

## 11 District Newsletter June 2026

Summer is here/almost here, depending on your point of view! It's a time to (we hope) enjoy a little more leisure and fun. And to celebrate! Let's start by celebrating the anniversaries of some of our fellowship. If you have had one and it's not been submitted, we are excited for you too!

Lisa P. June 2 34 years!

Ava F. June 12 2 years!

Debbie C. July 12 16 years!

Joanne A. August 14 7 years!

Sue S. August 30 3 years!

Mary Ann R. June 13, 2014 12 years!

Words of wisdom from Lois W. one of the founders of Al-anon: *The Al-Anon Family Groups—Classic Edition (B-5)*, pp. 166–167

*We speak of the Traditions as guides. They are only that. They are not laws, rules, regulations or any other sort of compulsion. To those who are familiar with business or government, such lack of management control may be unthinkable.*

*What, then, holds the Al-Anon fellowship together? What makes it grow and show such astounding results?*

*It is based on a set of principles which its members use in solving problems related to alcoholism. Al-Anon derives its strength from concentrating those principles on that one problem. It holds together by means of a loving understanding among its members. Al-Anon is united—without organization, without management, without a chain of command or a set of rules—by its members' willingness to be obedient to the unenforceable.*

*Willingly they struggle to face up to their personal problems and solve them with the help of the Twelve Steps of spiritual remotivation. Willingly they apply the Twelve Traditions to the affairs of the groups. Nobody compels them. They are learning to overcome self-will, false pride, resentment and self-pity by recognizing that principles are more important than personalities and by accepting a program on which they know they can depend for help.*

Baskets!

Calling all NKY Al-anon groups! Now that summer is here, please let your creative juices flow and consider putting together a basket for the basket auction at the September convention. There is a link to the basket flyer below. Besides adding to the fun of the convention, proceeds help fund it and future events!

*61st Annual KY Area Al-Anon Convention*

***Sloan Convention Center***

***Holiday Inn University Plaza***

***1021 Wilkinson Trace***

***Bowling Green, KY***

***Sept 18-20, 2026***

***This is an annual convention with Al-Anon speakers, an AA speaker and an Alateen speaker, workshop(s), fellowship, fun and Serenity***

***Please link to NKY District 11 website for the basket flyer:***

<https://nkyalanon.com/events>

### **Weekly Wednesday Zoom Meeting**

Looking to connect for more Experience, Strength and

Hope? Join

us every Wednesday 10:00-11:00 AM EST.

(Zoom Meeting ID: 857 2233 7965, PW: Serenity)

Public Outreach Committee members have been stocking Al-Anon pamphlets in Little Free Libraries throughout Northern Kentucky. The literature is being picked up regularly and we all hope that it will provide an incentive for struggling people to try our program. The Twelfth Step: Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

This summer be alert to newcomers to your meetings who have taken that first courageous step and crossed the threshold into an Al-anon meeting!

Blessings to all and a peaceful, serene summer!

Irene M.