

# WELL FED

BREAKFAST | LUNCH  
OPEN WED-SUN 8 AM-2 PM

## FRESH EGGS

- EGG PLATTER**  
2 FRESH EGGS, HOMEFRIES AND TOAST  
ADD MEAT \$3 \$9
- VEGGIE OMELETTE**  
PEPPERS, ONIONS, MUSHROOMS, SPINACH AND TOMATOES \$13
- FARMERS OMELETTE**  
CRISPY BACON, SPINACH, CARAMELIZED ONION AND BLUE CHEESE \$14
- PHILLY OMELETTE**  
SCRAPPLE, ONIONS AND SHARP CHEDDAR \$14
- ITALIAN OMELETTE**  
SAUSAGE, HOUSE ROASTED LONG HOTS AND SHARP PROVOLONE \$14
- CHEF MIKE'S OMELETTE**  
OMELETTE WITH CRISPY BACON, SAUSAGE, MUSHROOMS, ONION AND AMERICAN CHEESE \$15
- WESTERN OMELETTE**  
HAM, PEPPERS, ONION AND AMERICAN CHEESE \$14
- CREATE YOUR OWN**  
CHOOSE THE MEATS, CHEESE, AND VEGGIES OF YOUR CHOICE \$13 AND UP

OMELETTES COME WITH HOMEFRIES AND CHOICE OF TOAST

## SPECIALS

- CHILI OMELETTE**  
OMELETTE WITH JALEPENOS, RED ONION AND CHEDDAR CHEESE TOPPED WITH HOUSE CHILI AND SOUR CREAM SERVED WITH HOMEFRIES AND TOAST \$17
- RUSTIC BREAKFAST SANDWICH**  
BREAKFAST SANDWICH WITH SCRAMBLED EGGS, MUSHROOMS, SPINACH AND ONIONS ON HERBED FOCACCIA WITH GARLIC AIOLI AND FRESH TOMATO SLICES SERVED WITH HOMEFRIES \$16
- SWEET POTATO SCRAMBLE**  
ROASTED HALF OF A SWEET POTATO TOPPED WITH SCRAMBLED EGGS, BACON, SPINACH, MUSHROOM AND CHEDDAR CHEESE \$15

## LIGHT OPTIONS

- LITTLE ITALY AVOCADO TOAST**  
TOASTED SOURDOUGH WITH SMASHED AVOCADO, CHERRY TOMATOES, BASIL AND MOZZARELLA CHEESE TOPPED WITH 2 SUNNY SIDE UP EGGS, A BALSAMIC REDUCTION AND EVERYTHING SEASONING \$12
- AVOCADO TOAST**  
SMASHED AVOCADO AND EVERYTHING SEASONING ON LEBUS WHEAT TOAST  
ADD EGGS \$ 2 \$8
- OATMEAL**  
MADE TO ORDER  
RAISINS, CRAISINS, BROWN SUGAR OR WALNUTS \$.50 EACH \$6  
BANANAS \$1 FRESH BERRIES \$2

## BREAKFAST SANDWICHES

**BREAKFAST SANDWICH**  
CHOICE OF BREAKFAST MEAT,  
2 EGGS ANY STYLE AND CHEESE  
SERVED ON A KAISER ROLL

\$9

**NEW AGE BLT**  
FRIED EGGS, BACON,  
JALAPENO CREAM CHEESE, SPINACH  
AND TOMATO ON A TOASTED BAGEL

\$11