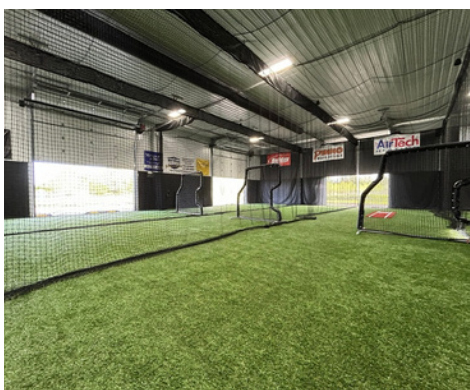


INSIDE THE ZONE



WEEK OF JUNE 1, 2026



LET'S GO "INSIDE THE ZONE"

SWING ZONE NEW SUMMER HOURS START THIS WEEK:

MONDAY - WEDNESDAY: 4PM - 8PM

THURSDAY: 2PM - 8PM

FRIDAY: 2PM - 7PM

SATURDAY.SUNDAY: 9AM - 5PM

*****REMEMBER YOU CAN BOOK A LESSON WITH A TRAINER OUTSIDE OF THESE HOURS. THEIR AVAILABILITY IS ON THE SWING ZONE FDL APP*****

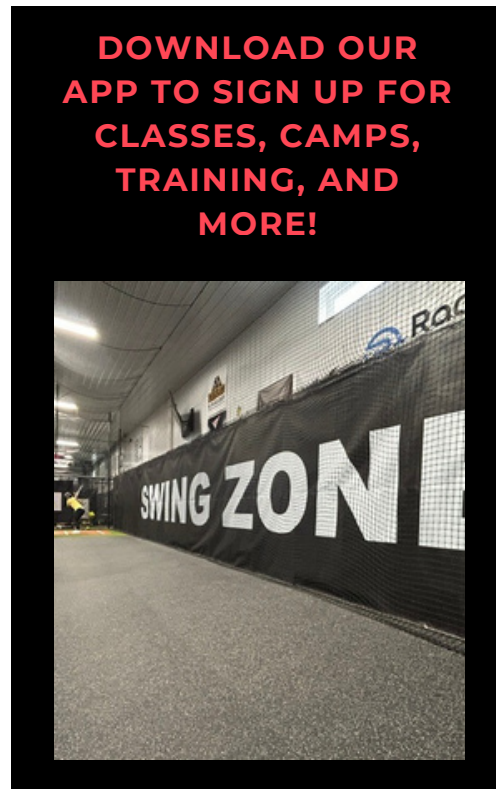
MONDAY IS MONEY SAVING MONDAY. ALL LANES ARE HALF PRICE

TUESDAY IS \$10 TUESDAY. ALL YOU CAN HIT FOR JUST \$10!

WEDNESDAY IS WACKY WEDNESDAY. WHACKY HOUR (INSTEAD OF HAPPY HOUR) BUY ONE ROUND, GET ONE ROUND FREE. STOCK UP AND SAVE!

THURSDAY IS THROWBACK THURSDAY. \$30 FOR 30 MINUTES ON OUR HITTRAX! WEAR YOUR JERSEY TO REGISTER FOR A \$30 GIFT CARD THAT WE GIVEAWAY MONTHLY

FRIDAY IS FREE TICKET FRIDAY: STOP IN AND REGISTER FOR FREE TICKETS TO THE DOCK SPIDERS GAMES AND MORE ATTRACTIONS!



REGISTRATION IS LIVE FOR OUR SZ SUMMER CIRCUIT. CAMPS FOR HITTING, STRENGTH/SPEED, AND PITCHING/ARM CARE. ALL TAUGHT BY TRAINER NICK TERRELL! 4 WEEKS OF OUR SUMMER CIRCUIT!

EXTENDED
SUMMER
TRAINING AVAILS!



TAKE 10% OFF
DURING OUR
"TRAINING FOR 10%
SALE!"

MEET OUR TRAINERS



NICK TERRELL

Hitting/Fielding/Pitching



JALEN GELLINGS

Hitting/Fielding/Pitching



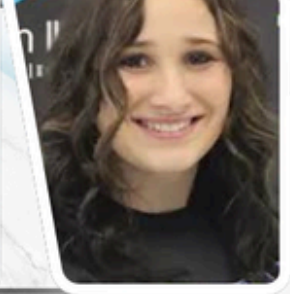
SAM MUNSON

Hitting/Fielding/Pitching



REGHAN ZIEGLER

Catching / Hitting



BIG KAT

Pitching / Hitting

SUMMER TRAINING FOR 10% OFF!

ALL TRAINER LESSONS ARE 10% OFF NOW THROUGH JUNE 30! ENTER "TRAINER10" AT CHECKOUT!
BOOK FOUR OR MORE LESSONS, GET A 10 ROUND HITTING CARD FOR FREE!

**SELECT TRAINERS WILL BE AVAILABLE DURING THE DAY FOR LESSONS. BOOK ON OUR SWING ZONE FDL APP **

FOR THE SUMMER...

OUR DEDICATED TRAINERS
WILL BE AVAILABLE
DURING THE DAY FOR
LESSONS AND TRAINING!

BOOK YOUR TIME NOW ON
OUR APP
SWING ZONE FDL



JOIN TRAINER NICK TERRELL!

SWING ZONE

\$139
Get all 4 weeks
in that specific
Camp!

\$349
Get ALL 12
Camp Dates!

\$39
Per Camp
Available!

SWING ZONE

4 WEEK SUMMER CIRCUIT!

WEEKS OF JUNE 23, JUNE 30, JULY 7, JULY 21

About our SZ Summer Camps

Join Trainer Terrell and Staff and get in the "Zone." Focused, personalized instruction for your student - athlete.

Hitting/Contact Camp!	Tuesdays
11:00AM - 12:00PM	3 RD - 5 TH GRADE
12:00PM - 1:00PM	6 TH - 8 TH GRADE

Speed / Strength Camp!	Wednesdays
11:00AM - 12:00PM	3 RD - 5 TH GRADE
12:00PM - 1:00PM	6 TH - 8 TH GRADE

Pitching / Arm Care Camp	Thursdays
11:00AM - 12:00PM	4 TH - 5 TH GRADE
12:00PM - 1:00PM	6 TH - 8 TH GRADE

Swing Zone
W4506 Lakepark Drive, FDL

Register here
www.swingzonefdl.com
Download the Swing Zone FDL APP

CONTACT INFO:

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PHONE: (920) 238-9635

EMAIL: SWINGZONEFDL@GMAIL.COM

WEBSITE: WWW.SWINGZONEFDL.COM

APP: SWING ZONE FDL