

ORANGE TO GREEN BELT

Rank/Gup : 9th Gup

- Form Taegeuk 3
- 1-step self defense techniques* 5 movements 11-15
- (Olympic Sparring) 7-9
- **Study** questions from the Study Guide
- All Requirements White through current rank
- **LIGHT GEAR REQUIRED**
- **USAT MEMBERSHIP REQUIRED New 11/2015**
- **Attend beginner and intermediate classes, ONLY after invitation by instructor.**

