



# SUBON HOME CARE | NORTHERN VIRGINIA

## Compassionate. Personalized. Right at Home.

Serving families across Northern Virginia, SuBon Home Care provides high-quality, in-home care tailored to your loved one's unique needs. Whether it's personal care, companionship, homemaking, or respite support—we're here to help with kindness and respect, every step of the way.

## OUR SERVICES

### PERSONAL CARE SERVICES

**(HELP WITH DAILY PERSONAL HYGIENE AND GROOMING NEEDS)**

- Bathing assistance
- Dressing and grooming assistance
- Toileting and incontinence care
- Oral hygiene care
- Hair care and shaving
- Skin care (non-medical)
- Mobility assistance (help with walking, transfers)
- Medication reminders
- Assistance with exercise routines
- Feeding assistance (if needed)

### SPECIAL MAINTENANCE .

**NB: REQUIRES A PHYSICIAN ORDER**

- Range of Motion
- Wound Care
- Bowel /Bladder Program

### COMPANION CARE SERVICES

**(EMOTIONAL SUPPORT, SOCIAL INTERACTION, AND BASIC SUPERVISION)**

- Friendly conversation and companionship
- Accompanying to appointments and outings
- Assistance with hobbies and activities
- Reading aloud or playing games
- Letter writing and help with communication
- Support during shopping trips and errands
- Safety monitoring and fall prevention

### RESPIRE CARE SERVICES .

**(RELIEF FOR FAMILY CAREGIVERS)**

- Temporary care for a few hours, days, or longer
- In-home care during vacations or caregiver breaks
- Overnight or weekend respite
- Emergency backup care

### HOMEMAKER SERVICES

**(HELP WITH MANAGING THE HOUSEHOLD)**

- Light housekeeping (dusting, vacuuming, sweeping)
- Laundry and linen changes
- Dishwashing and kitchen cleaning
- Meal planning and preparation
- Grocery shopping and other errands
- Organizing mail and bills
- Plant care and pet care assistance (basic)

### WHERE WE CAN PROVIDE OUR SERVICES

- Client own home
- Assisted Living Facilities
- Independent Living Facilities
- Continuing Care Retirement Communities
- Rehabilitation Centers
- Hospitals ( sitter services)

## CONTACT US

 571-470-7541

 info@subonhomecare.com

 www.subonhomecare.com

Scan QR Code to apply as a Caregiver



Scan QR Code to request for information

