

# WELL FED

BREAKFAST | LUNCH  
OPEN WED-SUN 8 AM-2 PM

## FRESH EGGS

### EGG PLATTER

2 FRESH EGGS, HOMEFRIES AND TOAST \$9  
ADD MEAT \$3

### VEGGIE OMELETTE

PEPPERS, ONIONS, MUSHROOMS, SPINACH AND TOMATOES \$13

### FARMERS OMELETTE

CRISPY BACON, SPINACH, CARAMELIZED ONION AND BLUE CHEESE \$14

### PHILLY OMELETTE

SCRAPPLE, ONIONS AND SHARP CHEDDAR \$14

### ITALIAN OMELETTE

SAUSAGE, HOUSE ROASTED LONG HOTS AND SHARP PROVOLONE \$14

### CHEF MIKE'S OMELETTE

OMELETTE WITH CRISPY BACON, SAUSAGE, MUSHROOMS, ONION AND AMERICAN CHEESE \$15

### WESTERN OMELETTE

HAM, PEPPERS, ONION AND AMERICAN CHEESE \$14

### CREATE YOUR OWN

CHOOSE THE MEATS, CHEESE, AND VEGGIES OF YOUR CHOICE \$13 AND UP

OMELETTES COME WITH HOMEFRIES AND CHOICE OF TOAST

## SPECIALS

### GREEK OMELETTE

SPINACH, SUN DRIED TOMATOES, BLACK OLIVES, RED ONION AND FETA CHEESE \$15  
SERVED WITH HOMEFRIES AND TOAST

### RUSTIC BREAKFAST SANDWICH

TWO FRIED EGGS, SAUTÉED SPINACH, MUSHROOMS, ROASTED RED PEPPERS, AND HOUSE MADE GARLIC AOILI ON A FOCACCIA ROLL SERVED WITH HOMEFRIES \$15

### SWEET POTATO SCRAMBLE

ROASTED SWEET POTATO TOPPED WITH SCRAMBLED EGGS, SAUSAGE, ROASTED RED PEPPERS, SPINACH AND SHREDDED CHEDDAR CHEESE \$14

## LIGHT OPTIONS

### SUNNY AVOCADO TOAST

SMASHED AVOCADO, CHERRY TOMATOES, FETA CHEESE, HOUSE MADE BALSAMIC GLAZE AND EVERYTHING SEASONING TOPPED WITH TWO SUNNY SIDE UP EGGS \$12

### AVOCADO TOAST

SMASHED AVOCADO AND EVERYTHING SEASONING ON LEBUS WHEAT TOAST \$8  
ADD EGGS \$ 2

### OATMEAL

MADE TO ORDER \$6  
RAISINS, CRAISINS, BROWN SUGAR OR WALNUTS \$.50 EACH  
BANANAS \$1 FRESH BERRIES \$2

## BREAKFAST SANDWICHES

### BREAKFAST SANDWICH

CHOICE OF BREAKFAST MEAT, 2 EGGS ANY STYLE AND CHEESE SERVED ON A KAISER ROLL

\$9

### NEW AGE BLT

FRIED EGGS, BACON, JALAPENO CREAM CHEESE, SPINACH AND TOMATO ON A TOASTED BAGEL

\$11