The Lil' School at St. Bernard's NYS OCFS License # 740283 (ph) 518.524.1421 (fax) 518.751.2277



Physical Location: 63 River Street, Saranac Lake NY 12983 Mailing Address: PO Box 930, Saranac Lake NY 12983

Nursery School (Infant/Toddler) Required Items & Supplies Listing

The Lil' School strives to provide best quality care, learning, and education in all of our programming. To be successful, there must be a partnership with families through both communication and support. The following is a list of required items (by program) that families are asked to provide and maintain for their child(ren) while in our programs. Families are required to re-supply these items as needed for their children throughout the year. Thank you!

Ensure all personal items (such as extra clothes, nap/rest items, topical ointments, water bottles, etc.) are labeled with **child's complete first & last name.** Use labels- permanent marker comes off!

Nap/Rest Items- Families must adhere to policies below based on the age/development/needs of their child.
o TODDLERS: Our program requires the use of a specific brand (Urban Infant) of these items designed
specifically for the school setting. Each family must purchase a nap/rest mat and storage bag combo for the
child which offers the safest sleep option by health & safety standards. These are stored at the school during
the week and brought home to be washed at the end of each week (or additionally whenever needed). You
can purchase the nap mat and case at urbaninfant.com or Amazon. The required mat is the Tot Cot
Preschool/Daycare Nap Mat. The required case is the Tot Cot Zippered Travel Carrier. Families must supply
and launder the following items weekly:

- The nap mat and storage bag combo as described above.
- Attachment/Soothing Item (if the child uses one- MUST fit in the nap bag)
- o **INFANTS:** Warm nap clothes, sleep sack, or small blanket as is developmentally appropriate and safe for the age and needs of the child (at least one year). Attachment/Soothing Items (if the child uses them). A standard size crib sheet labeled with your child's name. These items must be stored completely in a small bag labeled with the child's full name. Items must be laundered weekly and additionally when needed.

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Change of Clothes- minimum of (2) full, seasonally appropriate outfits; families must change out extra clothes as the
seasons change, their children grow, and when the clothes are used by the child.
Inside Footwear- infants & toddlers are required to have a separate pair of "inside only" shoes (usually left at school)
Underwear or Diapers/Pull Ups if needed- maintain a supply at the program for use for your child if needed. If using
fabric diapers, you will need to supply a wet-dry bag for us to store soiled diapers in until returned to you at the end
of each day.
Meals- Supplied by the families daily.

- TODDLERS: Lunch and Water Bottle on a daily basis; the family is required to supply their child(ren) with a healthy, balanced meal and fresh re-usable water bottle (water only, no juice in these). This is especially important not only for the child's healthy growth and development, but also because the child will be very active throughout the day and will require the energy. Bring child's lunch in containers they can safely eat out of. Please see Nutrition & Allergy Policies in our Parent-Family Handbook.
- INFANTS: Bottles, formula, breast milk, meals, snacks, and re-usable water bottle (water only, no juice in these) as needed labeled with child's full name. We are able to refrigerate a small daily supply for each infant as needed and have the ability to warm bottles in a *Kinde* brand safety warmer. You can also supply a small selection of non-perishable food items for your infant to be stored in their own bin. You will also need to supply your own bottles and utensils daily as needed for your infant. Food items must adhere to our Nutrition & Allergy Policies as outlined in our Parent-Family Handbook. Please let us know when your child is able to begin trying the snack items offered at the program as well.

Topical Ointments with Permission to Administer Topical Ointments Form - for items such as sunscreen, insect
repellent, diaper ointment, etc. Note that if you would like your child to have sunscreen/repellent for the morning
outdoor play period, it must be applied prior to arrival by families as our program will generally only re-apply these
prior to our consecutive outdoor play periods. This may be adapted based on age and needs of the child (specifically
infants).

^{**}Please note that additional items may be required in accordance with interim guidance for Health Emergencies (such as COVID-10). This information is available on supplemental procedural guides.