

# HIGH RED TO BROWN BELT

Rank/Gup : 3<sup>rd</sup> Gup



- *Taegeuk 7*
- *1-step self defense techniques \* 5 movements 41-45*
- *(Olympic Sparring) 25-27*
- *Questions from the Study Guide*
- *All Requirements from White to current rank*
- *FULL GEAR REQUIRED*
- *MUST ATTEND TOURNAMENT PRIOR TO BLACK BELT*
- *ELIGIBLE TO TEST EVERY (2) MONTH*
- *MUST ATTEND (2) ADVANCED TRAINING CLASSES*
- *ADVANCED INSTRUCTOR*  
SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_
- SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_
- *ASSISTING WITH CLASS INSTRUCTION (2) Class per month.*
- *Advanced Instructor Initials \_\_\_\_\_ Date \_\_\_\_\_*
- *Advanced Instructor Initials \_\_\_\_\_ Date \_\_\_\_\_*