

# Meal Planning Resources



## Batch Meals

<https://greatist.com/eat/healthy-freezer-meals>

<https://www.buzzfeed.com/melissaharrison/freezer-friendly-meals>

<https://happymoneysaver.com/making-50-freezer-meals-in-one-day/>

<https://www.bettycrocker.com/how-to/tipslibrary/cooking-tips/batch-cooking>

<https://www.littlehouseliving.com/large-batch-cooking-for-freezer-meals.html>

## Easy Breakfasts

<https://www.tasteofhome.com/collection/make-ahead-breakfast-recipes/view-all/>

<https://www.thekitchn.com/35-big-batch-breakfasts-you-can-make-ahead-of-time-229838>