

How many ways can you share your magic and make your magic grow? I challenge YOU to perform as many items from the list below as you can and see how it makes you feel! Then, ask a parent or caregiver if you can post or email a picture or description of you sharing your magic to: info@juliecassetta.com or on Facebook @ magical caring confident kids

- 🜟 Include people in games when you play
- 🜟 Give someone a turn
- Stand up for someone who is being picked on
- k Smile and say hello to neighbors
- 😕 Share your toys or a snack with someone
- Invite a classmate that you don't normally sit with, to sit with you at lunch
- Talk to a classmate that you don't normally talk to
- 🜟 Give someone a compliment
- 😕 Help an adult without being asked
- 😕 Say please and thank you
- Ask about someone's day and then really listen
- 🔼 Give a friend a hug
- Pick up trash or litter when you see it
- Mold open a door for someone

- Donate old toys to children in need
- Take blankets, food, or toys to an animal rescue
- 🜟 Wash someone's car
- Play with your younger brother or sister
- Forgive someone who did something that you didn't like
- 🜟 Give a homeless person a meal or a snack
- 😕 Hug someone you care about, right now
- Paint rocks with kind sayings and leave them in the park
- 눚 Leave the mail carrier a thank you note
- 太 Take cookies to a police or fire station
- 🜟 Say hello to elderly people that you see
- 📩 Walk your dog
- Write someone a kind note

Download this free checklist and other magical items at juliecassetta.com

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