



CHANGE LEADER WORKSHOP SERIES

A series of engaging and practical workshops to help professional leaders drive sustainable change

Change Leader Workshop Series

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Overview

Leading through change is never easy, but it can be an opportunity for growth and success with the right mindset and strategies.

These workshops empower leaders to navigate and thrive through change with confidence and clarity. We start by exploring the psychology behind change, helping you understand the emotional challenges that come with it. From there, you'll learn how to lead yourself and your team through the ups and downs, and finish with practical communication strategies that not only engage but also drive lasting impact. By the end of the series, you'll be equipped to turn change into an opportunity for growth, both for yourself and your team.

Participants

Professionals who are leading their teams through change or preparing for change. Suitable for large leadership groups or smaller teams.

Format

3 x 60-minute virtual workshops.

Structure

The workshops are intentionally designed to build on each other to develop different elements of leading through change. While they are most valuable when leaders experience the full series, they can be also be held as standalone sessions to develop skills that address your immediate needs.

Outcomes

By the end of this series, leaders will feel more equipped to drive change with confidence, avoid common pitfalls, and ensure their teams stay engaged and motivated throughout the transition.

Signature Workshops for Change Leaders

Workshop 1	Workshop 2	Workshop 3
The Psychology of Successful Change <i>Getting your head in the change game</i>	Ready, Set, Change <i>Foundations for Leading Yourself and Others Through Change</i>	Communicating Change with Impact <i>No Jargon, Just Results</i>
Participants will walk away with: <ul style="list-style-type: none">• An understanding of the psychological risks of change and their impact on you and your team.• Tools to navigate the change curve and recognise emotional responses during times of transition.• Strategies to manage change fatigue and prevent overwhelm, both personally and within your team.	Participants will walk away with: <ul style="list-style-type: none">• A clear understanding of their role as a change leader and how to balance personal emotional management with team leadership.• Strategies for identifying and addressing barriers to change and recognising resistance in themselves and others.• Insights into the power of communication in fostering engagement and driving co-creation and ownership of change.	Participants will walk away with: <ul style="list-style-type: none">• The ability to clearly communicate the 'why' behind change to align and engage their team.• Tools to create meaningful engagement moments that drive team ownership and reduce resistance.• A set of personal communication principles to maintain momentum and sustain successful change.

If you're looking to equip your team leaders with the tools and mindset they need to successfully navigate and drive change, let's talk! → [Book a call](#) to explore how these workshops can empower your leaders and deliver lasting impact for your organisation.



READY TO BOOK? WANT TO DISCUSS OPTIONS?

- Let's chat: [Book a time HERE](#)
- Email Lana:
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