

5KM SANTA DASH 5km · Mixed Adults & Youth · Multiple · Final

10/12/2023, 11:00

Place	Athlete	Age group	Club/School	Bib	Result
1	♂ Tom Bamford 1985 · GBR	M35		93	19:08h
2	♂ Mark Clues 1967 · GBR	M55	Tri-Anglia Tri Club	99	20:08h
3	♂ Harvey Wade 2009 · GBR	U17		34	21:09h
4	♀ Rachel Jackson 1979 · GBR	W40	Coltishall Jaguars RC	78	23:24h
5	♀ Emily-Rose Thompson 2003 · GBR	U23		28	23:27h
6	♂ John Drewry 1965 · GBR	M55		45	23:31h
7	♂ Ben Drewry 1993 · GBR	Senior		11	23:42h
8	♂ Neil Collins 1969 · GBR	M50		68	23:57h
9	♂ Phil Bamford 1952 · GBR	M70	City Of Norwich AC	73	24:05h
10	♀ Samantha Duvall 1984 · GBR	W35		84	24:58h
11	♂ Paul Gooch 1967 · GBR	M55		72	25:07h
12	♂ Dennis Simpson 1960 · GBR	Senior	Norwich RR	26	25:18h
13	♂ Steven Jeal 1984 · GBR	M35		90	25:36h
14	♀ Melissa Sampson 1971 · GBR	W50	Lonely Goat RC	65	25:41h
15	♂ James Duvall 1955 · GBR	M65		40	26:28h
16	♀ Ali Collins 1971 · GBR	W50		2	26:44h
17	♀ Becky Drewry 1996 · GBR	Senior	Herne Hill Harriers	10	26:55h

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18	♂ Lee Pavett 1970 · GBR	M50		54	28:21h
19	♂ Danny Foyster 1996 · GBR	Senior	Norwich RR	24	28:35h
20	♀ Mandy Foyster 1966 · GBR	W55	Norwich RR	64	28:38h
21	♂ Harry Shawcross 2008 · GBR	U17	Tri-Anglia Tri Club	33	28:42h
22	♀ Renate Bulvane 1982 · GBR	W40		80	29:26h
23	♀ Liz Clues 1971 · GBR	W50	Tri-Anglia Tri Club	100	30:37h
24	♂ Mark Colman 1970 · GBR	M50	Waveney Valley AC	108	30:49h
25	♀ Rachel Pavett 1980 · GBR	W40		79	30:52h
26	♀ Gemma Jennison 1981 · GBR	W40		30	30:55h
27	♀ Ashleigh Smith 1980 · GBR	W40		9	30:56h
28	♀ Amanda Burke 1964 · GBR	W55		3	31:01h
29	♀ Daisy Gilbert 2000 · GBR	Senior		23	31:05h
30	♀ Amy Humphreys 1993 · GBR	Senior		110	31:09h
31	♀ Clare Varela 1974 · GBR	W45	Waveney Valley AC	20	31:16h
32	♀ Helen Steward 1971 · GBR	W50		37	32:39h
33	♀ Isabel Hewitt-parkings 1969 · GBR	W50		39	32:44h
34	♀ Dawn Crafer 1963 · GBR	W60		25	32:46h

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35	♀ Jo Silver 1967 · GBR	W55		43	32:48h
36	♀ Annette Marsh 1963 · GBR	W60		8	32:51h
37	♀ Amelia Thorogood 1973 · GBR	W50		5	32:53h
38	♀ Amelia Gilbert 2000 · GBR	Senior		4	32:56h
39	♀ Sharon Thompson 1966 · GBR	W55		88	33:17h
40	♂ Gerry Kasprzak 1955 · GBR	M65		31	33:20h
41	♂ Philip Neave 1948 · GBR	M75	Bungay Black Dog RC	74	33:44h
42	♀ Catia Girao 1980 · GBR	W40		16	33:51h
43	♀ Cassie Barker 1975 · GBR	W45	Wymondham AC	15	34:00h
44	♀ Caroline Pocock 1982 · GBR	W40	Wymondham AC	14	34:02h
45	♀ Rachael Lockwood 1973 · GBR	W45	Wymondham AC	77	34:04h
46	♀ Jules Kennelly 1973 · GBR	W50	Tri-Anglia Tri Club	47	34:06h
47	♀ Lauraine Powles 1972 · GBR	W50	Wymondham AC	53	34:08h
48	♀ Katie Whitmore 1974 · GBR	W45	Wymondham AC	49	34:27h
49	♀ Victoria Pullinger 1976 · GBR	W45	Harleston Running Club	95	34:31h
50	♀ Sharon Cannell 1973 · GBR	W50	Harleston Running Club	87	34:34h
51	♀ Joanna Christopher 1977 · GBR	W45	Harleston Running Club	42	34:37h

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52	♀ Lisa Lummis 1972 · GBR	W50	Harleston Running Club	59	34:38h
53	♀ Bev Bowler 1970 · GBR	W50	Wymondham AC	104	34:42h
54	♀ Lisa Kiddell 1978 · GBR	W45	Wymondham AC	103	34:45h
55	♂ David Dilrew 1956 · GBR	M65		109	34:48h
56	♂ Jon Humphreys 1960 · GBR	M60		107	34:51h
57	♀ Micha Brown 2000 · GBR	Senior		66	34:57h
58	♀ Wendy Woodhouse 1956 · GBR	W65		97	35:01h
59	♀ Lyn Ottaway 1974 · GBR	W45		62	35:02h
60	♀ Bonnie Kiddell 1999 · GBR	Senior		13	35:03h
61	♂ Roger Dulson 1961 · GBR	M60		82	35:08h
62	♀ Hayley Pryke 1990 · GBR	Senior		35	35:33h
63	♀ Sue Smithson 1961 · GBR	W60		91	37:11h
64	♀ Nicola Smith 1970 · GBR	W50		70	37:14h
65	♀ Lisa Joy 1982 · GBR	W40		58	37:17h
66	♀ Victoria Gooda 1994 · GBR	Senior		102	37:22h
67	♀ Kerry Sutton 1978 · GBR	W45		106	37:24h
68	♀ Judith Davison 1961 · GBR	W60		46	37:30h

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69	♀ Liz Stirling 1958 · GBR	W65		60	37:36h
70	♀ Coral Drane 1963 · GBR	W60	Tri-Anglia Tri Club	21	37:40h
71	♀ Lesley Oliver 1946 · GBR	W75	Norfolk Gazelles AC	55	37:41h
72	♀ Linda Hardingham 1963 · GBR	W60		57	38:13h
73	♀ Sarah Lanchbury 1968 · GBR	W55	Coltishall Jaguars RC	85	38:17h
74	♀ Lynne Janes 1966 · GBR	W55	Aylsham Runners	63	39:04h
75	♀ Susan Dulson 1958 · GBR	W65		92	39:15h
76	♀ Lily Shawcross 2012 · GBR	U13	Tri-Anglia Tri Club	56	41:01h
77	♀ Amy Shawcross 1980 · GBR	W40	Tri-Anglia Tri Club	7	41:07h
78	♀ Katy Coysh 1980 · GBR	W40		50	41:09h
79	♀ Faith Jennison 1991 · GBR	Senior		29	41:14h
80	♀ Eleanor Lovick-Norley 1993 · GBR	Senior		27	41:15h
81	♂ Vincent Pryke 2009 · GBR	U17		96	41:35h
82	♀ Angela Dawes 1966 · GBR	W55	Wymondham AC	105	41:47h
83	♀ Courtney Cooper 1997 · GBR	Senior		22	46:47h
84	♀ Jo Drewry 1963 · GBR	W60		44	46:57h
85	♀ Claire Cunningham 1978 · GBR	W45	Runners-Next-the-Sea	19	50:22h

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86	♀ Olivia Cunningham 2002 · GBR	U23		71	50:26h
87	♂ Ryan McDonagh 1993 · GBR	Senior		83	52:22h
88	♀ Hannah Smith 1992 · GBR	Senior		32	55:48h
89	♀ Michelle Still 1969 · GBR	W50		67	55:50h