

# VIRGINIA MEDICAID WAIVER PROGRAMS

## **Overview**

Virginia Medicaid offers two types of waivers, Developmental Disability (DD) Waivers and the Commonwealth Coordinated Care (CCC) Plus Waiver. Most individuals will access services through three state agencies: their local Department of Social Services (DSS), the Department of Medical Assistance Services (Medicaid), and through their local Department of Health.

The individual will be screened through the local Community Services Board (CSB) or the local Department of Health to determine what types of waiver services he or she may be eligible for. A request for screening should be made to the local CSB to determine if a person qualifies for one of the Developmental Disability Waivers.

## 1. Developmental Disability (DD) Waivers

Virginia has three waivers that are focused on those individuals that have a diagnosis of developmental disability. The three waivers that provide a continuum of services are:

- Building Independence (BI) for individuals 18 and older
- Family & Individual Support (FIS)
- Community Living (CL)

The DD Waiver Program provides supports and services options for successful living, learning, physical and behavioral health, employment, recreation and community inclusion. This program does have a waiting list and the slots are allocated based on urgency of need. DD Waivers are administered jointly with the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

# 2. Commonwealth Coordinated Care (CCC) Plus Waiver

Effective July 1, 2017, the Elderly Disabled and Consumer Directed (EDCD) and Technology Assisted waivers were combined into the new *CCC Plus Waiver*. The CCC Plus Waiver is part of Medicaid's managed care program: CCC Plus Health Plan. It serves all ages and does not have a waiting list. The CCC Plus Waiver provides supports and services options for successful living, nursing, respite, assistive technology and environmental modifications.

#### **Additional Resources**

- The ARC of Virginia
- SOAR365
- Find a Community Service Board
- Medicaid's Role for Children with Special Health Care Needs: A Look at Eligibility, Services, and Spending
- VCU Center for Family Involvement
- Got Transition: Youth Health Care Transition

## **Contact Us**

Call Cover Virginia at 1-855-242-8282 (TDD: 1-888-221-1590) or visit our website coverva.org.



1

# **DEVELOPMENTAL DISABILITY WAIVERS**

## **Overview**

The DD Waiver Program provides supports and services options for successful living, learning, physical and behavioral health, employment, recreation and community inclusion. This program does have a waiting list and the slots are allocated based on urgency of need. DD Waivers are administered jointly with the Virginia Department of Behavioral Health and Developmental Services (DBHDS). Each person who receives a waiver slot will be offered one of these three waivers depending on what kind of supports are needed and what waivers the CSB has available to assign. Each waiver is a little bit different.

Building Independence Waiver
Family and Individual Supports Waiver
Community Living Waiver

# **Eligibility**

- The individual must meet diagnostic eligibility consistent with Virginia's Definition of Developmental Disability.
- The individual must meet the functional criteria for the VA Individual Developmental Disability Eligibility Survey (VIDES).
   (VIDES Adult, VIDES Child, VIDES Infant)
- The individual must meet financial eligibility. A child does not have to apply or be enrolled in Medicaid when being screened for a waiver. Parent income is never considered for Medicaid Waiver eligibility for a child once he or she has been approved for a waiver slot. To utilize the waiver, the individual must apply and qualify for Medicaid if he or she is not already enrolled in Medicaid.

# **Covered Services**

Regardless of your waiver, everyone has access to the following covered services:

## **Employment & Day Supports**

- Community Engagement
- Community Coaching
- Group Day Services
- Supported Employment

# **Crisis Supports**

- Community-Based Crisis Supports
- Center-Based Crisis Support Services

#### **Residential Options**

Shared Living

#### **Additional Services**

- Assistive Technology
- Benefits Planning Services
- Employment and Community Transportation
- · Environmental Modifications
- Electronic Home-Based Services
- Personal Emergency Response System (PERS)
- Community Guide
- Transition Services
- Peer Mentor Supports

# **Apply**

To apply for the Developmental Disability Waiver services contact your local <u>Community Services Board</u>. The Community Services Board (CSB) staff will determine if the child:

2

- · meets the definition of a developmental disability and
- meets the functional criteria as assessed on the VIDES screening tool.

March 2021



# **COMMONWEALTH COORDINATED CARE PLUS WAIVER**

#### **Overview**

The Commonwealth Coordinated Care (CCC) Plus Waiver [1915 (c)] provides care in the home and community rather than in a nursing facility (NF) or other specialized care medical facility. It delivers services through agency and consumer directed models. This waiver is for:

- · adults 65 and older with a medical or nursing need
- Individuals less than 65 with a disability and a medical or nursing need

# **Eligible Population**

The following individuals may be eligible:

- Meet the NF level of care criteria (i.e., they are functionally dependent and have a medical nursing needs); or
- Individuals who are dependent upon technological support and require substantial, ongoing skilled nursing care; and
- The health, safety, welfare of the individual must be safely maintained in the home when the nurse personal care aide is not present; and
- Are determined to be at imminent risk of NF placement; and
- Are determined that community-based care services under the waiver are the critical services that enable the individual to remain at home rather than being placed in a NF

# **Covered Services**

The following services are covered:

- Personal Emergency Response System (PERS), includes Medication Monitoring
- Respite Services (Agency- and Consumer-Directed)
- Services Facilitation
- Transition Services

- · Adult Day Health Care
- Assistive Technology (AT)
- Environmental Modifications (EM)
- Personal Care Services (Agency- and Consumer- Directed)
- Private Duty Nursing (RN and LPN)

# **Apply**

To apply for CCC Plus Waiver services, contact your local Department of Social Services. The local Department of Social Services will complete a screening to determine your eligibility for the waiver services. If you are eligible, you will then apply for Medicaid (if you don't already have Medicaid coverage).

## **Service Limitations**

- Personal Care: Soft cap of 56 hours per week, exceptions available based on criteria
- Respite: 480 hours per State fiscal year
- EM: \$5,000 per individual per calendar year
- AT: \$5,000 per individual per calendar year
- Private Duty Nursing: cannot exceed more than 112 hours per week
- Transition Services: \$5,000 per individual per lifetime

## **Reimbursement Rates**

Waiver reimbursement rates can be found on the DMAS website at: http://www.dmas.virginia.gov/#/longtermwaivers

Regulatory Basis: 12VAC30-120-900 et seq. (EDCD Waiver) and 12VAC30-120-1700 et seq. (Tech Assisted Waiver) currently. CCC Plus Waiver regulations are currently being written.

3

March 2021