



How Can Alateen Help Me?

Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking or addiction. Alateen is a mutual support group.

- Alcoholism affects the person who drinks and those who are close to the problem drinker.
- Learning the facts about alcoholism can make it easier to accept it as a disease.
- Another person's addiction is no reflection on us.
- We are not responsible for the alcoholic's behavior.
- It helps to talk things over with someone we trust. Many other teenagers have gone through the same problems that we have.

Alcoholism has similar effects on us all, even though our relationships to the alcoholic may be different. Many newcomers are most interested in hearing about situations and relationships that are like their own. Over time, however, we come to understand that we can benefit from hearing how the Al-Anon & Alateen principles work in many different circumstances.

Northern Kentucky Alateen

LATONIA BAPTIST CHURCH
SUNDAY 6:30 PM – 7:30 PM
Enter doors under steeple

FLORENCE CHRISTIAN CHURCH
THURSDAY 7:00 PM – 8:00 PM
Ages 9-20 Concurrent Al-Anon meetings

