Northern Kentucky Al-Anon Meetings District 11

Updated 9/27/2026

Al-Anon Voice Mail (859) 760-6178 **District Web Site: www.nkyalanon.com**

Literature Office:

Purchase Literature - Hours:
Fri. 630P-7:PM & Sat. 10:30AM-11:00AM & 12PM-12:30PM

First Christian Church, 3rd Floor
1031 Alexandria Pike, Ft. Thomas 41075

Schedule Notes:

For most meetings, families, friends, and observers are welcome. Other meetings are tagged for "Families and Friends Only."

Al-Anon Family Groups Online information
www.al-anon.alateen.org
Cincinnati Al-Anon: 513-947-3700
Cincinnati meeting schedule at
www.cincinnatiafg.org

= Online meeting

● = Concurrent AA Meeting – Call 859-491-7181 (AA) Alcoholics Anonymous for more information
A = Accessible
B=Beginners Meeting
C= Babysitting Available
L= Lead/Speaker

Alateen

7PM – Friday NKY Alateen – Ft Thomas
First Christian Church
1031 Alexandria Pike
Fort Thomas, KY 41075, **A**
Age: 9 yrs – 20 yrs
Email: nkyalateen@gmail.com

MONDAY

7:00PM – Lakeside Park
Lakeside Park AFG
Lakeside Presbyterian Church
2690 Dixie Highway
Lakeside Park 41017
Meets in the Carriage House, ***A***
***L** – Last Monday of each month*

7:00PM – Newport
All Are Welcome Monday Night AFG ●
St. Johns United Church of Christ
415 Park Ave, Newport 41071 **A B C**
L – Every other Monday even month

7:00PM – Hebron
Hebron AFG
Hebron Lutheran Church
3140 Limaburg Rd, Hebron 41048
Use south door

TUESDAY

12:00PM –Lakeside Park
Tuesday Noon AFG
Lakeside Christian Church,
195 Buttermilk Pike,
Lakeside Park 41017 **A**

6:30PM- Florence
Steppin' Out AFG
Grace Episcopal Church
7111 Price Pike, Florence KY 41042

7:00PM – Highland Heights
Highland Heights AFG ●
Asbury Methodist Church (S. of I-275)
2916 Alexandria Pike, Highland Heights 41076, **C**
L-Last Tuesday of the month with AA

WEDNESDAY

10:00AM – Taylor Mill
Turkeyfoot AFG
Higher Ground Church
5160 Taylor Mill Road, Taylor Mill, 41015
Families and Friends Only, A
L – Every 5th Wed

10:00AM – **ONLINE MEETING**
Any Wednesday Al-Anon
Meeting ID: 857 2233 7965
Password: Serenity

10:30AM – Maysville
Maysville AFG
Cross Point Church
825 Kenton Station Rd Maysville KY 41056

12:00PM – Covington
Brown Bag AFG
Mother of God Church
119 West 6th St, Covington 41011
(Enter at side door-meet in basement)

7:30PM – Crestview Hill
New Hope AFG
Gloria Dei Lutheran Church
2718 Dixie Hwy
Crestview Hills KY. 41017
A **B**
L – every 5th Wednesday

THURSDAY

7:00PM – Florence
Thursday Night Sweet Serenity AFG
Florence Christian Church
300 Main St., Florence 41042, **A**

FRIDAY

6:00PM– Erlanger
Gratitude Attitude AFG
Grateful Life Center
305 Pleasure Isle Dr., Erlanger 41017
2nd Floor, **A**

7:00PM – Ft. Thomas
New Beginnings AFG ●
First Christian Church,
1031 Alexandria Pike, Ft. Thomas 41075
1st Floor, **A**

SATURDAY

11:00AM – Ft. Thomas
Saturday Morning AFG
First Christian Church
1031 Alexandria Pike
Ft. Thomas KY 41075
2nd Floor, **A**

SUNDAY

630PM – Covington
Latonia AFG
Latonia Baptist Church, Rm 211
3800 Church St. Covington 41015

7:00PM – Ft. Thomas
Courage to Change AFG ●
First Baptist Church Ft. Thomas
600 North Ft. Thomas Ave.
Ft. Thomas, KY 41075, **A**
L = Last Sunday odd month with AA

Meeting Format

WELCOME

We welcome you to the_____Al-Anon Family Group and hope you will find in this fellowship the help and friendship we have been privileged to enjoy. We who live, or have lived, with the problem of alcoholism understand as perhaps few others can. We, too, were lonely and frustrated, but in Al-Anon we discover that no situation is really hopeless and that it is possible for us to find contentment and even happiness whether the alcoholic is still drinking or not. We urge you to try our program. It has helped many of us find solutions that lead to serenity. So much depends on our own attitudes, and as we learn to place our problem in its true perspective, we find that it loses its power to dominate our thoughts and our lives. The family situation is bound to improve as we apply the Al-Anon ideas. Without such spiritual help, living with an alcoholic is too much for most of us. Our thinking becomes distorted by trying to force solutions, and we become irritable and unreasonable without knowing it. The Al-Anon program is based on the Twelve Steps (adapted from Alcoholics Anonymous) which we try, little by little, one day at a time, to apply to our lives, along with our slogans and the Serenity Prayer. The loving interchange of help among members and daily readings of Al-Anon literature thus make us ready to receive the priceless gift of serenity**.** Anonymity is an important principle of the Al-Anon program. Everything that is said here, in the group meeting and member to member, must be held in confidence. Only in this way can we feel free to say what is in our minds and hearts, for this is how we help one another in Al-Anon.

STATEMENT OF PURPOSE

Our meetings last for approximately one hour. During this hour we come together for mutual help. We come to learn how to live the Al-Anon program. The group conscience requests that all present refrain from gossip, dominance and discussion of religion, treatment centers, self-help programs, counseling and the use or mention of material other than our Al-Anon Conference Approved Literature. Please remember that in Al-Anon we keep the focus on us and not on the alcoholic. We thank you for your cooperation in our group effort to stick to Al-Anon principles.

PREAMBLE

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic.

THE TWELVE STEPS

1. We admitted we were powerless over alcohol ---- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him,* praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Al-Anon Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every Group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth-Step work should remain forever nonprofessional, but our service centers may employ special workers.
9. Our Groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

CLOSING

In closing I would like to say that the opinions expressed here were strictly those of the person who gave them. Take what you liked and leave the rest. The things you heard were spoken in confidence and should be kept confidential. Keep them within the walls of this room and the confines of your mind. A few special words to those of you who haven't been with us long: Whatever your problems, there are those among us who have had them too. If you try to keep an open mind you will find help. You will come to realize that there is no situation too difficult to be bettered and no unhappiness too great to be lessened. We aren't perfect. The welcome we give you may not show the warmth we have in our hearts for you. After a while, you'll discover that though you may not like all of us, you'll love us in a very special way, the same way we already love you. Talk to each other, reason things out with someone else, but let there be no gossip or criticism of one another. Instead, let the understanding, love and peace of the program grow in you one day at a time.

Al-Anon Declaration

Let It Begin With Me. When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there, and - Let It Begin With Me.