



**Saltwater Siren Nutrition  
(at Melrose Pool)**

177 Avenue of Oaks  
Daufuskie Landing, SC 29915  
by the pool, near the pickleball courts

**Website**  
<https://www.facebook.com/profile.php?id=100091242862675>

**Hours (Seasonal)**

Daily 10AM - 6PM

Check website for updates



**WHAT IS A MEGA TEA?**

**WHAT'S INSIDE:**

- VITAMIN C
- ENERGY SUPPORTING B VITAMINS
- GREEN & PEKOE TEA EXTRACT
- PANAX GINSENG
- ANTIOXIDANT SUPPORT
- HAIR, SKIN & NAIL SUPPORT
- SUGAR FREE FLAVORS

**THE BENEFITS:**

- 160 MG OF CAFFEINE
- MENTAL CLARITY
- ALERTNESS
- BRAIN FUNCTION
- ENERGY WITH NO CRASH
- THERMOGENIC PROPERTIES