pleased to announce a Christmas craft fair  
to be held  
on Saturday, 20<sup>th</sup> November, 2021  
10pm – 4pm  
Entry £3, under 12's free

