



Giuseppe Guerriero

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<https://www.linkedin.com/in/giuseppe-guerriero-73860621/> | Work

address: Vändgatan 9, 41644, Göteborg (Sweden)

Work experience

Senior Consultant (Overlæge)

06/05/2024 – Current

Region Nordjylland – Brønderslev Psychiatric Hospital | Brønderslev, Denmark

Evaluation and treatment of affective and neuropsychiatric disorders (ADHD, Autism)

Founder, Manager and Specialist in Psychiatry

29/11/2022 – Current

Lillakliniken Psykiatri Cura | Gothenburg, Sweden

- Administration, direction, clinical and scientific work
- Adult outpatient consultation, assessment and treatment.
- Neuropsychiatric, anxiety, mood, personality, stress- and trauma-related disorders (Sweden, Denmark and Italy)

Clinical Researcher

2015 – Current

Psykiatri Affektiva, SU (and Gothenburg University, Sahlgrenska Academy, since 2020) | Gothenburg, Sweden

1. Principal Investigator in the tVNS-BPD study: Transcutaneous Vagus Nerve Stimulation (tVNS) for Borderline Personality Disorder (NCT05892900)
2. Principal Investigator in the study: A phase II, 8-week treatment, multicenter, randomized, doubleblind, placebo-controlled, parallel group trial to evaluate the efficacy, tolerability and safety of orally administered BI 1358894 in patients with Post-Traumatic Stress Syndrome (NCT05103657)
3. Principal Investigator in the study: A phase II randomized, double-blinded, placebo-controlled parallel group trial to examine the efficacy and safety of 4 oral doses of BI 1358894 once daily over 12-week treatment period in patients with borderline personality disorder (C.I.: Marianne Goodman MD)
4. Investigator in the ODEN study: Addition of the dopamine stabilizer OSU6162 to SSRI medication for difficult-to-treat depression (P.I.: Jakob Näslund)
5. Investigator in the study: Biochemical and neuropsychological effects of acute administration of escitalopram in premenstrual dysphoric syndrome (P.I.: Johan Fredrik Emilsson; Sponsor: Prof. Elias Eriksson)

Consultant

22/09/2023 – 31/07/2024

- Evaluation and treatment of clients diagnosed with PTSD, CPTSD, or DID secondary to sexual abuse

Senior Consultant (Överläkare)

01/11/2023 – 30/04/2024

Psychiatric Clinic, Norrlands University Hospital | Umeå, Sweden

Neuropsychiatric Outpatient Clinic

Senior Consultant (Överläkare)

03/2017 – 22/09/2023

Sahlgrenska University Hospital – Area 2 | Gothenburg, Sweden

Senior Consultant (Överläkare)

05/2022 – 10/2022

Psychiatric Clinic, Norrlands University Hospital | Umeå, Sweden

Neuropsychiatric team

- Outpatients evaluation and treatment
- (5 weeks as a consultant)

Senior Consultant (Överläkare)

01/09/2022 – 22/09/2022

Psykiatri Affektiva, SU – Mottagning för Personlighetsyndrom | Göteborg, Sweden

1. Outpatients evaluation and treatment
2. Clinical supervisor for junior and resident medical doctors
3. Main supervisor for resident medical doctors
4. Clinical research

Senior Consultant (Överläkare)

01/06/2021 – 31/08/2022

Psykiatri Affektiva, SU – Psykiatrimottagning Gamlestaden | Gothenburg, Sweden

Personality Disorders Team

1. Outpatients evaluation and treatment
2. Clinical supervisor for junior and resident medical doctors
3. Main supervisor for resident medical doctors
4. Clinical research

**Head Physician of the Medical Unit
(Vårdenhetsöverläkare)**

01/04/2018 – 31/05/2021

Psykiatri Affektiva, SU – Regional Högspecialiserad Vårdenhet för Självskadebeteende – Avd. 369 | Gothenburg, Sweden

Regional highly-specialised inpatients unit for severe self-harming behaviours

- Head Physician, Psychiatrist and DBT-Therapist
 - Development of clinical routines and treatment programs
 - Referrals evaluation
 - Intensive treatment (DBT/DBT-PTSD)
 - Research/Divulcation
 - Consultation
 - Clinical supervision of junior and resident medical doctors
 - Clinical research

Expert

2019 – 2020

**Dialectical Behavioural Therapy (DBT) –
Therapist**

03/2018 – 31/01/2020

Psykiatri Affektiva, SU – Psykiatrimottagning Gamlestaden | Gothenburg,
Sweden

DBT Team

- DBT treatment of Borderline personality disorder and/or self-harming patients

**Head Physician of the Medical Unit
(Vårdenhetsöverläkare)**

16/09/2016 – 31/03/2018

Psykiatri Affektiva, SU-Östra – Avd. 363 | Gothenburg, Sweden

General Psychiatry Inpatients Unit

- Inpatients evaluation and treatment
- Clinical supervisor for medical students and for junior and resident medical doctors
- Main supervisor for resident medical doctors
- Clinical research

Specialist in Psychiatry

31/08/2015 – 15/09/2016

Psykiatri Affektiva, SU, Psykiatrimottagning Centrum | Gothenburg, Sweden

Neuropsychiatric team

- Outpatients evaluation and treatment

Attending Psychiatrist

01/01/2015 – 30/04/2015

Sacred Heart of Jesus Center – Fatebenefratelli | Colombano al Lambro
(Milan), Italy

Psychiatric rehabilitation center

- Project manager of psychiatric treatment and rehabilitation for patients referred to the Centre (psychotic spectrum disorders and personality disorders).

Research Associate

17/03/2014 – 17/09/2014

Department of Psychiatry – University of Wisconsin | Madison, United
States

- Attending all phases of the Dr. Ned Kalin's study on brain mechanisms underlying childhood anxiety disorders
- Processing and analyzing neuroimaging data (Deformation-based Morphometry/Voxel-based Morphometry)

Attending Psychiatrist

09/2011 – 15/03/2014

European Centre for Anxiety and Emotional Disorders (CEDANS) | Milan,
Italy

Psychiatric Outpatient Clinic

- Outpatients evaluation and treatment

Private Psychiatric Consultant

2011 – 15/03/2014

Private Practice | Rome, Milan, Potenza, Italy

- Psychiatric outpatients evaluation and treatment

Attending Psychiatrist

10/2011 – 03/2014

Department of Clinical Neurosciences, San Benedetto Menni Hospital. | Como Lake, Italy

- Project manager of psychiatric rehabilitation for patients referred to the Unit of General Psychiatry (psychotic spectrum disorders, personality disorders, mood disorders, eating disorders, etc.)
- Developed chronotherapeutics for affective disorders inpatients
- Clinical Research:
 - Patients recruitment and data collection
 - Writing research protocols
 - Writing scientific reports

Consultant Psychiatrist

01/2013 – 12/2013

San Carlo Borromeo Nursing Home | Solbiate (Como), Italy

- Psychiatric counseling for elderly and Alzheimer inpatients

Court-Appointed Psychiatrist

09/2013 – 11/2013

Chort of Udine | Udine, Italy

- Assistant to Professor Vittorino Andreoli as a Technical Consultant in the Gobbato murder case
- Psychopathological, personality and familiar relationships assessment of the indicted through tests and scales

Resident Physician in Psychiatry

08/2007 – 07/2011

Agostino Gemelli University Polyclinic – Catholic University of the Sacred Heart | Rome, Italy

- Anxiety Disorders diagnosis and treatment
- Developed and launched CBT group for panic disorder and agoraphobia
- Developed and launched chronotherapeutics for affective disorders outpatients
- Clinical research:
 - Investigated global functioning of patients with anxiety disorders
 - Investigated symptomatic dimensions of anxiety disorders and coping strategies
 - Investigated clinical, psychopathological and neurobiological predictive factors of response of the chronotherapeutics for affective disorders (Bright Light Therapy in MDD)
 - Investigated electrophysiological patterns on mood and anxiety disorders with Somatosensorial Evoked Potentials (SEP) (Mismatch Negativity and High Frequency Oscillators – HFOs) (Research design, protocols writing, patient recruitment and assessment; database building)

Attending Physician

08/2010 – 12/2010

Casa per la salute della Mente – Psychiatric Clinic. | Brusson (AO), Italy

- Developed treatment/rehabilitation projects for eating disorders and behavioral addictions in adolescence
- Adult psychiatric patients treatment

Consultant Physician

12/2009 – 08/2010

Colle Cesarano – Psychiatric Clinic | Tivoli, Italy

- Doctor "on call"

Internship

02/2007 – 05/2007

Department of Neuroscience – San Raffaele Hospital – Operative Unit for Psychotic Processual Disord | Milan, Italy

- Medical evaluation of patients referred to the clinic
- Clinical research:
 - Investigated genetic underpinnings of schizophrenia (COMT, CLOCK, GSK-3beta)
 - Multicenter study on weight gain and antipsychotics in schizophrenic patients
 - Association Study of Gsk-3beta –50 T/C polymorphism with Haloperidol resistance in schizophrenia (patient assessment; database building; specific anamnestic instruments building)

Intern student

09/2004 – 10/2006

Department of Neuroscience – San Raffaele Hospital – Operative Unit for Psychotic Processual Disor | Milan, Italy

- Investigated into the genetics of schizophrenia (COMT, CLOCK, GSK-3beta)
- Multicentric study on weight gain and antipsychotics in schizophrenic patients
- Association Study of Gsk-3beta –50 T/C polymorphism with Haloperidol resistance in schizophrenia

(patient assessment; database building; specific anamnestic instruments building)

Intern Student

09/2003 – 08/2004

San Raffaele Hospital – Operative Unit of Transplants Strategical Research | Milan, Italy

- Investigated on gastrointestinal functioning in post-transplanted diabetic patients and correlations with hormone gherlin
- Investigated mesangioblasts functioning in skin wound repairing in diabetic patients

(patient recruitment; exams organization; obtaining samples [skin biopsy]; laboratory tests on in-culture mesangioblasts)

🎓 Education & Training

Lifespan Integration – Basic Course – Part 1

23/11/2023 – 24/11/2023

Lifespan | Göteborg, Sweden

Website: <https://lifespanintegration.com/>

Healing Requires Precision Training Series – Love and Trauma Protocol

25/10/2023 – 25/03/2024

Healing Requires Precision | Gothenburg, Sweden

Website: <https://healingrequiresprecision.com/>

Summer Course on Fear, Anxiety, Obsessions & Trauma – Summer School on Affective Neuroscience

02/07/2023 – 07/07/2023

Maastricht University, University of Florence, Catholic University of Leuven
| Leuven, Belgium

Website: <https://www.aanmelder.nl/afn2023>

PhD in Medicine: Psychiatry

01/01/2020 – Current

Gothenburg University, Sahlgrenska Academy, Institute for Neuroscience and Physiology | Göteborg, Sweden

Biological mechanisms of emotional vulnerability in borderline personality disorder.

Biologiska mekanismer för emotionell sårbarhet och självskada vid borderline personlighetssyndrom

Level in EQF: 8

Graduate School In Psychiatry Research

01/06/2020 – 04/12/2023

University of Gothenburg, Sahlgrenska Academy, Institute for Neuroscience and Physiology | Gothenburg, Sweden

Website:

<https://www.gu.se/neurovetenskap-fysiologi/forskarskola-i-psykiatri>

Training in "DBT-PTSD"

26/03/2019 – 29/03/2019

Central Institute of Mental Health, Mannheim, Heidelberg University, Germany | Gothenburg, Sweden

Trainer: Tamar Neubauer

Training in DBT

02/2018 – 02/2019

Kompetenscentrum för psykoterapi – Karolinska Institutet | Stockholm, Sweden

Course "Dialectical Behaviour Therapy (DBT) in Clinical Practice". Director: Åsa Spännargård. Trainers: Anna Lindström, Karin Ovefelt

Website: <https://dbtsverige.se/dbt-utbildning-pa-kompetenscentrum-for-psykotera-pi-i-stockholm-med-start-22-januari-2024/>

Training in basic DBT

09/2018 – 11/2018

Psykolog EM AB | Gothenburg, Sweden

Trainers: Anita Linnér, Elisabeth Malmquist, Peter Thunström

- 10 days training i DBT theory and clinical applications.

Training in "To meet self-harming behaviours"

04/09/2018 – 06/09/2018

Nationella Självskadeprojektet | Stockholm, Sweden

- Training for trainers

Master of Science (MSc) – International Master in Affective Neuroscience

07/2010 – 07/2015

Maastricht University – International Master in Affective Neuroscience | Maastricht, Netherlands

- Dissertation title: "Brainstem findings in neuroimaging studies on Panic Disorder". Supervisor: Prof. Giampaolo Perna

Level in EQF: 8

European Certificate in Anxiety and Depression

07/2010 – 07/2011

Maastricht University | Maastricht, Netherlands

July 4–9, 2010 – Summer Course on Anxiety Disorders – International Master in affective Neuroscience – Maastricht University – Florence, Italy. Director: Prof. Eric Griez

July 3–8, 2011 – Summer Course on Mood Disorders – International Master in affective Neuroscience – Maastricht University – Florence, Italy. Director: Prof. Eric Griez

Level in EQF: 8 | Website: <https://www.aanmelder.nl/afn2023>

Summer Course on Mood Disorders – Summer School in Affective Neuroscience

03/07/2011 – 08/07/2011

Maastricht University, University of Florence | Florence, Italy

Website: <https://www.aanmelder.nl/afn2023>

Summer Course on Anxiety Disorders – Summer School on Affective Neuroscience

04/07/2010 – 09/07/2010

Maastricht University, University of Florence | Florence, Italy

Website: <https://www.aanmelder.nl/afn2023>

Training in Cognitive Psychotherapy

01/2010 – 07/2011

School of Cognitive Psychotherapy | Rome, Italy

- Trainers: Prof. Francesco Mancini e Prof. Antonino Carcione
- (Not completed)

Specialization in Psychiatry

08/2007 – 07/2011

Catholic University of the Sacred Heart | Rome, Italy

Dissertation title: "High Frequency Oscillations (HFOs) in Panic Disorder: sensory information processing and cholinergic involvement". Tutor: Dr. Gino Pozzi; Supervisor: Prof. Giampaolo Perna

Field(s) of study: vote | **Level in EQF: 8**

**Specialization Course "Company
Psychiatry and the Problem of Mobbing"**

04/2008 – 09/2008

Catholic University of the Sacred Heart | Rome, Italy

Course Director: Prof. Pietro Bria; Tutor: Dr. Gino Pozzi

Level in EQF: 8

Degree in Medicine and Surgery

10/2000 – 10/2006

Vita-Salute San Raffaele University | Milan, Italy

Dissertation title: "Association Study between Gsk-3beta –50 T/C polymorphism and the sequential treatment with Haloperidol, Risperidone and Clozapine ". Supervisor: Prof. Enrico Smeraldi

Level in EQF: 7

Licensed to Practice Medicine

02/2007

Vita-Salute San Raffaele University | Milan, Italy

 Publications

International peer reviewed journals

- Guerriero G, Liljedahl SI, Carlsen HK, López Muñoz M, Daros AR, Ruocco AC, Steingrimsson S. Transcutaneous auricular vagus nerve stimulation to acutely reduce emotional vulnerability and improve emotional regulation in borderline personality disorder (tVNS-BPD): study protocol for a randomized, single-blind, sham-controlled trial. *Trials*. 2024 Jun 19;25(1):397. doi: 10.1186/s13063-024-08230-6. PMID: 38898522; PMCID: PMC11186228.
- Guerriero G, Wartenberg C, Bernhardsson S, Gunnarsson S, Ioannou M, Liljedahl SI, et al. Efficacy of transcutaneous vagus nerve stimulation as treatment for depression: A systematic review. *Journal of Affective Disorders Reports*. 2021;6:100233.
- Perna G, Guerriero G, Brambilla P, Caldirola D. Panic and the brainstem: clues from neuroimaging studies. *CNS Neurol Disord Drug Targets*. 2014;13(6):1049–56.
- Grassi M, Caldirola D, Vanni G, Guerriero G, Piccinni M, Valchera A, et al. Baseline respiratory parameters in panic disorder: a meta-analysis. *Journal of Affective Disorders*. 2013 Apr;146(2):158–73.
- Perna G, Guerriero G, Caldirola D. Emerging drugs for panic disorder. *Expert opinion on emerging drugs*. 2011 Dicembre;16(4):631–45.

Other journals

- Riva A, Cavedini P, Guerriero G, Prestia D, Grassi M, Perna G. 2169 – Does nicotine have a pro-cognitive effect in obsessive-compulsive disorder? *European Psychiatry*. 2013 Jan 1;28:1.
- Grassi M, Caldirola D, Guerriero G, Prestia D, Dal Santo B, Perna G. 2174 – Comparison of baseline respiratory parameters between panic disorder and other anxiety disorders: A meta-analysis. *European Psychiatry*. 2013 Jan;28:1.
- Perna G, Guerriero G, Menotti R, Caldirola D. Dimensioni psicopatologiche e non adesione alle cure nel disturbo di panico. *J Psychopat*. 2012;18:S97.
- Guerriero G, Perna G, Camardese G, Janiri L, Pozzi G, Restuccia D. High

Frequency Oscillations (HFOs) nel Disturbo di Panico: gating sensoriale e coinvolgimento colinergico. *J Psychopat.* 2012;18:S206–7.

- Frustaci A, Codardo M, Guerriero G, Janiri L, Pozzi G. PO089 – External validation of the axis V of Kennedy by symptom rating scales in patients with anxiety disorders. *European Psychiatry.* 2008 Apr;23(S2):S218–S218.
- Bosia M, Cavallaro R, Benedetti F, Guerriero G, Cocchi F, Marino E, et al. P.3.10 Association study of GSK-3 β T/C polymorphism with haloperidol resistance in schizophrenia. *European Neuropsychopharmacology.* 2007 Mar;17:S77–8.

Posters

- Guerriero G, Wartenberg C, Bernhardsson S, Gunnarsson S, Ioannou M, Liljedahl SI, Magnusson K, Svanberg T, Steingrimsson S. Transcutaneous vagus nerve stimulation applications in psychiatry. Kvalitets- och forskningsdag område 2, Sahlgrenska Universitetssjukhus 2021, Gothenburg, Sweden
- Guerriero G, Grandinetti P, Perna G, Schipani R, De Angelis A, Janiri L, Restuccia D, Pozzi G. High Frequency Oscillations modifications in panic disorder and generalized anxiety disorders. 11th Congress of the Italian Society of Biological Psychiatry (SIPB) 2013, Rome, Italy
- Alciati A, Prestia D, Guerriero G, Motta A, Perna G. The association between childhood trauma and psychiatric psychopathology from an epigenetic point of view. 11th Congress of the Italian Society of Biological Psychiatry (SIPB) 2013, Rome, Italy
- Grassi M, Caldirola D, Guerriero G, Prestia D, Dal Santo B, Perna G. Comparison of Baseline Respiratory parameters between panic disorder and other anxiety disorders: a meta-analysis. 21st European congress of Psychiatry 2013, Nice, France
- Riva A, Cavedini P, Guerriero G, Prestia D, Grassi M, Perna G. Does nicotine have a pro-cognitive effect in obsessive-compulsive disorder? 21st European congress of Psychiatry 2013, Nice, France
- Guerriero G, Perna G, Camardese L, Janiri L, Pozzi G, Restuccia D. High Frequency Oscillations (HFOs) in Panic Disorder: sensory gating and cholinergic involvement. 16th Congress of the Italian Society of Psychopathology (SOPSI) 2012, Rome, Italy
- Grandinetti P, Solaroli S, Guerriero G, Frustaci A, Janiri L, Pozzi G. Preliminary analysis of coping in a sample of outpatients with anxiety disorders. 15th Congress of the Italian Society of Psychopathology (SOPSI) 2011, Rome, Italy
- Solaroli S, Guerriero G, Frustaci A, Grandinetti P, Gangemi A, Janiri L, Pozzi G. Correlates of subjective improvement in a cohort of outpatients being treated for anxiety disorders. 15th Congress of the Italian Society of Psychopathology (SOPSI) 2011, Rome, Italy
- Frustaci A, Codardo M, Guerriero G, Janiri L, Pozzi G. External validation of the Axis V of Kennedy by symptom rating scales in patients with anxiety disorders. 16th European Congress of Psychiatry 2008, Nice, France
- Bosia M, Cavallaro R, Benedetti F, Guerriero G, Cocchi F, Marino E, Smeraldi E. Association Study of Gsk-3 β -50 T/C polymorphism with Haloperidol resistance in schizophrenia. ENCP Workshop on Neuropsychopharmacology for Young Scientists in Europe 2007, Nice, France

Chapter in Books

- Ruocco, A. C., Carnovale, M., & Guerriero, G. (in press). *Integrating dimensional neurobiology and personality psychopathology frameworks to understand personality functioning and impairment*. In A. Uliaszek & C. Hopwood (Eds.), *Personality Functioning and Personality Pathology*. Guilford Press.
- Guerriero, G. (2024). *Self-harming behaviours*. In T. C. Camerota (Ed.), *Adolescents and health: Helping our children grow up healthy. Practical advice from doctors and specialists* (pp. 79–87). FrancoAngeli. Available from: <https://www.francoangeli.it/Libro/Adolescenti-e-salute?Id=29304>
- Guerriero, G. (2024). *Sleep is for us what winding is for a watch*. In T. C. Camerota (Ed.), *Adolescents and health: Helping our children grow up healthy. Practical advice from doctors and specialists* (pp. 137–151). FrancoAngeli. Available from: <https://www.francoangeli.it/Libro/Adolescenti-e-salute?Id=29304>
- Perna, G., Guerriero, G., & Caldirola, D. (2012). *Pharmacotherapy of panic disorder*. In *Manuale di farmacoterapia psichiatrica* (pp. 205–220). Pacini Editore. Available from: <http://www.worldcat.org/title/manuale-di-farmacoterapia-psichiatrica/oclc/785862832>

Report

- Guerriero G, Bernhardsson S, Gunnarson S, Ioannou M, Liljedahl SI, Magnusson K, et al. Efficacy of transcutaneous vagus nerve stimulation as treatment for patients with depression. Göterborg: Västra Götalandsregionen, Sahlgrenska Universitetssjukhuset, HTA-centrum; 2020 p. 22. Report No.: Health Technology Assessment Report 2020:119.

🔗 Networks and Memberships

Memberships

Scientific and Clinical Societies

- Italian Society of Psychiatry (SIP)
- Italian Society of Cognitive Behavioral Therapy (SITCC)
- Ketamine Psychotherapy Associates
- Dialectical Behavior Therapy (DBT) – Sverige
- Göteborgs Läkarsällskap
- Medical Association of Surgeons and Dental Surgeons of Milan (OMCeOMI)

Expert Panels and Clinical Networks

- Västra Götaland Regional Processteam (RPT) – EIPS and Self-Harming Behavior
- Psykiatri Affektiva, SU – Local Processteam (LPT) Personality Disorders
- National Expert Group, Socialstyrelsen – Treatment-resistant self-harming behavior
- International Initiative for Mental Health Leadership (IIMHL)

👤 Conferences & Seminars

Conferences

1. Borealis Psychedelic Science Summit – Sept. 26th – 27th, 2025,

Stockholm, Sweden

2. Svenska Psykiatrikongressen (SPK 2023), March 15–17, Gothenburg, Sweden
3. 5th Int. Congress on Borderline Personality Disorder, September 27 – 29 2018, Sitges, Spain
4. IHHML – Match on self-harming behaviours, May, 28–29 Stockholm
5. "The Future of Mental Health" – 19–20 June 2015, Milan, Italy
6. 2014 Wisconsin Symposium on Emotion: "Neural Bases of Adaptive and Maladaptive Emotion Regulation" – University of Wisconsin – Madison, USA. April 23–24, 2014.
7. 21st European Congress of Psychiatry, Nice, France. April 6–9, 2013
8. 46th National Congress – Italian Society of Psychiatry (SIP) – "Feed the Mind". Milan, Italy. October 7–11, 2012
9. "Cardiovascular disease and Psychopathology". Rome, Italy. May 18–19, 2012
10. "Free from Anxiety" Palazzo Tentorio, Canzo (Como), Italy. March 28, 2012
11. "Cardiovascular disease and Psychopathology" – Villa San Benedetto Menni, Albese con Cassano, (Como), Italy. October 1, 2011
12. 15th Congress of the Italian Society of Psychopathology (SOPSI), "Vulnerability, Onset and Early Interventions". Rome, Italy. February 15–19, 2011
13. "Digital World as Disease" – "Casa Per La Salute della Mente" – Brusson (Aosta), Italy. December 12, 2010
14. "Treatment results in Psychiatry: Evaluation and Outcomes – Psychiatric Clinic " Colle Cesarano Clinic, Tivoli (Rome). Italy. December 2–3, 2009
15. 3th Psychiatry Campus "Angelini", Rome – "From Psychiatric Research to Clinical Practice". November 20–21, 2009
16. 45th National Congress – Italian Society of Psychiatry (SIP), Rome – "Modern Psychiatry and "Real Word". October 11–15, 2009
17. 13th Congress of the Italian Society of Psychopathology (SOPSI), Rome – "Clinic, Research and Social Care". February 10–12, 2009
18. 12th Congress of the Italian Society of Psychopathology (SOPSI), Rome – "The Questions Without no Answers Yet". February 19–23, 2008

+ Presentations

Presentations

1. Speaker at National DBT Research Day. Lecture title: "Transcutaneous vagus nerve stimulation (tVNS) in borderline personality disorder (tVNS-BPD): study protocol for a randomized, single-blind, sham-controlled trial". Göteborg, april 29, 2023
2. Speaker at Svenska Psykiatrikongressen (SPK 2023). Lecture title "Biological mechanisms of emotional vulnerability in Borderline personality disorder". Göteborg, march 16, 2023
3. Speaker at meeting: "Management of the difficult patient: Borderline personality disorder". Centro "Sacro Cuore di Gesù" – Fatebenefratelli – Milano, march 3, 2015
4. Teacher at the course "Psychiatric emergency and management of complex situations". San Benedetto Menni Hospital, albese con Cassano (Como), Italy, nov–dec 2013
5. Speaker at meeting "Free from Anxiety" Palazzo Tentorio, Canzo (Como), Italy. Lecture title: "The dark side: when anxiety steals freedom", march 28, 2012

6. Speaker at meeting "Cardiovascular Disease and Psychopathology" – Villa San Benedetto Menni, Albese con Cassano, (Como), Italy. Lecture title: "Pharmacological interaction and adverse reactions of psychodrugs in cardiology". October 1, 2011
7. Speaker at meeting "Digital World like Disease" – "Casa Per La Salute della Mente" – Brusson (Aosta), Italy. Lecture title: "Theoretical model for pharmacological-psychological integration". December 12, 2012

Courses

Courses

1. *MDMA-Assisted Therapy Education* , Training course, Reykjavík, Iceland, March 3–9, 2024
2. *Lifespan Integration – Basic Course, Part 1* , Lifespan, Göteborg, Sweden, November 23–24, 2023
3. *IMotions Academy* , Training course, Copenhagen, Denmark, January 16–20, 2023
4. *Diagnostik av Personlighetssyndrom enligt den Alternativa Modellen i DSM-5* Course, Processteam Personlighetssyndrom/Självskada, Västra Götaland Region, Gothenburg, Sweden, April 1–2, 2019
5. *Validation with Alan Fruzzetti* , Workshop, KBT Psykologerna, Uppsala, Sweden, April 23–24, 2018
6. *Psychopharmacology for Specialists* , METIS course, Västra Götaland Region, Gothenburg, Sweden, October 21 – December 21, 2017
7. *What Every Psychiatrist Should Know on Obsessive-Compulsive Disorder* , Course, Västra Götaland Region, Gothenburg, Sweden, March 30, 2017
8. *To Meet People with Self-Harming Behaviours* , Course, Nationella Självskadeprojektet, Gothenburg, Sweden, February 6 – April 4, 2017
9. *Good Clinical Practice (GCP)* , Course, Gothiaforum, Gothenburg, Sweden, November 24, 2016
10. *PLUS III* Västra Götaland Region, Gothenburg, Sweden, August 2016 – June 2017