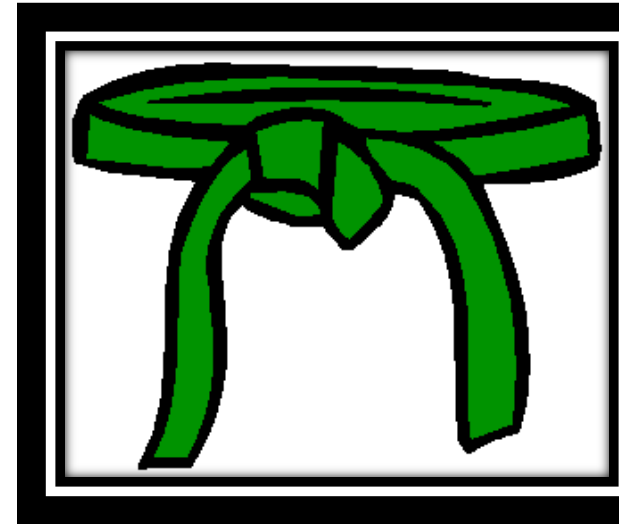


# GREEN TO PURPLE BELT

Rank/Gup : 8<sup>th</sup> Gup



- Taegeuk 4
- 1-step self defense techniques \* 5 movements 16-20
- (Olympic Sparring) 10-12
- Questions from the Study Guide
- All Requirements from White to current rank
- *Full Study guide Required. Will be discounted with gear purchase*
- *USAT MEMBERSHIP REQUIRED New 11/2015*
- *Attend all belt & Intermediate classes \*both (45 min classes)*
- *Full Gear Recommended*